Athlon Sports FANTASY FOOTBALL GUIDE

2025 FANTASY FOOTBALL DRAFT DAY GUIDE

350+ PLAYER REPORTS

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280 PLAYER BIG BOARD

CHEAT SHEETS

COMPLETE POSITIONAL RANKINGS

GUILLOTINE LEAGUE PRIMER

BEWARE THE ROOKIE WR
and 9 Other Lessons We Learned in 2024

COMPLETE DYNASTY GUIDE

→ Rookie Rankings

→ Best and Worst Rookie Landing Spots

→ Key Stashes

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EDITOR'S LETTER

I don't know about you, but I have a trophy sitting on the sideboard in my dining room. Sure, it's made of Legos, but it's a trophy nonetheless, one that I earned by the sweat of my brow. OK, the sweat of a bunch of other guys' brows — guys like James Cook, CeeDee Lamb and even Kyler Murray — but by the end of last season, I was sweating in my own way.

You see, my league's Super Bowl came down to an otherwise meaningless Week 17 Monday night game between San Francisco and Detroit. I was losing — with Lions wide receiver Jameson Williams going nuts on my bench — until a couple of Jauan Jennings garbage-time receptions courtesy of his college teammate Joshua Dobbs (in for an injured Brock Purdy) put me over the top.

Yes, readers, I won my fantasy league in 2024, and at the risk of boring everyone who hates hearing about other people's fantasy teams, I'd like to take a moment and bask in the glory. Plus, it can't hurt the credibility of this magazine to learn that I used principles that I read about in last year's magazine to my advantage.

But there's one principle that I simply can't escape even as I gloat over my victory. And it's this: In fantasy football, all you have to do is make the playoffs, and from there, even more than in real life, anything can happen. Things like Jennings' garbage-time receptions in a full PPR league giving you just enough to win.

You may be wondering why I was even starting Jennings in my Super Bowl. And that brings up another principle: Injuries happen, and dealing with them effectively — even through a little blind luck — is one of the keys to winning your league. Jennings was a plug-and-play for my injury-ravaged squad, and I'm sure he'd be happy to know that he came through for me.

As usual, fantasy expert Rivers McCown shares the lessons that he learned last season in what has become an annual feature in the *Athlon Sports Fantasy* preview. One such lesson: Beware of the rookie wide receiver who seems like a sure thing. As Marvin Harrison Jr. proved in a productive but ultimately disappointing rookie season, there's a learning curve for even the most gifted wideouts. Something for you Travis Hunter and Tetairoa McMillan cheerleaders to consider.

This year's magazine includes everything you've come to expect from our fantasy experts — rookies to watch, injury concerns, player movement impact, dynasty rankings and much more, including detailed player capsules and projected scoring.

As always, I'm grateful to our staff of fantasy experts — in particular, Luke Easterling, Craig Ellenport, Kyle Wood, Mark Ross and Ben Weinrib — and our elite group of contributors, including Matt Schauf, who wrote the player capsules in the pages that follow. We'd like to think we're arming you with everything you need to make your league's playoffs. From there? Anything's possible.

Enjoy the season.

Rob Doster

ROB DOSTER, MANAGING EDITOR

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SUPERMAN

The Buffalo Bills and Kansas City Chiefs may have been his playoff kryptonite of late, but Lamar Jackson is a true regular-season superhero, and in fantasy terms, that's what matters. Jackson is coming off a season in which he led all fantasy scorers with 512.4 total points (Athlon scoring) and 30.1 points per game. That's championship-level production.

Check out our quarterback rankings on page 58 to see what Jackson and his quarterbacking peers have in store for us in 2025.

PHOTO BY SAM GREENE/ THE ENQUIRER

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Contributing Writers: Luke Easterling, Craig Ellenport, Rivers McCown, Mark Ross, Kyle Wood, all capsules written by Matt Schauf

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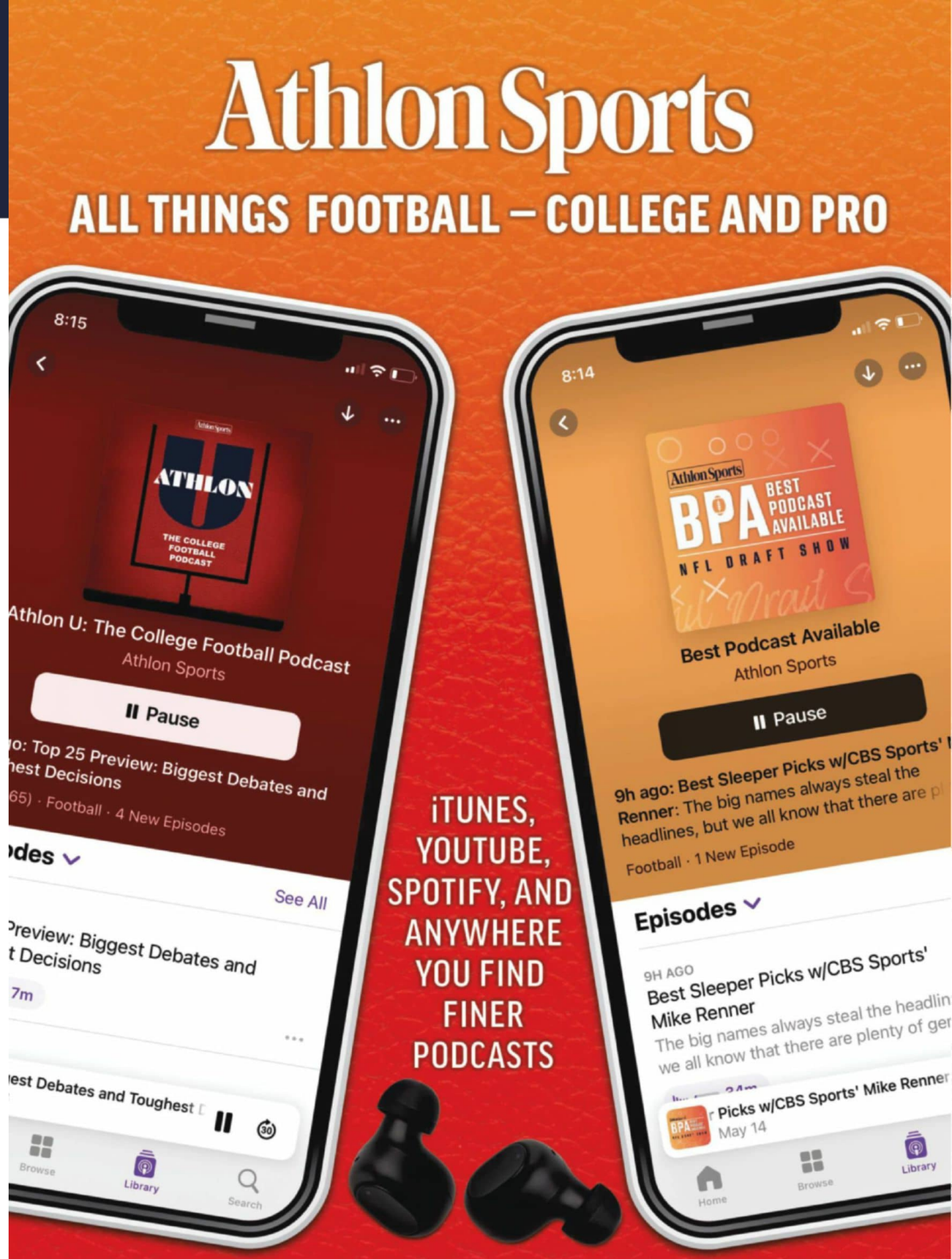
ALL THINGS FOOTBALL – COLLEGE AND PRO



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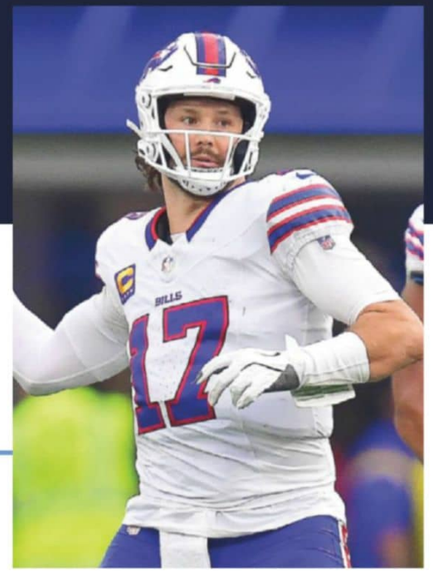

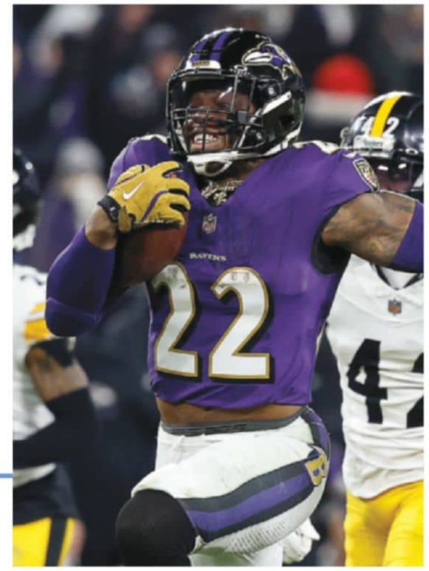

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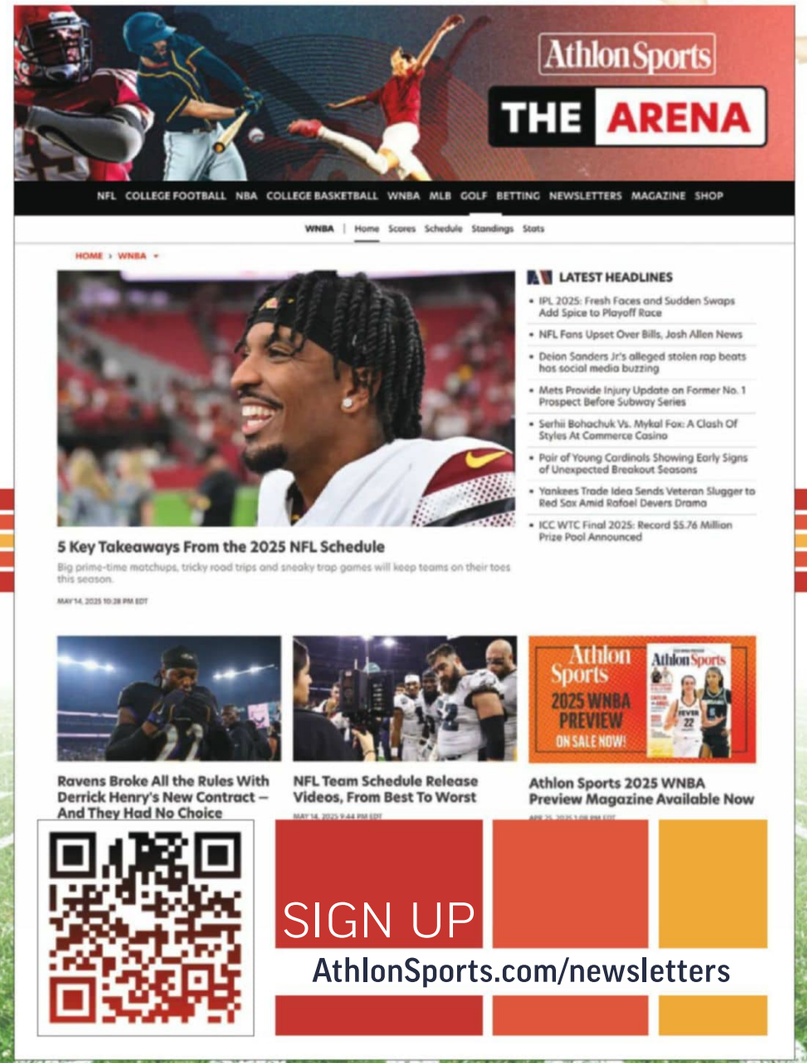
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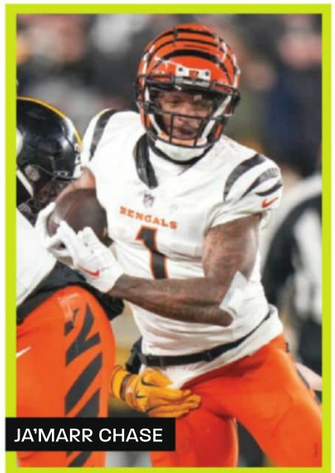

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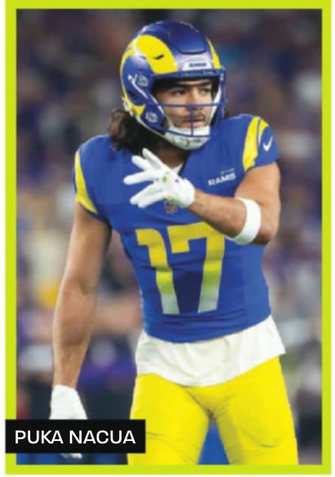

PUKA NACUA

RK	PLAYER	POS	TEAM
1	Bijan Robinson	RB	ATL
2	Ja'Marr Chase	WR	CIN
3	Puka Nacua	WR	LAR
4	Christian McCaffrey	RB	SF
5	Saquon Barkley	RB	PHI
6	CeeDee Lamb	WR	DAL
7	Malik Nabers	WR	NYG
8	Justin Jefferson	WR	MIN
9	Nico Collins	WR	HOU
10	Ashton Jeanty	RB	LV
11	Derrick Henry	RB	BAL
12	Jonathan Taylor	RB	IND
13	A.J. Brown	WR	PHI
14	Drake London	WR	ATL
15	Brian Thomas Jr.	WR	JAC
16	Trey McBride	TE	ARI
17	Brock Bowers	TE	LV
18	Tee Higgins	WR	CIN
19	Rashee Rice	WR	KC
20	Joe Mixon	RB	HOU
21	Jahmyr Gibbs	RB	DET
22	De'Von Achane	RB	MIA
23	Breece Hall	RB	NYJ
24	Kyren Williams	RB	LAR
25	Jaxon Smith-Njigba	WR	SEA
26	Tyreek Hill	WR	MIA
27	Davante Adams	WR	LAR
28	Amon-Ra St. Brown	WR	DET
29	Mike Evans	WR	TB
30	Garrett Wilson	WR	NYJ
31	Josh Allen	QB	BUF
32	Jalen Hurts	QB	PHI
33	DJ Moore	WR	CHI
34	DeVonta Smith	WR	PHI
35	Ladd McConkey	WR	LAC
36	Kenneth Walker III	RB	SEA
37	James Cook	RB	BUF
38	Jayden Daniels	QB	WAS
39	Lamar Jackson	QB	BAL
40	Jayden Reed	WR	GB
41	Chris Olave	WR	NO
42	Zay Flowers	WR	BAL
43	Terry McLaurin	WR	WAS
44	Jaylen Waddle	WR	MIA
45	Chuba Hubbard	RB	CAR
46	James Conner	RB	ARI
47	Josh Jacobs	RB	GB
48	Alvin Kamara	RB	NO
49	Bucky Irving	RB	TB
50	Marvin Harrison Jr.	WR	ARI
51	Aaron Jones Sr.	RB	MIN
52	Chase Brown	RB	CIN
53	Patrick Mahomes	QB	KC
54	Joe Burrow	QB	CIN
55	Sam LaPorta	TE	DET
56	D'Andre Swift	RB	CHI
57	Tony Pollard	RB	TEN

RK	PLAYER	POS	TEAM
58	David Montgomery	RB	DET
59	Jakobi Meyers	WR	LV
60	Calvin Ridley	WR	TEN
61	Josh Downs	WR	IND
62	Deebo Samuel	WR	WAS
63	DK Metcalf	WR	PIT
64	Tetairoa McMillan	WR	CAR
65	Jordan Addison	WR	MIN
66	Jameson Williams	WR	DET
67	George Pickens	WR	DAL
68	Xavier Worthy	WR	KC
69	Cooper Kupp	WR	SEA
70	Courtland Sutton	WR	DEN
71	David Njoku	TE	CLE
72	George Kittle	TE	SF
73	Jaylen Warren	RB	PIT
74	Isiah Pacheco	RB	KC
75	Quinshon Judkins	RB	CLE
76	Travis Kelce	TE	KC
77	Tyjae Spears	RB	TEN
78	Omarion Hampton	RB	LAC
79	RJ Harvey	RB	DEN
80	Brian Robinson	RB	WAS
81	TreVeyon Henderson	RB	NE
82	Khalil Shakir	WR	BUF
83	Jerry Jeudy	WR	CLE
84	Rome Odunze	WR	CHI
85	Jauan Jennings	WR	SF
86	Chris Godwin	WR	TB
87	Michael Pittman Jr.	WR	IND
88	Justin Fields	QB	NYJ
89	Jordan Love	QB	GB
90	C.J. Stroud	QB	HOU
91	Darnell Mooney	WR	ATL
92	Rashid Shaheed	WR	NO
93	Brandon Aiyuk	WR	SF
94	Cam Skattebo	RB	NYG
95	Kaleb Johnson	RB	PIT
96	Tyrone Tracy Jr.	RB	NYG
97	Kyler Murray	QB	ARI
98	Drake Maye	QB	NE
99	Baker Mayfield	QB	TB
100	T.J. Hockenson	TE	MIN
101	Dalton Kincaid	TE	BUF
102	Jonnu Smith	TE	MIA
103	Stefon Diggs	WR	NE
104	Christian Kirk	WR	HOU
105	Ricky Pearsall	WR	SF
106	Hollywood Brown	WR	KC
107	Najee Harris	RB	LAC
108	Mark Andrews	TE	BAL
109	Jaydon Blue	RB	DAL
110	Tank Bigsby	RB	JAC
111	Hunter Henry	TE	NE
112	Jake Ferguson	TE	DAL
113	Emeka Egbuka	WR	TB
114	Matthew Golden	WR	GB

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TOP 280 BIG BOARD

RK	PLAYER	POS	TEAM
115	Travis Hunter	WR	JAC
116	Keon Coleman	WR	BUF
117	Wan'Dale Robinson	WR	NYG
118	Dak Prescott	QB	DAL
119	Justin Herbert	QB	LAC
120	Jared Goff	QB	DET
121	Bo Nix	QB	DEN
122	Caleb Williams	QB	CHI
123	Brock Purdy	QB	SF
124	Jalen Coker	WR	CAR
125	Ray-Ray McCloud III	WR	ATL
126	Quentin Johnston	WR	LAC
127	Evan Engram	TE	DEN
128	Pat Freiermuth	TE	PIT
129	Jordan Mason	RB	MIN
130	Austin Ekeler	RB	WAS
131	Zach Charbonnet	RB	SEA
132	Rachaad White	RB	TB
133	Allen Lazard	WR	NYJ
134	Amari Cooper	WR	FA
135	Romeo Doubs	WR	GB
136	Michael Wilson	WR	ARI
137	Cedric Tillman	WR	CLE
138	Tre Harris	WR	LAC
139	Trey Benson	RB	ARI
140	Jaleel McLaughlin	RB	DEN
141	Jerome Ford	RB	CLE
142	Javonte Williams	RB	DAL
143	Rhamondre Stevenson	RB	NE
144	Roschon Johnson	RB	CHI
145	Jaylen Wright	RB	MIA
146	J.K. Dobbins	RB	FA
147	Kyle Pitts	TE	ATL
148	Tyler Warren	TE	IND
149	Dontayvion Wicks	WR	GB
150	Trevor Etienne	RB	CAR
151	Bhayshul Tuten	RB	JAC
152	Kendre Miller	RB	NO
153	MarShawn Lloyd	RB	GB
154	Ray Davis	RB	BUF
155	Travis Etienne Jr.	RB	JAC
156	Zach Ertz	TE	WAS
157	Tucker Kraft	TE	GB
158	Parker Washington	WR	JAC
159	Tutu Atwell	WR	LAR
160	Joshua Palmer	WR	BUF
161	Marvin Mims Jr.	WR	DEN
162	Darius Slayton	WR	NYG
163	Keenan Allen	WR	FA
164	Buffalo	DST	BUF
165	Baltimore	DST	BAL
166	Houston	DST	HOU
167	Tua Tagovailoa	QB	MIA
168	Trevor Lawrence	QB	JAC
169	Matthew Stafford	QB	LAR
170	Jack Bech	WR	LV
171	Diontae Johnson	WR	CLE
172	Rashod Bateman	WR	BAL
173	Luther Burden III	WR	CHI
174	Will Shipley	RB	PHI
175	Justice Hill	RB	BAL
176	Miles Sanders	RB	DAL
177	Blake Corum	RB	LAR
178	Tyler Allgeier	RB	ATL
179	Tyler Lockett	WR	TEN
180	Elic Ayomanor	WR	TEN
181	Geno Smith	QB	LV
182	Bryce Young	QB	CAR
183	J.J. McCarthy	QB	MIN
184	Sam Darnold	QB	SEA
185	Dallas	DST	DAL
186	Green Bay	DST	GB
187	New York Jets	DST	NYJ
188	Denver	DST	DEN
189	Zack Moss	RB	CIN
190	Sean Tucker	RB	TB
191	Elijah Mitchell	RB	KC
192	Isaac Guerendo	RB	SF
193	Josh Reynolds	WR	NYJ
194	Alec Pierce	WR	IND
195	Xavier Legette	WR	CAR
196	Antonio Gibson	RB	NE
197	Ty Johnson	RB	BUF
198	Dylan Sampson	RB	CLE
199	Chig Okonkwo	TE	TEN
200	Dallas Goedert	TE	PHI
201	Audric Estime	RB	DEN
202	Raheem Mostert	RB	LV
203	Braelon Allen	RB	NYJ
204	Tim Patrick	WR	DET
205	Brandin Cooks	WR	NO
206	Pat Bryant	WR	DEN
207	Samaje Perine	RB	CIN
208	Woody Marks	RB	HOU
209	Isaiah Davis	RB	NYJ
210	Kareem Hunt	RB	KC
211	Devin Singletary	RB	NYG
212	Juwan Johnson	TE	NO
213	Dalton Schultz	TE	HOU
214	Mike Gesicki	TE	CIN
215	Rico Dowdle	RB	CAR
216	Alexander Mattison	RB	MIA
217	A.J. Dillon	RB	PHI
218	Keaton Mitchell	RB	BAL
219	Russell Wilson	QB	NYG
220	Michael Penix Jr.	QB	ATL
221	Cam Ward	QB	TEN
222	Aaron Rodgers	QB	PIT
223	Tyler Higbee	TE	LAR
224	Ja'Tavion Sanders	TE	CAR
225	Isaiah Likely	TE	BAL
226	Kansas City	DST	KC
227	Pittsburgh	DST	PIT
228	Minnesota	DST	MIN
229	Cleveland	DST	CLE
230	Philadelphia	DST	PHI
231	Brandon Aubrey	K	DAL
232	Jake Bates	K	DET
233	Wil Lutz	K	DEN
234	Cameron Dicker	K	LAC
235	Tyler Loop	K	BAL
236	Younghoe Koo	K	ATL
237	Will Reichard	K	MIN
238	Tyler Bass	K	BUF
239	Matt Gay	K	WAS
240	Harrison Butker	K	KC
241	Chris Boswell	K	PIT
242	Jake Elliott	K	PHI
243	KaVontae Turpin	WR	DAL
244	Tre Tucker	WR	LV
245	Greg Dortch	WR	ARI
246	Jayden Higgins	WR	HOU
247	Andrei Iosivas	WR	CIN
248	Kendrick Bourne	WR	NE
249	DeMario Douglas	WR	NE
250	Adam Thielen	WR	CAR
251	Ollie Gordon II	RB	MIA
252	DJ Giddens	RB	IND
253	Kenneth Gainwell	RB	PIT
254	Phil Mafah	RB	DAL
255	Emanuel Wilson	RB	GB
256	Brashard Smith	RB	KC
257	Jalin Hyatt	WR	NYG
258	DeAndre Hopkins	WR	BAL
259	Troy Franklin	WR	DEN
260	Adonai Mitchell	WR	IND
261	Roman Wilson	WR	PIT
262	Kyle Monangai	RB	CHI
263	Jarquez Hunter	RB	LAR
264	Khalil Herbert	RB	IND
265	Devin Neal	RB	NO
266	Jalen McMillan	WR	TB
267	Cade Otton	TE	TB
268	Theo Johnson	TE	NYG
269	Colston Loveland	TE	CHI
270	Noah Brown	WR	WAS
271	Mar. Valdes-Scantling	WR	SEA
272	Jordan James	RB	SF
273	Tyler Shough	QB	NO
274	Anthony Richardson	QB	IND
275	Joe Flacco	QB	CLE
276	Daniel Jones	QB	IND
277	Will Dissly	TE	LAC
278	Michael Mayer	TE	LV
279	Noah Gray	TE	KC
280	Brenton Strange	TE	JAC

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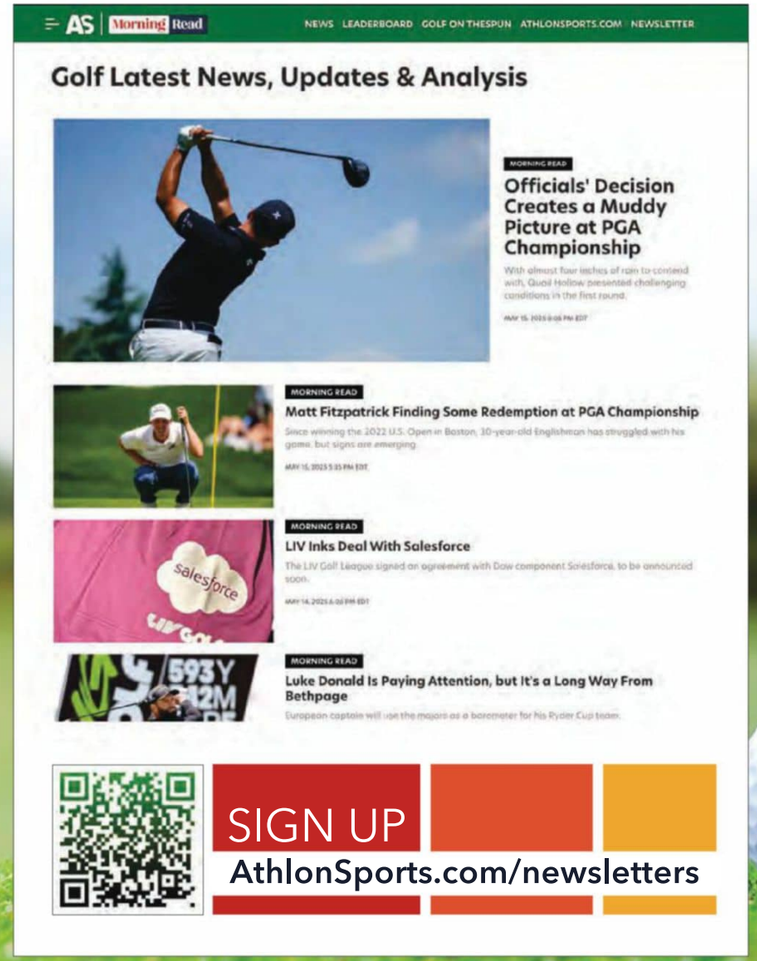
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RK	PLAYER	POS	TEAM
1	Bijan Robinson	RB	ATL
2	Ja'Marr Chase	WR	CIN
3	Puka Nacua	WR	LAR
4	Christian McCaffrey	RB	SF
5	Saquon Barkley	RB	PHI
6	CeeDee Lamb	WR	DAL
7	Malik Nabers	WR	NYG
8	Justin Jefferson	WR	MIN
9	Nico Collins	WR	HOU
10	Ashton Jeanty	RB	LV
11	Derrick Henry	RB	BAL
12	Jonathan Taylor	RB	IND
13	A.J. Brown	WR	PHI
14	Drake London	WR	ATL
15	Brian Thomas Jr.	WR	JAC
16	Trey McBride	TE	ARI
17	Brock Bowers	TE	LV
18	Tee Higgins	WR	CIN
19	Rashee Rice	WR	KC
20	Joe Mixon	RB	HOU
21	Jahmyr Gibbs	RB	DET
22	De'Von Achane	RB	MIA
23	Breece Hall	RB	NYJ
24	Kyren Williams	RB	LAR
25	Jaxon Smith-Njigba	WR	SEA
26	Tyreek Hill	WR	MIA
27	Davante Adams	WR	LAR
28	Amon-Ra St. Brown	WR	DET
29	Mike Evans	WR	TB
30	Garrett Wilson	WR	NYJ
31	Josh Allen	QB	BUF
32	Jalen Hurts	QB	PHI
33	DJ Moore	WR	CHI
34	DeVonta Smith	WR	PHI
35	Ladd McConkey	WR	LAC
36	Kenneth Walker III	RB	SEA
37	James Cook	RB	BUF
38	Jayden Daniels	QB	WAS
39	Lamar Jackson	QB	BAL
40	Jayden Reed	WR	GB
41	Chris Olave	WR	DEN
42	Zay Flowers	WR	BAL
43	Terry McLaurin	WR	WAS
44	Jaylen Waddle	WR	MIA
45	Chuba Hubbard	RB	CAR
46	James Conner	RB	ARI
47	Josh Jacobs	RB	GB
48	Alvin Kamara	RB	NO
49	Bucky Irving	RB	TB
50	Marvin Harrison Jr.	WR	ARI
51	Aaron Jones Sr.	RB	MIN
52	Chase Brown	RB	CIN
53	Patrick Mahomes	QB	KC
54	Joe Burrow	QB	CIN
55	Sam LaPorta	TE	DET
56	D'Andre Swift	RB	CHI
57	Tony Pollard	RB	TEN
58	David Montgomery	RB	DET
59	Jakobi Meyers	WR	LV
60	Calvin Ridley	WR	TEN
61	Josh Downs	WR	IND
62	Deebo Samuel	WR	WAS
63	DK Metcalf	WR	PIT
64	Tetairoa McMillan	WR	CAR
65	Jordan Addison	WR	MIN
66	Jameson Williams	WR	DET
67	George Pickens	WR	DAL
68	Xavier Worthy	WR	KC
69	Zaire Franklin	LB	IND
70	Roquan Smith	LB	BAL
71	Zack Baun	LB	PHI
72	Cooper Kupp	WR	SEA
73	Courtland Sutton	WR	DEN
74	David Njoku	TE	CLE
75	George Kittle	TE	SF
76	Jaylen Warren	RB	PIT
77	Isiah Pacheco	RB	KC
78	Quinshon Judkins	RB	CLE
79	Micah Parsons	DE	DAL
80	Aidan Hutchinson	DE	DET
81	Will Anderson Jr.	DE	HOU
82	Maxx Crosby	DE	LV
83	Myles Garrett	DE	CLE
84	Daiyan Henley	LB	LAC
85	Fred Warner	LB	SF
86	Travis Kelce	TE	KC
87	Tyjae Spears	RB	TEN
88	Omarion Hampton	RB	LAC
89	RJ Harvey	RB	DEN
90	Brian Robinson	RB	WAS
91	TreVeyon Henderson	RB	NE
92	Brian Branch	S	DET
93	Nick Bosa	DE	SF
94	Robert Spillane	LB	NE
95	Jordyn Brooks	LB	MIA
96	Edgerrin Cooper	LB	GB
97	Logan Wilson	LB	CIN
98	Khalil Shakir	WR	BUF
99	Jerry Jeudy	WR	CLE
100	Rome Odunze	WR	CHI
101	Jauan Jennings	WR	SF
102	Chris Godwin	WR	TB
103	Michael Pittman Jr.	WR	IND
104	Justin Fields	QB	NYJ
105	Jordan Love	QB	GB
106	C.J. Stroud	QB	HOU
107	Darnell Mooney	WR	ATL
108	Rashid Shaheed	WR	NO
109	Brandon Aiyuk	WR	SF
110	Cam Skattebo	RB	NYG
111	Kaleb Johnson	RB	PIT
112	Tyrone Tracy Jr.	RB	NYG
113	Kyler Murray	QB	ARI
114	Drake Maye	QB	NE
115	Baker Mayfield	QB	TB
116	T.J. Hockenson	TE	MIN
117	Dalton Kincaid	TE	BUF
118	Jonnu Smith	TE	MIA
119	Budda Baker	S	ARI
120	Antoine Winfield Jr.	S	TB
121	Trey Hendrickson	DE	CIN
122	Jared Verse	DE	LAR
123	Jonathan Greenard	DE	MIN
124	Kaden Elliss	LB	ATL
125	Bobby Wagner	LB	WAS
126	T.J. Edwards	LB	CHI
127	Stefon Diggs	WR	NE
128	Christian Kirk	WR	HOU
129	Ricky Pearsall	WR	SF
130	Hollywood Brown	WR	KC
131	Najee Harris	RB	LAC
132	Mark Andrews	TE	BAL
133	Jaydon Blue	RB	DAL
134	Tank Bigsby	RB	JAC
135	Hunter Henry	TE	NE
136	Jake Ferguson	TE	DAL
137	Emeka Egbuka	WR	TB
138	Matthew Golden	WR	GB
139	Travis Hunter	WR	JAC
140	Keon Coleman	WR	BUF
141	Wan'Dale Robinson	WR	NYG
142	Dak Prescott	QB	DAL
143	Justin Herbert	QB	LAC
144	Jared Goff	QB	DET
145	Bo Nix	QB	DEN
146	Caleb Williams	QB	CHI
147	Brock Purdy	QB	SF
148	Kyle Hamilton	S	BAL
149	Ernest Jones IV	LB	SEA
150	Terrel Bernard	LB	BUF
151	Jamien Sherwood	LB	NYJ
152	Patrick Queen	LB	PIT
153	Jalen Coker	WR	CAR
154	Ray-Ray McCloud III	WR	ATL
155	Quentin Johnston	WR	LAC
156	Evan Engram	TE	DEN
157	Pat Freiermuth	TE	PIT
158	Jordan Mason	RB	MIN
159	Austin Ekeler	RB	WAS
160	Zach Charbonnet	RB	SEA
161	Rachaad White	RB	TB
162	Derrick Brown	DT	CAR
163	DeForest Buckner	DT	IND
164	Greg Rousseau	DE	BUF
165	Dexter Lawrence II	DT	NYG
166	Allen Lazard	WR	NYJ
167	Amari Cooper	WR	FA
168	Romeo Doubs	WR	GB
169	Michael Wilson	WR	ARI
170	Cedric Tillman	WR	CLE
171	Tre Harris	WR	LAC
172	Trey Benson	RB	ARI
173	Nick Cross	S	IND
174	Derwin James Jr.	S	LAC
175	Jaleel McLaughlin	RB	DEN
176	Jerome Ford	RB	CLE
177	Javonte Williams	RB	DAL
178	Rhamondre Stevenson	RB	NE
179	Jeffery Simmons	DT	TEN
180	Danielle Hunter	DE	HOU
181	Josh Hines-Allen	DE	JAC
182	Lavonte David	LB	TB
183	Roschon Johnson	RB	CHI
184	Jaylen Wright	RB	MIA
185	J.K. Dobbins	RB	FA
186	Kyle Pitts	TE	ATL
187	Tyler Warren	TE	IND
188	Josey Jewell	LB	CAR
189	Blake Cashman	LB	MIN
190	Azeez Al-Shaair	LB	HOU
191	Frankie Luvu	LB	WAS
192	Dontayvion Wicks	WR	GB
193	Trevor Etienne	RB	CAR
194	Bhayshul Tuten	RB	JAC
195	Kendre Miller	RB	NO
196	MarShawn Lloyd	RB	GB
197	Ray Davis	RB	BUF
198	Travis Etienne Jr.	RB	JAC
199	Zach Ertz	TE	WAS
200	Tucker Kraft	TE	GB
201	Parker Washington	WR	JAC
202	Tutu Atwell	WR	LAR
203	Joshua Palmer	WR	BUF
204	Marvin Mims Jr.	WR	DEN
205	Darius Slayton	WR	NYG
206	Keenan Allen	WR	FA
207	Montez Sweat	DE	CHI
208	Travon Walker	DE	JAC
209	T.J. Watt	LB	PIT
210	Andrew Van Ginkel	LB	MIN
211	Josh Sweat	LB	ARI
212	Abdul Carter	DE	NYG
213	Tua Tagovailoa	QB	MIA
214	Trevor Lawrence	QB	JAC
215	Matthew Stafford	QB	LAR
216	Tyler Nubin	S	NYG
217	Grant Delpit	S	CLE
218	Brandon Jones	S	DEN
219	Jeremy Chinn	S	LV
220	Julian Love	S	SEA
221	Cody Barton	LB	TEN
222	Nick Bolton	LB	KC
223	Foyesade Oluokun	LB	JAC
224	Jack Campbell	LB	DET
225	Germaine Pratt	LB	CIN
226	Bobby Okereke	LB	NYG
227	Carson Schwesinger	LB	CLE
228	Kevin Byard III	S	CHI
229	Brandon Aubrey	K	DAL
230	Jake Bates	K	DET
231	Wil Lutz	K	DEN
232	Cameron Dicker	K	LAC
233	Tyler Loop	K	BAL
234	Younghoe Koo	K	ATL
235	Will Reichard	K	MIN
236	Tyler Bass	K	BUF
237	Matt Gay	K	WAS
238	Harrison Butker	K	KC
239	Chris Boswell	K	PIT
240	Jake Elliott	K	PHI

TOP 65 IDPs

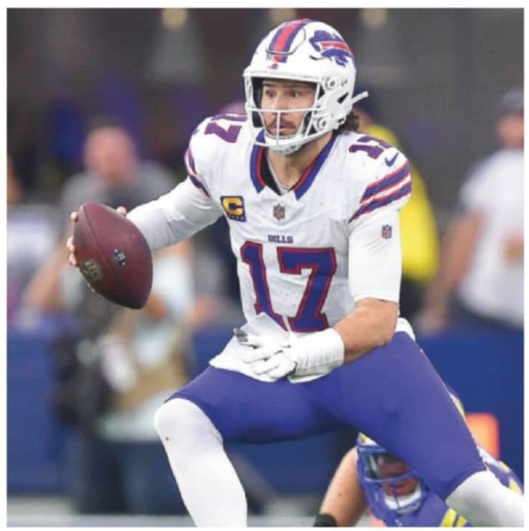
RK	PLAYER	POS	TEAM
1	Zaire Franklin	LB	IND
2	Roquan Smith	LB	BAL
3	Zack Baun	LB	PHI
4	Micah Parsons	DE	DAL
5	Aidan Hutchinson	DE	DET
6	Will Anderson Jr.	DE	HOU
7	Maxx Crosby	DE	LV
8	Myles Garrett	DE	CLE
9	Daiyan Henley	LB	LAC
10	Fred Warner	LB	SF
11	Brian Branch	S	DET
12	Nick Bosa	DE	SF
13	Robert Spillane	LB	NE
14	Jordyn Brooks	LB	MIA
15	Edgerrin Cooper	LB	GB
16	Logan Wilson	LB	CIN
17	Budda Baker	S	ARI
18	Antoine Winfield Jr.	S	TB
19	Trey Hendrickson	DE	CIN
20	Jared Verse	DE	LAR
21	Jonathan Greenard	DE	MIN
22	Kaden Elliss	LB	ATL
23	Bobby Wagner	LB	WAS
24	T.J. Edwards	LB	CHI
25	Kyle Hamilton	S	BAL
26	Ernest Jones IV	LB	SEA
27	Terrel Bernard	LB	BUF
28	Jamien Sherwood	LB	NYJ
29	Patrick Queen	LB	PIT
30	Derrick Brown	DT	CAR
31	DeForest Buckner	DT	IND
32	Greg Rousseau	DE	BUF
33	Dexter Lawrence II	DT	NYG
34	Nick Cross	S	IND
35	Derwin James	S	LAC
36	Jeffery Simmons	DT	TEN
37	Danielle Hunter	DE	HOU
38	Josh Hines-Allen	DE	JAC
39	Lavonte David	LB	TB
40	Josey Jewell	LB	CAR
41	Blake Cashman	LB	MIN
42	Azeez Al-Shaair	LB	HOU
43	Frankie Luvu	LB	WAS
44	Montez Sweat	DE	CHI
45	Travon Walker	DE	JAC
46	T.J. Watt	LB	PIT
47	Andrew Van Ginkel	LB	MIN
48	Josh Sweat	LB	ARI
49	Abdul Carter	DE	NYG
50	Tyler Nubin	S	NYG
51	Grant Delpit	S	CLE
52	Brandon Jones	S	DEN
53	Jeremy Chinn	S	LV
54	Julian Love	S	SEA
55	Cody Barton	LB	TEN
56	Nick Bolton	LB	KC
57	Foyesade Oluokun	LB	JAC
58	Jack Campbell	LB	DET
59	Germaine Pratt	LB	CIN
60	Bobby Okereke	LB	NYG
61	Carson Schwesinger	LB	CLE
62	Kevin Byard III	S	CHI
63	Zach Sieler	DL	MIA
64	Kobie Turner	DT	LAR
65	Christian Wilkins	DT	LV

VINCENT CARCHIETTA-IMAGN IMAGES

FANTASY POSITION RANKINGS

QUARTERBACKS

Rk	Player	Team
1	Josh Allen	BUF
2	Jalen Hurts	PHI
3	Jayden Daniels	WAS
4	Lamar Jackson	BAL
5	Patrick Mahomes	KC
6	Joe Burrow	CIN
7	Justin Fields	NYJ
8	Jordan Love	GB
9	C.J. Stroud	HOU
10	Kyler Murray	ARI
11	Drake Maye	NE
12	Baker Mayfield	TB
13	Dak Prescott	DAL
14	Justin Herbert	LAC
15	Jared Goff	DET
16	Bo Nix	DEN
17	Caleb Williams	CHI
18	Brock Purdy	SF
19	Tua Tagovailoa	MIA
20	Trevor Lawrence	JAC
21	Matthew Stafford	LAR
22	Geno Smith	LV
23	Bryce Young	CAR
24	J.J. McCarthy	MIN
25	Sam Darnold	SEA
26	Russell Wilson	NYG
27	Michael Penix Jr.	ATL
28	Cam Ward	TEN
29	Aaron Rodgers	FA
30	Tyler Shough	NO
31	Anthony Richardson	IND
32	Joe Flacco	CLE
33	Daniel Jones	IND
34	Spencer Rattler	NO
35	Kenny Pickett	CLE
36	Jaxson Dart	NYG
37	Dillon Gabriel	CLE
38	Jalen Milroe	SEA
39	Will Levis	TEN
40	Kirk Cousins	ATL
41	Sam Howell	MIN
42	Marcus Mariota	WAS
43	Tanner McKee	PHI
44	Jimmy Garoppolo	LAR
45	Zach Wilson	MIA
46	Mason Rudolph	PIT
47	Joe Milton III	DAL
48	Joshua Dobbs	NE
49	Gardner Minshew II	KC
50	Jameis Winston	NYG



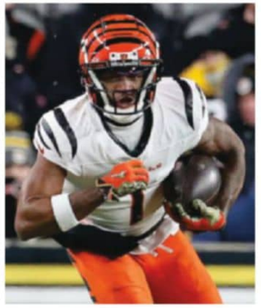
RUNNING BACKS

Rk	Player	Team
1	Bijan Robinson	ATL
2	Christian McCaffrey	SF
3	Saquon Barkley	PHI
4	Ashton Jeanty	LV
5	Derrick Henry	BAL
6	Jonathan Taylor	IND
7	Joe Mixon	HOU
8	Jahmyr Gibbs	DET
9	De'Von Achane	MIA
10	Breece Hall	NYJ
11	Kyren Williams	LAR
12	Kenneth Walker III	SEA
13	James Cook	BUF
14	Chuba Hubbard	CAR
15	James Conner	ARI
16	Josh Jacobs	GB
17	Alvin Kamara	NO
18	Bucky Irving	TB
19	Aaron Jones Sr.	MIN
20	Chase Brown	CIN
21	D'Andre Swift	CHI
22	Tony Pollard	TEN
23	David Montgomery	DET
24	Jaylen Warren	PIT
25	Isiah Pacheco	KC
26	Quinshon Judkins	CLE
27	Tyjae Spears	TEN
28	Omarion Hampton	LAC
29	RJ Harvey	DEN
30	Brian Robinson	WAS
31	TreVeyon Henderson	NE
32	Cam Skattebo	NYG
33	Kaleb Johnson	PIT
34	Tyrone Tracy Jr.	NYG
35	Najee Harris	LAC
36	Jaydon Blue	DAL
37	Tank Bigsby	JAC
38	Jordan Mason	MIN
39	Austin Ekeler	WAS
40	Zach Charbonnet	SEA
41	Rachaad White	TB
42	Trey Benson	ARI
43	Jaleel McLaughlin	DEN
44	Jerome Ford	CLE
45	Javonte Williams	DAL
46	Rhamondre Stevenson	NE
47	Roschon Johnson	CHI
48	Jaylen Wright	MIA
49	J.K. Dobbins	FA
50	Trevor Etienne	CAR
51	Bhayshul Tuten	JAC
52	Kendre Miller	NO
53	MarShawn Lloyd	GB
54	Ray Davis	BUF
55	Travis Etienne	JAC
56	Will Shipley	PHI
57	Justice Hill	BAL
58	Miles Sanders	DAL
59	Blake Corum	LAR
60	Tyler Allgeier	ATL
61	Zack Moss	CIN
62	Sean Tucker	TB
63	Elijah Mitchell	KC
64	Isaac Guerendo	SF
65	Antonio Gibson	NE
66	Ty Johnson	BUF
67	Dylan Sampson	CLE
68	Audric Estime	DEN
69	Raheem Mostert	LV
70	Braelon Allen	NYJ
71	Samaje Perine	CIN
72	Woody Marks	HOU
73	Isaiah Davis	NYJ
74	Kareem Hunt	KC
75	Devin Singletary	NYG
76	Rico Dowdle	CAR
77	Alexander Mattison	MIA
78	A.J. Dillon	PHI
79	Keaton Mitchell	BAL
80	Ollie Gordon II	MIA

FROM LEFT: GARY A. VASQUEZ-IMAGN IMAGES; BRETT DAVIS-IMAGN IMAGES

WIDE RECEIVERS

Rk	Player	Team
1	Ja'Marr Chase	CIN
2	Puka Nacua	LAR
3	CeeDee Lamb	DAL
4	Malik Nabers	NYG
5	Justin Jefferson	MIN
6	Nico Collins	HOU
7	A.J. Brown	PHI
8	Drake London	ATL
9	Brian Thomas Jr.	JAC
10	Tee Higgins	CIN
11	Rashee Rice	KC
12	Jaxon Smith-Njigba	SEA
13	Tyreek Hill	MIA
14	Davante Adams	LAR
15	Amon-Ra St. Brown	DET
16	Mike Evans	TB
17	Garrett Wilson	NYJ
18	DJ Moore	CHI
19	DeVonta Smith	PHI
20	Ladd McConkey	LAC
21	Jayden Reed	GB
22	Chris Olave	NO
23	Zay Flowers	BAL
24	Terry McLaurin	WAS
25	Jaylen Waddle	MIA
26	Marvin Harrison Jr.	ARI
27	Jakobi Meyers	LV
28	Calvin Ridley	TEN
29	Josh Downs	IND
30	Deebo Samuel	WAS
31	DK Metcalf	PIT
32	Tetairoa McMillan	CAR
33	George Pickens	DAL
34	Jordan Addison	MIN
35	Jameson Williams	DET
36	Xavier Worthy	KC
37	Cooper Kupp	SEA
38	Courtland Sutton	DEN
39	Khalil Shakir	BUF
40	Jerry Jeudy	CLE
41	Rome Odunze	CHI
42	Jauan Jennings	SF
43	Chris Godwin	TB
44	Michael Pittman Jr.	IND
45	Darnell Mooney	ATL
46	Rashid Shaheed	NO
47	Brandon Aiyuk	SF
48	Stefon Diggs	NE
49	Christian Kirk	HOU
50	Ricky Pearsall	SF
51	Hollywood Brown	KC
52	Emeka Egbuka	TB
53	Matthew Golden	GB
54	Travis Hunter	JAC
55	Keon Coleman	BUF
56	Wan'Dale Robinson	NYG
57	Jalen Coker	CAR
58	Ray-Ray McCloud III	ATL
59	Quentin Johnston	LAC
60	Allen Lazard	NYJ
61	Amari Cooper	FA
62	Romeo Doubs	GB
63	Michael Wilson	ARI
64	Cedric Tillman	CLE
65	Tre Harris	LAC
66	Dontayvion Wicks	GB
67	Parker Washington	JAC
68	Tutu Atwell	LAR
69	Joshua Palmer	BUF
70	Marvin Mims Jr.	DEN
71	Darius Slayton	NYG
72	Keenan Allen	FA
73	Jack Bech	LV
74	Diontae Johnson	CLE
75	Rashod Bateman	BAL
76	Luther Burden III	CHI
77	Tyler Lockett	TEN
78	Elic Ayomanor	TEN
79	Josh Reynolds	NYJ
80	Alec Pierce	IND
81	Xavier Legette	CAR
82	Tim Patrick	DET
83	Brandin Cooks	NO
84	Pat Bryant	DEN
85	KaVontae Turpin	DAL
86	Tre Tucker	LV
87	Greg Dortch	ARI
88	Jayden Higgins	HOU
89	Andrei Iosivas	CIN
90	Kendrick Bourne	NE
91	Demario Douglas	NE
92	Adam Thielen	CAR
93	Jalin Hyatt	NYG
94	DeAndre Hopkins	BAL
95	Troy Franklin	DEN
96	Adonai Mitchell	IND
97	Roman Wilson	PIT
98	Jalen McMillan	TB
99	Noah Brown	WAS
100	Mar. Valdes-Scantling	SEA



CHARLES LECLAIRE-IMAGN IMAGES

TIGHT ENDS

Rk	Player	Team
1	Trey McBride	ARI
2	Brock Bowers	LV
3	Sam LaPorta	DET
4	David Njoku	CLE
5	George Kittle	SF
6	Travis Kelce	KC
7	T.J. Hockenson	MIN
8	Dalton Kincaid	BUF
9	Jonnu Smith	MIA
10	Mark Andrews	BAL
11	Hunter Henry	NE
12	Jake Ferguson	DAL
13	Evan Engram	DEN
14	Pat Freiermuth	PIT
15	Kyle Pitts	ATL
16	Tyler Warren	IND
17	Zach Ertz	WAS
18	Tucker Kraft	GB
19	Chig Okonkwo	TEN
20	Dallas Goedert	PHI
21	Juwan Johnson	NO
22	Dalton Schultz	HOU
23	Mike Gesicki	CIN
24	Tyler Higbee	LAR
25	Ja'Tavion Sanders	CAR
26	Isaiah Likely	BAL
27	Cade Otton	TB
28	Theo Johnson	NYG
29	Colston Loveland	CHI
30	Will Dissly	LAC
31	Michael Mayer	LV
32	Noah Gray	KC
33	Brenton Strange	JAC
34	Mason Taylor	NYJ
35	Harold Fannin Jr.	CLE
36	Noah Fant	SEA
37	Ben Sinnott	WAS
38	Elijah Arroyo	SEA
39	Luke Musgrave	GB
40	Terrance Ferguson	LAR

KICKERS

Rk	Player	Team
1	Brandon Aubrey	DAL
2	Jake Bates	DET
3	Wil Lutz	DEN
4	Cameron Dicker	LAC
5	Tyler Loop	BAL
6	Younghoe Koo	ATL
7	Will Reichard	MIN
8	Tyler Bass	BUF
9	Matt Gay	WAS
10	Harrison Butker	KC
11	Chris Boswell	PIT
12	Jake Elliott	PHI
13	Greg Zuerlein	NYJ
14	Daniel Carlson	LV
15	Joshua Karty	LAR
16	Cairo Santos	CHI
17	Evan McPherson	CIN
18	Jason Sanders	MIA
19	Chase McLaughlin	TB
20	Ka'imi Fairbairn	HOU
21	Blake Grupe	NO
22	Graham Gano	NYG
23	Jason Myers	SEA
24	Brandon McManus	GB
25	Jake Moody	SF
26	Cam Little	JAC
27	Spencer Shrader	IND
28	Chad Ryland	ARI

DEFENSE/ST

Rk	Player
1	Buffalo
2	Baltimore
3	Houston
4	Dallas
5	Green Bay
6	New York Jets
7	Denver
8	Kansas City
9	Pittsburgh
10	Minnesota
11	Cleveland
12	Philadelphia
13	Detroit
14	Seattle
15	Indianapolis
16	New England
17	San Francisco
18	L.A. Rams
19	New York Giants
20	Tampa Bay
21	Washington
22	Chicago
23	Jacksonville
24	L.A. Chargers
25	Miami
26	Carolina
27	Las Vegas
28	Arizona
29	Atlanta
30	New Orleans
31	Tennessee
32	Cincinnati

WHO'S NO.1?

2025 FANTASY FOOTBALL

BIJAN ROBINSON

RB | ATLANTA FALCONS

Saquon Barkley was awesome last year. So awesome that it'll be tough to repeat. It's difficult to stay healthy enough to get 345 carries in an NFL season. That's part of why Barkley had never reached 300 before 2024. Even if he stays healthy again, he'll have a tough time repeating that 5.8 yards per carry. Since 2002 — the 32-team era — only 11 RB seasons had produced 5.5-plus yards per carry on 200-plus attempts. Only Clinton Portis (2002-03) reached both levels in back-to-back seasons. Barkley entered 2024 averaging 4.3 for his career. Robinson ranked just 20th in opportunity share through Week 6 last season. He climbed to third the rest of the way, trailing only Barkley (by 0.9 percentage points) and Jonathan Taylor. He trailed Barkley by just 1.3 total PPR points over that span. Perhaps most importantly, Robinson nearly doubled Barkley in receptions. That specific usage means Robinson doesn't need as much to go his way to deliver fantasy points in 2025.

— MATT SCHAUF, ATHLON FANTASY CONTRIBUTOR

CEEDEE LAMB

WR | DALLAS COWBOYS

Last year, I went with CeeDee for my No. 1 overall pick, and I was rewarded with a Dak Prescott injury and a disappointing season from Lamb, who battled a bum shoulder of his own. But a peek under the hood reveals that things weren't so bad. Lamb gutted his way to a WR8 ranking despite missing his QB from Week 9 on. With Prescott, Lamb averaged a more-than-respectable 15.6 fantasy ppg. Dak is running out of chances before Jerry Jones blows the whole thing up, so look for him to force the issue by force-feeding his WR1. Plus, George Pickens' presence should limit the double-teams and open up the field. Which in turn makes Lamb an enticing sleeper at 1-1.

— ROB DOSTER, ATHLON MANAGING EDITOR

FROM LEFT: KEVIN JAIRAJ-IMAGN IMAGES; JIM DEDMON-IMAGN IMAGES

SAQUON BARKLEY

RB | PHILADELPHIA EAGLES

BILL STREICHER-IMAGN IMAGES

Barkley did more than just restore the value of bell-cow running backs in the NFL; he made the RB1 in fantasy more relevant than it's been the last several years. Before last season, very few running backs were being taken in the first round of fantasy drafts at all, let alone No. 1. This year, you might see five or six backs in Round 1. Bijan Robinson and Jahmyr Gibbs will go high; Derrick Henry and maybe even rookie Ashton Jeanty will be off the board in Round 1. But Barkley remains the clear No. 1 option. And while no player in NFL history has rushed for 2,000 yards twice, Barkley doesn't need another 2,000-yard season to be the best player in fantasy. Of his 15 total touchdowns last season, only two came as a receiver. If the Eagles do more with Barkley in the passing game this season, he'll be unstoppable.

— CRAIG ELLENPORT, ATHLON SENIOR EDITOR

There is no such thing as a regression-proof fantasy football player, and Saquon Barkley sure seems like a poor bet to go for 549 rushing yards over expected next year. Derrick Henry joined him as the only players in the Next Gen Stats Era to ever do that, and no other running back since 2018 has even made it to 400 yards over expected. But when you look at the offensive infrastructure, it's hard to conclude that Barkely doesn't still have historic upside. The fact that he's got an elite running quarterback in Jalen Hurts, a dominant offensive line that returns four of five starters from last year and enough passing-game weapons to keep defenses from completely keying on him makes Barkley feel inevitable again in 2025. You'll find plenty of good players at the top of your draft this year, and it's hard to be disappointed with any of the top four or five picks. But last year taught us that nobody has more of a ceiling than Barkley, and ceiling is what wins leagues.

— RIVERS McCOWN, ATHLON FANTASY CONTRIBUTOR

There's no clear-cut pick this year, and while you could make a strong case for a handful of others, Barkley feels like the best combination of high floor and high ceiling. He's still only 28 and will once again be running behind arguably the best offensive line in the NFL. He should remain the focal point of the Eagles offense, and the presence of other dynamic weapons like Jalen Hurts, A.J. Brown and DeVonta Smith will punish opposing defenses for stacking the box. He's a special talent in an ideal situation, and that's always a recipe for fantasy dominance.

— LUKE EASTERLING, ATHLON SENIOR EDITOR

JA'MARR CHASE

WR | CINCINNATI BENGALS

SAM GREENE/USA TODAY NETWORK VIA IMAGN IMAGES

Typically, I'm of the mindset to go with a running back as the No. 1 overall pick. But not this year. Ja'Marr Chase is the No. 1 wide receiver in the NFL, and he has the triple crown to prove it. And he didn't eke out this unique achievement either — finishing with 12 more receptions, nearly 200 more yards and four more touchdowns than No. 2 in each category last season. Through four seasons, Chase's 17-game average shakes out to a 108-1,488-13 line. That should play just fine for the No. 1 pick. And then there are the numerous question marks surrounding a Cincinnati defense that was 25th overall in both yards and points allowed per game. It's not hard to envision the Bengals being involved in plenty of high-scoring games in 2025, which also bodes well for Chase's chances of living up to the No. 1 billing. So for this year, I'll advocate for going against the RB grain at 1-1. (Just please stay healthy Ja'Marr; you too, Joe Burrow.)

— MARK ROSS, ATHLON CONTRIBUTING EDITOR

Historically, wide receivers have rarely gone 1-1, but Chase is a rare wide receiver. He's coming off a conspicuously quiet triple crown season that saw him set career highs in receptions (127), receiving yards (1,708) and receiving touchdowns (17). Chase, who has the most receiving touchdowns (46) in the NFL since entering the league in 2021, has never finished worse than WR13, and he's coming off a WR1 finish. For the first time in a long time, there's no preseason drama in Cincinnati with Joe Burrow, Tee Higgins and Chase all under contract. Count on the 25-year-old special talent to deliver on his premium draft cost.

— KYLE WOOD, ATHLON SENIOR EDITOR

SIZING UP THE SOPHOMORES

BY CRAIG ELLENPORT

Drafting virtually any rookie in fantasy can be risky; you just never know what you're going to get. But with one season under their belts, second-year players might provide a better outlook.

Might.

It's not just the dreaded sophomore slump you must worry about. You need to factor in team situations: Has the roster or coaching staff changed in a way that might affect a player's performance from year to year? And what about the players who didn't make a big splash as rookies last season? Are they ready to step up and justify a draft-day investment?

This year might be different than most, simply because last year was different than most. Ten of the first 13 picks in last year's draft were fantasy-relevant players (QB, RB, WR or TE), and most of them made significant fantasy impacts as rookies. There's little reason to think those players won't continue to produce at a high level, while other members of the 2024 rookie class might be ready to take the next step.

Here are some second-year players who should be on your fantasy radar.

PETER CASEY-IMAGN IMAGES

THE NEW NO. 1?

JAYDEN DANIELS, QB, WASHINGTON COMMANDERS

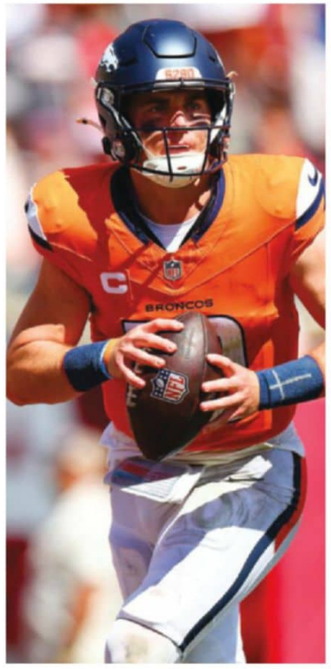
It won't be easy for the reigning NFL Offensive Rookie of the Year to top his first-year production, but it's quite possible that Daniels has room to grow.

With 3,568 passing yards, 891 rushing yards and 31 total touchdowns, Daniels was fifth among quarterbacks in fantasy points last season. And in getting the Commanders back to the playoffs for the first time in four years, Daniels showed the leadership and clutch ability to bring Washington to the brink of a Super Bowl appearance.

Not resting on Daniels' rookie laurels, the Commanders acquired receiver Deebo Samuel from the 49ers this offseason, giving Daniels a devastating one-two punch in the passing game to go with Terry McLaurin. The added weaponry will also spread the defense and make Daniels even more dangerous when he takes off on runs. Daniels was QB5 in fantasy last season, and if he plays the way he did last season, challenging to be No. 1 isn't out of the question.

BATTLE FOR SECOND

While Daniels was clearly the top rookie QB in 2024, there were five other first-round quarterbacks, and all of them could have a fantasy impact in 2025:



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BO NIX

QB, DENVER BRONCOS

With 3,775 passing yards and 29 TD passes, Nix probably exceeded his rookie expectations last year and for a time gave Daniels a run for his money in the Rookie of the Year debate. And there's definitely room to grow in head coach Sean Payton's offense. Nix didn't top 250 passing yards in any of his first seven games but then averaged nearly 260 per game over his last seven.

Nix added another 430 rushing yards and scored four rushing touchdowns, finishing as the QB9 in fantasy. He and big-play receiver Courtland Sutton developed a great rapport, which should only get stronger, and he adds tight end Evan Engram to the mix this season as well.

CALEB WILLIAMS, QB, CHICAGO BEARS

Despite his status as a former Heisman Trophy winner and first overall draft pick last season, it's hard to expect much from Williams from a fantasy standpoint for one simple reason: He's a Chicago Bears quarterback. No quarterback in franchise history has ever thrown for 4,000 yards or 30 touchdown passes in a single season. Not one. Williams' 3,541 yards and 20 TD passes were okay, but nothing special in fantasy. He added 489 rushing yards but zero rushing touchdowns.

Enter new head coach Ben Johnson, considered the best offensive coordinator in the NFL over the past two seasons in Detroit. That gives Williams a puncher's chance to break out, but it's a risk to bet that Johnson's reputation will triumph over team history.

MICHAEL PENIX JR.

QB, ATLANTA FALCONS

The former Washington Huskies quarterback only started three games as a rookie, but that's probably three more starts than many thought he'd have at this point. When the Falcons drafted Penix with the eighth overall pick, less than two months had passed since they signed veteran free agent Kirk Cousins. The idea was that Penix had time to sit and learn from Cousins, but the rookie was installed as the team's full-time starter by season's end.

Penix takes over an offense that features a dangerous receiver in Drake London, who's coming off his best season as a pro, and one of the league's best pass-catching running backs in Bijan Robinson. That combination alone should provide a solid foundation for Penix as a successful fantasy QB.

DRAKE MAYE

QB, NEW ENGLAND PATRIOTS

Maye was drafted third overall behind Williams and Daniels, though early expectations weren't high mainly because the Patriots had no offensive identity. Maye began the season on the bench but ended up starting the final 12 games of the season. He didn't light it up, but he did show flashes — throwing at least one touchdown pass in 10 games and at least two touchdown passes four times. And that was with an inexperienced and injury-depleted receiving corps. The addition of veteran Stefon Diggs and the continued development of other receivers should lead to a marked improvement in Maye's numbers.

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J.J. MCCARTHY
QB, MINNESOTA VIKINGS

Even though he was on injured reserve and never on the active roster for his rookie season, McCarthy is nevertheless technically a second-year player. A knee injury sidelined him in the preseason, and he opted for season-ending knee surgery. Sam Darnold replaced him and had a breakthrough season — but the Vikings are high enough on McCarthy that they were willing to let Darnold leave in free agency.

So what can we expect from McCarthy, who was never seen as a pure drop-back passer in his days at the University of Michigan? A quarterback who has a slew of weapons led by Justin Jefferson and is playing for one of the best offensive play-callers in head coach Kevin O'Connell is automatically viable from a fantasy perspective. Nothing was expected of Darnold last season, yet he passed for 4,319 yards and 35 touchdowns, finishing as the QB7 in fantasy. Darnold had only one rushing touchdown, so when you consider that the mobile McCarthy had eight rushing scores in two seasons as the Michigan starter, you can see a path to fantasy success.

CATCHING ON

Last year's draft featured several big-time wide receivers selected in the first two rounds. A few have already established themselves as valuable fantasy players; others have a chance to join them.

MALIK NABERS, WR, NEW YORK GIANTS

Considering that Nabers missed two games with an ankle injury and wasn't 100 percent for a few others, his rookie production was pretty historic. His 109 receptions briefly set a rookie record (Raiders tight end Brock Bowers broke that mark in his season finale). With 1,204 receiving yards and seven touchdowns, Nabers finished as the WR7 in fantasy, which is all the more impressive considering that Nabers was catching passes from the likes of Daniel Jones, Drew Lock and Tommy DeVito, all of whom were struggling behind a paper-thin offensive line. With veteran Russell Wilson presumably taking over at QB, Nabers could be a superstar.

BRIAN THOMAS JR.
WR, JACKSONVILLE JAGUARS

While his LSU teammate Malik Nabers had 22 more receptions, Thomas led all rookies in 2024 in receiving yards (1,282) and touchdowns (10). The Jaguars were confident enough in Thomas' ability to be their No. 1 receiver that they were fine letting Christian Kirk walk via free agency. It doesn't hurt that new head coach Liam Coen is an offensive guru whose reputation suggests he can help QB Trevor Lawrence get back on track and build a dynamic pass attack.

ROME ODUNZE
WR, CHICAGO BEARS

The ninth overall pick last year, Odunze posted rookie numbers (54-734-3) that were less than spectacular, but there are two good reasons to expect his production to improve markedly in 2025. For starters, Odunze and quarterback Caleb Williams will both benefit from offensive whiz Ben Johnson taking over as head coach along with some key additions that bolster the offensive line. Second, the free-agent departure of veteran Keenan Allen puts 121 targets from last season up for grabs. Odunze moves up in the pecking order and should have little trouble improving on his WR49 finish last season.

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MARVIN HARRISON JR. WR, ARIZONA CARDINALS

While quarterbacks went 1-2-3 in last year's draft, some experts thought Harrison was actually the best player available — thus his selection as the fourth overall pick. Catching 62 passes for 885 yards and eight touchdowns, he was 29th among receivers in fantasy scoring. Considering Cards quarterback Kyler Murray spent much of the season working his way back from a serious knee injury, there's every reason to believe that those two will develop a better rapport in 2025. Harrison's touchdown total as a rookie was tied for 13th among receivers; his reception and yardage totals should improve greatly.

XAVIER WORTHY, WR, KANSAS CITY CHIEFS

After his record 40-yard dash time at the NFL Scouting Combine and two touchdowns in his NFL debut, it looked like the former Texas speedster was on a fast track to stardom. They production didn't match the hype, but he was a dangerous weapon that defenses had to deal with. Worthy finished as WR33, with 742 yards from scrimmage and nine total touchdowns. DeAndre Hopkins left via free agency, but Hollywood Brown looks to be a factor after missing almost the entire 2024 season, so it's hard to see Worthy becoming a reliable fantasy starter.

KEON COLEMAN WR, BUFFALO BILLS

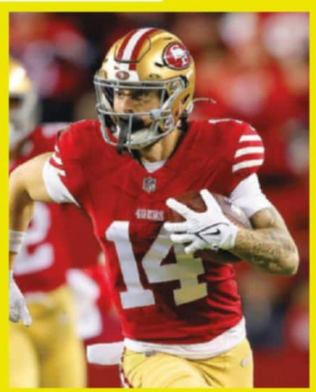
Coleman was slowly emerging as more of a factor in the Bills' passing game before he suffered a wrist injury in Week 9. He missed four games after that and wasn't 100 percent until the last two weeks of the season. Even with the time missed, Coleman finished third on the Bills in targets. With reigning MVP Josh Allen leading the offense, it's fair to expect a healthy Coleman's numbers to improve considerably.

LADD McCONKEY WR, LOS ANGELES CHARGERS

Lining up mostly as the slot receiver in the Chargers' offense, McConkey established himself as Justin Herbert's go-to target as a rookie. In Jim Harbaugh's run-first attack, McConkey is not likely to post monster fantasy numbers, but he shouldn't have trouble matching his production from last season (82-1,149-7), which was good for WR13.

RICKY PEARSALL, WR, SAN FRANCISCO 49ERS

After a combination of injuries, which included a gunshot wound suffered when someone attempted to rob him just before his rookie season began, Pearsall wasn't active until Week 7 and was brought along slowly. He finished with 31 catches for 400 yards and three touchdowns, highlighted by a Week 17 performance against the Lions that featured eight catches for 141 yards and a score. More importantly, the trade of Deebo Samuel means that Pearsall moves into the starting lineup and will get some of the 81 targets that were aimed at Samuel last season.

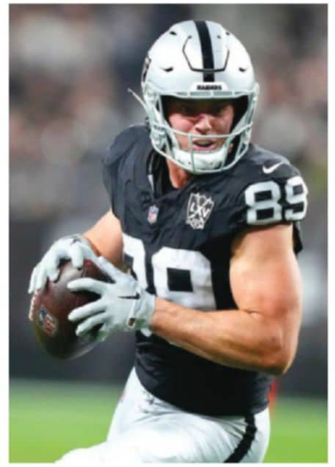


CLOCKWISE FROM TOP LEFT: MARK J. REBILAS-IMAGN IMAGES; KIRBY LEE-IMAGN IMAGES; SERGIO ESTRADA-IMAGN IMAGES

BUCKY IRVING
RB, TAMPA BAY BUCCANEERS

When the Bucs drafted Irving last year, fans thought he could be a nice complement to starting RB Rachaad White. By the time the season was over, it was White providing the occasional breather for Irving, who firmly established himself as Tampa Bay's starting back. He started only three games, but over the last six games of the season, he had the sixth-most fantasy points among running backs.

That ascension should continue in 2025. Irving caught 47 passes last season, although he had no receiving touchdowns. He should be a valuable back in PPR leagues and possibly one of the top RBs in fantasy.



BROCK BOWERS
TE, LAS VEGAS RAIDERS

Like Malik Nabers in New York, Bowers caught a ton of passes (112) despite being hampered by a revolving door of mediocre quarterbacks (Gardner Minshew, Aidan O'Connell, Desmond Ridder). Enter veteran Geno Smith, who should help Bowers improve on his 1,194 receiving yards. Smith's presence should also create more red-zone opportunities for the tight end from Georgia, who caught five touchdown passes last season. Bowers was the fantasy TE1 last season and should easily challenge for that honor again in '25.

ON THE MEND

BY CRAIG ELLENPORT

@ELLENPORT

Injuries can derail your fantasy fortunes in a heartbeat, and it's a helpless feeling. When your starting quarterback or top receiver goes down midseason, there's really nothing you can do about it other than cross your fingers that your backups can come through. One thing you can control is getting a handle on players who were injured last year.

Projecting how players who missed time in 2024 will perform in 2025 isn't easy. The first step is understanding the severity of the injury and what the team is expecting when training camp rolls around.

Here are some key fantasy players you need to keep tabs on after they missed time in 2024.

CHRISTIAN McCAFFREY

RB | 49ERS

After he was a consensus No. 1 pick in fantasy this time last year, it's safe to say McCaffrey's injury-plagued 2024 season crushed many a fantasy manager's hopes. McCaffrey led the NFL in yards from scrimmage (2,023) and total touchdowns (21) in 2023, but CMC opened last season on injured reserve with Achilles tendinitis in both feet. He made his season debut in Week 9, only to suffer a season-ending posterior cruciate ligament injury in Week 12. San Francisco general manager John Lynch said at the NFL Scouting Combine in February that McCaffrey, who turns 29 this summer, is looking great. "If he is healthy, he will have a tremendous year," said Lynch. "That's just what he does."

DESHAUN WATSON

QB | BROWNS

Between suspensions and injuries, Watson hasn't started more than seven games in any of his three seasons with Cleveland. The Browns are clearly thinking about who their franchise quarterback of the future will be — drafting not one, but two QBs this year. The team has 238 million reasons to want to get something more out of Watson. Problem is, he suffered a ruptured Achilles in Week 7 last season — and then required a second surgery in January after it re-ruptured. The team expects him to miss significant time. He has been aggressively rehabbing at the team's training center throughout the offseason, but it's entirely possible he has taken his last snap as a Brown.

J.J. McCARTHY

QB | VIKINGS

McCarthy's rookie season was over before it even began. The 10th overall pick in last year's draft suffered a torn meniscus in his right knee in the preseason and opted for season-ending surgery. McCarthy was an intriguing prospect because Michigan was a run-first offense, and he never threw the ball all that much in college. Still, Vikings head coach Kevin O'Connell is a quarterback whisperer who certainly worked his magic on Sam Darnold last season. The fact that Minnesota was okay letting Darnold leave via free agency after throwing 35 touchdown passes last season is a sure sign that O'Connell is confident in McCarthy as his starting quarterback. Even if McCarthy doesn't match Darnold's 35 TD passes, his running ability adds a dimension that Darnold never offered.

FROM LEFT: BRAD REMPEL-USA TODAY SPORTS; BRAD REMPEL-USA TODAY SPORTS; OPPOSITE: KEVIN JAIRAJ-IMAGN IMAGES

DAK PRESCOTT

QB | COWBOYS

The Cowboys' All-Pro quarterback didn't just suffer a hamstring injury last November. He tore the hamstring off the bone, requiring surgery that had a recovery time of three months. Spotted at a charity event in February without crutches, Prescott told reporters he was feeling good and that he would be "very, very ready" for the first game of the season. One very positive historical note: The first time Prescott missed significant playing time was in 2020, and he came back in 2021 to pass for 4,449 yards and 37 touchdowns. Then he missed five games in 2022, and he came back a year later to pass for 4,516 yards and a league-leading 36 TDs.

ON THE MEND

ISAAC GUERENDO

RB | 49ERS

Given McCaffrey's injury history — and since the 49ers' zone rushing offense has been successful in using multiple running backs — San Francisco's No. 2 RB is a smart stash for any fantasy manager. Guerendo, a fourth-round draft pick out of Louisville last year, was pressed into duty as a rookie after injuries to both McCaffrey and backup Jordan Mason. Sure enough, Guerendo suffered a late-season knee injury as well. The good news: It was not an ACL injury, so Guerendo will be ready to go for the start of the season. And the 49ers let Mason leave via free agency, so they are confident that Guerendo, who averaged five yards per carry in '24, can be McCaffrey's primary backup.

KENNETH WALKER III

RB | SEAHAWKS

Walker, according to PFF, led all NFL running backs last season with 34 broken tackles. However, that willingness to take on would-be tacklers may have contributed to Walker's multiple injuries. After missing four games earlier in the season with calf and oblique injuries, Walker missed the final two games with an ankle injury. He might have been available had the Seahawks made the playoffs, so he should be 100% when training camp opens.

TANK DELL

WR | TEXANS

At 5-foot-10 and 165 pounds, it's not shocking that Dell has been injured in each of his first two pro seasons. He missed six games as a rookie but came back strong in 2024 — only to suffer a devastating knee injury in Week 16. Dell suffered a dislocated knee, torn ACL, MCL, LCL and meniscus damage. Initial reports indicated that he might not be ready to return in 2025. In late February, Texans head coach DeMeco Ryans gave a positive update, noting that Dell was back in the building, working out and showing "renewed energy" in his recovery. That said, Ryans also stressed that it was too soon to set a timetable on Dell's return.

MICHAEL PITTMAN JR.

WR | COLTS

Pittman's 2024 numbers (69 catches, 808 yards, three touchdowns) were the lowest since his rookie season of 2020, but fantasy owners learned after the season that there was a good reason for his disappointing drop in production: he played most of the 2024 season with a fractured back. Pittman was getting scanned every few weeks during the season to make sure he was okay to play through the pain, for which he clearly has a high tolerance. In January, it was reported that Pittman's injury would not require surgery, and all signs point to him being ready to go when training camp begins.

BRANDON AIYUK

WR | 49ERS

Aiyuk had his breakout season in 2023, with 75 catches for 1,342 yards and seven touchdowns, earning him a nice new contract extension. But then he suffered a season-ending ACL and MCL injury last October. The team is optimistic that Aiyuk will be ready to go Week 1. The fact that San Francisco was willing to trade away star receiver Deebo Samuel and not invest a high draft pick in the position is a sign of that optimism. The 49ers still have Jauan Jennings, Ricky Pearsall and free-agent addition Demarcus Robinson in their WR room, but Aiyuk should still get his share of targets.

HOLLYWOOD BROWN

WR | CHIEFS

The Chiefs signed Brown last year to team up with Rashee Rice and rookie Xavier Worthy, but Brown suffered a sternoclavicular injury in his first preseason game that landed him on injured reserve. Brown was supposed to miss the entire season, although he did make it back for the final two games of the regular season and played sparingly in the playoffs. The Chiefs were happy enough with what little they saw of Brown that they made sure to re-sign him before free agency began. Speed is the key to his game, so the fact that it was an upper-body injury that sidelined him last season shouldn't be a great concern.

TROY TAORMINA-IMAGN IMAGES

XAVIER LEGETTE

WR | PANTHERS

Legette missed a little time in 2024 with a wrist injury, but it was actually a nagging foot injury that required offseason surgery. After catching 49 passes for 497 yards and four touchdowns as a rookie, Legette was told that rest was the best medicine for his wrist. Legette was spotted at the Kentucky Derby after having apparently bulked up considerably, so his recovery is obviously not affecting his workout regimen.

STEFON DIGGS

WR | PATRIOTS

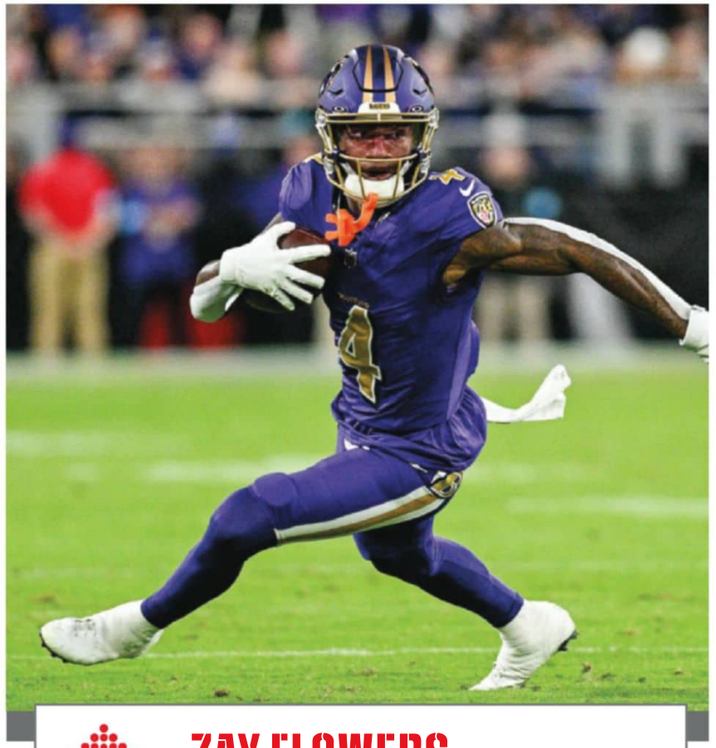
After five seasons in Minnesota and four in Buffalo, Diggs' first and only season with the Houston Texans ended when he suffered a torn ACL in Week 8. He finished the season with 47 catches for 496 yards and three touchdowns. Diggs, who will be 32 before the 2025 season is over, was not a hot commodity when free agency began. But he posted videos on social media chronicling his rehab, and the Patriots are confident he'll be ready to go in Week 1. Despite the age and potential decline, Diggs immediately becomes the Patriots' top receiving threat.

CHRISTIAN WATSON

WR | PACKERS

Green Bay's primary deep threat suffered a torn ACL in Week 18 of last season, and he is not expected to be ready for the start of the '25 season. "Obviously, Christian is going to miss some time, probably, at the beginning, more than likely," said Packers general manager Brian Gutekunst. With speed being such a big part of Watson's game (he averaged 21.4 yards per catch last season), there's a good chance he will not be 100% in time to help fantasy managers this season.

CLOCKWISE FROM TOP: TOMMY GILLIGAN-IMAGN IMAGES; DENNY MEDLEY-USA TODAY SPORTS; GREGORY FISHER-IMAGN IMAGES



ZAY FLOWERS

WR | RAVENS

In his second NFL season, Flowers led the Ravens in receptions (74) and receiving yards (1,059), earning his first Pro Bowl nod. However, a knee injury suffered in the regular-season finale left Flowers inactive for Baltimore's two playoff games. Fortunately for Flowers and the Ravens, the injury was not considered major — in fact, head coach John Harbaugh was hoping for Flowers to play had his team reached the AFC title game. We'll never know for sure, but Flowers is expected to be 100% when training camp begins — and he's already been talking about how missing those playoff games will serve as motivation for his return.

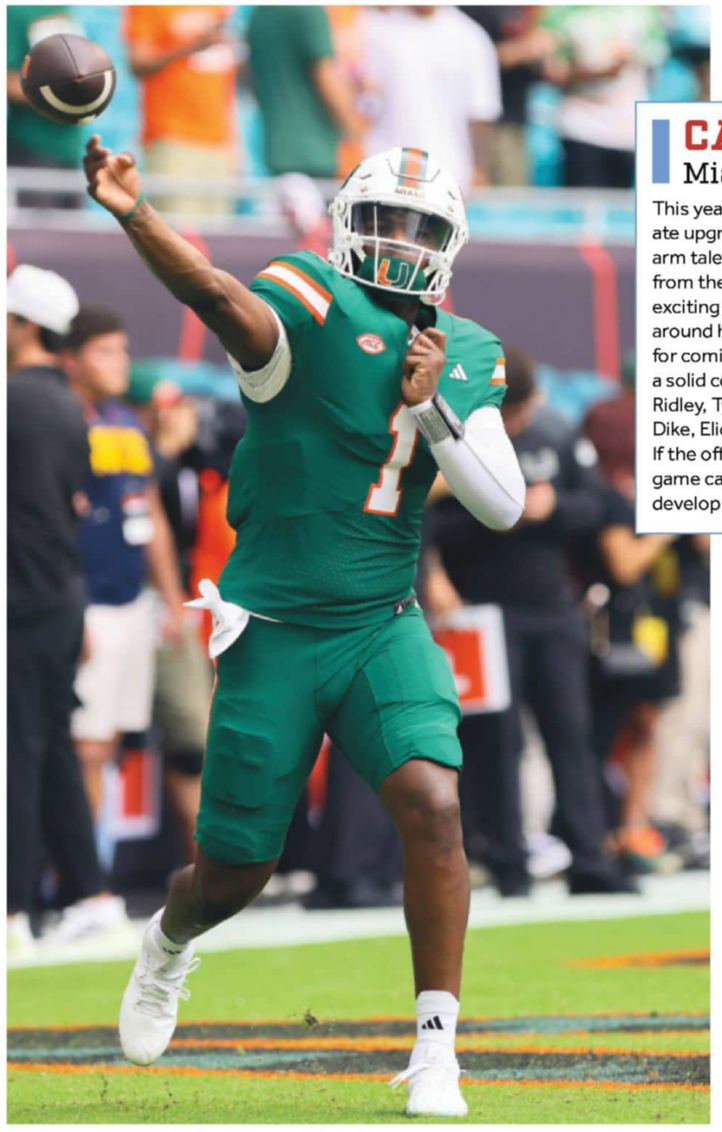
RASHEE RICE

WR | CHIEFS

After a successful rookie season in 2023 that culminated with a touchdown catch in Super Bowl LVIII, Rice suffered a season-ending knee injury in Week 4 of last season. His absence proved devastating for a Chiefs offense that was never the same, ultimately looking helpless in the Super Bowl LIX loss to the Philadelphia Eagles. Fortunately for the Chiefs, Rice started posting workout videos in March indicating that he is in good shape and ready to be a key contributor when the season begins (aside from the looming possibility of a suspension).

ROOKIE ROUNDUP

BY LUKE EASTERLING @LUKEEASTERLING



QUARTERBACKS

CAM WARD
Miami (Fla.) | Titans

This year's No. 1 overall pick, Ward is an immediate upgrade over Will Levis. He's got impressive arm talent and smarts that make him effective from the pocket, as well as the ability to make exciting plays happen when things break down around him. He's a fierce competitor with a knack for coming through in the clutch, and he'll have a solid combination of reliable veterans (Calvin Ridley, Tyler Lockett) and fellow rookies (Chimere Dike, Elic Ayomanor) to help him through the air. If the offensive line can hold up, and the ground game can keep things balanced, Ward should develop quickly into a high-flying passer.

JAXSON DART
Ole Miss | Giants

The Giants traded back into the first round to land Dart, but they're still hoping he doesn't have to see the field for a while. New York signed a pair of veterans this offseason in Russell Wilson and Jameis Winston to hold down the fort for now, with Dart as the long-term developmental project for head coach Brian Daboll. Dart has the physical tools to become a quality starter down the road, but unless things go terribly wrong for the Wilson/Winston combo, there's a good chance he doesn't see any meaningful snaps as a rookie.

SAM NAVARRO-IMAGN IMAGES

TYLER SHOUGH
Louisville | Saints

One of the most unique quarterbacks in this year's draft class, Shough will turn 26 in September. Multiple injuries derailed his college career during previous stops at Oregon and Texas Tech, but he was impressive when fully healthy at Louisville last year. The Saints spent a top-40 pick on him in hopes that he can give them a better long-term solution than Spencer Rattler, and Derek Carr's retirement might force him to start Week 1. Shough's got the experience and mental toughness to do it, but he'll have to prove he can avoid injury.

JALEN MILROE
Alabama | Seahawks

Sam Darnold is the unquestioned starter after signing as a free agent this offseason, but Milroe is an exciting long-term play for Seattle. Similar to Josh Allen coming out of college, Milroe has elite athleticism and explosiveness as a runner, as well as a rocket arm that just needs to be developed with better consistency, accuracy and decision-making. Even if Darnold stays healthy, Milroe's running ability should still get him on the field in certain situations as a rookie.

CLOCKWISE FROM TOP LEFT: JORDAN PRATHER-IMAGN IMAGES; TK; BOB DONNAN-USA TODAY SPORTS

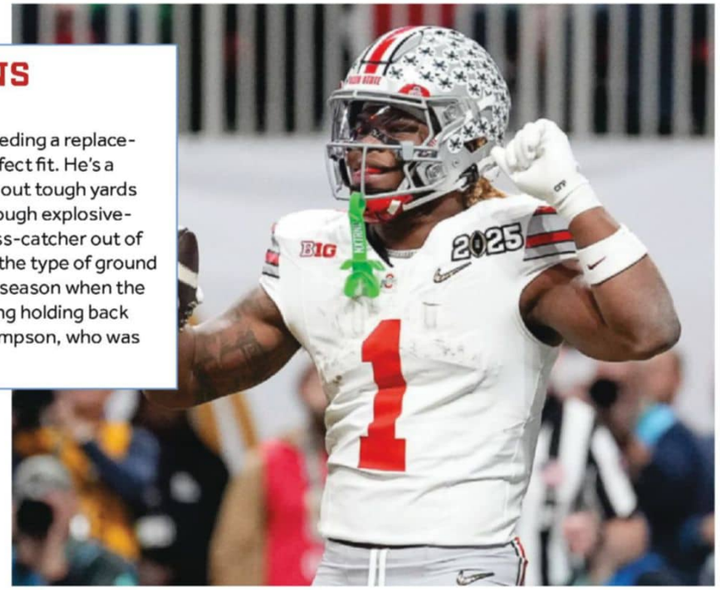
RUNNING BACKS

ASHTON JEANTY
Boise State | Raiders

The No. 6 overall pick in this year's draft, Jeanty is a rare talent in the same category as Saquon Barkley, Bijan Robinson and Jahmyr Gibbs. His fantasy value should match theirs, as Jeanty will immediately be the focal point of a Raiders offense that should see improved quarterback play from veteran addition Geno Smith. If the offensive line can be merely adequate, Jeanty's three-down playmaking ability and knack for shedding tackles and breaking off big runs should make him an instant fantasy superstar.

OMARION HAMPTON
North Carolina | Chargers

This year's other first-round running back, Hampton has the size and skill set to handle a full workload as both a runner and a receiver. Head coach Jim Harbaugh will always prioritize the ground game, and Hampton is expected to be his new bell-cow back. NFL teams don't spend first-round picks at this position unless they're prepared to give them plenty of touches, so expect Hampton to make an immediate and significant impact for both the Chargers and fantasy managers.



QUINSHON JUDKINS
Ohio State | Browns

The Browns came into this year's draft needing a replacement for Nick Chubb, and Judkins is a perfect fit. He's a compact, powerful runner who can churn out tough yards between the tackles, but he's also got enough explosiveness to create big plays. He's a decent pass-catcher out of the backfield, and he's built to spearhead the type of ground game that can still be effective late in the season when the weather gets cold and nasty. The only thing holding back his fantasy value is fellow rookie Dylan Sampson, who was picked two rounds later.

TREVEYON HENDERSON
Ohio State | Patriots

New England already had a solid RB1 in Rhamondre Stevenson, but that didn't stop them from adding more juice and upside in the second round of this year's draft with Henderson. A versatile runner who has the explosiveness to score on every touch, Henderson brings speed and big-play potential to the Pats' ground game, and his combination of receiving skills and pass-blocking prowess will get him a ton of third-down action.

RJ HARVEY
UCF | Broncos

We all knew that the Broncos needed an upgrade in their backfield, and at the end of the second round, they picked Harvey to provide that upgrade. He was one of the more underrated backs throughout the pre-draft process, as his film shows a well-rounded runner with enough speed and power to win in multiple ways, and the combination of vision and patience to excel in any scheme. He should be the early favorite to command the lion's share of the touches in Denver.

KALEB JOHNSON
Iowa | Steelers

After moving on from Najee Harris, the Steelers needed to add some power back to their ground game to go along with change-of-pace back Jaylen Warren. Johnson fits the bill perfectly and was a solid value pick for them in the third round. He's a strong, downhill runner who can build up a head of steam and punish would-be tacklers at the point of attack, and he's got the ideal frame and skill set to assume the early-down role right away.

BHAYSHUL TUTEN
Virginia Tech | Jaguars

Yes, the Jags already have a decent running back tandem in Travis Etienne Jr. and Tank Bigsby, but their backfield still needed more juice. Tuten is just the man for the job, with elite straight-line speed and the toughness to run through contact in the trenches. Ball security has been an issue, but if he can keep that under control, Tuten has the skill set to potentially become first-year head coach Liam Coen's new version of Tampa Bay's Bucky Irving in Jacksonville.

CAM SKATTEBO
Arizona State | Giants

This was an ideal landing spot for Skattebo, who brings the thunder to perfectly pair with the lightning the Giants already have with Tyrone Tracy Jr. in the backfield. Tracy's elusiveness and pass-catching skills make him an ideal third-down back and change-of-pace runner, while Skattebo's size and strength should make him the more attractive and effective option on early downs and in short-yardage/goal-line situations.

TREVOR ETIENNE
Georgia | Panthers

A shifty, compact runner with decent speed, Etienne makes up for his lack of ideal size with impressive toughness for a smaller, lighter back. He's talented, but he joins a Carolina backfield that just gave veteran starter Chuba Hubbard a hefty contract extension and has Rico Dowdle, so he might not have a clear path to significant snaps.

WOODY MARKS
USC | Texans

Joe Mixon is still one of the best three-down backs in the league, but he'll turn 29 this summer, and Houston clearly wanted an understudy. Marks isn't the biggest or fastest runner, but he's elusive in the open field, and he has the vision/patience combo to set up his blocks and pick up big chunks of yardage. He should challenge for the backup job behind Mixon right away, with long-term starter upside.

KIRBY LEE-IMAGN IMAGES

TRAVIS HUNTER
Colorado | Jaguars

It remains to be seen what Hunter's exact workload will be at the next level, but it's safe to say this two-way star will spend plenty of time on offense. He'll have a talented quarterback in Trevor Lawrence and another explosive playmaker in Brian Thomas Jr. lined up opposite him, which should give Hunter plenty of opportunities to find open space and make the most of his chances to put up fantasy points as an offensive weapon.

TETAIROA McMILLAN
Arizona | Panthers

The Panthers are tired of having to cover Mike Evans and Drake London twice a year, so they went out and got their own massive pass-catcher in McMillan. He's closer to London's more finesse skill set than Evans' physicality, but McMillan's towering frame, huge catch radius and impressive athleticism should quickly make him Bryce Young's go-to target, especially in the red zone.

EMEKA EGBUKA
Ohio State | Buccaneers

Perhaps the most polished and pro-ready player in the entire draft, Egbuka lands in a curious spot in Tampa Bay, where they don't need him to make a massive impact right away. The Bucs already have one of the league's best 1-2 punches in Mike Evans and Chris Godwin, but Egbuka's route-running ability, sure hands and versatility should still get him on the field early and often. He'll team up with 2024 rookie sensation Jalen McMillan to give Tampa Bay another talented tandem for years to come.

CLOCKWISE FROM TOP LEFT: CHRISTOPHER HANEWINCKEL-IMAGN IMAGES; ADAM CAIRNS/COLUMBUS DISPATCH; MARK J. REBILAS-IMAGN IMAGES; SARA DIGGINS/AMERICAN-STATESMAN

MATTHEW GOLDEN
Texas | Packers

After two decades of waiting, Packers fans were finally treated to a first-round wide receiver in Golden, who brings elite speed and sharp route-running chops to Green Bay. His explosiveness and big-play potential should allow Golden to have an immediate impact despite other promising targets already on the roster, and Jordan Love's rare arm strength should make the most of Golden's ability to stretch defenses over the top.

JAYDEN HIGGINS
Iowa State | Texans

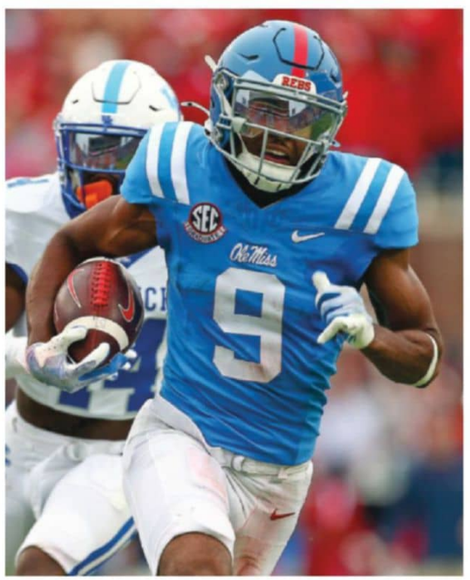
Season-ending injuries to both Tank Dell and Stefon Diggs left the Texans without much help for C.J. Stroud across from Nico Collins, but Higgins gives him another big, athletic target who can win at all levels of the field. He should be especially valuable in the red zone, as well as in any contested-catch situation, and Collins' presence should give Higgins plenty of 1-on-1 opportunities to exploit.

LUTHER BURDEN III
Missouri | Bears

Rome Odunze and DJ Moore already gave Caleb Williams a talented pass-catching pair, but the addition of Burden gives new head coach Ben Johnson a whole new wrinkle for his innovative offense. Burden's explosiveness and toughness make him a nightmare for opposing defenses after the catch, and you can bet Johnson will find plenty of creative ways to get him the ball early and often.

TRE HARRIS
Ole Miss | Chargers

Ladd McConkey made a huge impact as a rookie last season, but Justin Herbert still needed a reliable downfield threat with size and strength who can challenge opposing defenses with the deep ball. Harris is an ideal fit, with a big frame and the ability to take the top off the defense with his speed. McConkey is still likely to see more targets, but Harris should provide plenty of big plays right away.



JACK BECH
TCU | Raiders

Brock Bowers obviously will remain the primary target for new quarterback Geno Smith in Vegas, but there's still plenty of room for a secondary option to acquire some volume in this passing game. Bech is a versatile playmaker with a big, solid frame and reliable hands that play well through contact at the catch point. He's got an opportunity to carve out a significant role right away as a big slot option who can move the chains and score points in the red zone.

KYLE WILLIAMS
Washington State | Patriots

One of the best value picks in this year's draft, Williams is one of the most lethal downfield weapons in the class, making up for his lack of size and physicality with elite explosiveness and sharp route-running ability. He should quickly develop a rapport with Drake Maye in New England, and his big-play potential as a deep threat should be taken advantage of early and often in a passing attack that lacks a clear-cut top target.

ISAAC TESLAA
Arkansas | Lions

A surprise selection on Day 2, TeSlaa has good size and the ability to win in contested-catch situations against smaller defenders. He's a solid route-runner and a reliable target in the intermediate areas of the field, but he could struggle to make a big impact right away for a team that already has primary targets in Amon-Ra St. Brown and Sam LaPorta, as well as a dynamic deep threat in Jameson Williams.

PAT BRYANT
Illinois | Broncos

Bo Nix already has a handful of trustworthy targets at his disposal, but Bryant has the size and well-rounded skill set to push for some snaps as he starts to digest Sean Payton's offense. He could eventually carve out a starting role, but it'll be a challenge in the short term to supplant Courtland Sutton, Marvin Mims Jr. and last season's rookie revelation Devaughn Vele.

FROM TOP: JAY BIGGERSTAFF-IMAGN IMAGES; PETRE THOMAS-IMAGN IMAGES

JAYLIN NOEL
Iowa State | Texans

Houston decided to keep a good thing going and make sure Noel and Jayden Higgins remained teammates at the pro level, too. While Higgins brings size and physicality to the table, Noel is the undersized but explosive deep threat and after-the-catch weapon who was dangerous on every touch for the Cyclones. It'll be tough for him to get on the field when all of C.J. Stroud's top targets are healthy, but Noel is a legit playmaker with too much upside to keep on the sidelines.

SAVION WILLIAMS
TCU | Packers

Green Bay double-dipped at receiver in the first three rounds, following first-round pick Matthew Golden with Williams in the third round. A converted high school quarterback, Williams has a massive frame and game-breaking speed that give him limitless potential at the next level, but he needs a ton of refinement as a route-runner before he's ready to be a full-time starter. He should still see some schemed touches as both a wideout and coming out of the backfield right away, though.

TAI FELTON
Maryland | Vikings

Minnesota already has a dynamic pass-catching trio of Justin Jefferson, Jordan Addison and T.J. Hockenson, but Felton should compete right away with incumbent Jalen Nailor for the WR3 job. Nailor had his moments last season when injuries cropped up, but Felton has the size, athleticism and explosiveness to create the kinds of big plays that could set him apart in the position battle.

CHIMERE DIKE
Florida | Titans

Dike impressed at this year's NFL Scouting Combine with his combination of size and speed, and he's got the talent to be a much more productive pro than he was in college. No. 1 overall pick Cam Ward has some veteran options who will take priority early, but Dike's upside could mean he eventually becomes Ward's go-to target in the future.

JUNFU HAN

COLSTON LOVELAND
Michigan | Bears

Loveland's size and athleticism should be put to good use in Ben Johnson's new offense in Chicago, but he could suffer from too many mouths to feed in the passing game. With a receiver trio that features DJ Moore, 2024 top-10 pick Rome Odunze and fellow rookie Luther Burden III, Loveland might not see a ton of volume, but he'll still be a difference-maker when the ball comes his way.

TYLER WARREN
Penn State | Colts

Warren's massive frame, well-rounded skill set and effectiveness as a blocker make him an ideal fit for Indy's run-first offense, but that won't help his fantasy upside. Neither will the Colts' uninspiring quarterback situation, but Warren is still a versatile, dynamic weapon through the air, and he should command plenty of red-zone targets and creatively schemed touches from head coach Shane Steichen's system.

MASON TAYLOR
LSU | Jets

The son and nephew of two Hall of Fame Miami Dolphins (his dad is Jason Taylor and his uncle is Zach Thomas), Taylor will forge his own NFL path with an AFC East rival. He's got the best set of hands in this year's tight end class at his disposal, as well as the size and complete skill set to line up anywhere on the field. He should quickly become a favorite target of Justin Fields in New York, and a go-to weapon in critical situations.

TERRANCE FERGUSON
Oregon | Rams

Sean McVay loves a big, athletic tight end with alignment versatility and playmaking upside, so it made total sense when Ferguson was the Rams' top draft pick this year. He can create mismatches against smaller defensive backs and less athletic back-seven defenders, and he could quickly push Tyler Higbee for a significant role in the passing game.

ELIJAH ARROYO
Miami (Fla.) | Seahawks

The Seattle offense saw plenty of turnover this offseason, so it's anyone's guess who will be the quickest to develop a consistent connection and trust with new quarterback Sam Darnold. While opposing defenses work to stop Jaxon Smith-Njigba and Cooper Kupp, Arroyo could find plenty of 1-on-1 situations to exploit as an athletic playmaker who can challenge all levels of the field.

FAMILIAR FACES NEW PLACES

BY KYLE WOOD

MARK J. REBILAS-IMAGN IMAGES

QUARTERBACKS

SAM DARNOLD
SEAHAWKS

Darnold had a career year in Minnesota, finishing fifth in both passing yards (4,319) and touchdowns (35) before he reverted back to his old self in Week 18 and in the wild-card loss. That poor finish likely cost Darnold a good deal of money on the open market, but he still landed in Seattle on a three-year deal. The question is just how much credit the Vikings' infrastructure deserves for Darnold's renaissance and whether he can replicate it with the Seahawks.

Impact: Darnold is coming off a QB1 finish, but expectations should be tempered without Justin Jefferson and Jordan Addison to throw to and with someone other than Kevin O'Connell calling the shots. Geno Smith laid the blueprint for success in Seattle with a top-five QB finish, though that was before DK Metcalf was traded. With Jaxon Smith-Njigba and Cooper Kupp in the fold, Darnold slots in as a QB2.

JUSTIN FIELDS
JETS

The Steelers were successful starting Fields at quarterback for the first third of the season before pivoting to Russell Wilson. Fields' numbers didn't jump off the page, but he did throw for 300 yards in a game for just the second time in his career, and his rushing production gives him a high floor. Now on his third team, he'll need to continue running at a high level in New York to provide similar fantasy value to his sophomore season in Chicago when he was a QB1. The 26-year-old dual-threat is a sea change from 41-year-old Aaron Rodgers.

Impact: Fields offers QB1 upside late in drafts for managers who want to wait on the position. However, his play week-to-week might be hard to rely on if he does not progress as a passer in New York. Fields has never thrown for 3,000 yards or 20 touchdowns in a season.

GENO SMITH
RAIDERS

Smith was one of six quarterbacks to throw for 4,000 yards last season and one of five to complete at least 70% of his pass attempts. However, he threw 15 interceptions — his most since his rookie year — in an up-and-down season with the Seahawks. The trade to the Raiders reunites Smith with head coach Pete Carroll, and it could be a boon for his late-career fantasy prospects. Las Vegas hired former Ohio State offensive coordinator Chip Kelly, and Brock Bowers emerged as one of the top tight ends in the NFL as a rookie. The offensive line is by no means elite, but it's an upgrade from the situation in Seattle.

Impact: Smith slots in as a QB2 with weekly upside. He immediately becomes the best quarterback Las Vegas has had since early-career Derek Carr. Smith also raises the ceiling and floor of Bowers, who set records in spite of patchwork play under center.

RUSSELL WILSON
GIANTS

Despite the public perception of Wilson since his last season in Seattle, his statistical output has been better than expected over the last four years. He showed brief flashes of his old self last season in Pittsburgh with a 400-yard game, and he occasionally made plays with his legs. Landing in New York, where Malik Nabers is the only viable receiving option, isn't a huge upgrade for Wilson — though it should help Nabers. If Wilson flames out, the G-Men also signed Jameis Winston and drafted Jaxson Dart in Round 1.

Impact: Wilson will be no more than an occasional streaming option. His decline in rushing production as he moves into his late 30s mixed with the Giants' well-documented offensive woes puts a hard cap on his fantasy value.

AARON RODGERS
FREE AGENT

Statistically, Rodgers' one healthy season with the Jets was his best since 2021. But the 41-year-old remains unsigned as of publication despite a long, public flirtation with the Steelers. It's hard to imagine Pittsburgh entering the 2025 campaign with a quarterback room of Mason Rudolph and Will Howard, but Kirk Cousins remains a potential option in the Steel City. Regardless of whether Rodgers retires, starts for the Steelers or signs elsewhere, his biggest impact as a fantasy asset will be for the weapons around him rather than as a standalone quarterback option.

RUNNING BACKS

TIM HEITMAN-IMAGN IMAGES

RICO DOWDLE
PANTHERS

Dowdle's fantasy production was serviceable in his lone season as the Cowboys' starter, though that was anchored by career-highs in rushes and receptions. There will be a cap on Dowdle's ceiling in Carolina as he fights for touches with Chuba Hubbard and rookie Trevor Etienne. Where Dowdle can set himself apart is as a receiving back, which would raise his floor a good deal if he can carve out a consistent role on third down.

Impact: It will be tough to count on Dowdle week-to-week for reliable fantasy production considering how many mouths there will be to feed. Another year of development for quarterback Bryce Young with head coach Dave Canales should help Carolina's overall offensive outlook, though.

BARRY REEGER-IMAGN IMAGES

NAJEE HARRIS
CHARGERS

The Bolts haven't had a 1,000-yard rusher since Melvin Gordon III in 2017. Harris has never run for fewer than 1,000 yards across his four seasons with the Steelers, during which he never missed a game. That streak might be in jeopardy this season — even in Jim Harbaugh's run-heavy offense — given the addition of Omarion Hampton in Round 1. Harris did largely hold off Jaylen Warren in Pittsburgh, but Los Angeles' investment in Hampton indicates the North Carolina product will be involved as a rookie.

Impact: Harris has finished no worse than RB20 in his career even as his touches and touchdowns have declined. Again, that might change this year if Hampton overtakes him. Where Harris can still make his hay is around the goal line, running behind a better offensive line in what should be a higher-scoring offense than he's accustomed to.

JORDAN MASON
VIKINGS

Given an opportunity to lead the 49ers backfield, Mason produced in a big way before a high-ankle injury ended his breakout year. Minnesota's decision to trade for and extend the 26-year-old back is encouraging for his short- and long-term prospects. Veteran Aaron Jones is still on the roster and coming off an 1,100-yard season, but he's on the wrong side of 30. There's room for Mason and Jones to both produce so long as J.J. McCarthy can support a competent offense in his first healthy NFL season.

Impact: Mason, who had three 100-yard games last season, has a chance to have some standalone value in 2025. Worst case, he's a high-upside handcuff for Jones — who always seems to miss a game or two — in an efficient offense.

JAVONTE WILLIAMS
COWBOYS

Dallas took a low-cost flyer on a player who hasn't performed at the same level for a sustained period since his 2022 knee injury. Williams split carries in his final season with the Broncos, and he had only three games with 10-plus PPR fantasy points on his way to another RB3 finish. There will be less competition for touches in Dallas, and Williams has shown himself to be a capable pass-catcher, but questions persist about just how good the Cowboys' offense will be.

Impact: Rico Dowdle put together a top-24 finish in 2024 in less than ideal conditions with Dak Prescott sidelined for much of the season. That's likely the high end of potential outcomes for Williams, who has never run for 1,000 yards in his career and isn't exactly a touchdown machine, either.

COREY PERRINE/FLORIDA TIMES-UNION

DAVANTE ADAMS
RAMS

Despite the dysfunction of the Raiders and Jets, Adams still turned in another 1,000-yard season and top-15 finish at age 32. Teaming up with Matthew Stafford and Sean McVay in Los Angeles, where defenses' attention may be more attuned to the younger Puka Nacua, could allow Adams to continue his near decade-long streak of top-24 finishes. Adams' 59 receiving touchdowns since 2020 are the most in the NFL.

Impact: When Cooper Kupp and Nacua shared the field, Stafford was able to support two fantasy-relevant receivers. There's no reason that shouldn't carry over to the Adams-Nacua pairing, especially considering Adams' affinity for the end zone. Expect WR2 production from Adams with occasional spike weeks.

DYAMI BROWN
JAGUARS

Brown's first four years with the Commanders were largely disappointing, but he led the team in receiving during their march to the NFC title game. Jacksonville invested accordingly, taking a one-year flyer on Brown. He will now be lining up alongside Brian Thomas Jr. and No. 2 overall pick Travis Hunter. Still, there are targets to be had in this offense with Christian Kirk and Evan Engram out of the picture.

Impact: The Jaguars hired Liam Coen as head coach in hopes of elevating former No. 1 overall pick Trevor Lawrence. They also already have an alpha in BTJ and invested heavily to get Hunter, so Brown is no more than a complementary piece. Though three games is a small sample size compared to his four-year career, Brown's playoff run opposite Terry McLaurin showed proof of concept.

BRANDIN COOKS
SAINTS

Almost a decade later, Cooks returns to the Big Easy. However, the Saints' quarterback situation is a far cry from mid-2010s Drew Brees. Derek Carr's health is in question, the team took a second-round flyer on Tyler Shough and Spencer Rattler is still in the mix. Cooks will slot in behind Chris Olave, Rashid Shaheed and maybe even Juwan Johnson in the pecking order. Though he's a consummate pro, Cooks' best fantasy days might be behind him.

Impact: Even if New Orleans' quarterback situation turns out better than expected, it's difficult to envision Cooks' being the big beneficiary of a resurgent year from Carr or a breakout from Shough or Rattler. The best bet for Cooks to maintain relevance is touchdown production, which is difficult to count on week-to-week.

STEFON DIGGS
PATRIOTS

Tight end Hunter Henry led New England in receiving last season with 674 yards. Diggs had 496 yards in eight games in 2024 before he went down with an ACL tear. Even though he's on the wrong side of 30 and coming off a knee injury, Diggs will easily be up-and-coming quarterback Drake Maye's best option. He's a veteran who knows how to get open, and he could be a target machine next season for the Pats.

Impact: New England hasn't had a 1,000-yard receiver since Julian Edelman in 2019. Diggs — who saw his run of six straight 1,000-yard seasons end last year — might not be the one to end that drought, but he will help raise the floor of what was a moribund offense a season ago. Touchdowns could be tough to come by, but sheer volume might make Diggs an interesting dart throw.

NEW

WIDE RECEIVERS, CONT.

MACK HOLLINS
PATRIOTS

Hollins' arrival in Foxborough gives Maye a big-bodied red-zone target, but the journeyman isn't likely to see a ton of targets considering the role he'll have in New England's offense. Stefon Diggs, DeMario Douglas and Kayshon Boutte are all likely ahead of Hollins in the pecking order, and that's not to mention third-round draft pick Kyle Williams.

Impact: Hollins will continue to be a touchdown-dependent dart throw, and he's moving to a lesser offense. He could occasionally provide value in DFS leagues, but he doesn't move the needle in redraft.

DEANDRE HOPKINS
RAVENS

It feels like we've seen this movie before with Dez Bryant, DeSean Jackson and Odell Beckham Jr. among Baltimore's past veteran wide receiver signings. Will Hopkins be any different? He finished tied for third on the Chiefs last season with 437 receiving yards across 10 games — and he was largely a nonfactor in the postseason. Zay Flowers, Mark Andrews and maybe even Rashod Bateman and Isaiah Likely figure to command more targets from Lamar Jackson.

Impact: Hopkins has just one top-24 finish under his belt over the last four seasons. This was a low-cost investment for the Ravens, but it doesn't move the needle from a fantasy perspective, especially considering how many options there are in a run-heavy offense.

CHRISTIAN KIRK
TEXANS

There's room for Kirk to carve out a role in Houston with defenses narrowed in on Nico Collins. Stefon Diggs and Tank Dell — who figures to miss most of or all of the 2025 season — both found ways to produce despite the high number of targets that get funneled to Collins. Kirk's final year in Jacksonville, which ended after eight games due to a fractured collarbone, was not his best. However, he's just two years removed from a career-best top-12 finish as he enters his age-29 season.

Impact: Kirk will have to hold off second- and third-round picks Jayden Higgins and Jaylin Noel to remain relevant. The change of scenery could allow the slot receiver to recoup some of his value as an occasional flex play. And if quarterback C.J. Stroud bounces back to how he performed as a rookie, the Texans' offense could take a leap overall.

COOPER KUPP
SEAHAWKS

Kupp has been frustrating for fantasy managers since his triple crown season in 2021. He's largely produced at a high level since then, yet he's missed 18 games over the last three years. Counting on him to play a full season in his age-32 campaign doesn't seem like a good bet. Kupp has dealt with target competition the last two years alongside Nacua, so sharing the workload with Jaxon Smith-Njigba isn't a big shift. However, there's also the matter of the quarterback and play-caller downgrade from Matthew Stafford and Sean McVay to Sam Darnold and Klint Kubiak.

Impact: Kupp will continue to command targets, get open and, yes, score touchdowns. Just don't expect a WR1 or even WR2 campaign. His range of outcomes is more in WR3 range. Temper your expectations, but also don't be surprised if there are WR1-caliber outings here and there..

MARK J. REBILAS-IMAGN IMAGES

DK METCALF
STEELERS

Metcalf hasn't had a top-12 finish since 2021, and now he's walking into an uncertain quarterback situation in Pittsburgh. If Aaron Rodgers ends up in a Steelers uniform, that could bode well for the big-bodied Metcalf. But if Mason Rudolph or rookie Will Howard starts, it's hard to see Metcalf's fantasy output exceeding what he's done the last few seasons with Geno Smith under center in Seattle. Pittsburgh believed in him enough to sign him to a five-year, $150 million deal, and he'll have plenty of opportunity with George Pickens off to Dallas.

Impact: A player of Metcalf's size, athleticism and talent always has WR1 upside, but the combination of his recent underwhelming production and the Steelers' questionable quarterback room lowers his floor. Just given the volume Metcalf is set to see in this offense, he slots in as an inconsistent WR2 capable of spike weeks and disappointments.

JOSHUA PALMER
BILLS

Palmer has never finished as a top-36 wide receiver despite spending his entire career with Justin Herbert. Teaming up with Josh Allen is an upgrade, but the situation is hardly better with Khalil Shakir, Keon Coleman and Dalton Kincaid all jockeying for targets on an offense that likes to establish the run. Palmer could see an uptick in his touchdown output, as Allen threw three or more touchdowns to five different pass-catchers in 2024.

Impact: Palmer profiles as no more than an occasional flex play. Like Mack Hollins last season, a vertical threat who led the team in touchdowns, Palmer will be touchdown-dependent. The good thing is there's plenty of scores to go around in Buffalo.

GEORGE PICKENS
COWBOYS

Pickens' move to Dallas gives him an instant quarterback upgrade in Dak Prescott. However, he'll no longer be the No. 1 option in the offense like he was the last two seasons in Pittsburgh. CeeDee Lamb is a target monster, but the Cowboys figure to throw more often than the Steelers, so those realities should offset each other. Pickens' ability is undeniable, but his inconsistency is frustrating. The former second-round pick has yet to post a top-24 finish. Perhaps this is the year he puts it together with Prescott.

Impact: Fantasy managers can expect WR3 output from Pickens, which is more or less in line with what he's demonstrated so far in his career. The situation in Dallas is undeniably better than what Pickens is used to, but he's also never had more than five touchdowns in a season. He's best seen as a flex option.

DEEBO SAMUEL
COMMANDERS

Like most of the 49ers' skill-position players in 2024, Samuel struggled to stay healthy. The result was a WR44 finish, his worst fantasy campaign since 2020. Moving on made sense for San Francisco, but it was also wise for a young Washington team to trade for a veteran WR2 to pair with Terry McLaurin. Samuel and McLaurin thrive in different areas of the field, so there's room for them both to succeed in Jayden Daniels' sophomore season.

Impact: Don't expect Samuel to return to his 2021 form, when he was a downfield threat with added value as a rusher. However, the Commanders clearly believe the 29-year-old has something left in the tank. Beyond trading for tackle Laremy Tunsil, the Samuel acquisition was their biggest offseason move on offense. With good health, Samuel could easily deliver on his relatively modest average draft position.

FROM LEFT: CHARLES LECLAIRE-IMAGN IMAGES; KIRBY LEE-IMAGN IMAGES

TIGHT ENDS

TYLER CONKLIN
CHARGERS

Conklin has put together four consecutive top-20 tight end finishes with 50-plus catches in each season, but he's never broken through for a top-12 finish. The move to L.A. doesn't figure to elevate his fantasy prospects all that much. The Chargers intend to run — a lot. Ladd McConkey is locked in as the top receiving target, and fellow tight end Will Dissly is back for another season with the Bolts. That caps Conklin's ceiling.

Impact: Justin Herbert has involved his tight ends a good deal in the past, so Conklin's ability to provide occasional streaming-level play primarily depends on his ability to surpass Dissly in the pecking order. It would also help for Herbert to see a touchdown spike reminiscent of his first two years in the league.

EVAN ENGRAM
BRONCOS

Engram emerged as a target machine across three seasons in Jacksonville. His move to Denver shouldn't change that much considering head coach Sean Payton's track record with tight ends. Engram was a safety blanket for Trevor Lawrence with the Jaguars, and he can continue to do just that for Bo Nix as a complement to Courtland Sutton and Marvin Mims Jr.

Impact: Injuries hampered Engram's 2024 campaign, but he produced when he was on the field with four-plus catches in all but one game. The Broncos' pass rate could also see an uptick, which means more looks for Engram. He should be seen as a low-end TE1 who can overdeliver on his draft cost.

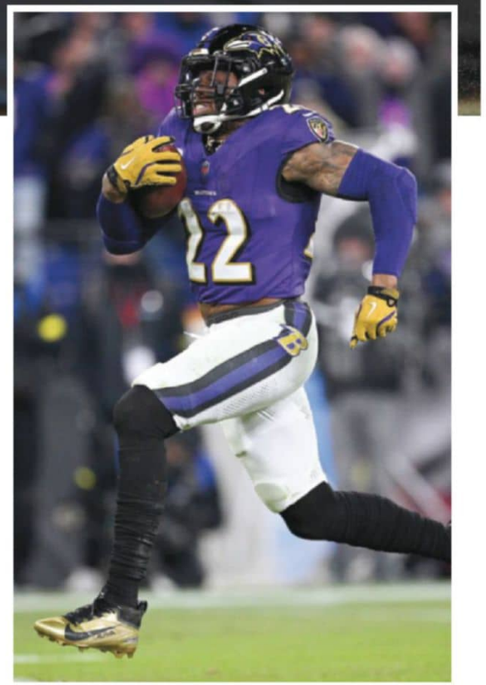
10 THINGS WE LEARNED ABOUT FANTASY FOOTBALL IN 2024 • BY RIVERS McCOWN

SAQUON BARKLEY AND DERRICK HENRY SHOWED THE CEILING OF PAIRING AN ELITE RB WITH AN ELITE QB

We've had plenty of elite rushing quarterback seasons, but rarely has a potential Hall of Fame running back talent been added to an offense with an elite running quarterback over the past 25 years. What we've seen are good backs paired with great running quarterbacks: Cam Newton had Jonathan Stewart and DeAngelo Williams, Michael Vick had Warrick Dunn, Justin Fields had David Montgomery, and so on. But it is hard to find something like the former No. 2 overall pick being paired with Jalen Hurts or a future Hall of Famer joining Lamar Jackson.

And it played out in an unprecedented way. All four players finished as top-11 scorers over the 18-week season, with Barkley and Henry finishing 1-2 at running back in average points per game and Hurts finishing sixth among quarterbacks while Jackson led the league.

It's tempting to say that this can't happen again, and betting on regression will always be a winning wager over the long term. But I don't know that my takeaway from the 2024 season is that we should be fading this. If anything, I'm closer to believing that we're undervaluing them in 2025 based on the projected regression.



FROM TOP: KATIE STRATMAN-IMAGN IMAGES; TOMMY GILLIGAN-IMAGN IMAGES

MARVIN HARRISON JR. WAS A CAUTIONARY TALE ABOUT BELIEVING TOO MUCH IN ROOKIE WIDE RECEIVERS

It's not that Harrison wound up being a bad fantasy football player in 2024. His average score over the season in PPR formats put him at WR41. He was certainly usable. But you didn't pay for usable; you paid for an off-the-shelf star, as he was lifted to the back of the first round in some cases and was otherwise an easy second-rounder.

Over the past few years, we've been blessed with some truly special WR classes — Malik Nabers finished 11th in average PPR PPG in 2024, Puka Nacua finished ninth in 2023 and Justin Jefferson finished ninth in 2020. The fact that this is the best that has been done recently is a reason why it's hard to believe strongly enough in a rookie wideout to draft him in the first two rounds.

One day, there will be a special wideout who finishes in the top five in the league as a rookie. (I don't think he's in the 2025 rookie class, but he might be Ohio State's Jeremiah Smith in 2027.) There will always be exceptions. But if we're making bets over the long haul, it's hard to believe in any wideout strongly enough to make a top-20 ADP out of him before we even know how he looks in his new offense.

FROM LEFT: MARK J. REBILAS-IMAGN IMAGES; DARREN YAMASHITA-IMAGN IMAGES

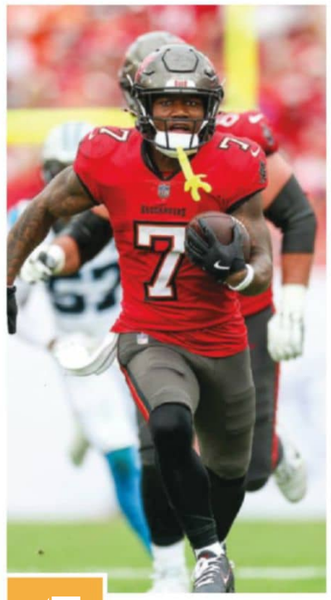
5

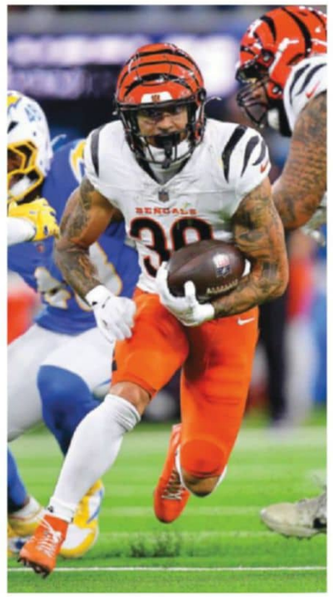
IT'S HARD TO THREAD THE NEEDLE BETWEEN BEING A POTENTIAL FANTASY WINNER AND COMING INTO THE YEAR HURT

Let's put aside Christian McCaffrey — I know, you drafted him, and I'm sorry — and talk about players who came into the year hurt, and we actually understood them to be hurt. It's a list that is headlined by Jonathon Brooks. We also had Nick Chubb, T.J. Hockenson, Hollywood Brown, Keaton Mitchell and Kendre Miller.

The strongest 2024 season on this list belonged to Hockenson, and you essentially had to wait 10 weeks for him to deliver a plausible TE1 line. Brooks got absolutely engulfed by Chuba Hubbard's breakout and then got hurt again. Chubb offered two fantasy games with more than 10 PPR points. Mitchell and Miller were non-factors all season. Brown didn't play until Week 16.

I'm normally hesitant with guys who have lingering injuries anyway — and you'll notice I kept some of them who could have reinforced my point out of that last list. But I think there's a good case to be made that if a player is known to be missing time coming into the year, he should be faded even harder than consensus. Missing practice time gets a player in a questionable spot with the coaching staff, and then, even when the player does come back, we have to play a guessing game as to how healthy he is and how involved he'll be. Do you really want to bank on **Brandon Aiyuk** being more valuable in 2025 than an average eighth-round pick? I don't think the odds are in favor of your winning that bet.





4 THE YOUNG RUNNING BACK IN THE ROOM WILL SOMETIMES NEED MORE THAN FOUR WEEKS TO ESTABLISH HIMSELF

A common lament I had last year was that I gave up on my young running backs too soon. So after Rico Dowdle ended Week 3 with three straight games of fewer than six fantasy points, I thought about dropping him. But I remembered dropping De'Von Achane after his first two games in 2023. And I held.

Bucky Irving finished with one game of more than 10 fantasy points in his first five. **Chase Brown** had three duds to start the year, with a high of 6.9 fantasy points. **Tyrone Tracy Jr.** was a complete non-factor early in the season.

Every one of those backs would finish the year in the top 31 in average fantasy points per game and in the top 26 in total scoring in PPR formats. "Rookies perform better down the stretch" is a little too obvious of a lesson at this point, and two of these guys weren't even rookies. Instead, I think coaches lean on veterans early in the season. And we should understand that and hold on to our young backs — especially if the veterans' performances aren't overwhelming. That chance may yet be coming, especially if the back is already garnering playing time. With how deep the 2025 rookie running back class looks right now, I want you to put away the panic button until we're in October. Promise me.

5 ISAIAH LIKELY WAS A FINE WEEK 1 WAIVER BUDGET-BUSTER

I think the process behind spending over half of your waiver budget on Likely in Week 1 was good, if you did it. Yes, even knowing how it ended. In 2023, the huge Week 1 waiver wire doorbusters were Puka Nacua and Kyren Williams. Nobody who claimed them and paid the price felt bad about it.

The Ravens weren't exactly offering tons of praise for Likely or conveying concrete ideas about getting Mark Andrews involved, and Andrews is entering the end of his prime years. He was nursing an ankle injury all offseason. Given how weak the tight end position was, it would be bad form to ignore Likely's first game and move on. And there were several other breaks that you could have caught to make Likely work out for you — a Zay Flowers injury, or both Likely and Andrews finding major roles in the offense.

It didn't play out that way, but I think it was a good bet to believe in what Likely put out there in Week 1. And if you see another major outlier performance in Week 1 this year, I wouldn't be scared to bet on it again.

CLOCKWISE FROM TOP LEFT: NATHAN RAY SEEBECK-IMAGN IMAGES; GARY A. VASQUEZ-IMAGN IMAGES; BRETT DAVIS-IMAGN IMAGES; DENNY MEDLEY-IMAGN IMAGES

PETER CASEY-IMAGN IMAGES

6 JAYDEN DANIELS WAS THE PERFECT LATE-ROUND QUARTERBACK PICK, AND WE SHOULD LOOK OUT FOR JUSTIN FIELDS, JALEN MILROE AND ANTHONY RICHARDSON (YES, AGAIN) IN THE SAME WAY

What separated Daniels from the field at quarterback wasn't his talent but the asking price to buy in on it. Even after buzz started to develop around his running game late in training camp, Daniels was going off the board after the first 100 picks. Daniels would eventually go on to make his ADP look extremely stupid by also being better than expected as a passer. But it was the rushing upside that made him a powerful fantasy football threat.

I look at Fields with a quarterback room where he's easily the No. 1 guy, and I look at his 2022 season — the one where he rushed for 1,143 yards — and I think "hmm." Then I look at his ADP and think this is a situation that's ripe for the picking. Richardson also has the post-hype sleeper feel after two bad seasons, but there are more question marks about his job security.

Finally, if Milroe were to be pressed into action by a Sam Darnold injury, I think the Fields scenario would be very much in play for him. He rushed for 20 touchdowns in 2024 for Alabama, to go along with 726 rushing yards. There's a strong chance he can become the NFL's next great running quarterback.

Fields' failure as a fantasy quarterback in 2023, along with Trey Lance's in 2022, soured the whole industry on the concept of an upside running quarterback because we had to question if these quarterbacks were good enough at actually playing the position to keep their jobs. Daniels' success will probably pull some players back to the table, but Fields' and Richardson's early failures should keep them downgraded enough to be potential values in 2025.

7

IF A TEAM CAN'T CORRECT SOMETHING IN A FEW WEEKS, RARELY WILL THAT TEAM ACTUALLY CORRECT IT OVER THE REST OF THE SEASON

In Week 5, the Jets went to London to play the Vikings. What we had learned at that point was that the Jets refused to run the ball, and that Aaron Rodgers wasn't going to do anything but what he was comfortable with.

In Week 3, the Texans took on the Vikings. What we learned that day was that Houston's protection scheme was so elementary that anybody could solve it.

Over the rest of the season, no matter what changes were made — for the Jets it was almost an entire coaching staff, and for the Texans, their best receivers shuffled in and out of the lineup while their line combinations were frequently overhauled — neither of these teams could advance beyond that early read. The Packers did the same thing to the Texans in Week 6. The Jets pathologically refused to run the ball or get Garrett Wilson involved. In fact, they traded for Davante Adams to avoid getting Wilson the ball.

It's one thing to approach these situations with fresh eyes in 2025, and I'm certainly open to the idea of the Jets and Texans delivering fantasy value this season. But once we saw how easily they were handled and how stubbornly they refused to change in response to that, it was time to fully fade them. Nobody who kept starting C.J. Stroud, Rodgers or Breece Hall against the wind in 2024 was happy. There was no upside to tap; just pain. This is both a PSA for managers stuck with players in a situation like this and managers who might look to buy on a team struggling in a similar way in 2025: If the team can't fix something quickly, there's no reason you should be buying the idea that they'll do it over the rest of the season.

8

EVERY EIGHT YEARS OR SO, SOMEONE WILL DRAFT A FIRST-ROUND GRENADE — MAKE IT A PRIORITY TO GRAB THE BACKUP RUNNING BACK IF THERE ARE ANY QUESTION MARKS

I was not a **Christian McCaffrey** drafter in any of my main leagues last year, but I was a McCaffrey beneficiary. I snagged **Jordan Mason** off the waiver wire in probably half my leagues and was able to ride his strong first half while my rookie backs developed.

It's very rare we have a situation develop like McCaffrey's — the only other time I can remember it in the past 15 years is when **Le'Veon Bell** actually held true to his holdout with the Steelers in 2018. What happened that year was: **James Conner** delivered excellent production with 13 total touchdowns and 71 catches, finishing with the sixth-most fantasy points among running backs in PPR leagues.

I don't think there was a bad thought process to the McCaffrey pick at first overall, if you made it. You simply got spiked by something nobody — perhaps not even the 49ers — saw coming. But the lesson to take away from it is that you can recoup some of the running back value by making sure you grab the backup. And when you draft a running back in the first round, and you have any doubt that said running back will be available, you should probably invest heavily in his backup. Wide receivers? Quarterbacks? If they blow up, you don't have anywhere to turn. Running backs? You have a volume-based out. Use it.

CLOCKWISE FROM TOP LEFT: KIM KLEMENT NEITZEL-IMAGN IMAGES; JAYNE KAMIN-ONCEA-IMAGN IMAGES; PHILIP G. PAVELY; JEFFREY BECKER-USA TODAY SPORTS

9

FROM LEFT: CHARLES LECLAIRE-IMAGN IMAGES; BARRY REEGER-IMAGN IMAGES

THE CHIEFS ARE GOING TO REMAIN AN ANNOYING EXCEPTION FOR AS LONG AS THEIR CURRENT COACHING PHILOSOPHY STANDS

All last offseason, we were subjected to the hype about the Chiefs becoming an offensive juggernaut again. **Patrick Mahomes** was elevated to a top-three quarterback in ADP despite coming off a season in which he finished eighth in QB fantasy scoring. Xavier Worthy would open up the middle of the field with his deep jets, Rashee Rice and Hollywood Brown were going to feast and the offense would go back to stratospheric levels.

Instead, Mahomes finished 12th at his position in scoring. Rice and Brown missed most of the season. Worthy was an extremely unreliable deep receiver, though he did blossom down the stretch when they made him more of a part of the underneath game.

I don't think the Chiefs are necessarily going to be that bad again, but I think it's fair to question just how much they worry about regular-season games at this point. Moreover, now that Rice and Worthy are both projecting to be healthy and back (although Rice might be facing a suspension), I think we might get another scenario where nobody comes out of training camp as a true alpha receiver.

I like the players in the room, but ultimately it's hard to justify believing in any Chiefs player as a top-50 selection. None of the offensive management has changed, **Travis Kelce** is another year older and they seem more interested in outlasting opponents in close games than really putting the throttle down during the regular season. It's just not an exciting fantasy football situation.

10

THE LEAGUE HAS DEMANDED MORE OF RUNNING BACKS, AND SO THEIR FANTASY VALUE AS A WHOLE IS GOING UP AFTER YEARS OF ZERO RB MANIFESTO

The two-high safety revolution has been fought, and the NFL industry is in the middle of adjusting to it. With more coverage players per snap, fantasy football has been dragged by real football, kicking and screaming, towards running backs. In 2021, there were three running backs among the top-30 PPR scorers. In 2023, there were six. And in 2024, there were nine, including four in the top 10.

I don't think this is a major change to the way we should view life for running backs or wide receivers. I do think it puts more emphasis on finding the backs who have all the right traits: clear lead back, in a good offense, an offense that clearly wants to run with talent that is above-average.

Zero RB will never be dead as long as you can hit on a few surprise picks and find a top-30 back among them, but I do think the grounds on which the strategy was built are shifting. I'd recommend a Hero RB — one highly drafted back — approach over a Zero RB approach at this point. You can give up some ground at running back, but you can't give up all of the upside. As it stands, the upside goes too high.

2025 DYNASTY ROOKIE RANKINGS

1. **ASHTON JEANTY** RB, RAIDERS
2. **OMARION HAMPTON** RB, CHARGERS
3. **TETAIROA McMILLAN** WR, PANTHERS
4. **TRAVIS HUNTER** WR, JAGUARS
5. **TREVEYON HENDERSON** RB, PATRIOTS
6. **QUINSHON JUDKINS** RB, BROWNS
7. **EMEKA EGBUKA** WR, BUCCANEERS
8. **TYLER WARREN** TE, COLTS
9. **RJ HARVEY** RB, BRONCOS
10. **KALEB JOHNSON** RB, STEELERS
11. **COLSTON LOVELAND** TE, BEARS
12. **MATTHEW GOLDEN** WR, PACKERS
13. **LUTHER BURDEN III** WR, BEARS
14. **CAM WARD** QB, TITANS
15. **TRE HARRIS** WR, CHARGERS
16. **JAYDEN HIGGINS** WR, TEXANS
17. **JACK BECH** WR, RAIDERS
18. **CAM SKATTEBO** RB, GIANTS
19. **BHAYSHUL TUTEN** RB, JAGUARS
20. **KYLE WILLIAMS** WR, PATRIOTS
21. **JAYLIN NOEL** WR, TEXANS
22. **JAXSON DART** QB, GIANTS
23. **JALEN ROYALS** WR, CHIEFS
24. **ELIC AYOMANOR** WR, TITANS
25. **DYLAN SAMPSON** RB, BROWNS
26. **ELIJAH ARROYO** TE, SEAHAWKS
27. **MASON TAYLOR** TE, JETS
28. **JALEN MILROE** QB, SEAHAWKS
29. **JAYDON BLUE** RB, COWBOYS
30. **TERRANCE FERGUSON** TE, RAMS

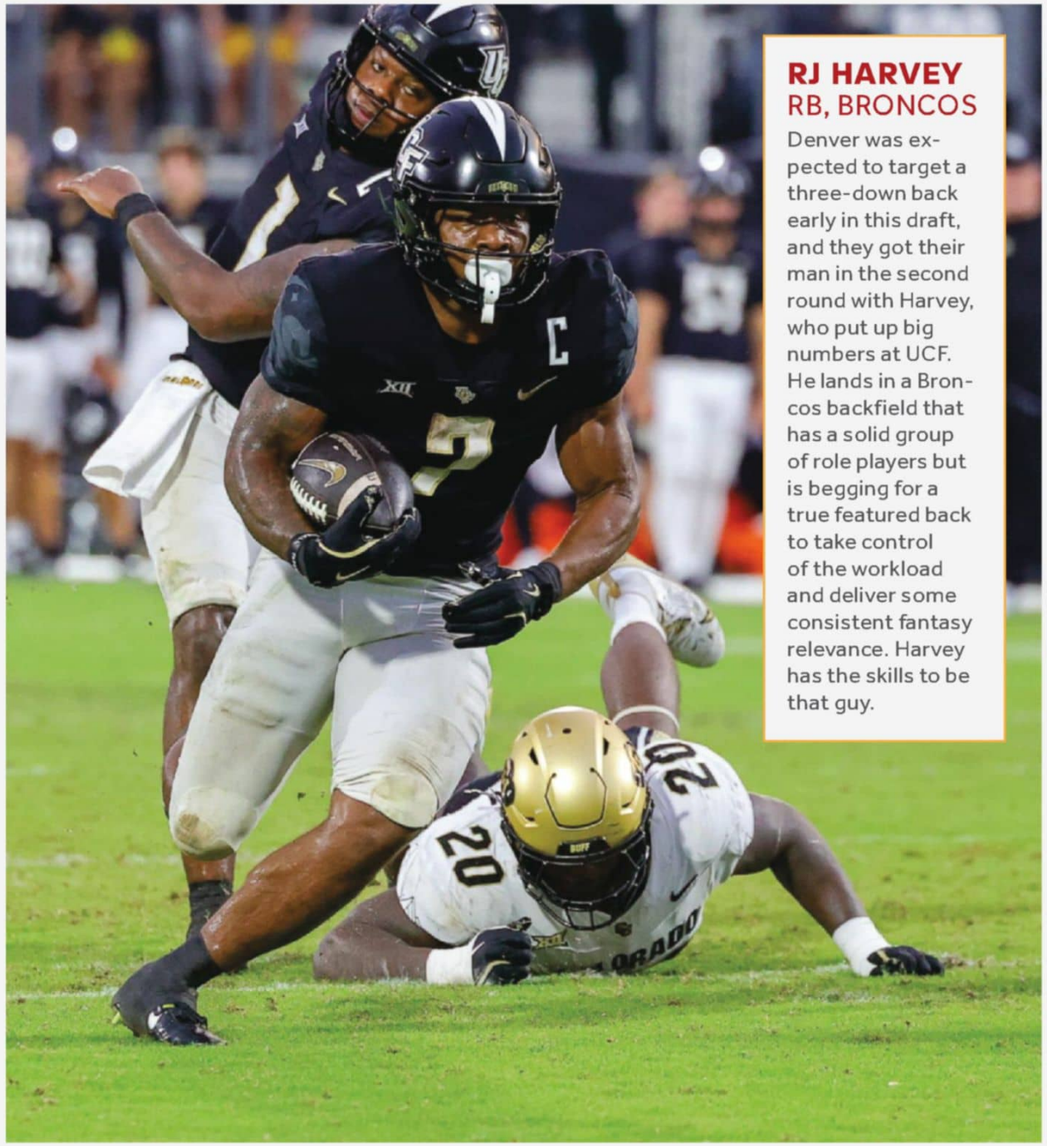
OMARION HAMPTON

TETAIROA McMILLAN

ABOVE: CARY EDMONDSON-IMAGN IMAGES; RIGHT, FROM TOP: CHARLES LECLAIRE-USA TODAY SPORTS; ARYANNA FRANK-IMAGN IMAGES

BEST AND WORST LANDING SPOTS FOR HIGH-PROFILE ROOKIES

BEST



RJ HARVEY
RB, BRONCOS

Denver was expected to target a three-down back early in this draft, and they got their man in the second round with Harvey, who put up big numbers at UCF. He lands in a Broncos backfield that has a solid group of role players but is begging for a true featured back to take control of the workload and deliver some consistent fantasy relevance. Harvey has the skills to be that guy.

MIKE WATTERS-IMAGN IMAGES

KYLE WILLIAMS
WR, PATRIOTS

The Pats invested multiple Day 2 picks in the receiver position last year but didn't get much out of Ja'Lynn Polk or Javon Baker in their rookie seasons. With new management in charge, it wouldn't be surprising to see Williams quickly jump them on the depth chart, as the third-rounder out of Washington State brings big-play explosiveness that could make him Drake Maye's favorite target in no time.

KALEB JOHNSON
RB, STEELERS

Jaylen Warren has been a solid change-of-pace back alongside Najee Harris in Pittsburgh over the past couple of seasons, but that's probably the ceiling for his role. Following Harris' departure in free agency, the Steelers spent a third-round pick on Johnson, who has the size, power and downhill burst to eat up the majority of the early-down carries, as well as short-yardage and goal-line duties.

JACK BECH
WR, RAIDERS

Brock Bowers will remain the top target in the Las Vegas passing game this season and beyond, but while the Raiders have some solid veterans in the receiver room, Bech has a prime opportunity to assert himself as the No. 2 option in the pecking order. Geno Smith will be a massive upgrade at QB, and Bech could find plenty of space to work while opposing defenses are busy trying to slow down Bowers.

FROM TOP: JAMES SNOOK-IMAGN IMAGES; JULIA HANSEN/IOWA CITY PRESS-CITIZEN; ANDREW DIEB-IMAGN IMAGES

BEST AND WORST LANDING SPOTS FOR HIGH-PROFILE ROOKIES

WORST

DYLAN SAMPSON
RB, BROWNS

Sampson's talent should have merited a Day 2 pick, and he could have landed in a backfield that needed a three-down playmaker to handle a full workload. Instead, he wasn't even the first back the Browns selected in this draft, coming off the board two rounds after Cleveland picked Quinshon Judkins. He'll automatically take a back seat to Judkins, who is a more complete back and whose higher draft capital will likely give him a higher snap count.

BRIANNA PACIORKA/USA TODAY NETWORK VIA IMAGN IMAGES

FROM TOP: NIRMALENDU MAJUMDAR/AMES TRIBUNE; MATTHEW O'HAREN-IMAGN IMAGES; JUNFU HAN

JAYLIN NOEL
WR, TEXANS

Noel was a steal for the Texans in the third round, and he's got to be thrilled about joining fellow Iowa State receiver Jayden Higgins in Houston and catching passes from C.J. Stroud. That said, he'll face tough sledding when it comes to targets, especially once Tank Dell is back to full strength. Nico Collins remains the WR1, with Higgins and Dell (when healthy) likely to be on the field more than Noel.

TYLER WARREN
TE, COLTS

Warren was a fantastic pick for the Colts, but for fantasy managers, it limits his scoring upside. Indy is a run-first offense built around Jonathan Taylor, and the quarterback situation is easily one of the worst in the league right now. Unless Anthony Richardson takes a massive leap in Year 3, or Daniel Jones takes his game to a level we've never seen, Warren might struggle to move the needle from a fantasy perspective.

COLSTON LOVELAND
TE, BEARS

Caleb Williams has to be thrilled with this pick, and Loveland will definitely be a valuable weapon in Ben Johnson's creative offense. That said, there are a ton of talented pass-catchers who will be fighting for target share, and even the veteran of the bunch (DJ Moore) is only 28. Rome Odunze and rookie second-round pick Luther Burden III will team up with Moore and Loveland to make Williams' life better, but Loveland's individual fantasy value might be limited.

2025 DYNASTY STASHES

BY LUKE EASTERLING

IT'S ALWAYS A GOOD IDEA TO SAVE UP FOR A RAINY DAY. HERE ARE SOME PLAYERS YOU SHOULD CONSIDER STASHING AWAY SHOULD THE NEED ARISE.

JA'LYNN POLK
WR, PATRIOTS

Polk's rookie season in New England was painfully forgettable, as the former Washington Husky caught 12 passes for only 87 yards, averaging a measly 7.3 yards per reception. He did find the end zone twice, but it was a terrible shock to see a top-40 draft pick perform so poorly in his first season. That said, Polk is still a talented player, and even though he might face an uphill battle with a new regime taking over, the Pats have a legitimate franchise quarterback in Drake Maye, and Polk could surprise by making a leap in his second year. Even if that doesn't happen in New England, another team that liked Polk during last year's pre-draft process could try to get him for cheap and give him a fresh start elsewhere, and fantasy managers could also be wise to try and acquire him for minimal compensation in hopes he'll deliver on his potential.

KEATON MITCHELL
RB, RAVENS

After going undrafted in 2023 and starting his rookie season on short-term injured reserve, Mitchell exploded over eight games with 396 yards on just 47 carries (8.4 yards per attempt) and a pair of touchdown runs, adding 93 yards on nine receptions. A knee injury ended his rookie campaign early and limited him to only five games in 2024. Too small to be a full-time featured back, Mitchell nevertheless has the speed and versatility to be a valuable weapon, whether that's in Baltimore or with another team that wants to give him a bigger role elsewhere. Regardless of where it happens, Mitchell's explosiveness and big-play ability give him a ton of upside that's worth banking on if he's available in your league.

BRENTON STRANGE
TE, JAGUARS

Yes, the Jags already have Brian Thomas Jr. and No. 2 overall pick Travis Hunter, and they also signed Dyami Brown in free agency. But the departure of Evan Engram leaves Strange as the default starter at tight end, and he showed flashes down the stretch last season that highlighted the athleticism and upside that made him a second-round pick in 2023. New management might favor the targets they've acquired since taking over, but Trevor Lawrence already has a connection with Strange that clearly improved throughout the 2024 campaign. While opposing defenses are busy trying to slow down Thomas and Hunter, Strange could prove to be a reliable target for Lawrence when it's time to move the chains in the short/intermediate areas of the field — and especially in the red zone.

JOE MILTON III
QB, COWBOYS

Deep-league dynasty stashes are all about upside and high-end physical traits, as well as a situation that could provide a promising opportunity. The Cowboys acquired Milton from the Patriots this offseason to replace the departed Cooper Rush and Trey Lance, leaving the former Tennessee quarterback as the primary backup to Dak Prescott. While Prescott is often a high-quality starter when healthy, he's coming off yet another season-ending injury, and he'll turn 32 this summer. Milton showed flashes of elite athleticism and arm talent in limited work for the Pats last season, and while he still needs a ton of development, any time that Prescott misses this season and beyond would put Milton in charge of an offense that features wide receivers CeeDee Lamb and George Pickens, which would be a situation full of potential.

ERIC CANHA-IMAGN IMAGES

MALIK WASHINGTON
WR, DOLPHINS

On the surface, the Dolphins have one of the league's better wide receiver tandems in Tyreek Hill and Jaylen Waddle, but both have struggled to stay healthy, and Hill could still be a potential trade target for other teams. Waiting in the wings is Washington, a sixth-round pick in last year's draft who picked up steam late in his rookie season, catching 16 passes for 169 yards over the final four games of the year. If Hill or Waddle miss more time due to injury, or if Hill is sent elsewhere, Washington could be in line for a much bigger role in the passing game. It won't be surprising if he builds on the success he found down the stretch last year as he develops an even stronger rapport with Tua Tagovailoa.

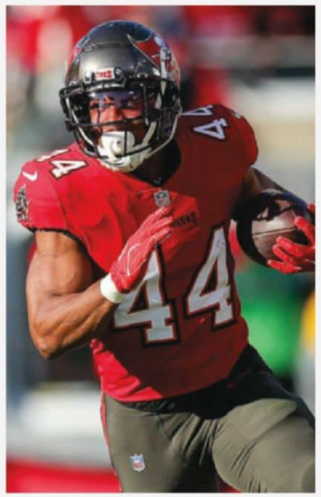
FROM LEFT: SAM NAVARRO-IMAGN IMAGES; NATHAN RAY SEEBECK-IMAGN IMAGES

JACOB COWING
WR, 49ERS

The 49ers just spent a first-round pick on Ricky Pearsall last year, and Brandon Aiyuk and Jauan Jennings give them a strong starting tandem. But with Aiyuk's return from last year's devastating knee injury still somewhat of a question mark, and after the departure of Deebo Samuel to Washington, there's room for a young talent like Cowing to emerge. Undersized but explosive, Cowing didn't see much action in the offense last year, but he made the most of his few opportunities, catching four of his six targets for 80 yards. That 20-yards-per-catch average could earn him more downfield looks from Brock Purdy this season, especially if Aiyuk struggles to return to form and/or San Francisco needs someone to replace Samuel's big-play presence after the catch.

SEAN TUCKER
RB, BUCCANEERS

Tampa Bay has one of the league's best 1-2 backfield punches in Bucky Irving and Rachaad White, but Tucker is lurking in the shadows with sky-high dynasty potential. After Tucker's heart condition was discovered at the NFL Scouting Combine, he went from a likely mid-round pick in 2023 to going undrafted. The Bucs scooped him up as a rookie free agent, and after a quiet rookie campaign, Tucker flashed his three-down skill set in a blowout win over the New Orleans Saints in Week 6 last season, racking up nearly 200 total yards and scoring on the ground as well as through the air. A well-built back who can run with speed and power and catch the ball out of the backfield, Tucker could push White for RB2 snaps in Tampa Bay, or another team could come calling with a more significant role if the Bucs are willing to part with him. Either way, the 23-year-old has his arrow pointing way up.



YOU'VE BEEN CHOPPED

GUILLOTINE LEAGUES ARE A NEW (AND MORE STRESSFUL) WAY TO PLAY FANTASY

BY CRAIG ELLENPORT

Traditional fantasy football hasn't changed much in decades, with most leagues operating much like the very first one. For those keeping score, that's the Greater Oakland Professional Pigskin Prognosticators League back in 1963. The GOPPPL might have lacked an online draft, but the premise was the same.

Most leagues have 10, 12 or maybe 14 teams, with head-to-head play; teams with the best win-loss records meet in the playoffs during the last few weeks of the NFL regular season. Simple.

Well, there's a new game in town. And if traditional fantasy football weren't stressful enough, this one turns the dial up to 11.

GuillotineLeagues.com launched in 2020 as the brainchild of longtime fantasy sports guru Paul Charchian, who's been a fantasy football fixture since 1993.

"It was a revelation," says Charchian, who created the first-ever weekly fantasy football magazine, which morphed into Fanball.com. "This is unlike any way I've played before. My Monday nights have completely changed."

Why the Monday stress? In traditional fantasy, you or your weekly opponent might have key players featured on Monday Night Football who can impact your success for that particular week. In a guillotine league, any number of players from any number of teams can do something on Monday night that ends your fantasy season right then and there. How's that for stress?

> IN A GUILLOTINE LEAGUE, RISK IS WHAT GETS YOU CHOPPED. AND YOUR HIGH-RISK, HIGH-REWARD PLAYERS, IF THREE OF THEM FLOP IN THE SAME WEEK, YOU'RE CHOPPED, AND YOUR SEASON JUST ENDED.

Here's how the guillotine league premise works:

A standard guillotine league begins the season with 18 teams, with 14 players per team (eight starters, six reserves). Instead of head-to-head play, each week is its own elimination round. The lowest-scoring team each week gets chopped (thus, the guillotine). So by the time Week 18 rolls around, there is only one team left standing. It doesn't really matter how well or poorly you do each week, as long as you avoid elimination and live to play another week.

Then there's the waiver wire. Each week, after a team is eliminated, that team's players go back into the free-agent pool. So every week there will be more big names available. By the time December rolls around, the few remaining teams should have rosters loaded with top-tier fantasy players. It's no guarantee, however, as free agents are acquired via blind bidding. Each team gets a Free Agent Acquisition Budget (FAAB) of $1,000 for the season, so allotting that budget can be tricky.

"So much of your success will hinge on when you decide to push those chips in," says Charchian. "If you wait too long and get chopped, you go to your grave with $850 out of the $1,000, and you could have spent it and stayed alive.

"And if you push your chips in too early, then at the end of the year, when superstar-laden rosters are getting chopped, you don't have the money to keep up with the bidding of the other players. And so part of the totally unique strategy of guillotine leagues is: When do I spend my FAAB? When do I reach for great players and try to get them on my roster?"

With 18 teams to start, no team will be "loaded" when the season begins. Imagine having the first overall draft pick in a snake draft. Maybe you grab Ja'Marr Chase with the top pick. Your next two picks are Nos. 36 and 37. Based on average draft position rankings, you're looking at players like running back Joe Mixon and wide receiver Garrett Wilson. And while veteran players in traditional fantasy might not think about drafting a quarterback until the fifth round or later, when they can get a guy like Jared Goff at that point, the fifth round of an 18-team draft leaves you with the likes of Brock Purdy or Dak Prescott.

Charchian's draft approach is to preach conservatism. Since the priority isn't so much building the best team possible as it is avoiding a worst-case scenario, it's important to play it safe.

"You have to change your draft mindset very radically from how you do business in a traditional league," says Charchian. "In a normal redraft league, your goal is to come out of the draft with that one team that's so exceptional that it can be the one surviving team out of 12. And that oftentimes means you have to eschew safe players to have enough upside risk guys that you can have differentiators on your team to get to be that one best team.

"Whereas, in a guillotine league, risk is what gets you chopped. And your high-risk, high-reward players, if three of them flop in the same week, you're chopped, and your season just ended."

Unlike traditional leagues, there is so much more room to improve your team each week with the new pool of available free agents. Knowing there will be better options on the horizon, it's also a good strategy to look at the NFL schedule and lean toward drafting players who might have good matchups in the first few weeks of the season. Survive and advance, right?

GREGORY FISHER-IMAGN IMAGES

Like many players, James Cook is a no-brainer in season-long fantasy drafts, but his value can be viewed differently in a guillotine league.

For instance, James Cook will be a valuable fantasy running back in 2025, but what if the Buffalo Bills open the season against the Baltimore Ravens, who led the NFL in rushing defense last year? Cook averaged 53 rushing yards in his two games vs. Baltimore last season, with no touchdowns. If you invest highly in Cook and he struggles in Week 1, your guillotine league season could be over before it begins.

Conversely, you can let another team draft players with tough Week 1 matchups and then bid for those guys when that team gets chopped.

Charchian reports that GuillotineLeagues.com has seen steady growth since it launched in 2020, with the biggest spike coming last summer when his site was purchased by Matthew Berry's Fantasy Life. He counts guillotine league players in the hundreds of thousands.

"I continue to work closely with them on guillotine leagues," he says. "But they have more resources to throw at it, really in every sense. So you're going to see a ton more content coming in the summer, in the next year."

Charchian says he hasn't seen any imitators — yet. He does think that as the format grows in popularity, other fantasy sites will offer it.

"But remember, we did it first, and we're doing it best," he says. "And this is our main focus. This is what we do. It's not just a little side niche for us. This is the life we live. We live, breathe and eat guillotine leagues around here."

EXPLAINING EFP

EFP stands for Expected Fantasy Points, the total fantasy points projected by Athlon Sports for QBs, RBs, WRs, TEs, Ks and D/ST units using a performance-based, PPR scoring system. The EFP is just an extra bonus for readers who enjoy the convenience of seeing a projected points total next to each player.

JOSH ALLEN

BIJAN ROBINSON

01 **JOSH ALLEN**

6-5/237/AGE: 29

EFP: 409.7

BYE WEEK: 7

ATHLON'S TAKE

Allen has proved he's a more reliable scoring bet year to year than Lamar Jackson. He continues to deliver as a rusher and passer.

Only Josh Allen could generate a top-4 fantasy quarterback season and have it feel like a down year. It was actually his "worst" scoring season since the 2020 breakout, but no QB has scored so consistently over the past five years. Allen got off to a shakier fantasy start in Joe Brady's first full season as offensive coordinator but logged four No. 1 finishes for the year. His passing production would benefit from wide receiver Keon Coleman developing further in Year 2. Tight end Dalton Kincaid also has room to grow and the athleticism to help.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	BUF	16	4,283	35	14	6	33	762	7	5	465.5
2023	BUF	17	4,306	29	18	5	24	524	15	4	450.6
2024	BUF	17	3,731	28	6	3	14	531	12	2	435.0
2025 PROJ.		17	4,200	30	13	3	24	572	7	4	409.7

BYE WEEKS

WEEK 5	Atlanta, Chicago, Green Bay, Pittsburgh
WEEK 6	Houston, Minnesota
WEEK 7	Baltimore, Buffalo
WEEK 8	Arizona, Detroit, Jacksonville, Las Vegas, L.A. Rams, Seattle
WEEK 9	Cleveland, N.Y. Jets, Philadelphia, Tampa Bay
WEEK 10	Cincinnati, Dallas, Kansas City, Tennessee
WEEK 11	Indianapolis, New Orleans
WEEK 12	Denver, L.A. Chargers, Miami, Washington
WEEK 14	Carolina, New England, N.Y. Giants, San Francisco

ATHLON SCORING

OFFENSE

- 10 yards rushing = 1 point
- 10 yards receiving = 1 point
- 20 yards passing = 1 point
- Rushing/receiving TDs = 6 points
- Passing TDs = 4 points
- 0.5 points per reception
- Interceptions = -1 point
- Fumbles lost = -2 points

KICKING

- 39 yards and under = 3 points
- 40-49 yards = 4 points
- 50-59 yards = 5 points
- 60+ yards = 6 points
- PATs = 1 point

TEAM DEFENSE (D/ST)

- 0-10 points allowed = 7 points
- Interceptions = 1 point
- Fumbles recovered = 1 point
- Sacks = 1 point
- Safeties = 2 points
- Defensive/ST TDs = 6 points

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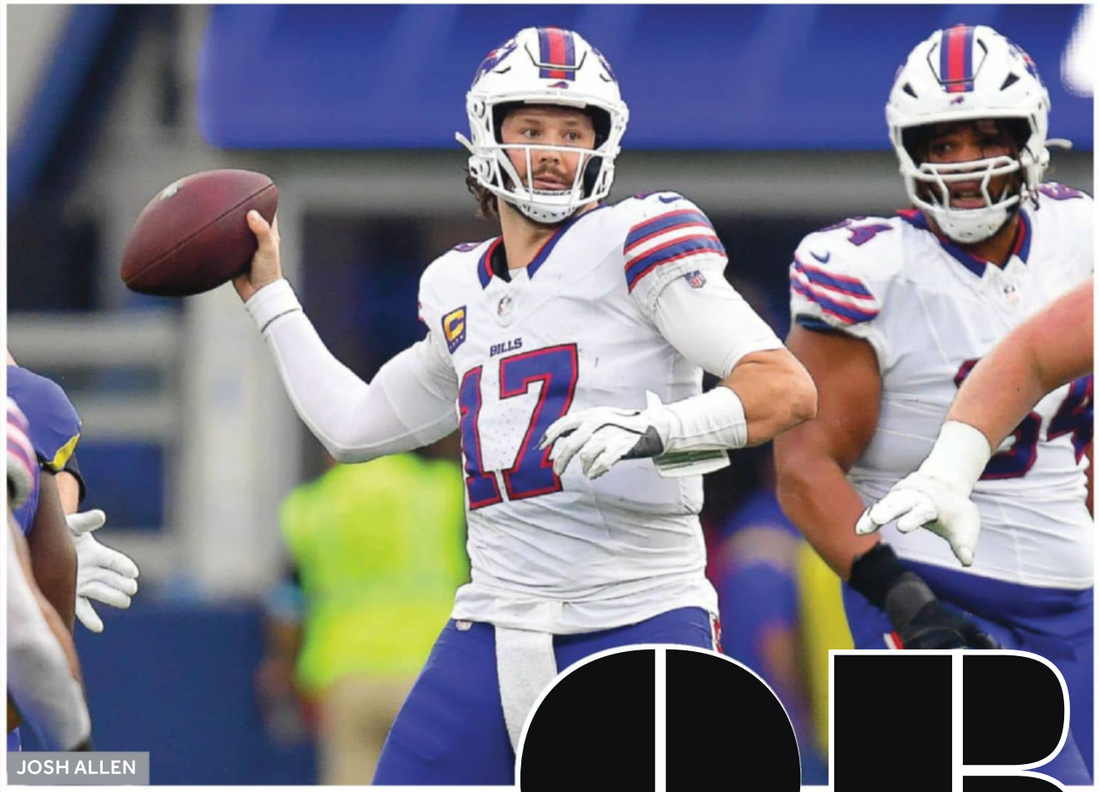

JOSH ALLEN

GARY A. VASQUEZ-IMAGN IMAGES

QB

STAFF TOP 12s

LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
1. Lamar Jackson	1. Josh Allen	1. Josh Allen	1. Josh Allen	1. Josh Allen
2. Josh Allen	2. Lamar Jackson	2. Lamar Jackson	2. Jayden Daniels	2. Lamar Jackson
3. Jayden Daniels	3. Joe Burrow	3. Jayden Daniels	3. Jalen Hurts	3. Jalen Hurts
4. Joe Burrow	4. Jayden Daniels	4. Joe Burrow	4. Lamar Jackson	4. Jayden Daniels
5. Jalen Hurts	5. Jalen Hurts	5. Jalen Hurts	5. Patrick Mahomes	5. Joe Burrow
6. Patrick Mahomes	6. Patrick Mahomes	6. Patrick Mahomes	6. Joe Burrow	6. Kyler Murray
7. Baker Mayfield	7. Jared Goff	7. C.J. Stroud	7. Justin Fields	7. Patrick Mahomes
8. Bo Nix	8. Bo Nix	8. Dak Prescott	8. Dak Prescott	8. Baker Mayfield
9. Jared Goff	9. Baker Mayfield	9. Baker Mayfield	9. Jordan Love	9. Bo Nix
10. Jordan Love	10. Caleb Williams	10. Jordan Love	10. C.J. Stroud	10. Jared Goff
11. Justin Herbert	11. Jordan Love	11. Kyler Murray	11. Kyler Murray	11. Justin Herbert
12. Caleb Williams	12. Dak Prescott	12. Drake Maye	12. Drake Maye	12. Justin Fields

	LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
Top Rookie	Cam Ward	Cam Ward	Cam Ward	Cam Ward	Cam Ward
Sleeper	Trevor Lawrence	Bryce Young	Caleb Williams	Jordan Love	Justin Fields
Deep Sleeper	Shedeur Sanders	Jaxson Dart	Bryce Young	Trevor Lawrence	Geno Smith
Bounce-Back	Dak Prescott	Dak Prescott	Dak Prescott	Justin Fields	Dak Prescott
Bust	Kyler Murray	Kyler Murray	Justin Fields	Bo Nix	Brock Purdy
Injury Risk	Tua Tagovailoa	Tua Tagovailoa	Tua Tagovailoa	Tua Tagovailoa	Anthony Richardson

2025 RANKINGS

RK	PLAYER	TEAM	BYE
☐ 1	Josh Allen	BUF	7
☐ 2	Jalen Hurts	PHI	9
☐ 3	Jayden Daniels	WAS	12
☐ 4	Lamar Jackson	BAL	7
☐ 5	Patrick Mahomes	KC	10
☐ 6	Joe Burrow	CIN	10
☐ 7	Justin Fields	NYJ	9
☐ 8	Jordan Love	GB	5
☐ 9	C.J. Stroud	HOU	6
☐ 10	Kyler Murray	ARI	8
☐ 11	Drake Maye	NE	14
☐ 12	Baker Mayfield	TB	9
☐ 13	Dak Prescott	DAL	10
☐ 14	Justin Herbert	LAC	12
☐ 15	Jared Goff	DET	8
☐ 16	Bo Nix	DEN	12
☐ 17	Caleb Williams	CHI	5
☐ 18	Brock Purdy	SF	14
☐ 19	Tua Tagovailoa	MIA	12
☐ 20	Trevor Lawrence	JAC	8
☐ 21	Matthew Stafford	LAR	8
☐ 22	Geno Smith	LV	8
☐ 23	Bryce Young	CAR	14
☐ 24	J.J. McCarthy	MIN	6
☐ 25	Sam Darnold	SEA	8
☐ 26	Russell Wilson	NYG	14
☐ 27	Michael Penix Jr.	ATL	5
☐ 28	Cam Ward	TEN	10
☐ 29	Aaron Rodgers	FA	
☐ 30	Tyler Shough	NO	11
☐ 31	Anthony Richardson	IND	11
☐ 32	Joe Flacco	CLE	9
☐ 33	Daniel Jones	IND	11
☐ 34	Spencer Rattler	NO	11
☐ 35	Kenny Pickett	CLE	9
☐ 36	Jaxson Dart	NYG	14
☐ 37	Dillon Gabriel	CLE	9
☐ 38	Jalen Milroe	SEA	8
☐ 39	Will Levis	TEN	10
☐ 40	Kirk Cousins	ATL	5
☐ 41	Sam Howell	MIN	6
☐ 42	Marcus Mariota	WAS	12
☐ 43	Tanner McKee	PHI	9
☐ 44	Jimmy Garoppolo	LAR	8
☐ 45	Zach Wilson	MIA	12

INJURY CONCERNS

TREVOR LAWRENCE, JACKSONVILLE JAGUARS After missing only one start in his first three seasons, Lawrence missed seven games in 2024 with a shoulder injury and a concussion. The December concussion had one long-term benefit: Lawrence was put on IR, and so he had shoulder surgery before the end of the season. Because of the timing, he is expected to be back at full strength when the '25 season begins.

JORDAN LOVE, GREEN BAY PACKERS Love suffered an MCL sprain in the season-opening loss to the Philadelphia Eagles in Brazil but came back strong in Week 4. He started every game after that, though he did miss time in two other games with groin and elbow injuries.

PATRICK MAHOMES, KANSAS CITY CHIEFS Mahomes didn't miss any playing time due to injury last year, but it was the second season in a row in which he suffered an ankle injury in the postseason that gave Chiefs fans a scare. The ankle might not have been 100% in Super Bowl LIX. It's not a major concern going into the season, but it's something to keep an eye on.

J.J. MCCARTHY, MINNESOTA VIKINGS After a knee injury ended McCarthy's rookie season before it ever started, we really don't know how durable he can be. Vikings head coach Kevin O'Connell is confident enough to hand him the starting job, but McCarthy was a run-first quarterback at Michigan, so he'll always be in danger of taking hard hits.

DAK PRESCOTT, DALLAS COWBOYS Coming off a season in which he missed nine games with a bad hamstring injury, Prescott could return to form given that he has a history of coming back strong from injuries. The bad news is that he's had a few injuries — missing nine or more games in two of the past five seasons.

ANTHONY RICHARDSON/DANIEL JONES, INDIANAPOLIS COLTS The Colts signed Jones to compete for the starting job with Richardson, who was the team's first-round pick in 2023. Problem is, both of these mobile quarterbacks have a penchant for getting injured. Richardson has missed 19 games in his two NFL seasons. Jones has started as many as 16 games in only one of his six seasons, averaging eight games in each of his past two.

MATTHEW STAFFORD, LOS ANGELES RAMS At 37, it's fair to think that Stafford is susceptible to missing time. He started 16 games last season and has missed only three games in the last two seasons, but he played through ankle and rib injuries at various points last year. More importantly, there was time after the 2022 season that some thought Stafford might retire due to shoulder issues. He clearly proved the shoulder was okay, but for how long?

TUA TAGOVAILOA, MIAMI DOLPHINS Tagovailoa was healthy when the season ended, but he missed four games in September and October while in concussion protocol — the second time in three seasons that the Miami quarterback has dealt with serious concussion issues. Last season's episode led to speculation that Tagovailoa might retire. He clearly wants to play, but it's also clear that he is always one bad hit away from being done.

AVERAGE DEPTH OF THROW

ADOT tracks the distance downfield each pass travels before it is complete, incomplete or intercepted. Quarterbacks with high ADOT marks generally take more chances, which will lead to more coveted big plays. Shown here are the top 40 ADOT marks among QBs who dropped back to pass at least 100 times during the 2024 season.

PLAYER	TEAM	DB	ADOT
Anthony Richardson	IND	299	12.3
Michael Penix Jr.	ATL	114	10.6
Trevor Lawrence	JAC	317	9.9
Jameis Winston	CLE	329	9.7
Lamar Jackson	BAL	597	9.3
Sam Darnold	MIN	672	9.3
Joe Flacco	IND	270	9.2
Jordan Love	GB	492	9.2
Justin Herbert	LAC	618	9.2
Will Levis	TEN	362	9.1
Bryce Young	CAR	450	9.0
Brock Purdy	SF	537	9.0
C.J. Stroud	HOU	703	8.8
Josh Allen	BUF	634	8.7
Derek Carr	NO	300	8.6
Russell Wilson	PIT	426	8.4
Aidan O'Connell	LV	256	8.3
Dak Prescott	DAL	317	8.3
Matthew Stafford	LAR	628	8.3
Tyler Huntley	MIA	168	8.2
Spencer Rattler	NO	264	8.2
Jalen Hurts	PHI	556	8.1
Caleb Williams	CHI	682	8.1
Kirk Cousins	ATL	485	8.0
Desmond Ridder	LV	102	7.9
Bo Nix	DEN	674	7.9
Justin Fields	PIT	197	7.8
Mac Jones	JAC	290	7.7
Jayden Daniels	WAS	736	7.7
Joe Burrow	CIN	725	7.7
Mason Rudolph	TEN	256	7.6
Geno Smith	SEA	652	7.6
Cooper Rush	DAL	326	7.5
Daniel Jones	NYG	389	7.5
Drake Maye	NE	422	7.4
Kyler Murray	ARI	614	7.4
Baker Mayfield	TB	680	7.4
Jacoby Brissett	NE	188	7.3
Drew Lock	NYG	204	7.3
Aaron Rodgers	NYJ	643	7.3

(Min 40 dropbacks, including playoffs) • Source: Pro Football Focus

STEPHEN LEW-IMAGN IMAGES

JALEN HURTS

01 JOSH ALLEN
6-5/237/AGE: 29

EFP: 409.7
BYE WEEK: 7
ATHLON'S TAKE
Allen has proved he's a more reliable scoring bet year to year than Lamar Jackson. He continues to deliver as a rusher and passer.

Only Josh Allen could generate a top-4 fantasy quarterback season and have it feel like a down year. It was actually his "worst" scoring season since the 2020 breakout, but no QB has scored so consistently over the past five years. Allen got off to a shakier fantasy start in Joe Brady's first full season as offensive coordinator but logged four No. 1 finishes for the year. His passing production would benefit from wide receiver Keon Coleman developing further in Year 2. Tight end Dalton Kincaid also has room to grow and the athleticism to help.

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2023	BUF	17	4,306	29	18	5	24	524	15	4	450.6
2024	BUF	17	3,731	28	6	3	14	531	12	2	435.0
2025 PROJ.		**17**	**4,200**	**30**	**13**	**3**	**24**	**572**	**7**	**4**	**409.7**

02 JALEN HURTS
6-1/223/AGE: 27

EFP: 406.6
BYE WEEK: 9
ATHLON'S TAKE
You can shuffle the order of these top quarterbacks a bit. But don't bet against Hurts, who's likely to settle fourth at the position in ADP.

Take out the Week 16 game Hurts left early last year, and his fantasy scoring average would have ranked fourth at the position. His rushing — including double-digit TDs in four straight seasons — makes him a better bet to stay in elite range than Baker Mayfield and Joe Burrow. Hurts' big advantage in rushing touchdowns makes him a sturdier bet than Lamar Jackson. There's also plenty of room for Hurts' passing production to climb after a 2024 that saw A.J. Brown, DeVonta Smith and Dallas Goedert each miss multiple games.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	PHI	15	3,701	22	6	4	38	760	13	2	422.0
2023	PHI	17	3,858	23	15	4	36	605	15	5	402.8
2024	PHI	15	2,903	18	5	1	38	630	14	5	351.1
2025 PROJ.		**16**	**3,742**	**22**	**9**	**2**	**33**	**651**	**14**	**5**	**406.6**

03 JAYDEN DANIELS
6-4/210/AGE: 24

EFP: 399.1
BYE WEEK: 12
ATHLON'S TAKE
Daniels has clearly shown that he has the upside to lead this position in scoring. He's already the No. 1 quarterback for dynasty.

Daniels just delivered the second-largest fantasy output ever for a rookie quarterback, trailing only 2011 Cam Newton. It'll be tough to beat Newton's 14 rushing scores from that year; even Newton never matched that number again. But Daniels beat that Newton season in rushing yards per game and passing performance. Now he adds wide receiver Deebo Samuel to Terry McLaurin and retains tight end Zach Ertz. Washington showed immediate confidence in Daniels by ranking eighth in neutral-situation pass rate in 2024, according to RBSDM.com.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2024	WAS	17	3,568	25	9	1	47	891	6	0	405.8
2025 PROJ.		**16**	**4,085**	**28**	**11**	**2**	**41**	**770**	**4**	**3**	**399.1**

04 LAMAR JACKSON
6-2/205/AGE: 28

EFP: 395.8
BYE WEEK: 7
ATHLON'S TAKE
Jackson's not going to kill any fantasy teams if he's healthy, but he's more fragile than the other top quarterbacks and OK to pass over as QB1-2 in ADP.

Jackson's rushing obviously factors mightily into his fantasy scoring. But the biggest difference between his two position-leading seasons and the significantly lower scoring averages other years has been high passing-TD rates. Jackson led the league in that category in both 2019 (9.0%) and last year (8.6%). He's the active leader in career TD rate. But he also landed at 5.4% over the four seasons between the big years. There's luck to TD scoring, which is why you'll rarely see even a 6% rate in consecutive seasons.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	BAL	12	2,242	17	7	1	26	764	3	2	270.1
2023	BAL	16	3,678	24	7	3	37	821	5	6	379.2
2024	BAL	17	4,172	41	4	2	23	915	4	5	512.4
2025 PROJ.		**16**	**3,824**	**29**	**8**	**3**	**34**	**810**	**4**	**5**	**395.8**

BRAD PENNER-USA TODAY SPORTS

LAMAR JACKSON

05 PATRICK MAHOMES
6-2/225/AGE: 29

EFP: 391.9
BYE WEEK: 10
ATHLON'S TAKE
Mahomes won't go late enough to be a *strong* value. But he's likely to settle at a clear sixth in ADP and has the upside to outperform that.

Mahomes' yards per attempt fell way down over the past two years after Tyreek Hill left and with Travis Kelce shortening his range. The Chiefs have worked to build the wide receiver corps back up over the past two years, though. That included drafting speedy Xavier Worthy in Round 1 last year and bringing Hollywood Brown back after a 2024 that was basically lost to a shoulder injury. If they stay healthy and Rashee Rice avoids suspension, Mahomes could be working with the most talented WR corps of his career — and boost those yards.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	KC	17	5,250	41	12	9	26	358	4	0	498.9
2023	KC	16	4,183	27	14	4	27	389	0	3	334.2
2024	KC	16	3,928	26	11	3	36	307	2	0	334.5
2025 PROJ.		**17**	**4,575**	**34**	**12**	**5**	**24**	**343**	**2**	**3**	**391.9**

06 JOE BURROW
6-4/215/AGE: 28

EFP: 376.3
BYE WEEK: 10
ATHLON'S TAKE
Burrow lacks the rushing to be worth drafting among the top 4 in most formats. But he and Patrick Mahomes make a strong 5-6 in either order.

Burrow led the league in completions, attempts, passing yards and touchdown passes in 2024. He did so on a sustainable yards-per-attempt rate (7.5). The TD rate (6.6%) will be more difficult to repeat but wasn't far off from the rates for his other two healthy seasons: 6.5% in 2021 and 5.8% in 2022. The Bengals paid up to keep Tee Higgins and Mike Gesicki, whom Burrow praised as a receiving weapon before last season even began. Cincinnati employed the league's most pass-heavy offense by a decent margin in 2024.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	CIN	16	4,475	35	12	5	41	257	5	3	420.7
2023	CIN	10	2,309	15	6	3	24	88	0	1	177.2
2024	CIN	17	4,918	43	9	7	48	201	2	5	458.8
2025 PROJ.		**16**	**4,560**	**33**	**10**	**6**	**48**	**173**	**3**	**4**	**376.3**

FROM LEFT: MARK KONEZNY-IMAGN IMAGES; EFF HANISCH-IMAGN IMAGES; TROY TAORMINA-IMAGN IMAGES

07 JUSTIN FIELDS
6-3/228/AGE: 26

EFP: 351.6
BYE WEEK: 9
ATHLON'S TAKE
You don't need to draft Fields this high to land him. But he's thoroughly capable of scoring this well. And the Jets paid him to start — at least for 2025.

Fields' scoring average over six starts with the Steelers would have ranked 13th for the season — even with coordinator Arthur Smith handcuffing him as a passer. Fields' 2023 average in healthy games for the Bears would have ranked eighth. He did rank sixth in fantasy points per game in 2022. The rushing alone gives Fields weekly QB1-overall upside, and the 50.2 rushing yards per game for his career set a nice fantasy floor. He'll get Garrett Wilson to be his DJ Moore with the Jets but could use another emergent target.

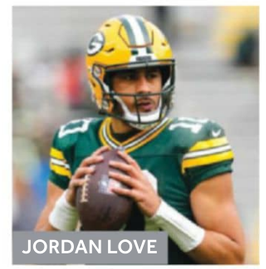
Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	CHI	15	2,242	17	11	0	55	1143	8	2	330.0
2023	CHI	13	2,562	16	9	1	44	657	4	4	262.2
2024	PIT	10	1,106	5	1	1	16	289	5	1	129.1
2025 PROJ.		**16**	**3,430**	**22**	**12**	**1**	**51**	**800**	**6**	**6**	**351.6**

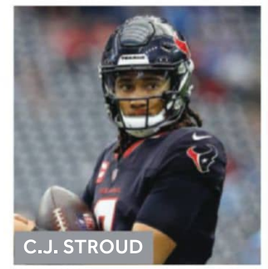
08 JORDAN LOVE
6-4/219/AGE: 26

EFP: 340.3
BYE WEEK: 5
ATHLON'S TAKE
Love spent the second half of 2023 as one of the league's top fantasy QBs and opened 2024 similarly. Wait beyond this level and pounce.

Even though he sprained his left knee at the end of Week 1 and missed the next two games, Love piloted a Packers offense that passed more early in the season. Green Bay averaged 35.8 attempts through Week 7 and only 26.5 attempts from Week 9 on. And Love finished four of his first five games among the top 11 fantasy QBs. Was the second-half run shift motivated by Love's Week 8 groin injury or Josh Jacobs' play? Either way, Green Bay seems likely to lean at least a bit back toward the pass, especially after drafting a Round 1 receiver.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	GB	4	195	1	0	0	0	-1	0	0	13.7
2023	GB	17	4,159	32	11	2	30	247	4	3	383.1
2024	GB	15	3,389	25	11	1	14	83	1	0	283.9
2025 PROJ.		**17**	**4,210**	**30**	**13**	**3**	**30**	**166**	**2**	**4**	**340.3**


JORDAN LOVE


C.J. STROUD

09 C.J. STROUD
6-3/218/AGE: 23

EFP: 328.4
BYE WEEK: 6
ATHLON'S TAKE
Fantasy drafters targeted Stroud too early last year. Watch for them to overreact in the other direction and make him a value in 2025.

The way Houston has navigated this offseason tells us that it believed Stroud needed upgrades around him. The Texans signed three potential O-line starters in free agency. They traded for wide receiver Christian Kirk. They drafted WR Jayden Higgins high in Round 2 and his teammate Jaylin Noel the following round. They even moved up for a pass-catching running back (Woody Marks) in Round 4. Stroud appeared on his way to stardom in real-life and fantasy as a rookie. Sacks and WR injuries helped derail his second season.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2023	HOU	15	4,108	23	5	6	38	167	3	4	321.5
2024	HOU	17	3,727	20	12	2	52	233	0	4	260.4
2025 PROJ.		**17**	**4,275**	**26**	**9**	**3**	**48**	**211**	**1**	**3**	**328.4**

KYLER MURRAY

10 KYLER MURRAY
5-10/207/AGE: 28

EFP: 327.2
BYE WEEK: 8
ATHLON'S TAKE
Murray's likely to be appropriately priced — or even a little too expensive — after some late-season splash games in 2025.

Murray finished 10th among fantasy QBs last year without doing anything special. His passing-TD rate fell short of 4% (well below league average) for the third straight season. He averaged the fewest rushing attempts of his career, trailing even the year in which he returned from an ACL tear. Year 2 with Marvin Harrison Jr. should find an improved connection, while tight end Trey McBride presents a big middle-of-the-field threat. Murray has also said he wants to run more in 2025, which can only help his fantasy scoring.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	ARI	11	2,368	14	7	2	25	418	3	2	228.5
2023	ARI	8	1,799	10	5	0	18	244	3	0	166.4
2024	ARI	17	3,851	21	11	2	30	572	5	4	339.2
2025 PROJ.		17	3,738	23	11	2	31	510	3	5	327.2

11 DRAKE MAYE
6-4/225/AGE: 23

EFP: 326.3
BYE WEEK: 14
ATHLON'S TAKE
The OC and receiver imports add hope to Maye, who delivered an intriguing rookie year. He's a nice draft value with big upside.

Maye finished five of his 10 healthy starting weeks last year among the top 12 fantasy quarterbacks and another three among the top 16. He did so despite no Patriots pass-catcher reaching 100 targets. DeMario Douglas led the wide receivers with just 66 catches and 621 yards. And no one caught more than three TDs. New England paid up for Stefon Diggs, though he's coming off an ACL tear. It also drafted WR Kyle Williams, who brings nice downfield speed. Coordinator Josh McDaniels might be the biggest addition.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2024	NE	13	2,276	15	10	0	34	421	2	6	207.1
2025 PROJ.		16	3,869	24	13	2	46	405	3	4	326.3

12 BAKER MAYFIELD
6-1/215/AGE: 30

EFP: 325.1
BYE WEEK: 9
ATHLON'S TAKE
We don't expect Mayfield to crash as a real-life quarterback, and he's fine to draft at the bottom of QB1 territory. Any higher than that? Pass.

Mayfield's top-4 fantasy finish in 2024 didn't come totally out of nowhere. After joining the Buccaneers, he improved dramatically in 2023 vs. his previous two seasons. It's easy to forget he also delivered nice seasons for Cleveland in 2018 and 2020. (The Browns sure forgot.) But Mayfield will struggle to match his 71.4% completion rate from last year, 7.1 points higher than his previous best (2023). Ditto his 7.2% TD rate, 1.6 points higher than his previous high (2018). A coordinator change only adds to the challenge.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	CAR/LAR	12	2,163	10	8	0	36	89	1	2	141.4
2023	TB	17	4,044	28	10	3	40	163	1	3	330.1
2024	TB	17	4,500	41	16	6	40	378	3	2	447.8
2025 PROJ.		17	4,125	28	15	4	33	230	1	4	325.1

13 DAK PRESCOTT
6-2/228/AGE: 32

EFP: 325.0
BYE WEEK: 10
ATHLON'S TAKE
Take Prescott anywhere in this range, and you're getting a quarterback with proven upside beyond this level who got a big wide receiver upgrade.

Prescott's early ADP shows clear recency bias. Sure, he didn't help your fantasy team much even before his injury. But 2023 found Prescott leading the league in TD passes and ranking fifth among QBs in fantasy points per game. That marked the fourth time in five years he had finished in the top seven in points per game. Dallas let Brandin Cooks walk and replaced him with George Pickens. If the former Steeler can overcome his own attitude, he and CeeDee Lamb could be the best WR duo of Prescott's career.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	DAL	12	2,860	23	15	1	20	182	1	1	244.6
2023	DAL	17	4,516	36	9	5	39	242	2	2	414.8
2024	DAL	8	1,978	11	8	2	21	54	1	1	138.5
2025 PROJ.		16	4,132	27	11	3	38	202	1	3	325.0

DAK PRESCOTT

JUSTIN HERBERT

14 JUSTIN HERBERT
6-6/236/AGE: 27

EFP: 324.3
BYE WEEK: 12
ATHLON'S TAKE
We'll have to see how the run-pass split works out. But rookie Tre Harris boosts the upside for one of the league's better quarterbacks.

The 2024 Chargers shifted from a low 47.6% pass rate over the first six games to a 57.2% rate from Week 7 on. And it wasn't just a matter of falling behind in games. The splits looked similar for neutral situations as well. That coincided with running back injuries, however. The Chargers have since upgraded the backfield, ditching Gus Edwards and J.K. Dobbins for Najee Harris and Omarion Hampton. That seems likely to usher in more rushing. But second-round wide receiver Tre Harris could signal it won't shift back as much.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	LAC	17	4,739	25	10	5	38	147	0	3	330.3
2023	LAC	13	3,134	20	7	3	29	228	3	1	273.7
2024	LAC	17	3,870	23	3	2	41	306	2	2	331.4
2025 PROJ.		17	3,796	26	7	3	34	294	2	3	324.3

FROM LEFT: JEFFREY BECKER-IMAGN IMAGES; KELLEY L COX-IMAGN IMAGES; STEPHEN R. SYLVANIE-IMAGN IMAGES

15 JARED GOFF
6-4/217/AGE: 30

EFP: 324.1
BYE WEEK: 8
ATHLON'S TAKE
Goff's second-best scoring average of the past five years ranked 14th (2023). Targeting him higher than that range looks risky.

Goff might seem like he should rank higher after finishing last season sixth among QBs in total fantasy points. But he used outlandish efficiency to reach those numbers. Goff's passing-TD rate (6.9%) stood 2.1 percentage points higher than his career average. His first three Detroit seasons: 3.8%, 4.9% and 5.0%. Goff also hit career highs in completion rate and yards per attempt. He's likely to regress in all three categories, even with the same group of skill players back. The coordinator change adds a challenge.

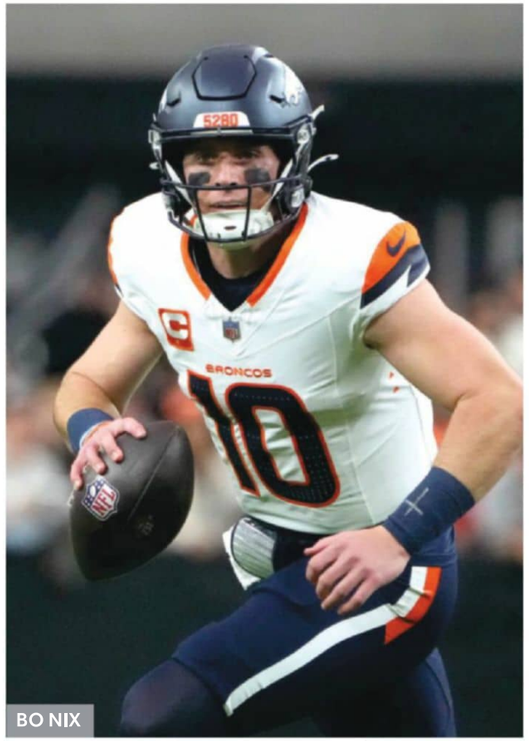
Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	DET	17	4,438	29	7	5	23	73	0	4	341.8
2023	DET	17	4,575	30	12	5	30	21	2	4	349.1
2024	DET	17	4,629	37	12	6	31	56	0	0	398.0
2025 PROJ.		17	4,347	29	11	5	30	67	1	3	324.1

16 BO NIX
6-2/217/AGE: 25

EFP: 323.6
BYE WEEK: 12
ATHLON'S TAKE
Nix obviously can finish inside the top 10, but plenty of QBs who match or beat him in upside will go later than he does.

Nix proved terrific as a rookie, finishing eighth among QBs in total fantasy points. But he finished just seven of his 17 starting weeks among the position's top 12. He also tied for just 20th in Pro Football Focus passing grade and tied for 19th in adjusted completion rate. The Broncos added tight end Evan Engram, but he's a short-range operator who doesn't boost upside. The wide receiver corps holds talent but not much proven production beyond Courtland Sutton. Nix does add helpful rushing numbers.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2024	DEN	17	3,775	29	12	2	24	430	4	0	374.7
2025 PROJ.		17	3,848	24	9	3	22	370	2	3	323.6


BO NIX

FROM LEFT: KIRBY LEE-IMAGN IMAGES; JEFF HANISCH-IMAGN IMAGES; SERGIO ESTRADA-IMAGN IMAGES

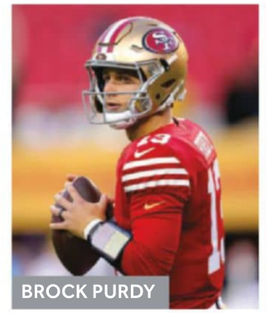
17 CALEB WILLIAMS
6-1/215/AGE: 23

EFP: 321.4
BYE WEEK: 5
ATHLON'S TAKE
Buy Williams' upside anywhere in QB2 territory. Taking him higher than that adds risk to a still-young QB with a first-time head coach.

Williams didn't play very well as a rookie, by just about any advanced metric you could check. The team has given him lots of help since, though. Head coach Ben Johnson arrives after three years as coordinator for Detroit's outstanding offense. Chicago added tight end Colston Loveland and wide receiver Luther Burden III with its first two picks in the draft. They join DJ Moore and Rome Odunze to form an exciting pass-catching group. The Bears even acquired three interior offensive linemen to try to shore up Williams' protection.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2024	CHI	17	3,541	20	6	4	68	489	0	5	294.5
2025 PROJ.		17	3,934	25	8	1	57	300	2	5	321.4

CALEB WILLIAMS


BROCK PURDY

18 BROCK PURDY
6-1/220/AGE: 25

EFP: 317.0
BYE WEEK: 14
ATHLON'S TAKE
Purdy's fine. He could crack the top 12 again, but he doesn't sport the ultimate ceiling to be a "must" pick before this level.

Purdy's fantasy scoring in 2024 wound up close to his strong 2023 season. But can he sustain the way he did it? Purdy jumped from three carries and two TDs inside the 10-yard line in 2023 to 10 carries and five scores in that range in 2024. He more than doubled his rushing yardage while going from 2.4 carries per game to 4.4. The rushing made up for a significant decline in passing rate stats. Deebo Samuel's departure and Brandon Aiyuk's ACL recovery will challenge passing production, but Christian McCaffery's return helps.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	SF	9	1,374	13	4	0	11	13	1	0	132.3
2023	SF	16	4,280	31	11	5	28	144	2	2	357.6
2024	SF	15	3,864	20	12	5	31	323	5	3	306.9
2025 PROJ.		17	4,056	26	13	4	31	232	1	3	317.0

19 TUA TAGOVAILOA
6-1/225/AGE: 27

EFP: 308.2
BYE WEEK: 12
ATHLON'S TAKE
Tua's scoring volatility makes him an easier fit on best-ball rosters and in superflex. Just don't forget about him as a QB2.

We all know the biggest risk with Tagovailoa. Last year's concussion cost him four games. But he did sandwich a 17-start season between that and his 2022 concussion issues. Tagovailoa led the league in completion rate when on the field last year. That followed him leading the league in passing yards in 2023 and in passing-TD rate in 2022. He tends to be a boom/bust weekly scorer, but the ceiling reaches all the way to the top of the position. Tyreek Hill and Jaylen Waddle remain to keep that intact.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	MIA	13	3,548	25	8	4	21	70	0	1	280.9
2023	MIA	17	4,624	29	14	5	29	74	0	5	328.4
2024	MIA	11	2,867	19	7	4	21	49	0	2	219.6
2025 PROJ.		16	4,134	27	11	4	26	75	1	5	308.2

20 TREVOR LAWRENCE

6-6/220/AGE: 25

EFP: 304.8

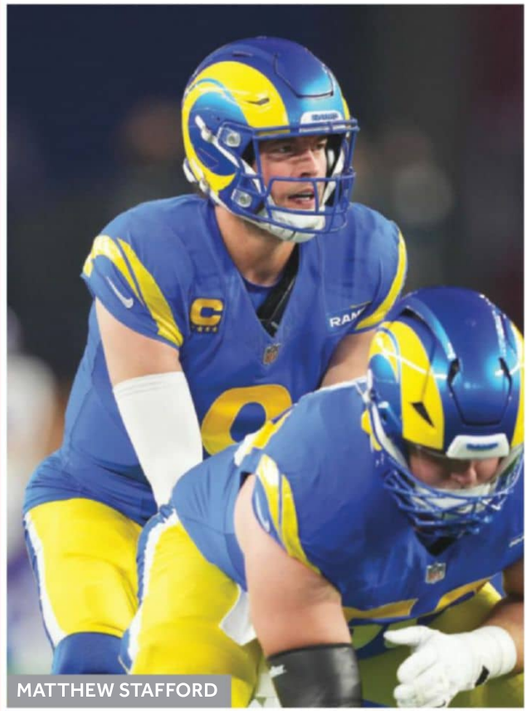
BYE WEEK: 8

ATHLON'S TAKE

Barring a setback with the shoulder he hurt last year, Lawrence should be back in business with upside from his low-QB2 ADP.

Jacksonville tried to help Lawrence in plenty of ways this offseason. The Jaguars imported a pair of linemen. They got a new head coach who ran a strong Buccaneers offense last season. And then they moved up to draft Travis Hunter No. 2 overall — with the intention of playing him primarily at receiver. Hunter and Brian Thomas Jr. give Lawrence a dynamic young pair at the position, while Parker Washington and a committee of tight ends could provide enough over-the-middle options.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	JAC	17	4,113	25	8	4	27	291	5	9	345.6
2023	JAC	16	4,016	21	14	2	35	339	4	7	304.5
2024	JAC	10	2,045	11	7	2	18	119	3	1	167.2
2025 PROJ.		17	3,749	23	12	3	30	310	3	6	304.8


MATTHEW STAFFORD

21 MATTHEW STAFFORD

6-3/214/AGE: 37

EFP: 304.6

BYE WEEK: 8

ATHLON'S TAKE

Stafford's near-total lack of rushing production caps his fantasy value. He's a solid later QB2 option for multi-QB formats, though.

Stafford's passing-TD rate has been low over the past three seasons. But that seems more luck-driven than anything. His other numbers have remained in line with his previous career rates. His INT rate last season was his lowest in any year that has seen Stafford play more than three games. The Rams upgraded their receiving corps by swapping out Cooper Kupp for Davante Adams. They also improved on last year's tight end situation with a fully healthy Tyler Higbee joined by second-round rookie Terrance Ferguson.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	LAR	9	2,087	10	8	1	29	9	1	3	128.4
2023	LAR	15	3,965	24	11	5	30	65	0	0	291.1
2024	LAR	16	3,762	20	8	2	28	41	0	2	254.6
2025 PROJ.		16	4,245	26	13	4	31	42	0	2	304.6

22 GENO SMITH

6-3/225/AGE: 34

EFP: 300.8

BYE WEEK: 8

ATHLON'S TAKE

Smith has proved that he's a reliably good passer. But he also posted just OK numbers with better wide receivers in Seattle.

Seattle traded Smith for a mere third-round pick and then gave Sam Darnold $52.5 million guaranteed. But Smith got $66.5 million guaranteed from the Raiders, at a better annual average. Whether Seattle was just ready to move on or couldn't meet his contract demands, the Raiders clearly believe in him. Unfortunately, they offer little support for his passing production beyond tight end Brock Bowers and wide receiver Jakobi Meyers. Smith could use second-round WR Jack Bech or third-year TE Michael Mayer stepping up.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	SEA	17	4,282	30	11	4	46	366	1	4	363.9
2023	SEA	15	3,624	20	9	4	31	155	1	3	266.8
2024	SEA	17	4,320	21	15	5	50	272	2	0	308.0
2025 PROJ.		17	3,816	23	11	2	46	259	2	4	300.8

BRYCE YOUNG

23 BRYCE YOUNG

5-10/204/AGE: 24

EFP: 295.0

BYE WEEK: 14

ATHLON'S TAKE

Young gets a slight boost from his rushing, but he needs to show continued passing improvement to become a real fantasy target.

Young made an impressive turnaround from getting benched early in his second season to finally showing some promise at the end of the year. That included four top-12 weeks among his final six games. Young benefited from wide receiver Adam Thielen's healthy return over that span. Carolina added WR Tetairoa McMillan with the eighth pick of the draft. He joins 2024 rookies Xavier Legette and Jalen Coker to offer some receiving hope. Expect a dip from last year's six rushing TDs for Young, though.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2023	CAR	16	2,877	11	10	1	62	253	0	6	178.4
2024	CAR	14	2,403	15	9	0	29	249	6	2	225.0
2025 PROJ.		17	3,564	22	11	1	43	312	3	4	295.0

24 J.J. McCARTHY

6-3/219/AGE: 22

EFP: 293.8

BYE WEEK: 6

ATHLON'S TAKE

McCarthy gets good receivers in a proven scheme and adds sneaky rushing upside (6 yards per carry in college). He's a nice QB2 stash.

McCarthy's knee injury gave us nothing on which to judge his rookie year. But the Vikings have expressed confidence in the 12th overall pick of 2024 and backed that up by not going hard after a No. 2 quarterback. McCarthy proved efficient in a low-volume passing offense at Michigan. He steps into a job, though, that propelled Sam Darnold into the top 10. Vikings QBs scored the seventh-most fantasy points in 2023, despite losing Kirk Cousins to an Achilles tear. And they ranked fifth in 2022, head coach Kevin O'Connell's first season.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2024	MIN				DNP - INJURED						
2025 PROJ.		16	3,846	23	13	2	36	270	1	5	293.8

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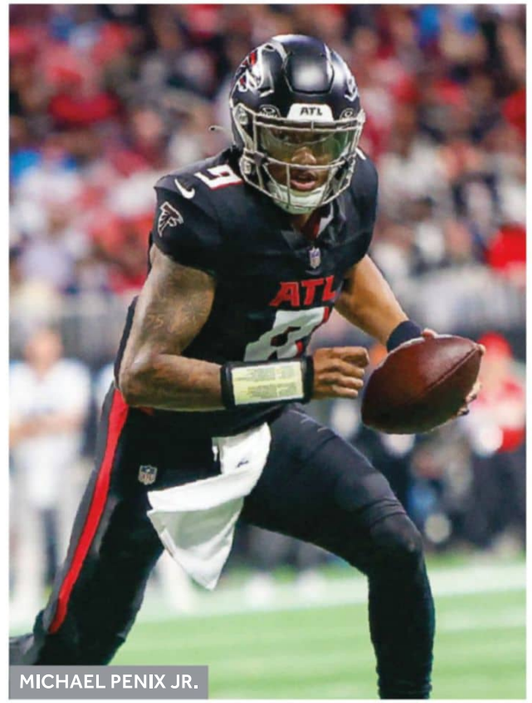
MICHAEL PENIX JR.

25 SAM DARNOLD

6-3/225/AGE: 28

EFP: 292.1

BYE WEEK: 8

ATHLON'S TAKE

Darnold needs to show that he can repeat something close to last season's production before you should consider him in starter range.

Darnold's fantasy scoring average for 2024 beat his previous high by four points, depending on your format. He significantly outperformed his previous numbers in all categories. But how much of that was his maturation, and how much was the Minnesota situation? High-level receivers and good coaching certainly helped. He gets an experienced coordinator in Klint Kubiak, and the $100 million contract says the Seahawks believe in him. Darnold gets a short-range set of receivers, though, with Cooper Kupp joining Jaxon Smith-Njigba.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	CAR	6	1,143	7	3	1	10	106	2	2	100.3
2023	SF	10	297	2	1	0	6	15	1	1	27.4
2024	MIN	17	4,319	35	12	3	48	212	1	4	378.0
2025 PROJ.		17	3,953	23	12	2	32	182	1	5	292.1

26 RUSSELL WILSON

5-11/215/AGE: 38

EFP: 288.8

BYE WEEK: 14

ATHLON'S TAKE

Wilson's ranked here as though he'll play nearly all season. It's OK to pass on him because of the risk that Dart takes over.

Wilson gets a situation upgrade with his move from Pittsburgh, going from George Pickens to Malik Nabers as lead wideout and Arthur Smith to Brian Daboll as play-caller. Wilson reached the top 9 in fantasy three times over his first six Pittsburgh starts. But he never finished higher than 14th after that. The Giants, of course, drafted Jaxson Dart in Round 1, although Jameis Winston may be a bigger threat to Wilson this season, as Giants brass has said that Dart won't play this season.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	DEN	15	3,524	16	11	1	55	277	3	2	257.3
2023	DEN	15	3,070	26	8	2	45	341	3	5	308.9
2024	PIT	11	2,482	16	5	1	33	155	2	4	204.8
2025 PROJ.		15	3,525	23	9	2	39	249	2	4	288.8

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27 MICHAEL PENIX JR.

6-3/220/AGE: 25

EFP: 285.1

BYE WEEK: 5

ATHLON'S TAKE

The lack of rushing makes Penix tough to get excited about. There's enough surrounding talent to make him a useful QB2, though.

Penix took the job for the final three games last season and looked ... fine. He now enters his first full year piloting an offense with Drake London as lead wideout, Darnell Mooney coming off an impressive first Atlanta season and Bijan Robinson leading a high-value backfield. Falcons coaches even say (again) that they expect tight end Kyle Pitts to improve. Penix led the FBS in passing yards per game his final two years at Washington but offers nothing as a rusher after multiple season-ending injuries in college, including a tearing his same ACL twice.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2024	ATL	5	775	3	3	1	4	11	1	0	50.1
2025 PROJ.		16	4,065	24	11	2	24	99	0	6	285.1

28 CAM WARD

6-2/219/AGE: 23

EFP: 274.5

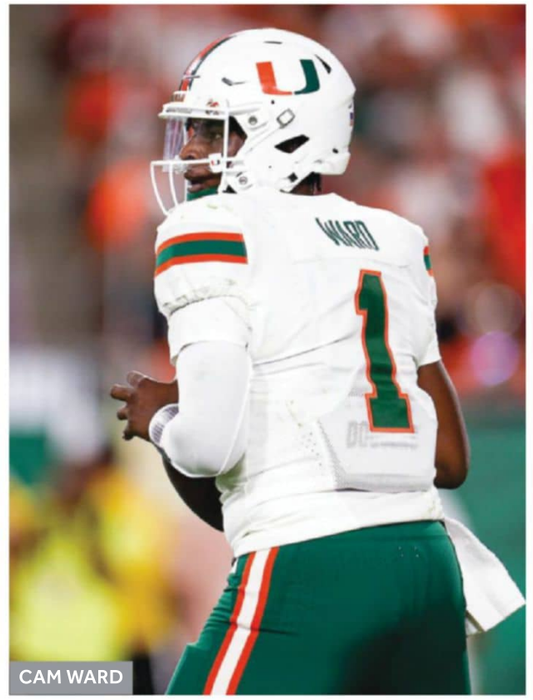
BYE WEEK: 10

ATHLON'S TAKE

Ward looks fine-to-good as a long-term fantasy prospect. But this isn't a passing offense to bet heavily on for 2025. Maybe he's a waiver watch.

Ward wound up going well ahead of the rest of a questionable quarterback class in the 2025 draft. Jaxson Dart followed 24 spots later, with only one more QB inside the top 90 picks. Ward goes to a Tennessee team with shaky receivers, though. Calvin Ridley looks solid as the lead guy. But Tyler Lockett is 33 and coming off a cliff season. Treylon Burks can't stay healthy. And the Titans' pair of fourth-round rookie WRs obviously arrive unproven. Don't be surprised if Tennessee tries to use a strong backfield to limit Ward's burden in Year 1.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
					ROOKIE						
2025 PROJ.		16	3,766	22	19	0	51	310	0	6	274.5


CAM WARD

29 AARON RODGERS

6-2/223/AGE: 41

EFP: 251.1

BYE WEEK: TBD

ATHLON'S TAKE

Rodgers finished his past two healthy seasons ranked just 26th and 21st in points per game. He's not worth the fantasy chase.

Can Rodgers even survive without Davante Adams on his team? We've only seen one full season of that scenario since Adams entered the league. That 2022 campaign featured drop-offs for Rodgers in completion rate, yards per attempt and TD rate. Even last year found Rodgers jumping from 61.8% completions, 6.4 yards per attempt and a 4.1% TD rate over six games without Adams to these numbers with him: 63.8% completions, 6.8 yards per attempt and 5.2% TD rate. We'll see how his offense caters to him.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	GB	17	3,695	26	12	0	32	94	1	4	291.2
2023	NYJ	1	0	0	0	0	1	0	0	0	0.0
2024	NYJ	17	3,897	28	11	1	40	107	0	2	312.6
2025 PROJ.		16	3,269	22	9	2	31	90	1	2	251.1

TYLER SHOUGH

30 TYLER SHOUGH

6-5/219/AGE: 25

EFP: 223.3

BYE WEEK: 11

ATHLON'S TAKE

The draft capital shows the Saints believe in Shough over Spencer Rattler. This is a situation to avoid for fantasy purposes, though.

Shough will already turn 26 this September. That's because he spent seven years in college, dealing with multiple season-ending injuries — though nothing that looks like a problem going forward. The injuries and switching schools twice left 2024 as Shough's lone full season. Shough brings size, a big arm and sneaky mobility (4.63-second 40 time). New Orleans selected him 40th overall. Derek Carr's May retirement gives the rookie a clear path to start — as long as he proves ready to do so.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
					ROOKIE						
2025 PROJ.		15	3,080	15	15	0	20	231	1	3	223.3

31 ANTHONY RICHARDSON

6-4/244/AGE: 23

EFP: 197.0

BYE WEEK: 11

ATHLON'S TAKE

Richardson will need to show big passing improvement this summer to hold his job. Neither Colts option looks safe for the season.

The Colts said with words and actions that they would make Richardson win the job this summer if he wants to keep it. His pitiful 47.7% completion rate and 3.0% TD rate clearly won't fly. Daniel Jones got nearly all of the $14 million on his one-year deal guaranteed, pointing to a real possibility he starts games for these Colts. Richardson gets the fantasy edge heading in, simply by virtue of his high-end rushing potential. That helped him to three top-12 fantasy finishes among 11 starts in 2024, plus another at QB13.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2023	IND	4	577	3	1	0	7	136	4	1	78.7
2024	IND	11	1,814	8	12	0	14	499	6	3	178.9
2025 PROJ.		8	1,760	10	10	0	13	524	5	2	197.0

32 JOE FLACCO

6-6/230/AGE: 40

EFP: 183.8

BYE WEEK: 9

ATHLON'S TAKE

Flacco could start Week 1, land in the backup role or even potentially not make the roster. Even if he starts, there's little excitement.

The Browns have given up on Deshaun Watson (finally). Instead, they'll turn to an iffy group of competitors. Flacco easily leads Kenny Pickett and the rookies in experience. That included helping these Browns to the 2023 playoffs with a 4-1 record across his five starts. Flacco returns to find no Amari Cooper. He will have Jerry Jeudy, Cedric Tillman, Diontae Johnson and David Njoku, though. These Browns may lean run a bit more after drafting Quinshon Judkins in Round 2 and Dylan Sampson in Round 4.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	NYJ	5	1,051	5	3	2	10	6	0	4	58.3
2023	CLE	5	1,616	13	8	4	8	2	0	1	126.8
2024	IND	8	1,761	12	7	2	18	26	0	4	123.0
2025 PROJ.		11	2,657	15	9	1	32	28	0	2	183.8

JOE FLACCO

DANIEL JONES

33 DANIEL JONES

6-5/230/AGE: 28

EFP: 176.9

BYE WEEK: 11

ATHLON'S TAKE

Jones doesn't match Richardson as a runner. But rushing still makes him interesting for fantasy if he beats Richardson for the job.

The Colts clearly signed Jones as a challenger for the starting job rather than as a higher-level backup to Anthony Richardson. That's what it says when your new quarterback gets most of the $14 million on his one-year deal guaranteed. Jones hasn't been an exciting passer to date, but he has proved to be more reliable than his new teammate. If/when Jones starts, he would find solid options. Josh Downs and Michael Pittman Jr. have each produced in spite of lacking QB play. Rookie tight end Tyler Warren arrived in Round 1 as well.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	NYG	16	3,205	15	5	2	44	708	7	3	319.0
2023	NYG	6	909	2	6	1	30	206	1	1	61.0
2024	NYG	10	2,070	8	7	0	29	265	2	2	151.3
2025 PROJ.		9	2,132	11	7	0	25	265	2	3	176.9

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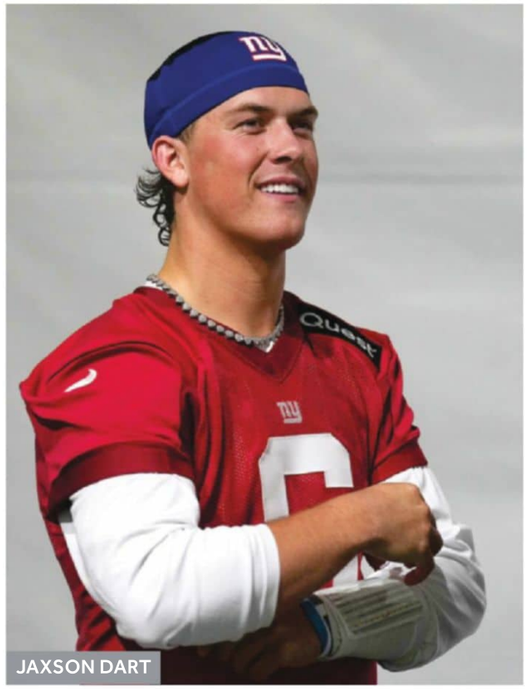
JAXSON DART

34 SPENCER RATTLER

6-0/211/AGE: 24

EFP: 70.3

BYE WEEK: 11

ATHLON'S TAKE

If Rattler starts, it'll mean either bad news for New Orleans or remarkable growth from him. We're not holding our breath for the latter.

Rattler got six starts as a fifth-round rookie in 2024. And the Saints were so enamored that they spent the 40th overall pick of this year's draft on a 25-year-old QB who managed just one healthy starting season in college. Rattler should still get a shot to compete with Tyler Shough for playing time in the wake of Derek Carr's retirement. And new head coach Kellen Moore should give everyone a clean slate. Rattler possesses mobility and a good enough arm but seems to lack the rest of the QB tool kit.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2024	NO	7	1,317	4	5	0	22	146	0	3	75.3
2025 PROJ.		7	985	5	4	0	6	58	0	1	70.3

35 KENNY PICKETT

6-3/220/AGE: 27

EFP: 53.0

BYE WEEK: 9

ATHLON'S TAKE

Pickett brings modest rushing upside if he takes the field. But it'll be bad news for Cleveland if he wins the starting competition.

The Browns sent a fifth-round pick to the Eagles for Pickett early in an offseason that has them searching for a new QB. That's less than Philly gave Pittsburgh to make Pickett the backup in 2024, but he'll at least compete for the open starting job. Cleveland also signed Joe Flacco to a one-year deal, two seasons after he helped the Browns reach the playoffs. And the Browns drafted Dillon Gabriel in Round 3 before trading up to add Shedeur Sanders in Round 5. Pickett played his way out of the Steelers job within two seasons.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	PIT	13	2,404	7	9	1	27	237	3	1	163.9
2023	PIT	12	2,070	6	4	0	23	54	1	0	122.2
2024	PHI	5	291	2	1	0	4	15	1	0	29.1
2025 PROJ.		4	728	4	2	0	10	32	0	0	53.0

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36 JAXSON DART

6-2/223/AGE: 22

EFP: 49.6

BYE WEEK: 14

ATHLON'S TAKE

Dart arrives with downfield passing prowess and good rushing ability. That's a strong fantasy combo if he gets on the field.

The Giants traded up from 34th overall to 25th to grab Dart in April. Shortly thereafter, general manager Joe Schoen told reporters, "He's got a lot of makings of a good quarterback, and there's a long way to go." The tenuous job situations for Schoen and head coach Brian Daboll could push them to get Dart on the field earlier. But the team also imported both Russell Wilson (to start) and Jameis Winston this offseason. So the Giants are set up to allow Dart to develop. When he plays, he'll benefit from Malik Nabers' presence.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
					ROOKIE						
2025 PROJ.		3	745	3	3	0	8	41	0	1	49.6

37 DILLON GABRIEL

5-11/205/AGE: 24

EFP: 46.2

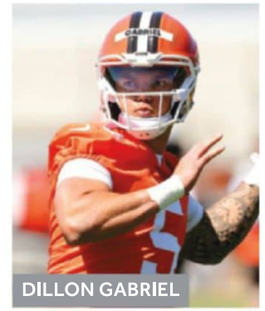
BYE WEEK: 9

ATHLON'S TAKE

Gabriel's a sneaky stash for your dynasty league, with ability and experience. It's tough to bet on fantasy value for 2025, but watch him.

The hubbub over Shedeur Sanders — who eventually went to Cleveland in Round 5 — overshadowed the first quarterback the team drafted. Gabriel split six college seasons among UCF (three), Oklahoma (two) and Oregon (one). He started for each of those teams and wound up with an FBS-record 155 TD passes vs. just 32 INTs. Gabriel brings enough arm and nice rushing ability. He likely would have gone earlier if he were taller than 5-foot-11. He's got a shot to beat Joe Flacco and others for the job.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
					ROOKIE						
2025 PROJ.		4	602	3	2	0	7	63	0	0	46.2


DILLON GABRIEL

JALEN MILROE

38 JALEN MILROE

6-2/216/AGE: 22

EFP: 40.2

BYE WEEK: 8

ATHLON'S TAKE

Milroe is a fun stash for superflex dynasty leagues. His rushing ability will give him QB1 upside if he ever gets a shot to start.

The Seahawks clearly did not draft Milroe with the intention of having him compete for 2025 playing time. They selected the Alabama quarterback in Round 3, just a month and a half after giving Sam Darnold a $100.5 million contract. Milroe needs significant development as a passer and might not even serve as Seattle's backup this season. (Drew Lock is there as well.) But Milroe's rushing ability is expected to land him some playing time in sub-packages this year and would vault his fantasy ceiling if he does eventually start.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
					ROOKIE						
2025 PROJ.		15	154	1	1	0	2	204	2	1	40.2

WILL LEVIS

39 WILL LEVIS
6-4/229/AGE: 26

EFP: 36.4
BYE WEEK: 10

ATHLON'S TAKE
Levis has the physical ability to pop for a startable fantasy showing in a given week. But he'll carry just as much bust potential into any outing.

Tennessee gave Levis a shot in 2024 but replaced him with Cam Ward this year. That still positions Levis as the backup to a rookie quarterback. When Levis flashed over the past two years, he did so primarily with strong downfield passing and sneaky mobility. But his decision-making proved terrible, driving a 4% INT rate that trailed only Anthony Richardson and Jameis Winston in 2024. Levis also took sacks at nearly three times the rate (12%) of 2024 Titans backup Mason Rudolph (4.6%).

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2023	TEN	9	1,808	8	4	1	28	57	1	4	118.0
2024	TEN	12	2,091	13	12	0	41	183	0	6	145.9
2025 PROJ.		2	210	1	1	2	3	156	1	0	36.4

40 KIRK COUSINS
6-3/205/AGE: 37

EFP: 32.2
BYE WEEK: 5

ATHLON'S TAKE
Cousins will stand as maybe the league's best backup QB in 2025. He'll be interesting for DFS and multi-QB formats if pressed into duty.

The Falcons hung on probably longer than they should have before switching from Cousins to Michael Penix Jr. in 2024. The fact that no other team would trade for Cousins around a draft that saw only three quarterbacks taken within the first two rounds says either that the rest of the league also doesn't like Cousins as a starter anymore or that his contract is absurdly large (and probably some of both). Cousins did, at least, supply a pair of high-end fantasy weeks among his 14 starts in his return from an Achilles tear.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	MIN	17	4,547	29	14	3	46	97	2	3	349.6
2023	MIN	8	2,331	18	5	4	17	25	0	4	185.7
2024	ATL	14	3,508	18	16	3	28	0	0	2	212.3
2025 PROJ.		2	476	3	2	0	4	2	0	1	32.2

41 SAM HOWELL
6-1/225/AGE: 24

EFP: 27.6
BYE WEEK: 6

ATHLON'S TAKE
Howell's physical ability plus Kevin O'Connell's record to date with quarterbacks would make him interesting for fantasy if J.J. McCarthy goes down.

The Vikings resisted overpaying for a No. 2 quarterback on the free-agent market and drafting one at any point. Instead, they acquired Howell from the Seahawks along with a move down in Round 5. Howell spent 2023 as Washington's starter and then last season as Seattle's basically unused backup. He sports nice arm strength and good rushing ability. But he has also thrown one more INT than he has TDs through three NFL seasons. Kevin O'Connell's Vikings have been great for QB production over the coach's three years there.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	WAS	1	169	1	1	0	3	35	1	0	20.3
2023	WAS	17	3,946	21	21	5	65	263	5	2	299.0
2024	SEA	2	24	0	1	0	4	2	0	0	-0.8
2025 PROJ.		3	408	2	2	0	5	30	0	1	27.6

42 MARCUS MARIOTA
6-4/222/AGE: 31

EFP: 22.2
BYE WEEK: 12

ATHLON'S TAKE
Mariota would carry fantasy-impact potential if pressed into duty. He's a nice bench stash/handcuff for superflex and two-QB leagues.

Mariota can still run. His last starting turn (2022) found him ranking sixth among QBs in total rushing yards despite playing only 13 games. The two years since have brought scant duty as a backup. But Mariota topped 20 fantasy points in each of the two games last year that offered starter-level duty. If Jayden Daniels goes down at any point in 2025, Mariota would find an upgraded receiving crew, thanks primarily to the trade for Deebo Samuel. Mariota will turn 32 in October and is playing on a one-year contract.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	ATL	13	2,219	15	9	0	28	438	4	3	226.6
2023	PHI	3	164	1	1	0	3	52	0	1	13.8
2024	WAS	3	364	4	0	0	3	92	1	0	53.8
2025 PROJ.		2	252	2	1	0	3	33	0	0	22.2

TANNER McKEE

43 TANNER McKEE
6-6/231/AGE: 25

EFP: 19.4
BYE WEEK: 9

ATHLON'S TAKE
Throwing to A.J. Brown and DeVonta Smith would be a nice spot for any quarterback, but McKee would need to prove he's interesting if Jalen Hurts goes down.

The Eagles reportedly felt comfortable trading Kenny Pickett to Cleveland because they believe McKee is ready to back up Jalen Hurts. He threw for 269 yards and two touchdowns in a Week 18 win over the Giants last season, after Philly had locked up the top seed in the NFC. McKee arrived as a sixth-round pick in 2023 after posting modest stats over two years at Stanford: 239.7 passing yards per game and 28 TD passes (3.8% TD rate) vs. 15 INTs (2.0%). He offers no rushing upside, with minus-90 yards for his college career. (Official NCAA stats subtract sack yardage from a QB's rushing total.)

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2023	PHI						DNP				
2024	PHI	2	323	4	0	0	2	-1	0	0	36.8
2025 PROJ.		1	219	1	1	0	2	26	0	0	19.4

44 JIMMY GAROPPOLO
6-2/225/AGE: 33

EFP: 18.3
BYE WEEK: 8

ATHLON'S TAKE
Garoppolo would present modest fantasy upside if pressed into starting duty. But he's not worth a stash in any but deep dynasty leagues.

The Rams gave Garoppolo a second straight one-year contract to back up Matthew Stafford. They actually got him for slightly less than they paid in 2024, though — despite a significant increase in the league salary cap. His $3 million salary is low even for a league backup. That seems to indicate there wasn't much of a market for Garoppolo. But backing up Stafford means he would step into an offense that replaced Cooper Kupp with Davante Adams this offseason. And Puka Nacua remains as the No. 1 target.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	SF	11	2,437	16	4	1	18	33	2	2	196.8
2023	LV	7	1,205	7	9	1	14	39	0	0	78.1
2024	LAR	1	334	2	1	1	3	5	0	0	23.9
2025 PROJ.		2	263	1	1	0	3	5	0	0	18.3

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45 ZACH WILSON
6-2/214/AGE: 26

EFP: 16.6
BYE WEEK: 12

ATHLON'S TAKE
Tyreek Hill, Jaylen Waddle and head coach Mike McDaniel make this a fertile spot for any QB, but we need to see Wilson do it first.

The Dolphins paid Wilson $6 million on a one-year contract after watching Tyler Huntley and Skylar Thompson prove not good enough as Tua Tagovailoa stand-ins. That's an interesting investment, given that Wilson has thrown TDs on just 2.3% of his career passes (vs. a 2.5% INT rate). He also takes sacks at a high rate (10.2% career). But Wilson lands in a good spot to be a backup. Tagovailoa missed six games last year and has played more than 13 games in just one of his five NFL campaigns.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	NYJ	9	1,688	6	7	2	23	102	1	1	110.4
2023	NYJ	12	2,271	8	7	1	46	211	0	7	135.9
2024	DEN				DNP						
2025 PROJ.		2	238	1	1	0	4	17	0	0	16.6

46 MASON RUDOLPH
6-5/235/AGE: 30

EFP: 14.6
BYE WEEK: 5

ATHLON'S TAKE
Rudolph hasn't thrown more than two TD passes in any of his 18 career starts. He reached two in half of them. Avoid.

Rudolph probably stands a better chance of starting at some point this season than any Steelers fan would like. Since entering the league as a third-round pick in 2018, Rudolph has started at least one game in five of seven seasons. He has started multiple games twice for the Steelers, who brought Rudolph back after one year of QB missionary work with the Titans. (They upgraded to Cam Ward.) Rudolph would step into a Steelers offense with little receiving talent beyond DK Metcalf and Pat Freiermuth.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2023	PIT	4	719	3	0	0	6	8	0	1	45.6
2024	TEN	8	1,530	9	9	0	11	106	1	1	113.8
2025 PROJ.		3	194	1	1	0	2	9	0	0	14.6

JOE MILTON III

47 JOE MILTON III
6-5/246/AGE: 25

EFP: 13.8
BYE WEEK: 10

ATHLON'S TAKE
Milton would carry some fantasy intrigue if Dak Prescott goes down. But we'd need to see him play before trusting him in non-DFS lineups.

The Cowboys let longtime backup Cooper Rush walk in free agency this offseason and quit on the Trey Lance experiment. Instead, they saw enough in Milton's end-of-season appearance to trade the Patriots a fifth-round pick and install Milton as the backup. Milton boasts impressive arm strength but would need to prove his passing acumen if pressed into duty. Throwing to CeeDee Lamb and George Pickens would help. Milton's 4.68-second 40 time (81st-percentile among QBs) is his most interesting fantasy aspect.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2024	NE	1	241	1	0	0	0	16	1	1	21.2
2025 PROJ.		2	154	1	1	0	2	35	0	0	13.8

FROM LEFT: THOMAS SHEA-IMAGN IMAGES; REGGIE HILDRED-IMAGN IMAGES

48 JOSHUA DOBBS
6-3/220/AGE: 30

EFP: 11.1
BYE WEEK: 14

ATHLON'S TAKE
Situation matters less than opportunity for Dobbs. If he plays, his 5.2 career yards per carry will make him a fantasy option across formats.

That New England traded away second-year quarterback Joe Milton III to pay Dobbs more to back up Drake Maye at least indicates that the new coaching staff prefers the veteran's presence over Milton's intriguing physical skills. Dobbs barely saw the field with the 49ers last year but offered surprising fantasy upside with both the Cardinals and Vikings the year before. He wouldn't find impressive receiving options if pressed into duty with these Patriots. But the key to Dobbs' upside will always be his rushing ability.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2023	MIN/ARI	13	2,464	13	10	0	30	421	6	7	226.7
2024	SF	2	361	2	2	1	2	24	2	1	34.8
2025 PROJ.		2	132	1	1	0	1	19	0	0	11.1

GARDNER MINSHEW II

49 GARDNER MINSHEW II
6-1/225/AGE: 29

EFP: 8.2
BYE WEEK: 10

ATHLON'S TAKE
Minshew could pop for a starter-level fantasy week here and there if Patrick Mahomes goes down. He's merely a dynasty handcuff, though.

The previous two teams that signed Minshew did so with the intention to start him. That's clearly not the case in Kansas City, where some other guy stands pretty well entrenched. But Minshew fits better as a quality backup anyway. He's competent enough to fill in and keep an offense competitive — especially one with Andy Reid at the controls. Minshew struggles, however, when the team needs too much from him, as was especially the case in Las Vegas. Minshew also retains decent rushing ability at age 29.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	PHI	5	663	3	3	1	6	3	1	1	42.8
2023	IND	17	3,305	15	9	3	34	100	3	5	226.2
2024	LV	10	2,013	9	10	0	29	58	0	4	114.3
2025 PROJ.		2	110	1	0	0	1	6	0	0	8.2

50 JAMEIS WINSTON
6-4/230/AGE: 31

EFP: 6.7
BYE WEEK: 14

ATHLON'S TAKE
Winston's not worth fantasy attention until/unless something changes for him. If he takes the field, though, pay attention.

Winston reminded everyone last season that he'll put up numbers when he gets on the field. His seven Cleveland starts produced a fantasy-scoring average that would have ranked seventh among multi-game starters for the season. But his continued INT binging left Winston settling for a backup contract early in free agency. He'll likely need an injury to Russell Wilson to get playing time with the Giants. Winston could become a summer trade option, though, for another QB-needy team.

Year	Team	GP	Pass Yds	Pass TDs	INT	300 YG	Sacked	Rush Yds	Rush TDs	Fum-lost	Fan Pts
2022	NO	3	858	4	5	1	11	16	0	0	51.9
2023	NO	7	264	2	3	0	2	-6	0	0	16.0
2024	CLE	12	2,121	13	12	3	24	83	1	2	157.1
2025 PROJ.		3	100	1	1	0	0	2	0	0	6.7

BIJAN ROBINSON

RB

STAFF TOP 12s

LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
1. Saquon Barkley	1. Saquon Barkley	1. Bijan Robinson	1. Christian McCaffrey	1. Jahmyr Gibbs
2. Bijan Robinson	2. Derrick Henry	2. Christian McCaffrey	2. Bijan Robinson	2. Saquon Barkley
3. Jahmyr Gibbs	3. Jahmyr Gibbs	3. Saquon Barkley	3. Saquon Barkley	3. Bijan Robinson
4. Derrick Henry	4. Bijan Robinson	4. Jonathan Taylor	4. Ashton Jeanty	4. Ashton Jeanty
5. Ashton Jeanty	5. Ashton Jeanty	5. Ashton Jeanty	5. Derrick Henry	5. Christian McCaffrey
6. Bucky Irving	6. De'Von Achane	6. Derrick Henry	6. Jonathan Taylor	6. Derrick Henry
7. De'Von Achane	7. Christian McCaffrey	7. Jahmyr Gibbs	7. Joe Mixon	7. De'Von Achane
8. Jonathan Taylor	8. Bucky Irving	8. Kyren Williams	8. Jahmyr Gibbs	8. Kyren Williams
9. Christian McCaffrey	9. Jonathan Taylor	9. Joe Mixon	9. De'Von Achane	9. James Cook
10. James Cook	10. James Cook	10. Breece Hall	10. Breece Hall	10. Jonathan Taylor
11. Chase Brown	11. Joe Mixon	11. James Cook	11. Kyren Williams	11. Josh Jacobs
12. Josh Jacobs	12. Isiah Pacheco	12. Kenneth Walker III	12. Kenneth Walker III	12. Bucky Irving

	LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
Top Rookie	Ashton Jeanty	Ashton Jeanty	Ashton Jeanty	Ashton Jeanty	Ashton Jeanty
Sleeper	RJ Harvey	Kaleb Johnson	Isiah Pacheco	TreVeyon Henderson	Alvin Kamara
Deep Sleeper	Bhayshul Tuten	RJ Harvey	Javonte Williams	MarShawn Lloyd	Jordan Mason
Bounce-Back	Isiah Pacheco	Isiah Pacheco	Christian McCaffrey	Isiah Pacheco	Travis Etienne Jr.
Bust	Kyren Williams	Kyren Williams	De'Von Achane	James Cook	Isiah Pacheco
Injury Risk	Christian McCaffrey	Christian McCaffrey	Aaron Jones Sr.	Kenneth Walker III	Christian McCaffrey

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2025 RANKINGS

RK	PLAYER	TEAM	BYE
1	Bijan Robinson	ATL	5
2	Christian McCaffrey	SF	14
3	Saquon Barkley	PHI	9
4	Ashton Jeanty	LV	8
5	Derrick Henry	BAL	7
6	Jonathan Taylor	IND	11
7	Joe Mixon	HOU	6
8	Jahmyr Gibbs	DET	8
9	De'Von Achane	MIA	12
10	Breece Hall	NYJ	9
11	Kyren Williams	LAR	8
12	Kenneth Walker III	SEA	8
13	James Cook	BUF	7
14	Chuba Hubbard	CAR	14
15	James Conner	ARI	8
16	Josh Jacobs	GB	5
17	Alvin Kamara	NO	11
18	Bucky Irving	TB	9
19	Aaron Jones Sr.	MIN	6
20	Chase Brown	CIN	10
21	D'Andre Swift	CHI	5
22	Tony Pollard	TEN	10
23	David Montgomery	DET	8
24	Jaylen Warren	PIT	5
25	Isiah Pacheco	KC	10
26	Quinshon Judkins	CLE	9
27	Tyjae Spears	TEN	10
28	Omarion Hampton	LAC	12
29	RJ Harvey	DEN	12
30	Brian Robinson Jr.	WAS	12
31	TreVeyon Henderson	NE	14
32	Cam Skattebo	NYG	14
33	Kaleb Johnson	PIT	5
34	Tyrone Tracy Jr.	NYG	14
35	Najee Harris	LAC	12
36	Jaydon Blue	DAL	10
37	Tank Bigsby	JAC	8
38	Jordan Mason	MIN	6
39	Austin Ekeler	WAS	12
40	Zach Charbonnet	SEA	8
41	Rachaad White	TB	9
42	Trey Benson	ARI	8
43	Jaleel McLaughlin	DEN	12
44	Jerome Ford	CLE	9
45	Javonte Williams	DAL	10
46	Rhamondre Stevenson	NE	14
47	Roschon Johnson	CHI	5
48	Jaylen Wright	MIA	12
49	J.K. Dobbins	FA	
50	Trevor Etienne	CAR	14
51	Bhayshul Tuten	JAC	8
52	Kendre Miller	NO	11
53	MarShawn Lloyd	GB	5
54	Ray Davis	BUF	7
55	Travis Etienne Jr.	JAC	8
56	Will Shipley	PHI	9
57	Justice Hill	BAL	7
58	Miles Sanders	DAL	10
59	Blake Corum	LAR	8
60	Tyler Allgeier	ATL	5
61	Zack Moss	CIN	10
62	Sean Tucker	TB	9
63	Elijah Mitchell	KC	10
64	Isaac Guerendo	SF	14
65	Antonio Gibson	NE	14
66	Ty Johnson	BUF	7
67	Dylan Sampson	CLE	9
68	Audric Estime	DEN	12
69	Raheem Mostert	LV	8
70	Braelon Allen	NYJ	9
71	Samaje Perine	CIN	10
72	Woody Marks	HOU	6
73	Isaiah Davis	NYJ	9
74	Kareem Hunt	KC	10
75	Devin Singletary	NYG	14
76	Rico Dowdle	CAR	14
77	Alexander Mattison	MIA	12
78	A.J. Dillon	PHI	9
79	Keaton Mitchell	BAL	7
80	Ollie Gordon II	MIA	12

WORKLOAD WATCH

Touch/Game, 3-Yr	TCH	TPG	GP
1 Derrick Henry	1,034	20.7	50
2 Saquon Barkley	1,018	22.1	46
3 Josh Jacobs	1,000	21.3	47
4 Najee Harris	896	17.6	51
5 Joe Mixon	860	19.1	45
6 Tony Pollard	840	17.1	49
7 Alvin Kamara	831	19.8	42
8 Travis Etienne Jr.	769	15.7	49
9 Aaron Jones Sr.	750	16.7	45
10 James Conner	747	17.8	42
11 Christian McCaffrey	733	19.8	37
12 Jonathan Taylor	729	20.8	35
13 Rhamondre Stevenson	713	16.2	44
14 D'Andre Swift	710	15.1	47
15 Rachaad White	710	14.2	50

Touch/Game, 2-Yr	TCH	TPG	GP
1 Saquon Barkley	666	22.2	30
2 Derrick Henry	652	19.2	34
3 Bijan Robinson	637	18.7	34
4 Kyren Williams	610	21.8	28
5 Tony Pollard	608	18.4	33
6 Josh Jacobs	607	20.2	30
7 Joe Mixon	590	19.0	31
8 Najee Harris	583	17.1	34
9 Chuba Hubbard	570	17.8	32
10 Breece Hall	565	17.1	33
11 D'Andre Swift	563	17.1	33
12 Alvin Kamara	551	20.4	27
13 Jahmyr Gibbs	536	16.8	32
14 Rachaad White	531	16.1	33
15 James Cook	520	15.8	33

INJURY CONCERNS

DE'VON ACHANE, MIAMI DOLPHINS After missing six games with knee and toe injuries as a rookie in 2023, Achane did start 16 games for Miami last season. He missed part of one game last season with a concussion; the bigger concern is potential for injury given his lack of size (5-9, 188).

NICK CHUBB, FREE AGENT After his major knee injury in Week 2 of 2023, it was fully expected the Browns would bring him back very slowly last season. His 102 carries last season were by far the fewest he's had aside from 2023. At 29, logic says Chubb should be in good enough shape to come back strong this season, but at press time, we don't know where that will be.

ALVIN KAMARA, NEW ORLEANS SAINTS Kamara had a nice bounce-back season in 2024, with 1,493 yards from scrimmage and eight total touchdowns. But he still missed two games with a groin injury and was slowed a bit with other injuries. And he turns 30 in July, which is always a concerning age for running backs.

CHRISTIAN McCAFFREY, SAN FRANCISCO 49ERS For those who hoped that McCaffrey's brilliant 2023 season marked an end to his injury jinx, 2024 was a harsh reminder that he is a high-risk, high-reward fantasy player. The fact that McCaffrey suffered Achilles tendinitis in both feet before last season is troubling enough. The fact that he got knocked out with a knee injury shortly after returning to action adds to the concern.

DAVID MONTGOMERY, DETROIT LIONS Montgomery and Jahmyr Gibbs have formed quite the 1-2 punch, but Montgomery has missed some time in each of his two seasons in Detroit. He missed two games in 2023 with a rib injury and three games with a knee injury in 2024, when he finished with a career-low 775 rushing yards (though he did score 12 touchdowns).

ISIAH PACHECO, KANSAS CITY CHIEFS After establishing himself as an unexpected starter for the Chiefs as a rookie in 2022, Pacheco missed a couple of games with a bad shoulder in 2023 and then missed 10 games last season with ankle and rib injuries.

KENNETH WALKER III, SEATTLE SEAHAWKS Walker is a tough runner who craves contact, but that's the problem. His style has led him to miss games in each of his three seasons (appearing in a career-low 11 games in 2024).

JAYLEN WARREN, PITTSBURGH STEELERS Warren has never started a game in his three seasons, but the Steelers obviously think he can hold up after letting Najee Harris sign with the Los Angeles Chargers. Still, Warren, who missed two games last season with a minor knee injury, will likely share time with third-round pick Kaleb Johnson.

CHRISTIAN McCAFFREY

01 BIJAN ROBINSON
5-11/215/AGE: 23

EFP: 296.7
BYE WEEK: 5

ATHLON'S TAKE

Robinson won't bust unless he gets hurt. His combo of rushing and receiving usage plus talent gives him a vaulted fantasy ceiling.

Robinson's role shifted during his first season with the new coaching staff. He ranked just 20th in the league in opportunity share (carries plus targets) through Week 6. From Week 7 on, though, Robinson ranked third, trailing only Saquon Barkley and Jonathan Taylor. Robinson finished with the third-most receptions at the position and fourth-most carries for the year. He heads into just his age-23 season now, controlling the backfield in an offense that should get more efficient after moving on from a run-down Kirk Cousins.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	ATL	17	214	976	4	2	3	58	487	4	217.3
2024	ATL	17	304	1,456	14	5	0	61	431	1	311.2
2025 PROJ.		17	311	1,431	11	4	1	61	473	2	296.7

02 CHRISTIAN McCAFFREY
5-11/210/AGE: 29

EFP: 293.9
BYE WEEK: 14

ATHLON'S TAKE

McCaffrey has dominated the fantasy landscape when healthy. That's worth chasing early in your draft. You can find insurance later

If you're apprehensive about taking McCaffrey this early, here's how he ranked in fantasy points per game from 2023 back to the beginning of his career: first, second, eighth, first, first, third and 15th. Those rankings even improve if you're playing full PPR. McCaffrey lost nearly all of 2024 to tendinitis in both calves. But as long as he hits the season with no setbacks in that area — or other issues — McCaffrey should reclaim workhorse-level use in an offense now missing Deebo Samuel and with Brandon Aiyuk coming off an ACL tear.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	CAR/SF	17	244	1,139	8	5	0	85	741	5	315.9
2023	SF	16	272	1,459	14	7	2	67	564	7	357.8
2024	SF	4	50	202	0	0	1	15	146	0	40.3
2025 PROJ.		16	263	1,157	11	5	1	72	610	3	293.9

SAQUON BARKLEY

FROM TOP: MARK J. REBILAS-USA TODAY SPORTS; BILL STREICHER-IMAGN IMAGES

03 SAQUON BARKLEY
6-0/232/AGE: 28

EFP: 257.9
BYE WEEK: 9

ATHLON'S TAKE

Barkley was awesome in 2024. But he also had a lot of things go his way. His high ADP ramps up the downside risk for 2025.

Barkley will remain a terrific player in 2025. And Philly will remain the best situation of his career. But Barkley will have trouble repeating his 2024 heights. His rare 5.8 yards per carry beat his career mark by 1.1. He averaged 3.2 more carries per game than his previous high — and stayed healthy. And Barkley ranked just 31st among RBs in receptions. It takes a lot of luck to put all that together and lead the position in fantasy points per game. Barkley lost games to injury in four of his previous six seasons.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	NYG	16	295	1,312	10	4	0	57	338	0	255.5
2023	NYG	14	247	962	6	1	2	41	280	4	202.7
2024	PHI	16	345	2,005	13	11	1	33	278	2	338.8
2025 PROJ.		16	273	1,363	10	4	0	43	339	2	257.9

DERRICK HENRY

RFROM LEFT: ROBERT DEUTSCH-IMAGN IMAGES; TROY TAORMINA-IMAGN IMAGES

04 ASHTON JEANTY
5-8/211/AGE: 21

EFP: 240.1
BYE WEEK: 8

ATHLON'S TAKE

Jeanty should get so many touches as a rookie that he'll deliver good fantasy numbers even if the offense limits his efficiency.

The Raiders selected Jeanty sixth overall to become the focal point of their offense. That followed the hiring of Chip Kelly as new offensive coordinator, a head coach who has long proved friendly to RB production. Kelly's four years as an NFL head coach found all four teams ranked among the top 11 in rushing attempts; three of those among the top seven. Jeanty racked up an FBS-leading 2,601 rushing yards last season and caught 80 passes over three Boise State seasons. The next-best RB on his new team is 33-year-old Raheem Mostert.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		16	272	1,171	8	4	1	53	397	2	240.1

05 DERRICK HENRY
6-3/247/AGE: 31

EFP: 240.0
BYE WEEK: 7

ATHLON'S TAKE

It used to make sense to bet against an aging Henry at a high ADP, but he has shown that he's a rare physical marvel. Try to not doubt him.

Henry's first Baltimore season found him averaging 5.9 yards per carry, 0.5 more than his previous high. He posted other large numbers as well, but they lined up with his previous production. His 19.1 carries per game, for example, marked just his fifth-highest average. Henry's league-leading TD total marked his seventh straight year of double digits and the third time he led the league. And Henry has lost just two games to injury, outside of a 2021 foot fracture, since becoming a starter in 2018.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	TEN	16	349	1,538	13	9	3	33	398	0	288.3
2023	TEN	17	280	1,167	12	4	0	28	214	0	236.7
2024	BAL	17	325	1,921	16	9	1	19	193	2	326.9
2025 PROJ.		16	295	1,358	13	4	0	18	150	0	240.0

06 JONATHAN TAYLOR
5-10/226/AGE: 26

EFP: 239.6
BYE WEEK: 11

ATHLON'S TAKE

Taylor's late-season 2024 production made the case for drafting him even with poor QB play. Any improvement could make him a season-definer.

Taylor's 102.2 rushing yards per game last season ranked third in the league; it was the second-best mark of his career. His 21.6 carries per game beat his previous high by 1.1. And both numbers climbed when Joe Flacco filled in for Anthony Richardson. Taylor finished the season second league-wide in opportunity share, despite tying for just 38th among RBs in targets. These Colts will get either a better Richardson or Daniel Jones stepping in. Jones could deliver a large boost to Taylor's receiving.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	IND	11	192	861	4	2	3	28	143	0	132.4
2023	IND	10	169	741	7	1	0	19	153	1	146.9
2024	IND	14	303	1,431	11	8	1	18	136	1	235.7
2025 PROJ.		16	300	1,411	11	4	2	27	210	1	239.6

JOE MIXON

07 JOE MIXON
6-1/220/AGE: 29

EFP: 235.5
BYE WEEK: 6

ATHLON'S TAKE

Mixon should dominate work again in an offense likely to be better. His ADP well below this position makes him a strong value.

Mixon delivered high-end scoring in his first year with the Texans. Only Saquon Barkley (eight) and Derrick Henry (seven) tallied more top-six weekly finishes in half-PPR than Mixon's six. He proved especially effective before a predictably difficult stretch of matchups to end the season — and despite losing three early games to an ankle sprain. Mixon now enters an age-29 season that has historically been a challenge for RB scoring. But he remains the Texans' clear lead back, as they added only Round 4 pick Woody Marks.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	CIN	14	210	814	7	1	0	60	441	2	209.5
2023	CIN	17	257	1,034	9	1	0	52	376	3	241.0
2024	HOU	14	245	1,016	11	7	0	36	309	1	222.5
2025 PROJ.		16	303	1,210	11	4	0	35	261	1	235.5

08 JAHMYR GIBBS

5-9/202/AGE: 23

EFP: 233.3
BYE WEEK: 8

ATHLON'S TAKE
Ranking Gibbs here basically says to pass on him at his lofty ADP. There's more risk than upside from his Round 1 position.

Before David Montgomery went down in Week 15 last season, Gibbs ranked just 17th among RBs in expected half-PPR points per game, according to Pro Football Focus. That's based on both touch volume and where on the field those touches occur. Gibbs' speed and the Lions' strong offense make him a perennial candidate to outperform his expected points. But his workload will remain significantly lower when Montgomery's healthy. Losing offensive coordinator Ben Johnson adds a challenge. Will the Lions stay anywhere near as efficient on offense?

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	DET	15	182	945	10	2	1	52	316	1	216.1
2024	DET	17	250	1,412	16	5	1	52	517	4	336.9
2025 PROJ.		16	224	1,121	9	2	2	47	392	1	233.3

JAHMYR GIBBS

09 DE'VON ACHANE

5-9/188/AGE: 23

EFP: 230.1
BYE WEEK: 12

ATHLON'S TAKE
Achane sports top-five scoring upside in half- and full-PPR formats. Expect a better Miami offense as long as Tua Tagovailoa stays healthy.

Achane's receiving usage ramped up from 2.5 receptions per game as a rookie to 4.6 in 2024 — second among RBs. Achane fared even better when Tua Tagovailoa was healthy. He averaged 4.9 targets per game with Tua and only 2.3 across the six games his QB missed. The fantasy scoring changed even more drastically: 19.5 points per game with Tua; 7.7 per game without. That scoring average with his QB would have ranked third for the season. Miami shed Raheem Mostert and added only a Round 6 rookie.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	MIA	11	103	800	8	4	1	27	197	3	177.2
2024	MIA	17	203	907	6	2	0	78	592	6	260.9
2025 PROJ.		15	190	951	7	3	0	63	456	3	230.1

10 BREECE HALL

5-11/217/AGE: 24

EFP: 218.5
BYE WEEK: 9

ATHLON'S TAKE
Hall retains easily the most upside among Jets backs, but ceding work to Braelon Allen and Isaiah Davis would lower his ceiling.

Hall's 2024 proved wildly disappointing vs. his first-round fantasy ADP. He tied for just 15th among RBs in expected fantasy points, according to Pro Football Focus, which indicates usage much lower than anyone projected. And he even underperformed those expected points, which seems to indicate he played worse than expected. Hall should remain the Jets' top back, but new head coach Aaron Glenn also said, "We have three running backs on this team that we're going to utilize as much as possible."

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	NYJ	7	80	463	4	1	1	19	218	1	105.6
2023	NYJ	17	223	994	5	3	0	76	591	4	252.5
2024	NYJ	16	209	876	5	1	2	57	483	3	212.4
2025 PROJ.		17	207	932	7	2	1	55	436	2	218.5

11 KYREN WILLIAMS

5-9/202/AGE: 25

EFP: 215.5
BYE WEEK: 8

ATHLON'S TAKE
Drafters have found reasons to worry about Williams' outlook each of the past two offseasons. Don't fall for it. He's a value in drafts.

There's been some talk of head coach Sean McVay looking to spread backfield touches a bit more. But Williams' two starting seasons have found him ranking first and fourth league-wide in opportunity share (carries plus targets). He has proved effective, especially in the red zone. The Rams drafted Jarquez Hunter in Round 4, a year after taking Blake Corum in Round 3. But McVay's history has favored a clear lead back, and he has called Williams "a very important part of what we want to be moving forward."

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	LAR	10	35	139	0	0	0	9	76	0	26.0
2023	LAR	12	228	1,144	12	6	2	32	206	3	239.0
2024	LAR	16	316	1,299	14	4	3	34	182	2	255.1
2025 PROJ.		15	250	1,076	11	3	0	31	195	1	215.5

KYREN WILLIAMS

12 KENNETH WALKER III

5-9/216/AGE: 24

EFP: 209.4
BYE WEEK: 8

ATHLON'S TAKE
New offensive coordinator Klint Kubiak comes from a long line of fostering RB success. His support for Walker makes Seattle's lead back an attractive bet.

Walker endured a tough third season, losing games to oblique, ankle and calf injuries. When on the field, though, he ranked 11th in opportunity share (carries plus targets). That marked a rise from 23rd in his first season under Mike Macdonald's staff. Zach Charbonnet has beaten Walker in rushing yards over expected per carry in consecutive seasons, but new offensive coordinator Klint Kubiak favors Walker. He told reporters at his initial press conference, "Looking forward to him in this scheme, and we're gonna ask a lot out of him."

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	SEA	15	228	1,050	9	5	0	27	165	0	189.0
2023	SEA	15	219	905	8	1	0	29	259	1	184.9
2024	SEA	11	153	573	7	1	0	46	299	1	158.2
2025 PROJ.		16	233	1,023	8	5	2	45	325	1	209.4

13 JAMES COOK

5-11/190/AGE: 25

EFP: 203.4
BYE WEEK: 7

ATHLON'S TAKE
Cook's situation makes him fine if he slides past his ADP, but we're betting he'll be overrated in 2025. Consider Ray Davis late instead.

Cook's top-10 fantasy finish across formats looked like a breakout season. But he actually got there on 1.0 fewer carries and 0.6 fewer receptions per game than he averaged the year before. His league-leading 16 rushing scores were the main driver. That's a tough stat to count on year to year. Cook tied for just 24th among RBs in expected half-PPR points per game, according to Pro Football Focus, a truer measure of his usage. The Bills' reluctance to meet his salary demands on an extension looks like a signal.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	BUF	16	89	507	2	0	1	21	180	1	95.2
2023	BUF	17	237	1,122	2	3	2	44	445	4	210.7
2024	BUF	16	207	1,009	16	4	0	32	258	2	250.7
2025 PROJ.		16	226	1,061	8	2	0	34	270	1	203.4

FROM LEFT: JUNFU HAN; ERIC HARTLINE-IMAGN IMAGES

14 CHUBA HUBBARD

6-1/210/AGE: 26

EFP: 200.8
BYE WEEK: 14

ATHLON'S TAKE
Hubbard's not a high-ceiling player, but his workload looks safe after he ranked eighth in opportunity share last year.

Hubbard finished 2024 on injured reserve, but that late-December calf strain will be a non-factor in 2025. Jonathon Brooks will also be a non-factor, with Carolina already ruling him out for the year coming off a second right ACL tear in as many years. The Panthers drafted Trevor Etienne in Round 4 and signed Rico Dowdle, but neither will challenge Hubbard's role after Carolina extended the incumbent for four years at $8.3 million per year in November. The offense should improve after ranking just 29th in yards per game in 2024.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	CAR	15	95	466	2	1	1	14	171	0	80.7
2023	CAR	17	238	902	5	1	0	39	233	0	163.0
2024	CAR	15	250	1,195	10	4	3	43	171	1	220.1
2025 PROJ.		16	240	1,081	7	3	1	42	254	1	200.8

CHUBA HUBBARD

15 JAMES CONNER

6-1/233/AGE: 30

EFP: 199.1
BYE WEEK: 8

ATHLON'S TAKE
Conner has shown no signs of decline, posting his two largest rushing-yardage totals the past two years. He's a draft value again.

Conner's four seasons in Arizona have found him ranking sixth, 10th, 11th and 15th in fantasy points per game. The low mark came last season. But remove the two games he left early, and Conner jumps to a tie for 10th. Arizona reaffirmed its commitment to him with an extension in late November. Conner comes with loads of injury history but played a career-high 16 games last season. The Cardinals drafted Trey Benson in Round 3 last year but then gave him just 63 carries and six targets for the season.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	ARI	13	183	782	7	1	1	46	300	1	177.2
2023	ARI	13	208	1,040	7	4	0	27	165	2	188.0
2024	ARI	16	236	1,094	8	6	1	47	414	1	230.3
2025 PROJ.		15	225	989	8	4	2	40	304	1	199.1

16 JOSH JACOBS

5-10/223/AGE: 27

EFP: 199.0
BYE WEEK: 5

ATHLON'S TAKE
Jacobs is a fine target if he slides past his ADP. But his elevated draft position adds more risk than he carried into 2024 drafts.

Jacobs' first season in Green Bay featured the second-most carries and rushing yards of his career — along with career highs in rushing TDs and total TDs. It's worth remembering that his best season was followed by a dramatic tumble. Jacobs should remain the clear backfield leader that Green Bay paid him to be in 2024 free agency. But luck goes into staying healthy for 301 carries and scoring all those TDs. As a team, the Packers hadn't averaged as many rushing TDs per game in a season since 1964.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	LV	17	340	1,653	12	6	1	53	400	0	301.8
2023	LV	13	233	805	6	2	1	37	296	0	162.6
2024	GB	17	301	1,329	15	3	3	36	342	1	275.1
2025 PROJ.		15	226	950	9	3	2	37	287	1	199.0

RFROM LEFT: BILL STREICHER-IMAGN IMAGES; BRAD PENNER-IMAGN IMAGES

17 ALVIN KAMARA

5-10/215/AGE: 30

EFP: 198.6
BYE WEEK: 11

ATHLON'S TAKE
Betting against Kamara would make more sense if the whole draft market weren't pushing him down. He's a strong value in full-PPR formats.

Fantasy drafters underrated Kamara in 2024, scared off by an age (29) that has historically been an inflection point for RB decline — as well as by Kamara's 2023 declines in efficiency. But he delivered a top-10 scoring average across formats and landed a big two-year extension at the end of October. New Orleans *should* be looking to lighten the workload a bit for Kamara's age-30 season. Even if Kendre Miller and/or rookie Devin Neal prove ready to do that, Kamara will continue to dominate backfield receiving.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	NO	15	223	897	2	2	4	57	490	2	183.2
2023	NO	13	180	694	5	0	0	75	466	1	195.5
2024	NO	14	228	950	6	3	0	68	543	2	231.3
2025 PROJ.		15	200	798	5	1	0	60	464	2	198.6

ALVIN KAMARA

18 BUCKY IRVING

5-10/195/AGE: 23

EFP: 191.9
BYE WEEK: 9

ATHLON'S TAKE
Irving would be a solid-to-good bet if he weren't pumped so far up the ADP board. There's too much risk around the 2-3 turn in drafts, though.

Irving's advanced metrics agree with his raw stats: He had a strong debut. Among 47 RBs with 90-plus carries, Irving ranked sixth in rushing yards over expected per carry, second in Pro Football Focus elusive rating and first in yards after contact per attempt. He also checked in sixth in yards per route among 37 RBs with 30-plus targets. The two questions for 2025: Can the 195-pounder hold up for a full season of the increased workload he got late last year? And what will the departure of offensive coordinator Liam Coen mean for the run game?

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	TB	17	207	1,122	8	3	1	47	392	0	220.9
2025 PROJ.		16	203	912	6	3	1	46	338	2	191.9

19 AARON JONES SR.

5-10/208/AGE: 30

EFP: 188.2
BYE WEEK: 6

ATHLON'S TAKE
Jones carries proven upside and decline risk (because of age). His ADP sits in a range that doesn't make him a target or a fade.

Jones reached 15.0 carries per game for the first time in his career last season, despite turning 30 in December. Minnesota then extended him at $10 million per year just ahead of free agency, more than they paid him last offseason. The Vikings also acquired Jordan Mason, though, and gave him a two-year, $10.5 million contract. That combo indicates they were happy with what Jones gave them in 2024 — but also see that they need to lighten his workload. We'll see whether that boosts the yards per carry.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	GB	17	213	1,121	2	5	3	59	395	5	219.1
2023	GB	11	142	656	2	3	1	30	233	1	119.9
2024	MIN	17	255	1,138	5	2	3	51	408	2	216.1
2025 PROJ.		15	200	882	7	3	2	42	318	2	188.2

20 CHASE BROWN

5-10/210/AGE: 25

EFP: 185.4
BYE WEEK: 10

ATHLON'S TAKE

The big question is just how much work Brown retains. His RB1-level ADP leaves more downside risk than upside potential.

Brown's fantasy outlook will depend at least some on what Bengals coaches reveal this summer. They made him a workhorse late in 2024, after losing Zack Moss to a neck injury — and despite adding Khalil Herbert. Brown ranked fourth in the league in opportunity share from Week 9 on, trailing only Saquon Barkley, Jonathan Taylor and Bijan Robinson. Cincinnati then added only sixth-round rookie Tahj Brooks and Samaje Perine, who turns 30 in September, to the backfield. That says they like Brown as the lead back.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	CIN	12	44	179	0	0	0	14	156	1	46.5
2024	CIN	16	229	990	7	1	1	54	360	4	228.0
2025 PROJ.		16	198	871	7	3	0	38	279	2	185.4

CHASE BROWN

21 D'ANDRE SWIFT

5-9/208/AGE: 26

EFP: 182.8
BYE WEEK: 5

ATHLON'S TAKE

Watch for words from new head coach Ben Johnson on Swift this summer. We're betting on better results than in Detroit, but Swift's no lock for production.

Chicago was viewed as a team likely to add RB help in the draft, but the team waited until Round 7 for Rutgers' Kyle Monangai. That's good news for Swift, who's not even built similarly to the power-running Monangai. But it doesn't guarantee anything. Swift played under new head coach Ben Johnson in 2022 with the Lions and drew a career-low 7.1 carries per game. That was less than half the rushing load the team gave Jamaal Williams. Does another Bears RB play the part of Williams this time?

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	DET	14	99	542	5	1	0	48	389	3	167.1
2023	PHI	16	229	1,049	5	2	1	39	214	1	179.8
2024	CHI	17	253	959	6	1	0	42	386	0	193.5
2025 PROJ.		16	196	824	6	2	1	45	359	1	182.8

22 TONY POLLARD

6-0/209/AGE: 28

EFP: 179.4
BYE WEEK: 10

ATHLON'S TAKE

Tennessee should be looking to run plenty to help the rookie QB. Pollard looks like a strong touch bet — and a value on the RB2 fringe.

Pollard has set a new career high in carries per game every season. That's not likely to continue upward from last season's 16.3. But he maintained that hefty workload over the season's second half despite dealing with an ankle sprain and flashes from Tyjae Spears. The No. 2 back did see increased playing time late in the year. But Spears also reached 10 touches just twice in games Pollard didn't miss or leave early. Expect Spears to siphon a bit more work this season — at least to keep Pollard fresh — but for Pollard to lead.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	DAL	16	193	1,007	9	3	0	39	371	3	229.3
2023	DAL	17	252	1,005	6	1	1	55	311	0	195.1
2024	TEN	16	260	1,079	5	3	2	41	238	0	180.2
2025 PROJ.		16	201	885	6	2	2	43	298	1	179.4

23 DAVID MONTGOMERY

5-11/230/AGE: 28

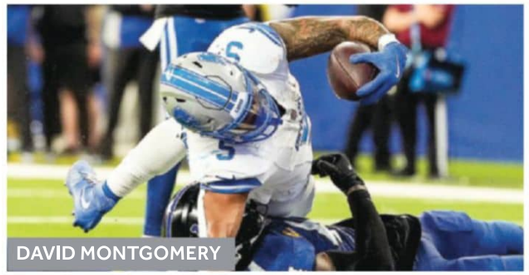
EFP: 176.1
BYE WEEK: 8

ATHLON'S TAKE

Expect Montgomery to remain heavily involved — perhaps in an even split. Jahmyr Gibbs' late 2024 scoring binge is lowering Monty's ADP.

Before Montgomery went down in Week 15 last year, Pro Football Focus had him 18th among RBs in expected half-PPR points per game — just one spot behind Jahmyr Gibbs. That points to similar workshares for the two players, drastically different from what the end-of-season fantasy points would tell you. Of course, we could see plenty of change in 2025. Detroit already had to replace offensive coordinator Ben Johnson. New guy John Morton spent the past two years as Denver's pass game coordinator and has spent just one year as an NFL coordinator.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	CHI	16	201	801	5	1	2	34	316	1	160.7
2023	DET	14	219	1,015	13	3	1	16	117	0	199.2
2024	DET	14	185	775	12	1	1	36	341	0	205.7
2025 PROJ.		16	192	826	8	2	2	36	268	1	176.1


DAVID MONTGOMERY

24 JAYLEN WARREN

5-8/215/AGE: 26

EFP: 172.7
BYE WEEK: 5

ATHLON'S TAKE

Warren's likely not built for a workhorse role. But he could take the larger side of the split he's seen in Pittsburgh and prove quite useful.

The Steelers let Najee Harris walk and reportedly plan to run Warren as the lead back. We'll see just how big that lead is. The team drafted Iowa's Kaleb Johnson in Round 3 and signed former Eagle Kenneth Gainwell. Johnson's primarily an inside thumper but comes off a workhorse final college season that saw him average 6.4 yards per carry and 8.5 per catch. Warren should at least easily lead the backfield receiving. He was also a more efficient runner than Harris before an injury-stunted 2024.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	PIT	16	77	379	1	0	0	28	214	0	79.3
2023	PIT	17	149	784	4	2	2	61	370	0	165.9
2024	PIT	15	120	511	1	0	1	38	310	0	105.1
2025 PROJ.		17	147	734	4	1	2	54	375	2	172.7

25 ISIAH PACHECO

5-10/216/AGE: 26

EFP: 172.6
BYE WEEK: 10

ATHLON'S TAKE

Pacheco was going at the end of RB1 territory last summer. Now you can get him in high-RB3 range. That's screaming value. Get it.

A Week 2 leg fracture effectively ended a 2024 that began with Pacheco playing workhorse. He returned in Week 13 but never got close to full effectiveness. Andy Reid told ESPN's Adam Teicher in April that "most guys probably wouldn't have come back" when Pacheco did. K.C.'s low-level backfield additions this offseason point to trust remaining for Pacheco. Elijah Mitchell and Kareem Hunt got only modest one-year deals. And rookie Brashard Smith arrived in Round 7. Pacheco finished 2023 ranked 15th in fantasy points per game.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	KC	17	170	830	5	1	2	13	130	0	128.5
2023	KC	14	205	935	7	3	1	44	244	2	191.9
2024	KC	7	83	310	1	0	0	12	79	0	50.9
2025 PROJ.		16	210	922	7	2	2	32	210	1	172.6

FROM LEFT: ANDREW NELLES / THE TENNESSEAN; JUNFU HAN

26 QUINSHON JUDKINS

5-11/221/AGE: 21

EFP: 171.4
BYE WEEK: 9

ATHLON'S TAKE

Judkins looks nice as a fantasy RB2, with touch upside into RB1 territory. There's some risk that he cedes primary receiving work.

The Browns drafted Judkins with the fourth pick of Round 2, and then general manager Andrew Berry called him a "bell cow" and a "versatile runner." Judkins broke out right away at Ole Miss, leading the SEC in touches, carries, rushing yards and rushing TDs as a true freshman. His three seasons of more than 1,000 rushing yards plus 59 career catches show he can play all three downs. But Cleveland returns Jerome Ford and drafted Dylan Sampson in Round 4. We'll see just how large of a work slice each will take.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		16	225	989	7	2	0	22	171	1	171.4

QUINSHON JUDKINS

27 TYJAE SPEARS

5-11/195/AGE: 24

EFP: 170.9
BYE WEEK: 10

ATHLON'S TAKE

Spears at least makes for an upside handcuff behind Tony Pollard. He'll need to siphon more work to make sense in this range, though.

Head coach Brian Callahan called Spears and Tony Pollard interchangeable talents on multiple occasions ahead of the 2024 season. But then he gave Pollard the 10th-largest opportunity share among RBs for the year, while Spears ranked just 45th (both adjusted for games missed). His share was nearly identical to what he got behind Derrick Henry the year before. Tennessee *should* stop working Pollard at Henry levels if they want to keep him healthy. Spears flashed late in 2024, as Pollard dealt with an ankle sprain.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	TEN	17	100	453	2	0	0	52	385	1	127.8
2024	TEN	12	84	312	4	0	0	30	224	1	98.6
2025 PROJ.		16	165	744	5	1	0	47	349	1	170.9

28 OMARION HAMPTON

6-0/220/AGE: 22

EFP: 168.6
BYE WEEK: 12

ATHLON'S TAKE

Najee Harris has been a solid pro but never especially efficient. We're betting on Hampton beating him there and taking the backfield lead.

Despite just having signed 27-year-old former Steelers workhorse Najee Harris in free agency, the Chargers spent the 22nd pick on Hampton. That says they loved the player rather than that they were targeting a need. Harris' presence muddies the initial touch outlook for Hampton. But the veteran got just a one-year, $5.25 million deal. That's certainly not "lead back" money. Hampton's coming off a pair of 1,500-yard rushing seasons and caught 67 balls. This coaching staff will likely give him as much work as he commands.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		16	188	827	7	2	0	32	236	1	168.6

RFROM LEFT: JEFF LANGE; RON CHENOY-IMAGN IMAGES

29 RJ HARVEY

5-8/205/AGE: 24

EFP: 168.0
BYE WEEK: 12

ATHLON'S TAKE

Honestly, this might prove too low a ranking. Feel free to chase Harvey into RB2 range. Beware of camp buzz inflating his price, though.

Before Harvey arrived, Sean Payton teams had drafted only three other RBs within the first three rounds: Reggie Bush, Mark Ingram II and Alvin Kamara. Pretty good group. Payton said Harvey became a target for him early in the evaluation process. That the Broncos took the UCF product well ahead of what consensus expected shows their fervor. Harvey averaged more than six yards per carry each of the past three seasons and 11.8 yards per catch for his career. He'll compete with a weak returning group.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		16	189	755	7	1	1	37	284	1	168.0

RJ HARVEY

30 BRIAN ROBINSON JR.

6-1/225/AGE: 26

EFP: 164.0
BYE WEEK: 12

ATHLON'S TAKE

Robinson's fine, especially if the offense improves further. But he's mainly a fantasy reserve and fits best in non-PPR formats.

Washington added only a seventh-round dart throw (Jacory Croskey-Merritt) to a backfield that finds both Robinson and Austin Ekeler heading into contract years. That says coaches remain comfy with the work split — and players — of last season. Robinson ranked just 29th in the league in opportunity share (carries plus targets, adjusted or games missed). His 15.1% share stood near-identical to 2023 (14.7%). Robinson has lost time to injury in all three seasons, though, and cedes receiving to Ekeler.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	WAS	12	205	797	2	1	0	9	60	1	108.2
2023	WAS	15	178	733	5	0	2	36	368	4	180.1
2024	WAS	14	187	799	8	3	2	20	159	0	149.8
2025 PROJ.		15	223	913	7	2	0	23	178	1	164.0

31 TREVEYON HENDERSON

5-10/202/AGE: 22

EFP: 162.5
BYE WEEK: 14

ATHLON'S TAKE

Henderson's a nice upside target if he lasts to this range of drafts. Get him too early, and there's risk to his workload and in the team's offense.

The Patriots used the sixth pick of Round 2 to add Henderson to a roster that could have used help at plenty of spots. That points to an immediate role. "We view him as a three-down back and a really good complement," Eliot Wolf, the team's lead personnel executive, said at his press conference following Day 2. That suggests the team believes Henderson can play in any situation but not that it's about to treat him like a 2025 workhorse. The former Ohio State Buckeye should immediately lead receiving, while adding a large chunk of the rushing.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		16	147	670	4	0	0	45	386	1	162.5

52 CAM SKATTEBO

5-11/215/AGE: 23

EFP: 155.7

BYE WEEK: 14

ATHLON'S TAKE

Watch what coaches and reports say throughout summer about Skattebo's expected role. He's the better bet for production either way.

Skattebo's hard-charging rushing style offers a pretty obvious complement to converted wide receiver Tyrone Tracy Jr., who finished last season as the Giants' lead back after arriving as a Round 5 pick. But Skattebo was also a dynamic receiver at Arizona State, catching 69 passes at 12.9 per reception over the past two years. There's room for him to completely take over the backfield. Tracy ranked just 35th in Pro Football Focus rushing grade and yards after contact per attempt last year among 47 qualifying RBs.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		16	169	727	4	0	0	41	303	1	155.7

CAM SKATTEBO

55 NAJEE HARRIS

6-1/242/AGE: 27

EFP: 128.6

BYE WEEK: 12

ATHLON'S TAKE

At best, plays out like a version of the Harris-Jaylen Warren split in Pittsburgh — with Omarion Hampton a much better version of Warren.

Harris got just a one-year, $5.25 million deal in free agency but still looked like an attempted upgrade over J.K. Dobbins when he arrived. He dropped to second-best RB on the team, though, when the Chargers selected Omarion Hampton 22nd overall. L.A. opened last season running on more than 50% of offensive plays before shifting to one of the pass-heavier units. Perhaps head coach Jim Harbaugh and offensive coordinator Greg Roman return to their roots and go run-heavy. That would allow for two productive RBs.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	PIT	17	272	1,034	7	1	2	41	229	3	203.0
2023	PIT	17	255	1,035	8	2	1	29	170	0	181.0
2024	PIT	17	263	1,043	6	3	0	36	283	0	186.6
2025 PROJ.		17	164	691	6	1	2	21	142	1	128.6

NAJEE HARRIS

53 KALEB JOHNSON

6-1/224/AGE: 22

EFP: 145.3

BYE WEEK: 5

ATHLON'S TAKE

Johnson's probably less of a receiver than Najee Harris was. Expect Jaylen Warren to outscore him, but there's upside to the rookie as well.

The Steelers have said they believe in Jaylen Warren's ability to lead the backfield since allowing Najee Harris to leave for a one-year free-agent deal. Warren returns on a mere one-year, restricted free-agent tender, though. And Pittsburgh chose Johnson as the sixth RB in the draft, the first of Round 3. Johnson finished his Iowa run as the team's workhorse, racking up 6.4 yards per carry and 21 TDs despite being the obvious focal point of a bad offense. He also added 8.5 yards per catch.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		17	196	842	6	1	2	23	139	1	145.3

54 TYRONE TRACY JR.

5-11/210/AGE: 25

EFP: 134.6

BYE WEEK: 14

ATHLON'S TAKE

If Cam Skattebo looks better as both a power runner and receiver, it'll be tough to like Tracy as more than a handcuff in a likely bad offense.

The Giants waited until Round 4 to draft Cam Skattebo. So it's possible they still envision Tracy as the touch leader. But Skattebo Is also capable of taking the backfield lead. Tracy ranked just 35th in Pro Football Focus rushing grade and yards after contact per attempt last year among 47 qualifying RBs. He also ranked just 38th in yards per route among 52 RBs who drew 20-plus targets. The converted wide receiver should have shined in that area. Perhaps Tracy shows Year 2 growth at a position he hasn't played for long.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	NYG	17	192	839	5	3	2	38	284	1	163.3
2025 PROJ.		16	151	648	5	2	0	27	205	1	134.6

56 JAYDON BLUE

5-9/196/AGE: 21

EFP: 122.5

BYE WEEK: 10

ATHLON'S TAKE

Blue's a 196-pounder who saw limited college carries. There's upside, but don't expect too much. This'll be a frustrating backfield.

It'll be important to remember that Blue didn't come off the board until Round 5, as the 14th RB in the draft. But he couldn't have landed in a better spot. Dallas has moved on from both Rico Dowdle and Ezekiel Elliott. Free agency brought only Javonte Williams and Miles Sanders, who each disappointed their teams last year. Blue logged just 214 carries across three years at Texas, topping out at 134 last season. He added 56 receptions and generated a 73rd-percentile speed score at the NFL Scouting Combine.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		16	138	566	4	1	0	31	206	1	122.5

57 TANK BIGSBY

5-11/215/AGE: 24

EFP: 119.3

BYE WEEK: 8

ATHLON'S TAKE

Bigsby could emerge as the lead rusher in an underrated backfield, or he could stay mired in a just-OK committee. He's OK on your bench.

Bigsby easily outperformed Travis Etienne Jr. on the ground last year, beating his teammate in yards per attempt, yards after contact per attempt, rushing yards over expected per attempt and Pro Football Focus elusive rating. Fourth-round rookie Bhayshul Tuten brings a new challenge, with top-shelf speed and explosiveness. Bigsby also hasn't earned much receiving work through two seasons. New head coach Liam Coen means a fresh start, and he directed a strong backfield performance in Tampa Bay last season.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	JAC	17	50	132	2	0	2	1	6	0	22.3
2024	JAC	16	168	766	7	2	1	7	54	0	125.5
2025 PROJ.		16	170	749	5	1	1	11	84	0	119.3

FROM LEFT: CHRIS PEDOTA; NORTHJERSEY.COM; BARRY REEGER-IMAGN IMAGES

58 JORDAN MASON

5-11/223/AGE: 26

EFP: 117.9

BYE WEEK: 6

ATHLON'S TAKE

Mason's a high-value handcuff because of Aaron Jones Sr.'s injury history and Minnesota's offensive strength. He's not a standalone starter.

The Vikings re-signed Aaron Jones Sr. after he set a career high in rushing work and controlled the backfield. But they also traded draft capital for Mason and then gave him a $10.5 million, two-year deal. That tells us they want Jones to keep leading but also to not have to take the ball as much as he did last year. Mason proved his ability in relief of Christian McCaffrey last season. But we'll see how effective he can stay outside of a Kyle Shanahan offense that has always proved fertile for RB production.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	SF	16	43	258	1	0	0	0	0	0	31.8
2023	SF	17	40	206	3	0	0	3	31	0	43.2
2024	SF	12	153	789	3	3	1	11	91	0	109.5
2025 PROJ.		16	134	588	5	0	0	21	161	1	117.9

AUSTIN EKELER

59 AUSTIN EKELER

5-10/200/AGE: 30

EFP: 111.7

BYE WEEK: 12

ATHLON'S TAKE

Ekeler's 4.8 yards per carry and 10.5 per catch say he's not washed as a player. He's just not getting enough work to help you.

Ekeler finished his first Washington season ranked just 46th in opportunity share (carries plus targets, adjusted for games missed). He reached double-digit carries just twice, in games Brian Robinson Jr. missed. Ekeler never exceeded 11 touches outside those two weeks. The good news: Washington added only a seventh-round pick to the backfield. That means continued work for Ekeler, who benefits from the presence of Anthony Lynn. Washington's run-game coordinator, Lynn coached the Chargers when Ekeler entered the league.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	LAC	17	204	915	13	2	3	107	722	5	319.2
2023	LAC	14	179	628	5	1	4	51	436	1	159.9
2024	WAS	12	77	367	4	0	0	35	366	0	114.8
2025 PROJ.		15	99	396	3	0	0	38	300	1	111.7

40 ZACH CHARBONNET

6-1/220/AGE: 24

EFP: 109.4

BYE WEEK: 8

ATHLON'S TAKE

Charbonnet has been a strong handcuff, because he takes on a full workload when Kenneth Walker III is out. But he's bench fodder when Walker's healthy.

Charbonnet produced good fantasy numbers over his six games of starter duty last season, filling for an injured Kenneth Walker III. But new offensive coordinator Klint Kubiak praised Walker at his initial press conference: "Looking forward to him in this scheme, and we're gonna ask a lot out of him." Charbonnet reached double-digit touches in just one game outside those aforementioned six and fell short of seven carries in nine of 17 games. That made two straight coordinators who saw fit to work Charbonnet clearly behind Walker.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	SEA	16	108	462	1	0	0	33	209	0	89.6
2024	SEA	17	135	569	8	1	0	42	340	1	165.9
2025 PROJ.		16	109	459	3	0	1	32	237	1	109.4

RFROM LEFT: NATHAN RAY SEEBECK-IMAGN IMAGES; BOB DONNAN-IMAGN IMAGES

41 RACHAAD WHITE

6-0/214/AGE: 26

EFP: 105.0

BYE WEEK: 9

ATHLON'S TAKE

White's more handcuff than standalone fantasy play at this point. Offensive coordinator Liam Coen's departure adds risk to the run game's outlook.

White had his work limited by Bucky Irving's arrival even before the rookie really took over the backfield late in the year. White exceeded 10 carries in a game only four times. That included the season opener and two games Irving left early. White still scored like a RB2 primarily because of TD fortune. His 11.8% receiving TD rate would be well above average even for a WR. There's potential for Sean Tucker to take on some more work this year, though it helped all the backs that Tampa didn't draft an RB.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	TB	17	129	481	1	1	3	50	290	2	114.1
2023	TB	17	272	990	6	2	2	64	549	3	235.9
2024	TB	16	144	613	3	0	3	51	393	6	174.1
2025 PROJ.		16	97	387	3	0	2	36	266	1	105.0

RACHAAD WHITE

42 TREY BENSON

6-0/216/AGE: 23

EFP: 102.5

BYE WEEK: 8

ATHLON'S TAKE

If Benson emerges as the clear No. 2 back in Arizona this summer, he'll be a high-value handcuff behind a 30-year-old James Conner.

Benson arrived as a third-round pick last season, the sixth RB off the board. But the Cardinals gave him just 63 carries for the year, matching the combined total for Michael Carter, Emari Demercado and DeeJay Dallas. Benson added only six targets. He remains the biggest backfield talent behind James Conner but will need to prove he's more clearly ahead of the others on the depth chart. The good news: Conner doesn't usually stay as healthy as he did last year. He missed two-plus games each of the previous seven seasons.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	ARI	13	63	291	1	0	0	6	59	0	44.0
2025 PROJ.		16	117	515	4	0	0	21	161	1	102.5

45 JALEEL McLAUGHLIN

5-9/183/AGE: 24

EFP: 102.3

BYE WEEK: 12

ATHLON'S TAKE

McLaughlin has even managed only 1.7 catches per game to date and declined in that area last year. Not much to like here.

Sean Payton has sounded like a fan of McLaughlin at times over the past two years. But the diminutive RB has reached 10 carries in a game just four times since arriving in Denver, and three of those came within the final four weeks of 2024. Denver drafted RJ Harvey in Round 2, marking just the fourth time a Payton team has selected an RB among the first three rounds. The previous three: Reggie Bush, Mark Ingram II and Alvin Kamara. Expect Harvey to clearly lead this backfield in touches right away.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	DEN	17	76	410	1	0	0	31	160	2	90.5
2024	DEN	16	113	496	1	0	1	24	76	2	85.2
2025 PROJ.		16	94	472	2	0	1	31	218	1	102.3

44 JEROME FORD

5-10/210/AGE: 25

EFP: 101.1
BYE WEEK: 9
ATHLON'S TAKE
Ford will need a Quinshon Judkins injury to find fantasy relevance this year. Even then, Dylan Sampson would likely lower Ford's ceiling.

The Browns let Nick Chubb walk in the offseason but then drafted Quinshon Judkins in Round 2 and Dylan Sampson in Round 4. Ford can still compete for a role, but the draft wasn't encouraging for his outlook. Ford already dipped from 12.0 carries per game in 2023 (with Chubb out) to just 7.4 last season (with a limited Chubb). Ford remained the clear receiving leader, and that will be his best path to a 2025 role.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	CLE	13	8	12	0	0	0	0	0	0	1.2
2023	CLE	17	204	813	4	2	1	44	319	5	189.2
2024	CLE	14	104	565	3	0	0	37	225	0	115.5
2025 PROJ.		17	90	405	3	0	0	32	233	1	101.1

45 JAVONTE WILLIAMS

5-10/220/AGE: 25

EFP: 98.1
BYE WEEK: 10
ATHLON'S TAKE
The passing game will help the offense as a whole. Expect the RB committee to prove frustrating for lineup-setting leagues.

Williams could garner only a one-year, $3 million contract in free agency ahead of his age-25 season. That's because he has averaged just 3.6 and 3.7 yards per carry the past two seasons. Williams' play motivated Denver to give him a career-low 8.2 carries per game — down 5.4 from the season in which he was coming off a multi-ligament tear. Williams faces modest competitors in Miles Sanders and late-round rookies Jaydon Blue and Phil Mafah.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	DEN	4	47	204	0	0	1	16	76	0	34.0
2023	DEN	16	217	774	3	0	1	47	228	2	155.7
2024	DEN	17	139	513	4	0	2	52	346	0	131.9
2025 PROJ.		16	120	454	3	0	0	26	169	1	98.1

46 RHAMONDRE STEVENSON

6-0/227/AGE: 27

EFP: 98.0
BYE WEEK: 14
ATHLON'S TAKE
We'll have to watch for signals of the usage plan here. Stevenson figures to trail TreVeyon Henderson, but the rookie's no workhorse.

The Patriots gave Stevenson a $9 million-a-year contract ahead of last season. But they have since changed coaching staffs and drafted TreVeyon Henderson early in Round 2. Stevenson has grown his carries per game every season. But he has also shrunk his yards per carry the past two years. Stevenson had his worst season of fumbling last year and now must win over a new coaching staff.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	NE	17	210	1,040	5	2	1	69	421	1	214.6
2023	NE	12	156	619	4	0	1	38	238	0	126.7
2024	NE	15	207	801	7	1	3	33	168	1	159.4
2025 PROJ.		16	134	562	4	2	0	13	82	1	98.0

47 ROSCHON JOHNSON

6-2/222/AGE: 24

EFP: 94.1
BYE WEEK: 5
ATHLON'S TAKE
Johnson's a solid stash in an open backfield situation. We're betting D'Andre Swift will lead the work and scoring, but he's no lock.

The Bears waited until Round 7 to draft a running back. They added nothing at the position in free agency. And D'Andre Swift's worst season for rushing usage in the pros came with new head coach Ben Johnson as his Detroit offensive coordinator in 2022. That would mean opportunity for Roschon Johnson, who got screwy 2024 usage after a rookie season with some promise. Johnson could beat Swift for short-yardage carries and lead in TDs.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	CHI	15	81	352	2	0	0	34	209	0	85.1
2024	CHI	14	55	150	6	0	0	16	104	0	69.4
2025 PROJ.		16	98	393	3	0	1	28	190	1	94.1

48 JAYLEN WRIGHT

5-10/210/AGE: 22

EFP: 93.3
BYE WEEK: 12
ATHLON'S TAKE
Predicting when to start a Miami RB will be tough. Wright is ideally positioned in a best-bell format, when you can just take the scoring spikes.

Miami drafted Wright in Round 4 after he rocked a 4.38-second 40-yard dash at the 2024 NFL Scouting Combine. He logged just 68 carries and six targets as a rookie, trailing Raheem Mostert in each category. Wright's college record doesn't give us much to believe in on the receiving front. But he averaged 6.2 yards per carry across three seasons at Tennessee. Wright will need to beat out free-agent import Alexander Mattison and sixth-round rookie Ollie Gordon II. But he easily beats both on the speed front.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	MIA	15	68	249	0	0	1	3	8	0	25.2
2025 PROJ.		15	113	509	4	0	0	14	90	0	93.3

49 J.K. DOBBINS

5-10/215/AGE: 26

EFP: 91.9
BYE WEEK: TBD
ATHLON'S TAKE
Dobbins will be useful if he makes his way to a decent role. But the way his offseason played out should leave you unexcited.

Dobbins made an impressive return from his 2023 Achilles tendon tear, setting career highs in carries per game, rushing yards, targets, receptions and receiving yards. But it wasn't as efficient a season as it seemed. Dobbins ranked 39th among 41 qualifying RBs in Pro Football Reference's rushing success rate. He also posted a career-low 4.8 yards per catch. The league's lack of early interest should temper expectations.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	BAL	8	92	520	2	2	0	7	42	1	77.7
2023	BAL	1	8	22	1	0	0	2	15	0	10.7
2024	LAC	13	195	905	9	2	0	32	153	0	175.8
2025 PROJ.		15	115	506	3	0	0	18	101	0	91.9

50 TREVOR ETIENNE

5-8/198/AGE: 21

EFP: 90.8
BYE WEEK: 14
ATHLON'S TAKE
Etienne must compete with Rico Dowdle to earn the No. 2 role. He'd likely split work if Chuba Hubbard were to go down, though.

The downside with Etienne: He never led a college backfield, topping out at 131 carries for the 2023 Florida Gators. He also averaged a meh 7.0 yards per catch for his career. The upside: He confirmed his speed with a 4.42-second 40 at the NFL Scouting Combine and then landed in an average Carolina backfield. Chuba Hubbard will clearly lead work after getting a hefty extension in November. But Jonathon Brooks is out for the season, and Rico Dowdle's just Rico Dowdle. Hubbard's limited receiving ability gives Etienne a path to work.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		15	66	288	2	0	0	39	282	1	90.8

51 BHAYSHUL TUTEN

5-11/209/AGE: 23

EFP: 86.8
BYE WEEK: 8
ATHLON'S TAKE
Even if Tuten passes Travis Etienne Jr. in rushing share, expect limited work when everyone's healthy. Tuten is probably a better 2026 bet (dynasty).

Tuten gained attention with his 4.32-second 40 time at the NFL Scouting Combine. But he flashed his upside before that with 6.3 yards per carry and 17 total TDs in his final Virginia Tech season. Tuten's speed manifested in big runs and 105.4 yards per game last year. His mere 6.4 yards per catch across two years with the Hokies, plus a more limited 5.0 yards per rush in 2023, say he doesn't always leverage that speed. He'll compete with Tank Bigsby and Travis Etienne Jr. for work under new head coach Liam Coen, the Bucs' offensive coordinator in 2024.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		16	97	486	3	0	0	14	106	1	86.8

52 KENDRE MILLER

6-0/220/AGE: 23

EFP: 86.4
BYE WEEK: 11
ATHLON'S TAKE
The Saints' No. 2 back should siphon some carries from Alvin Kamara to keep him fresh. Miller's worth a late stash in case he's it.

Miller landed in New Orleans as a third-round pick just two years ago — the fourth RB off the board, ahead of Tyjae Spears, De'Von Achane, Tank Bigsby and Chase Brown (among others). Injuries — and a possible rift with former head coach Dennis Allen — limited Miller to 95 touches over his first two seasons. There's opportunity to turn that around under a new coaching staff. Alvin Kamara remains as the clear lead back, but sixth-round rookie Devin Neal stands as the stiffest competition for the No. 2 spot.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	NO	8	41	156	1	0	0	10	117	0	38.3
2024	NO	6	39	148	1	0	0	5	33	0	26.6
2025 PROJ.		15	113	476	3	0	0	13	100	0	86.4

53 MARSHAWN LLOYD

5-9/220/AGE: 24

EFP: 85.2
BYE WEEK: 5
ATHLON'S TAKE
Lloyd will need to beat out Emanuel Wilson for the No. 2 RB spot. But playing handcuff to Josh Jacobs would carry high upside.

It's easy to forget the Packers drafted Lloyd in Round 3 just last year. He preceded Bucky Irving and Tyrone Tracy Jr. — among others — as the fourth back off the board. And they did so after signing Josh Jacobs. But Lloyd endured terrible injury luck. There was a hip injury in training camp, a hamstring issue in the preseason, an ankle sprain in his regular-season debut and then appendicitis on the brink of his return. Green Bay added nothing to the 2025 backfield, which looks like a vote of confidence for Lloyd.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	GB	1	6	15	0	0	0	1	3	0	2.3
2025 PROJ.		16	109	489	2	0	1	18	139	0	85.2

54 RAY DAVIS

5-8/211/AGE: 25

EFP: 84.6
BYE WEEK: 7
ATHLON'S TAKE
The Buffalo offense makes Davis a high-value handcuff. Just don't expect him to contribute when James Cook is healthy.

Davis spent his rookie year splitting work with Ty Johnson behind James Cook. Davis more than doubled Johnson's carry total but trailed him in targets. Davis, however, took the backfield lead for the Week 6 game Cook missed and the Week 18 contest he left early. Davis tallied 23 and 18 opportunities in those games. Cook and Johnson remain in place, but Buffalo didn't add any other challenges. Cook heads into the final year of his rookie deal. And it hasn't sounded like the two sides are close on an extension.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	BUF	17	113	442	3	0	0	17	189	3	107.6
2025 PROJ.		16	105	441	3	0	0	16	126	1	84.6

55 TRAVIS ETIENNE JR.

5-10/215/AGE: 26

EFP: 83.3
BYE WEEK: 8
ATHLON'S TAKE
Etienne's style requires big plays for value, and he hasn't been providing them. Don't be surprised if he loses more touches.

Etienne entered 2024 as Jacksonville's lead back. But then Tank Bigsby outperformed him as a rusher. And then Jacksonville changed coaching staffs. And then the Jaguars drafted Bhayshul Tuten in Round 4. There have been murmurs that Liam Coen's staff doesn't love Etienne, though he remains at least the team's best receiving back. None of the trio looks like a potential lead back for 2025. Expect a committee approach when all are healthy.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	JAC	17	220	1,125	5	5	3	35	316	0	187.6
2023	JAC	17	267	1,008	11	2	0	58	476	1	253.4
2024	JAC	15	150	558	2	0	1	39	254	0	110.7
2025 PROJ.		16	73	314	2	0	2	29	226	1	83.3

56 WILL SHIPLEY

5-11/209/AGE: 23

EFP: 83.0
BYE WEEK: 9
ATHLON'S TAKE
Shipley obviously wouldn't come close to full-Saquon Barkley if the starter goes down. But he's a high-upside handcuff in a strong offense.

Shipley trailed Kenneth Gainwell as the third back in his rookie season. Gainwell has left for Pittsburgh. Philly imported A.J. Dillon, but his skills complement Shipley's more than was the case with Gainwell. If Saquon Barkley goes down, we'd likely see the remaining RBs share work. Shipley, who caught 85 passes across three Clemson seasons, would claim the backfield receiving lead but can also run inside some — despite his smallish size. Don't be surprised if sheer luck cuts into Barkley's workload vs. 2024.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	PHI	16	30	82	0	0	0	4	35	0	13.7
2025 PROJ.		17	84	351	4	0	0	18	137	1	83.0

57 JUSTICE HILL

5-10/195/AGE: 27

EFP: 82.8
BYE WEEK: 7
ATHLON'S TAKE
Hill can be useful in the deepest PPR leagues. But he obviously needs a Derrick Henry injury to approach his fantasy ceiling.

Playing No. 2 behind Derrick Henry doesn't leave many carries (3.1 per game in 2024). But it did allow Hill stronger receiving production than he got with his old backfield mates. Hill finished last season 20th among all RBs in targets, tied for 14th in receptions and 11th in TD catches. A healthier Keaton Mitchell could siphon some work, but Baltimore extended Hill last September. So the team clearly values his contributions.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	BAL	15	49	262	0	0	1	12	58	0	36.0
2023	BAL	16	84	387	3	0	1	28	206	1	95.3
2024	BAL	15	47	228	1	0	0	42	383	3	106.1
2025 PROJ.		14	53	242	1	0	0	36	283	1	82.8

58 MILES SANDERS

5-11/211/AGE: 28

EFP: 78.8
BYE WEEK: 10
ATHLON'S TAKE
Bet on Dallas spreading the ball around its backfield to a degree that will annoy fantasy managers. Sanders is probably a waiver watch.

Sanders heads into just his age-28 season, and his move to Dallas presents obvious opportunity. He got less than half as much money as Javonte Williams on their respective one-year deals, but Williams also comes off a disappointing couple of years. They'll compete with late-round rookies Jaydon Blue and Phil Mafah in what should be a pass-leaning offense.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	PHI	17	259	1,269	11	3	2	20	78	0	206.7
2023	CAR	16	129	432	1	0	2	27	154	0	74.1
2024	CAR	11	55	205	2	0	0	24	148	1	65.3
2025 PROJ.		16	101	374	3	0	0	22	136	0	78.8

59 BLAKE CORUM

5-8/210/AGE: 25

EFP: 78.2
BYE WEEK: 8
ATHLON'S TAKE
Kyren Williams has dominated work in L.A. the past two years. Corum looks like the lower-ceiling side of a handcuff battle.

As a third-round rookie, Corum never carved out a meaningful offensive role. He topped out at eight carries in a game (three times) and only once caught more than one pass in a game. Corum fractured his right forearm in Week 18, but that shouldn't be an issue for 2025. Fourth-round rookie Jarquez Hunter could be. The Auburn alumnus brings more speed than Corum: 4.44 seconds in the 40-yard dash, compared with 4.53 for Corum. He also beat Corum in college receiving production.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	LAR	17	58	207	0	0	0	7	58	0	30.0
2025 PROJ.		16	91	382	3	0	0	17	125	1	78.2

60 TYLER ALLGEIER

5-10/225/AGE: 25

EFP: 72.9
BYE WEEK: 5
ATHLON'S TAKE

Allgeier's actually coming off his most efficient rushing season so far. He's no standalone value but rather a high-upside handcuff.

Allgeier saw his work dip in the first season under Raheem Morris' staff. The coaches started giving Bijan Robinson true workhorse loads around midseason. Allgeier saw just a slight dip over that span, though, from 9.7% opportunity share (carries plus targets) through Week 6 to 8.4% from Week 7 on. Atlanta added nothing in the offseason, which keeps Allgeier positioned as the clear No. 2. He heads into the final year of his rookie contract at just 25.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	ATL	16	210	1,035	3	2	0	16	139	1	151.4
2023	ATL	17	186	683	4	0	0	18	193	1	128.6
2024	ATL	17	137	644	3	1	0	13	88	0	99.7
2025 PROJ.		16	96	431	3	0	1	9	70	0	72.9

61 ZACK MOSS

5-10/220/AGE: 27

EFP: 69.8
BYE WEEK: 10
ATHLON'S TAKE

Moss vs. rookie Tahj Brooks will be worth watching for handcuff purposes. Expect Chase Brown to retain backfield control when healthy.

Moss lost the final nine games of last season to a neck injury. He lost the backfield lead to Chase Brown even before that. An offseason contract restructure lowered Moss' salary for 2025 but still left some guaranteed money. It's not enough to lock in Moss' role but might keep him from being cut. Moss will compete with sixth-round rookie Tahj Brooks, who comes off a pair of workhorse seasons at Texas Tech.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	BUF/IND	13	93	456	1	1	1	11	39	0	59.0
2023	IND	14	183	794	5	2	0	27	192	2	156.1
2024	CIN	8	74	242	2	0	1	23	187	1	70.4
2025 PROJ.		16	83	346	2	0	0	15	109	1	69.8

62 SEAN TUCKER

5-10/205/AGE: 23

EFP: 67.2
BYE WEEK: 9
ATHLON'S TAKE

We'll see whether an offensive coordinator change encourages a backfield shakeup. Tucker's interesting as a very late bench stash.

Tucker announced himself with 192 total yards and two TDs in the Week 6 game that Rachaad White missed. But he sank back into the shadows immediately thereafter. Tucker logged 29% of his touches (17) for the season in that contest. A team source told NBC Sports' Matthew Berry at the NFL Scouting Combine, though, that Tucker "has the talent to be a No. 1 RB in this league." Even with Bucky Irving taking the backfield lead late last year, there's room to siphon more work from Rachaad White, who disappointed in 2024.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2023	TB	11	15	23	0	0	0	2	9	0	4.2
2024	TB	17	50	308	2	1	0	9	109	1	64.2
2025 PROJ.		16	92	396	3	0	0	8	56	0	67.2

63 ELIJAH MITCHELL

5-10/200/AGE: 27

EFP: 66.2
BYE WEEK: 10
ATHLON'S TAKE

Mitchell's a bit of a mystery after losing all of 2024 to injury. But if the Chiefs believe, then he's worth a bench stash in fantasy.

The Chiefs have typically waited until later in the calendar to secure RB insurance. Just last year, they signed Samaje Perine at the end of August and then added Kareem Hunt only after Isiah Pacheco broke a leg. Signing Mitchell early in this year's process indicates both that the Chiefs targeted him and that they prioritized securing backfield depth. Mitchell's still likely battling Kareem Hunt and seventh-round rookie Brashard Smith for limited work.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	SF	5	45	279	2	0	0	3	7	0	42.1
2023	SF	11	75	281	2	0	0	6	14	0	44.5
2024	SF				DNP - INJURY						
2025 PROJ.		15	79	369	2	0	1	10	59	1	66.2

64 ISAAC GUERENDO

6-0/221/AGE: 25

EFP: 65.4
BYE WEEK: 14
ATHLON'S TAKE

Watch the Guerendo-Jordan James camp battle to see who emerges in the league's top handcuff role. Both could be worth stashing.

Guerendo watched the 49ers allow Elijah Mitchell to walk in free agency and trade Jordan Mason to the Vikings. That seemed to signal belief in Guerendo as the No. 2 back behind Christian McCaffrey, who's coming off a season lost to issues in both calves. San Francisco added competition with fifth-round pick Jordan James. He produced as both rusher and receiver at Oregon, even siphoning some touches from Bucky Irving. James doesn't come close to Guerendo's big-play speed (4.33), though.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	SF	16	84	420	4	0	1	15	152	0	86.7
2025 PROJ.		15	86	404	3	0	1	8	56	0	65.4

65 ANTONIO GIBSON

6-0/228/AGE: 27

EFP: 63.4
BYE WEEK: 14
ATHLON'S TAKE

Gibson's got a better shot of getting cut than climbing the depth chart. Leave him alone unless the other Pats RBs get hurt.

When the Patriots drafted TreVeyon Henderson with the sixth pick of Round 2, they effectively nabbed an upgraded version of Gibson. Henderson averaged 6.4 yards per rush and 11.1 per catch for his Ohio State career. Gibson reportedly still knows where the field is, but he managed a career-low 1.4 receptions per game last season while trailing well behind Rhamondre Stevenson in carries. Gibson looks buried on the 2025 depth chart.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	WAS	15	149	546	3	0	0	46	353	2	142.9
2023	WAS	16	65	265	1	0	2	48	389	2	103.4
2024	NE	17	120	538	1	0	0	23	206	0	91.9
2025 PROJ.		16	67	288	2	0	0	15	119	1	63.4

66 TY JOHNSON

5-10/210/AGE: 27

EFP: 63.0
BYE WEEK: 7
ATHLON'S TAKE

Johnson's a role player who would see limited work even if James Cook went down. He's not worth much attention.

Johnson trailed well behind James Cook and Ray Davis in carries last year. He edged Davis in receiving work, though, falling just 13 targets short of Cook's total for the season. The trio returns to likely occupy the same roles. That means third-down-type opportunities for Johnson, who heads into his age-28 campaign. Johnson's 2.4 carries per game in 2024 were the second-lowest of his career to date. His receiving success rate has climbed in Buffalo, though.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	NYJ	17	30	160	1	0	0	12	88	0	36.8
2023	BUF	10	30	132	0	0	0	7	62	1	28.9
2024	BUF	17	41	213	1	0	0	18	284	3	82.7
2025 PROJ.		16	63	283	2	0	0	16	122	1	63.0

67 DYLAN SAMPSON

5-8/200/AGE: 20

EFP: 62.5
BYE WEEK: 9
ATHLON'S TAKE

Sampson could beat Jerome Ford for the top backup role, but he'll need to prove he could take over Ford's receiving. Watch the competition.

Cleveland selected Sampson in Round 4 as the 12th RB off the board, two rounds after selecting Quinshon Judkins. That says the team believed it needed a significant backfield upgrade. The Browns have moved on from Nick Chubb, but Jerome Ford remains after leading in touches each of the past two years. Sampson will need to beat out Ford for a rookie-year role. But Judkins' draft capital — and words from Browns decision-makers after that — point to the Buckeye taking immediate control of the backfield.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		15	75	337	2	0	0	12	80	0	62.5

68 AUDRIC ESTIME

5-11/227/AGE: 22

EFP: 59.2
BYE WEEK: 12
ATHLON'S TAKE

Denver's not a great backfield to mine for handcuff options. A Harvey injury would likely split work between Estime and Jaleel McLaughlin.

Estime managed just 5.8 carries per game and trace amounts of receiving usage in a 2024 backfield full of lackluster players. Denver grabbed RJ Harvey in Round 2 this April, marking just the fourth time a Sean Payton team has ever drafted a running back within the first three rounds. The first three: Reggie Bush, Mark Ingram II and Alvin Kamara. There's room for Estime to claim a power-back role. At 227 pounds, he's 18 pounds heavier than his nearest backfield mate (Harvey). Estime offers no receiving upside, though.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	DEN	13	76	310	2	0	1	5	27	0	46.2
2025 PROJ.		15	85	374	3	0	1	7	52	0	59.2

69 RAHEEM MOSTERT

5-10/205/AGE: 33

EFP: 56.7
BYE WEEK: 8
ATHLON'S TAKE

Mostert will need to show through summer that he's got enough juice left. If he does, there's some late handcuff upside.

The Raiders didn't draft Ashton Jeanty sixth overall to lead a committee. Behind him, though, Mostert might be the team's next best — even at 33. His work cut in half in his final Miami season, but nagging injuries and losing Tua Tagovailoa for six full games didn't help. In Vegas, Mostert's competing with Sincere McCormick and Zamir White for roles. McCormick stepped up late in his rookie season, but he'll have to impress a whole new coaching staff now.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	MIA	16	181	891	3	2	1	31	202	2	152.8
2023	MIA	15	209	1,012	18	2	1	25	175	3	255.2
2024	MIA	13	85	278	2	0	2	19	161	0	61.4
2025 PROJ.		15	73	314	2	0	0	8	62	0	56.7

70 BRAELON ALLEN

6-1/235/AGE: 21

EFP: 56.0
BYE WEEK: 9
ATHLON'S TAKE

All three Jets RBs are draftable in 12-team leagues of decent depth. We'll see how work splits, but there's at least handcuff upside.

New Jets head coach Aaron Glenn said in late March, per ESPN's Rich Cimini, "We have three running backs on this team that we're going to utilize as much as possible." It's one thing for a new coach to profess excitement for players on a roster he's just getting familiar with. It'll be another if he gets through summer and still favors timeshare conditions. Allen impressed as both a runner and receiver last season, taking touches from Breece Hall. But he also ceded some of that work to Isaiah Davis late in the year.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	NYJ	17	92	334	2	0	0	19	148	1	75.7
2025 PROJ.		16	73	297	2	0	1	11	83	0	56.0

71 SAMAJE PERINE

5-11/234/AGE: 29

EFP: 54.5
BYE WEEK: 10
ATHLON'S TAKE

Perine's a reliable passing-game back but hasn't reached 100 carries in a season since his 2017 rookie campaign. Ignore.

Perine signed a two-year deal to return to his former team, but that included just $40,000 guaranteed. That's not even enough to lock Perine into a 2025 roster spot, and he'll compete with Zack Moss and Round 6 rookie Tahj Brooks for roles behind Chase Brown. If he does stick on the roster, Perine could lead Cincinnati's backfield in receptions. He tallied 65 catches over his last two full seasons in Cincinnati, despite Joe Mixon being in place.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	CIN	16	95	394	2	1	0	38	287	4	123.1
2023	DEN	17	53	238	1	0	2	50	455	0	96.3
2024	KC	17	20	92	1	0	0	28	322	1	67.4
2025 PROJ.		16	36	153	1	0	0	20	165	1	54.5

72 WOODY MARKS

5-10/208/AGE: 24

EFP: 53.4
BYE WEEK: 6
ATHLON'S TAKE

Joe Mixon's getting older and has played every game just twice in his eight years. Marks is a nice handcuff in what should be a good offense.

The Texans gave a 2026 third-rounder to move up for Marks in Round 4. What did they see? Head coach DeMeco Ryans told reporters after the draft: "Really like him out of the backfield catching the football. Really great hands. Really has that ability to make guys miss at the line of scrimmage and the ability to play behind his pads, play physical." Marks caught 261 balls across five college seasons, but it sounds like he could be more than a passing-down specialist. There's a clear path to take over the No. 2 job.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
					ROOKIE						
2025 PROJ.		15	43	156	1	0	0	22	157	1	53.4

73 ISAIAH DAVIS

6-1/220/AGE: 23

EFP: 49.7
BYE WEEK: 9
ATHLON'S TAKE

Davis might get more work than Breece Hall managers would like. He'll still need a Hall injury to approach fantasy relevance, though.

Davis spent most of his rookie season barely seeing the field but popped up for 37 of his 42 total opportunities (carries plus targets) over the final six weeks. He remains in a crowded backfield with Breece Hall and Braelon Allen. But Hall might not claim as big a lead as he has seen in the past. New head coach Aaron Glenn answered an early question about Hall by saying he has "three running backs on this team that we're going to utilize as much as possible." Davis will compete primarily with Braelon Allen for touches.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2024	NYJ	17	30	174	1	0	0	9	75	1	41.4
2025 PROJ.		16	57	251	2	0	1	12	88	0	49.7

74 KAREEM HUNT

5-11/216/AGE: 30

EFP: 47.8
BYE WEEK: 10
ATHLON'S TAKE

Hunt wasn't so much good last year as he was the best option K.C. had. Expect him to be third in line for touches at best in 2025.

The Chiefs didn't sign Hunt until mid-September last season but then quickly inserted him as the backfield leader while Isiah Pacheco recovered from a leg fracture. They secured him much earlier this offseason — but also after signing former 49ers RB Elijah Mitchell. The small, one-year contracts for each install them as backups to Pacheco. Hunt enters his age-30 season off three straight years of sub-4.0 yards per carry.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	CLE	17	123	468	3	0	0	35	210	1	109.3
2023	CLE	15	135	411	9	0	0	15	84	0	111.0
2024	KC	13	200	728	7	2	0	23	176	0	143.9
2025 PROJ.		16	61	232	2	0	0	10	72	0	47.8

75 DEVIN SINGLETARY

5-7/203/AGE: 28

EFP: 44.0
BYE WEEK: 14
ATHLON'S TAKE

Singletary's not exciting, but he was decent for the 2023 Texans. A summer trade — or late-August release — could make him usable.

Singletary enters 2025 behind at least Tyrone Tracy Jr., who passed Singletary on the 2024 depth chart as a fifth-round rookie. And Singletary will probably have a tough time fending off fourth-round rookie Cam Skattebo, who averaged 5.5 yards per carry and 12.9 per catch across two years at Arizona State. Singletary had lead-back stretches for last year's Giants and the 2023 Texans, though. There are teams for which he could carve out a 2025 role.

Year	Team	GP	Rush Att	Rush Yds	Rush TDs	100 YG	Fum-lost	Rush Rec	Rec Yds	Rec TDs	Fan Pts
2022	BUF	16	177	819	5	1	3	38	280	1	158.9
2023	HOU	17	216	898	4	3	0	30	193	0	154.3
2024	NYG	15	113	437	4	0	2	21	119	0	86.1
2025 PROJ.		16	46	187	1	0	0	14	89	1	44.0

JA'MARR CHASE

SAM GREENE/THE ENQUIRER

WR

STAFF TOP 12s

LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
1. Ja'Marr Chase	1. Ja'Marr Chase	1. Ja'Marr Chase	1. Ja'Marr Chase	1. Ja'Marr Chase
2. Justin Jefferson	2. Justin Jefferson	2. CeeDee Lamb	2. Puka Nacua	2. CeeDee Lamb
3. Amon-Ra St. Brown	3. CeeDee Lamb	3. Puka Nacua	3. CeeDee Lamb	3. Justin Jefferson
4. CeeDee Lamb	4. Amon-Ra St. Brown	4. Justin Jefferson	4. Malik Nabers	4. Amon-Ra St. Brown
5. Malik Nabers	5. Malik Nabers	5. Malik Nabers	5. Justin Jefferson	5. Nico Collins
6. Brian Thomas Jr.	6. Puka Nacua	6. Nico Collins	6. Nico Collins	6. Malik Nabers
7. Puka Nacua	7. Brian Thomas Jr.	7. Brian Thomas Jr.	7. A.J. Brown	7. Puka Nacua
8. Nico Collins	8. Nico Collins	8. Drake London	8. Tyreek Hill	8. A.J. Brown
9. Terry McLaurin	9. A.J. Brown	9. Jaxon-Smith Njigba	9. Brian Thomas Jr.	9. Brian Thomas Jr.
10. A.J. Brown	10. Terry McLaurin	10. Tyreek Hill	10. Rashee Rice	10. Drake London
11. Drake London	11. Jaxon Smith-Njigba	11. A.J. Brown	11. Jaxon Smith-Njigba	11. Mike Evans
12. Jaxon Smith-Njigba	12. DJ Moore	12. Amon-Ra St. Brown	12. Garrett Wilson	12. Tee Higgins

	LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
Top Rookie	Tetairoa McMillan	Matthew Golden	Tetairoa McMillan	Tetairoa McMillan	Jayden Higgins
Sleeper	Jakobi Meyers	Christian Kirk	Marvin Harrison Jr.	Jakobi Meyers	Calvin Ridley
Deep Sleeper	Parker Washington	DeMario Douglas	Kyle Williams	Keon Coleman	Jayden Reed
Bounce-Back	Chris Godwin	Rashee Rice	Tyreek Hill	Tyreek Hill	DK Metcalf
Bust	Tyreek Hill	George Pickens	Jayden Reed	Xavier Worthy	Chris Olave
Injury Risk	Jaylen Waddle	Tee Higgins	Stefon Diggs	Ladd McConkey	Deebo Samuel

2025 RANKINGS

RK	PLAYER	TEAM	BYE
1	Ja'Marr Chase	CIN	10
2	Puka Nacua	LAR	8
3	CeeDee Lamb	DAL	10
4	Malik Nabers	NYG	14
5	Justin Jefferson	MIN	6
6	Nico Collins	HOU	6
7	A.J. Brown	PHI	9
8	Drake London	ATL	5
9	Brian Thomas Jr.	JAC	8
10	Tee Higgins	CIN	10
11	Rashee Rice	KC	10
12	Jaxon Smith-Njigba	SEA	8
13	Tyreek Hill	MIA	12
14	Davante Adams	LAR	8
15	Amon-Ra St. Brown	DET	8
16	Mike Evans	TB	9
17	Garrett Wilson	NYJ	9
18	DJ Moore	CHI	5
19	DeVonta Smith	PHI	9
20	Ladd McConkey	LAC	12
21	Jayden Reed	GB	5
22	Chris Olave	NO	11
23	Zay Flowers	BAL	7
24	Terry McLaurin	WAS	12
25	Jaylen Waddle	MIA	12
26	Marvin Harrison Jr.	ARI	8
27	Jakobi Meyers	LV	8
28	Calvin Ridley	TEN	10
29	Josh Downs	IND	11
30	Deebo Samuel	WAS	12
31	DK Metcalf	PIT	5
32	Tetairoa McMillan	CAR	14
33	George Pickens	DAL	10
34	Jordan Addison	MIN	6
35	Jameson Williams	DET	8
36	Xavier Worthy	KC	10
37	Cooper Kupp	SEA	8
38	Courtland Sutton	DEN	12
39	Khalil Shakir	BUF	7
40	Jerry Jeudy	CLE	8
41	Rome Odunze	CHI	5
42	Jauan Jennings	SF	14
43	Chris Godwin	TB	9
44	Michael Pittman Jr.	IND	11
45	Darnell Mooney	ATL	5
46	Rashid Shaheed	NO	11
47	Brandon Aiyuk	SF	14
48	Stefon Diggs	NE	14
49	Christian Kirk	HOU	6
50	Ricky Pearsall	SF	14
51	Hollywood Brown	KC	10
52	Emeka Egbuka	TB	9
53	Matthew Golden	GB	5
54	Travis Hunter	JAC	8
55	Keon Coleman	BUF	7
56	Wan'Dale Robinson	NYG	14
57	Jalen Coker	CAR	14
58	Ray-Ray McCloud III	ATL	5
59	Quentin Johnston	LAC	12
60	Allen Lazard	NYJ	9
61	Amari Cooper	FA	
62	Romeo Doubs	GB	5
63	Michael Wilson	ARI	8
64	Cedric Tillman	CLE	9
65	Tre Harris	LAC	12
66	Dontayvion Wicks	GB	5
67	Parker Washington	JAC	8
68	Tutu Atwell	LAR	8
69	Joshua Palmer	BUF	7
70	Marvin Mims Jr.	DEN	12
71	Darius Slayton	NYG	14
72	Keenan Allen	FA	
73	Jack Bech	LV	8
74	Diontae Johnson	CLE	9
75	Rashod Bateman	BAL	7
76	Luther Burden III	CHI	5
77	Tyler Lockett	TEN	10
78	Elic Ayomanor	TEN	10
79	Josh Reynolds	NYJ	9
80	Alec Pierce	IND	11

AVERAGE DEPTH OF TARGET

TOP WRs

Player	Team	TGT	ADOT
Alec Pierce	IND	66	22.8
M. Valdes-Scantling	BUF/NO	41	19.2
Christian Watson	GB	51	18.7
Rashid Shaheed	NO	40	18.1
Demarcus Robinson	LAR	69	16.8
Calvin Ridley	TEN	113	16.0
Keon Coleman	BUF	64	15.4
Rashod Bateman	BAL	74	15.2
Joshua Palmer	LAC	63	15.1
Adonai Mitchell	IND	51	14.7
Mack Hollins	BUF	56	14.6
Troy Franklin	DEN	52	14.5
Kayshon Boutte	NE	67	14.5

BOTTOM WRs

Player	Team	TGT	ADOT
Greg Dortch	ARI	46	4.2
Curtis Samuel	BUF	51	4.6
Wan'Dale Robinson	NYG	132	5.1
Khalil Shakir	BUF	115	5.5
Chris Godwin	TB	60	5.6
DeMario Douglas	NE	84	5.9
Olamide Zaccheaus	WAS	72	6.1
Lil'Jordan Humphrey	DEN	43	6.3
Josh Downs	IND	102	6.7
Deebo Samuel	SF	80	6.9
Ray-Ray McCloud III	ATL	81	7.0
Tyler Boyd	TEN	56	7.0
DJ Moore	CHI	137	7.3

For wide receivers and tight ends, ADOT removes volatile YAC (yards after catch) from the equation, instead focusing only on the average distance the player is downfield on each target. It's an indicator of big-play potential.
(Min. 40 targets, including playoffs) • Source: Pro Football Focus

INJURY CONCERNS

BRANDON AIYUK, SAN FRANCISCO 49ERS Aiyuk's 2024 campaign ended with an ACL/MCL injury that required surgery. The fact that the 49ers traded away Deebo Samuel and didn't make any drastic moves in the draft implies that they expect Aiyuk to be ready to contribute this season.

HOLLYWOOD BROWN, KANSAS CITY CHIEFS After a serious preseason shoulder injury, Brown made his debut in Week 16. He posted pedestrian stats in the five total games (including playoffs) that he played, but he's healthy and good to go. Brown has yet to start every game of a season in his career.

TANK DELL, HOUSTON TEXANS After missing six games as a rookie in 2023, Dell suffered a serious knee injury late last season. Even if he's back for the start of 2025, it's unlikely he'll be 100% for a while.

STEFON DIGGS, NEW ENGLAND PATRIOTS A torn ACL in Week 8 ended his first season with the Houston Texans. After he posted videos chronicling his offseason rehab progress, the Pats signed him as a free agent. Diggs should be ready for the start of the season, but at 31, wear and tear could be a factor.

ZAY FLOWERS, BALTIMORE RAVENS Flowers has played in 33 of 34 regular-season games since joining the league, but he was inactive for Baltimore's two playoff games last season with a knee injury. He was expected back had the Ravens advanced, but a 5-foot-9, 175-pound receiver is always an injury risk.

XAVIER LEGETTE, CAROLINA PANTHERS Legette was bothered by a nagging foot injury that required surgery after the season. It was minor surgery, and Legette is expected to be full-go in training camp. Legette's role is due to change after the team drafted receiver Tetairoa McMillan No. 8 overall.

CHRIS OLAVE, NEW ORLEANS SAINTS Olave took a major step back in 2024. That was due in part to a concussion that kept him out for three games (and he played in only eight total). That was his third concussion in three seasons, so there's clearly a possibility that it can happen again.

MICHAEL PITTMAN JR., INDIANAPOLIS COLTS Credit Pittman for playing through the pain of a fractured back all of last season. It's a sign that minor injuries won't keep him from contributing. It didn't require any surgery, and he's had all offseason to rest.

RASHEE RICE, KANSAS CITY CHIEFS Rice was averaging six catches for 72 yards through four games before suffering a season-ending knee injury. At 25, shouldn't have trouble getting back to full speed (although he could be facing a suspension).

CHRISTIAN WATSON, GREEN BAY PACKERS Watson flashed his big-play potential in limited action last season, but he suffered an ACL injury in Week 18. Since speed is the name of his game, there's little chance he'll be ready for the start of the season. Green Bay used its first-round pick to draft another speedster, Matthew Golden.

PUKA NACUA

01 JA'MARR CHASE

6-0/205/AGE: 25

EFP: 284.6

BYE WEEK: 10

ATHLON'S TAKE

There's room for target fluctuation and bad TD luck. But it'll take an injury to Chase or Joe Burrow for him to really let you down.

Chase is not simply coming off the top wide receiver fantasy season of 2024. He also posted the 15th-most PPR points per game ever at the position — 12th-most since the 1970 NFL-AFL merger. You might think Chase benefited from Tee Higgins missing five games, but he actually drew more targets and scored more fantasy points *with* Higgins in the lineup. It might seem counterintuitive, but the Bengals' offense is bound to be its strongest when the stars are healthy. Expect Cincinnati to remain among the league's most pass-heavy teams.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	CIN	12	87	1,046	9	134	64.9%	4	2	8	0	198.9
2023	CIN	16	100	1,216	7	145	69.0%	5	0	-6	0	212.7
2024	CIN	17	127	1,708	17	175	72.6%	5	0	32	0	339.5
2025 PROJ.		17	113	1,527	12	166	68.0%	6	0	10	0	284.6

02 PUKA NACUA

6-2/212/AGE: 24

EFP: 284.3

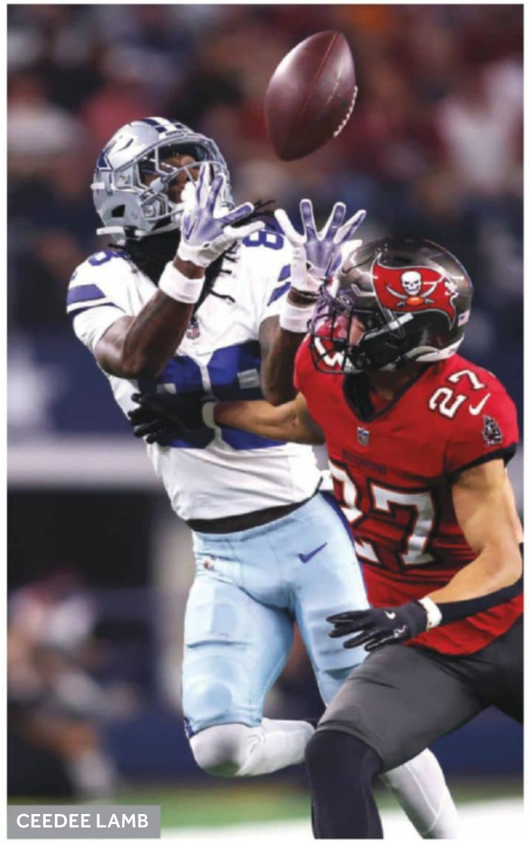
BYE WEEK: 8

ATHLON'S TAKE

Nacua has been a beast over his first two seasons. New tag-team partner Davante Adams might actually help create space and opportunities in 2025.

Five wide receivers beat Nacua in expected half-PPR points per game last season. Take away the Week 1 and Week 9 games he left early, though, and Nacua jumps to fourth, behind Ja'Marr Chase, Malik Nabers and new teammate Davante Adams. Nacua has the advantage of history with Matthew Stafford and being eight years younger than Adams. We also probably never got 100% Nacua last year. He entered the season with a knee issue, missed five games and parts of three others and didn't reach 80% playing time in a game until Week 16.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	LAR	17	105	1,486	6	160	65.6%	7	0	89	0	246.0
2024	LAR	11	79	990	3	106	74.5%	5	0	46	1	167.1
2025 PROJ.		17	117	1,553	11	169	69.0%	6	0	77	0	284.3


CEEDEE LAMB

FROM TOP: GARY A. VASQUEZ-IMAGN IMAGES; TIM HEITMAN-IMAGN IMAGES

JUSTIN JEFFERSON

05 JUSTIN JEFFERSON

6-1/195/AGE: 26

EFP: 256.5

BYE WEEK: 6

ATHLON'S TAKE

Not much needs to be said about Jefferson himself at this point. As long as his new QB proves at least OK, Jefferson will remain a stud.

Jefferson has finished four straight seasons among the top five receivers in fantasy points per game. He broke through with Kirk Cousins throwing the passes. But Jefferson kept rolling when Minnesota had to turn to Joshua Dobbs, Nick Mullens and Jaren Hall in 2023. And he certainly helped Sam Darnold look good last year. Minnesota clearly liked J.J. McCarthy quite a bit, trading up to take him 10th overall in 2024. And it didn't go crazy in search of a No. 2 QB this offseason.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	MIN	17	128	1,809	8	184	69.6%	9	0	24	1	304.7
2023	MIN	10	68	1,074	5	100	68.0%	5	1	-12	0	168.2
2024	MIN	17	103	1,533	10	154	66.9%	5	0	3	0	266.0
2025 PROJ.		17	104	1,503	9	161	65.0%	6	0	0	0	256.5

06 NICO COLLINS

6-4/222/AGE: 26

EFP: 255.1

BYE WEEK: 6

ATHLON'S TAKE

Collins' size, downfield prowess and still-ascending QB should keep him in WR1 territory as long as he can stay healthy.

Collins appeared on his way to a monster season before a hamstring injury cost him five weeks and slowed his return. He sat among the top two fantasy scorers across formats through four weeks, averaging 122.3 receiving yards per game. We saw that version of Collins in the two playoff contests, and he should be full strength to open 2025. Collins also might get help from the additions of Christian Kirk in the slot and second-round rookie Jayden Higgins on the opposite edge to draw some defensive attention.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	HOU	10	37	481	2	66	56.1%	0	0	0	0	78.6
2023	HOU	15	80	1,297	8	109	73.4%	5	0	7	0	218.4
2024	HOU	12	68	1,006	7	99	68.7%	4	0	0	0	176.6
2025 PROJ.		16	100	1,451	10	152	66.0%	4	0	0	0	255.1

03 CEEDEE LAMB

6-2/197/AGE: 26

EFP: 266.8

BYE WEEK: 10

ATHLON'S TAKE

Lamb has already shown us No. 1 overall upside. He belongs in the first half of Round 1 in 1-QB leagues with reception scoring.

Lamb has established himself as a target hog, topping 27% target share each of the past three years. Don't worry about George Pickens' arrival hurting. Pickens was not the same type of target earner in Pittsburgh and got traded primarily because of his inconsistent effort and attitude. His speed and playmaking ability on the outside could be a nice complement for Lamb, who runs most of his routes from the slot. A healthy Dak Prescott returns and has worked with Lamb throughout his career.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	DAL	17	107	1,359	9	156	68.6%	5	0	47	0	248.1
2023	DAL	17	135	1,749	12	181	74.6%	8	2	113	2	335.7
2024	DAL	15	101	1,194	6	152	66.4%	3	1	70	0	212.9
2025 PROJ.		17	112	1,455	9	166	67.5%	4	0	89	0	266.8

04 MALIK NABERS

6-0/200/AGE: 22

EFP: 257.3

BYE WEEK: 14

ATHLON'S TAKE

Russell Wilson, Jaxson Dart and even Jameis Winston would upgrade last year's QB play. Nabers presents as much upside as anyone.

Here's what the Giants' QB situation looked like last year: 10 games of Daniel Jones, five Drew Lock starts, two from Tommy DeVito and part of a game from Tim Boyle. Nabers managed to turn those lemons into the 10th-most half-PPR points per game at the position. And better QB play would have provided more. Pro Football Focus had Nabers second in expected points per game. Russell Wilson shouldn't excite you, but he's still easily better than all those guys. And rookie Jaxson Dart could ramp up deep-ball production.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	NYG	15	109	1,204	7	170	64.1%	3	0	2	0	219.1
2025 PROJ.		17	115	1,422	9	175	65.5%	4	0	13	0	257.3

FROM TOP: DANIEL BARTEL-IMAGN IMAGES; TROY TAORMINA-IMAGN IMAGES

NICO COLLINS

A.J. BROWN

07 A.J. BROWN
6-1/226/AGE: 28

EFP: 236.9
BYE WEEK: 9
ATHLON'S TAKE
Brown probably won't be as good a target bet as most other WRs up here. But he's perennially high in yards per catch and TD rate.

Brown has finished each of his three Philly seasons among the top 12 receivers in fantasy points per game. Last year marked his lowest ranking in that span. The issues were a hamstring injury that cost him three early games and the league's most run-heavy offense. Brown played every game the two seasons before, so don't fret about his durability. Philly's probably going to rank among the most run-leaning offenses once again, unless Saquon Barkley gets hurt. Brown's yardage and scoring efficiency help counter that.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	PHI	17	88	1,496	11	145	60.7%	5	2	0	0	255.6
2023	PHI	17	106	1,456	7	158	67.1%	7	2	0	0	236.6
2024	PHI	13	67	1,079	7	97	69.1%	5	0	0	0	183.4
2025 PROJ.		16	93	1,424	8	141	66.0%	4	0	0	0	236.9

08 DRAKE LONDON
6-4/215/AGE: 24

EFP: 232.9
BYE WEEK: 5
ATHLON'S TAKE
London appeared on his way to becoming a stud WR anyway, and Atlanta finally seems to have found him a QB. Treat him as a WR1.

London finished just 15th among receivers in half-PPR points per game last year, but he tied for seventh in expected points per game, according to Pro Football Focus. London took over the pass-catching corps, ranking sixth league-wide among WRs who saw 30-plus targets. He ramped up that fantasy production over quarterback Michael Penix Jr.'s three-game finish, including receiving lines of 7-106 and 10-187-2. That's a small sample, but it at least shows us the potential the two possess for 2025 and beyond.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	ATL	17	72	866	4	117	61.5%	1	3	0	0	142.6
2023	ATL	16	69	905	2	110	62.7%	2	0	0	0	139.9
2024	ATL	17	100	1,271	9	158	63.3%	3	0	-3	0	230.8
2025 PROJ.		17	100	1,289	9	161	62.0%	3	0	0	0	232.9

09 BRIAN THOMAS JR.
6-2/209/AGE: 22

EFP: 220.9
BYE WEEK: 8
ATHLON'S TAKE
The threat of Travis Hunter has potential to create space for Thomas. We're not downgrading him unless Hunter proves we should.

Let's hope it was the former Jacksonville coaching staff and not Trevor Lawrence who held Thomas back through two-thirds of last season. With Lawrence through Week 9, Thomas averaged just 3.9 catches per game for 66.1 yards. From Week 10 on, that jumped to 6.5 catches and 85.9 yards per game. Coaching definitely played a role. Thomas didn't reach 80% playing time in a game until Week 9. From then on, he dipped below 84.5% only once. First-round pick Travis Hunter adds a target challenge in 2025.

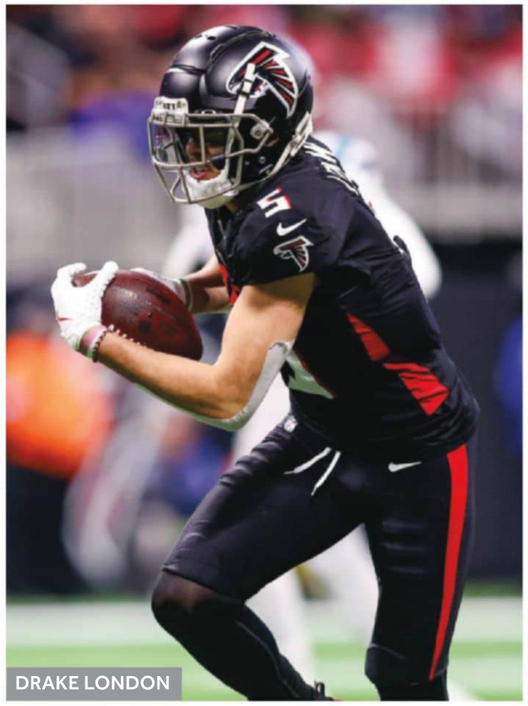
Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	JAC	17	87	1,282	10	133	65.4%	4	0	48	0	240.5
2025 PROJ.		17	94	1,179	9	145	65.0%	3	0	30	0	220.9

10 TEE HIGGINS
6-4/220/AGE: 26

EFP: 218.4
BYE WEEK: 10
ATHLON'S TAKE
The injury risk's a legit concern and OK reason to pass on Higgins. If you draft him, just make sure you secure WR insurance.

Higgins might have just put up one of the most frustrating WR1 seasons ever. His scoring average ranked fourth at the position, even with teammate Ja'Marr Chase leading the way. Higgins also lost two games to a hamstring injury and three more to a quad issue. That marked the second straight season in which he missed five contests and third time in four years he has lost multiple games to injury. His contract extension after the season suggests we should bet on the targets staying up where they were in 2024, though.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	CIN	16	74	1,029	7	109	67.9%	4	0	0	0	183.9
2023	CIN	12	42	656	5	76	55.3%	2	0	0	0	116.6
2024	CIN	12	73	911	10	109	67.0%	2	1	0	0	185.6
2025 PROJ.		15	90	1,253	8	136	66.5%	3	0	0	0	218.4


DRAKE LONDON

FROM LEFT: KIRBY LEE-IMAGN IMAGES; RETT DAVIS-IMAGN IMAGES

11 RASHEE RICE
6-1/204/AGE: 25

EFP: 218.0
BYE WEEK: 10
ATHLON'S TAKE
There's some risk the Chiefs will spread targets around and cut into Rice's target share. If he's the WR1, though, the ceiling rises high.

We've all expected a suspension for Rice since his off-field trouble last offseason. Slow progress through the court system seems likely to push that question off at least another year, though. That leaves Rice just needing to show fantasy managers that he's all the way back from the LCL tear that ended his 2024 season. If he is, Rice could return to a role that had him leading Chiefs targets to open last year. He'll face challenges, though, from Xavier Worthy and Hollywood Brown.

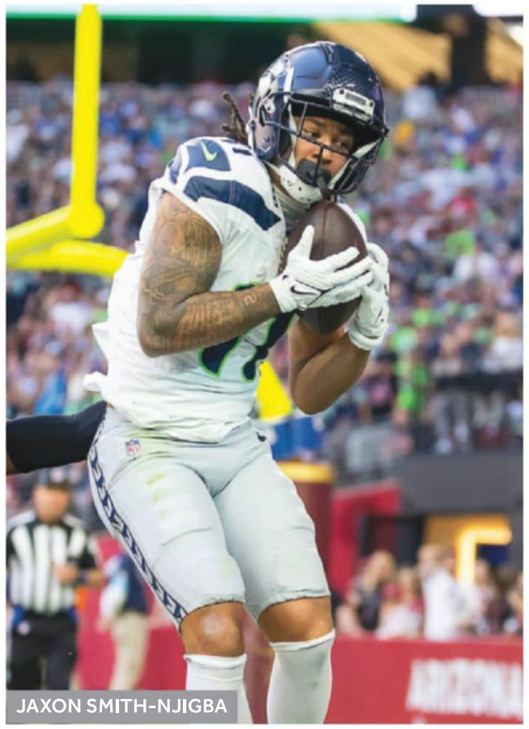
Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	KC	16	79	938	7	102	77.5%	2	1	-3	0	173.0
2024	KC	4	24	288	2	29	82.8%	2	0	1	0	52.9
2025 PROJ.		15	100	1,200	8	133	75.0%	3	0	0	0	218.0

12 JAXON SMITH-NJIGBA
6-0/202/AGE: 23

EFP: 217.4
BYE WEEK: 8
ATHLON'S TAKE
New QB, big WR changes and a new OC ... that combo means a wide range of outcomes for JSN. Feel free to pass on the risk.

JSN improved in basically every category from Year 1 to Year 2. His jumps in route rate and target share pushed him ahead of both Tyler Lockett and DK Metcalf after a rookie season spent as the No. 3. Smith-Njigba also saw more targets per route and posted more yards per route. A deeper average target depth helped. Lockett's departure came as no surprise. Metcalf leaving changes the offense more significantly. Cooper Kupp arrives with a similar skill set to JSN's, but that signing could signal Smith-Njigba will play outside more.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	SEA	17	63	628	4	93	67.7%	0	0	0	0	118.3
2024	SEA	17	100	1,130	6	137	73.0%	3	0	26	0	203.0
2025 PROJ.		17	105	1,132	8	154	68.0%	3	0	14	0	217.4


JAXON SMITH-NJIGBA

FROM TOP: JAY BIGGERSTAFF-IMAGN IMAGES; MARK J. REBILAS-IMAGN IMAGES

RASHEE RICE

13 TYREEK HILL
5-10/191/AGE: 31

EFP: 217.1
BYE WEEK: 12
ATHLON'S TAKE
Unless we get negative reports on Hill this summer, we're willing to bet on him one more time. Star WRs have historically remained useful at 31.

Tua Tagovailoa's six games lost to injury (including another concussion) certainly factored into Hill's rough 2024. But how much? Hill slid to 38th among WRs in target share for the season after leading the league in 2023 and ranking second in 2022. He drew the lowest Pro Football Focus receiving grade of his career, along with putting up his fewest yards after catch per reception and yards per route. Miami added nothing meaningful to the pass-catching group. But it's fair to wonder if Hill's simply in decline.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	MIA	17	119	1,710	7	170	70.0%	7	0	32	1	281.7
2023	MIA	16	119	1,799	13	171	69.6%	8	1	15	0	316.9
2024	MIA	17	81	959	6	123	65.9%	3	0	53	0	177.7
2025 PROJ.		17	90	1,265	7	139	68.0%	4	0	34	0	217.1

14 DAVANTE ADAMS
6-1/215/AGE: 32

EFP: 215.1
BYE WEEK: 8
ATHLON'S TAKE
Adams and Puka Nacua are probably at least as good as the Cooper Kupp-Robert Woods combo that scored well together. Adams looks good as a WR2.

It's interesting that the Rams moved on from Cooper Kupp and replaced him with someone six months older. That shows you, though, that they see Adams as still effective. That's certainly fair after he out-targeted Garrett Wilson in their shared time with the Jets. Adams, of course, benefited from playing with Aaron Rodgers there. He has no history with Matthew Stafford. But that should just mean he runs second behind Puka Nacua, in an offense that has long shown us it can support two high-level fantasy wideouts.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	LV	17	100	1,516	14	180	55.6%	8	0	-1	0	285.5
2023	LV	17	103	1,144	8	175	58.9%	3	0	0	0	213.9
2024	LV/NYJ	14	85	1,063	8	141	60.3%	3	0	0	0	198.8
2025 PROJ.		17	93	1,163	9	145	64.0%	6	0	0	0	215.1

AMON-RA ST. BROWN

15 AMON-RA ST. BROWN
6-0/202/AGE: 25

EFP: 214.8
BYE WEEK: 8
ATHLON'S TAKE
The Lions' offense is due for overall TD regression. Don't be afraid to lean away from the highest-priced options.

It's not comfy ranking St. Brown this low, but we can't ignore the changes. First, St. Brown slipped from sixth among WRs in expected half-PPR points per game in 2023 to 12th last season. And he did so despite *increasing* his expected TDs from 7.3 to 9.8. That accentuates the decline in total opportunities, which coincided with fellow wideout Jameson Williams' breakout, alongside tight end Sam LaPorta and the backfield commanding touches. Add a coordinator change to the crowded offense, and St. Brown is far from a lock to stay in WR1 land.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	DET	16	106	1,161	6	146	72.6%	4	0	95	0	214.6
2023	DET	16	119	1,515	10	164	72.6%	9	1	24	0	271.4
2024	DET	17	115	1,263	12	141	81.6%	4	1	6	0	260.7
2025 PROJ.		17	102	1,168	7	143	71.0%	5	0	46	0	214.8

16 MIKE EVANS
6-5/231/AGE: 32

EFP: 213.8
BYE WEEK: 9
ATHLON'S TAKE
Evans is OK to pass on if you don't want to risk the age, but Chris Godwin's injury recovery adds upside to Evans' outlook.

As long as no one tells Evans how old he is or how difficult pro football is, we should be good. Despite a three-game hamstring injury in the middle of last season, Evans is coming off his 11th straight year of more than 1,000 receiving yards. He has also scored double-digit TDs in four of the past five seasons, showing the value of quality QB play. Evans turns 32 just ahead of this season, which has historically been a year of decline risk at the position. Davante Adams proved last year that 32 isn't a dead end, though.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	TB	15	77	1,124	6	127	60.6%	3	0	0	0	186.9
2023	TB	17	79	1,255	13	136	58.1%	3	0	0	0	243.0
2024	TB	14	74	1,004	11	110	67.3%	2	0	0	0	203.4
2025 PROJ.		17	86	1,168	9	131	65.5%	3	0	0	0	213.8

17 GARRETT WILSON
6-0/183/AGE: 25

EFP: 211.4
BYE WEEK: 9
ATHLON'S TAKE
Wilson has a shot to lead the entire league in target share this year. There's WR1-level upside, but his scoring average hasn't found that range yet.

Wilson set a career high in fantasy points per game with the Aaron Rodgers QB upgrade last year. But the midseason arrival of Davante Adams kept him from maximizing the impact. Adams out-targeted Wilson over their time together. Should we just chalk that up to Adams' familiarity with Rodgers, or should we worry that a 24-year-old Wilson couldn't earn more targets than Adams, who turned 32 in December? Either way, Adams is now gone. Justin Fields doesn't match Rodgers as a passer but supported good numbers for DJ Moore in Chicago.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	NYJ	17	83	1,103	4	147	56.5%	3	1	4	0	174.2
2023	NYJ	17	95	1,042	3	168	56.5%	2	2	0	0	165.7
2024	NYJ	17	101	1,104	7	154	65.6%	4	2	5	0	201.4
2025 PROJ.		17	92	1,197	7	149	62.0%	5	0	12	0	211.4

18 DJ MOORE
6-0/210/AGE: 28

EFP: 208.0
BYE WEEK: 5
ATHLON'S TAKE
Moore is the only proven producer among Bears receivers and is still just 28. He's a good bet anywhere in WR2 range and across formats.

Moore's first two years in Chicago have found him finishing seventh in fantasy scoring with Justin Fields as his QB and then checking in 16th with a poor-performing Caleb Williams plus extra target competition. Keenan Allen's gone now, and Williams *should* be better in his second season. New head coach Ben Johnson led a high-powered Lions offense the past three years and adds hope. But there are also new target challenges. Chicago drafted tight end Colston Loveland and wide receiver Luther Burden III to join second-year wideout Rome Odunze.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	CAR	17	63	888	7	118	53.4%	3	0	53	0	167.6
2023	CHI	17	96	1,364	8	136	70.6%	5	1	21	1	238.5
2024	CHI	17	98	966	6	140	70.0%	2	1	75	0	189.1
2025 PROJ.		17	92	1,195	6	144	64.0%	3	0	42	0	208.0

MIKE EVANS

FROM TOP: JUNFU HAN; ONATHAN DYER-IMAGN IMAGES

19 DEVONTA SMITH
6-0/170/AGE: 26

EFP: 206.6
BYE WEEK: 9
ATHLON'S TAKE
Smith has been a high-efficiency performer throughout his young career. That said, the low-volume risk makes him OK to pass on here.

At first glance, Smith looks like a strong candidate to regress to the mean. He ranked 17th among WRs in half-PPR points per game despite tying for just 40th in expected points per game. The main issue there was the Eagles passing on just 44.3% of offensive plays. That was down 10 percentage points vs. the year before and at least 4.5 points vs. any of Jalen Hurts' three previous starting seasons. Philly's likely to throw the ball at least a little more in 2025. How much more could dramatically impact the WR scoring.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	PHI	17	95	1,196	7	136	69.9%	5	1	0	0	207.1
2023	PHI	16	81	1,066	7	112	72.3%	2	1	0	0	187.1
2024	PHI	13	68	833	8	89	76.4%	2	0	1	0	165.4
2025 PROJ.		17	93	1,181	7	129	72.0%	3	0	0	0	206.6

20 LADD McCONKEY
6-0/185/AGE: 23

EFP: 202.3
BYE WEEK: 12
ATHLON'S TAKE
McConkey should be good in 2025, but he's expensive in drafts. Feel free to skip over him and take rookie Tre Harris later.

McConkey enjoyed a terrific rookie season by any measure. His production really ramped up over the second half, though, when the Chargers started throwing more. The team went from a 50.8% pass rate in neutral situations through the first six weeks to 58.3% the rest of the way. McConkey went from 3.8 catches and 43.8 yards per game over the first span to 5.7 and 84.5 from Week 7 on. But did the Chargers import Najee Harris and Omarion Hampton to lean back toward the run? Probably to some degree.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	LAC	16	82	1,149	7	112	73.2%	3	0	0	0	199.9
2025 PROJ.		17	88	1,161	7	127	69.0%	2	0	0	0	202.3

LADD McCONKEY

FROM LEFT: THOMAS SHEA-IMAGN IMAGES; MARK HOFFMAN/MILWAUKEE JOURNAL SENTINEL

21 JAYDEN REED
5-11/187/AGE: 25

EFP: 201.6
BYE WEEK: 5
ATHLON'S TAKE
Reed's a boom/bust play at this level. The good news: You won't need to draft him this early after he disappointed in 2024.

Part of the reason Reed sits this high is his rushing. He has added 46.2 fantasy points in that area through two seasons. The risk in putting him up here: Reed lost receiving volume last year, from 4.0 receptions per game as a rookie to 3.2. Part of the issue is Green Bay's committee WR approach that spreads targets around. But the Packers also leaned hard on the run over the second half of last season. Jordan Love was dealing with multiple injuries, and Josh Jacobs was running well. We're projecting some correction toward the pass.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	GB	16	64	793	8	94	68.1%	1	0	119	2	185.2
2024	GB	17	55	857	6	75	73.3%	3	1	163	1	169.5
2025 PROJ.		17	77	952	8	108	71.0%	1	0	160	1	201.6

JAYDEN REED

22 CHRIS OLAVE
6-0/187/AGE: 25

EFP: 201.3
BYE WEEK: 11
ATHLON'S TAKE
Olave was going in a riskier range the past two years. He's sliding much later after letting 2024 managers down. He's a high-upside WR3.

Olave's career is running similarly to that of college teammate Garrett Wilson. Like the Jet, Olave has dealt with quarterback woes for three years. Also like Wilson, Olave watched a teammate steal more target share in 2024 than anyone predicted ahead of the year. There's room for Olave and Rashid Shaheed to coexist, but New Orleans now has a big QB question. If rookie Tyler Shough is ready, his big arm and mobility could be a particularly nice fit for the Saints' pair of speedy, young outside receivers.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	NO	15	72	1,042	4	119	60.5%	3	2	0	0	162.2
2023	NO	16	87	1,123	5	138	63.0%	5	0	0	0	187.8
2024	NO	8	32	400	1	44	72.7%	1	1	7	0	60.7
2025 PROJ.		17	90	1,172	7	141	64.0%	3	0	0	0	201.3

23 ZAY FLOWERS
5-9/175/AGE: 24

EFP: 198.2
BYE WEEK: 7
ATHLON'S TAKE
Flowers is a bet both on an ascending young player and a perennially strong offense. He's not a "must," but there's upside.

Lamar Jackson's outlandishly efficient passing season — league-high 8.6% TD rate and 8.8 yards per attempt — makes it easy to overlook that Baltimore sported the league's second-most run-heavy offense. They tend to rank in that range, but 2024's 47.5% pass rate was low even for them. Sheer luck — be it Derrick Henry's health, trailing in more games, or something else — is likely to push that at least a bit back toward the pass. Flowers has done well in catch rate and yardage but hasn't had any TD luck despite Baltimore's high scoring.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	BAL	16	77	858	5	108	71.3%	1	0	56	1	167.9
2024	BAL	17	74	1,059	4	116	63.8%	5	0	56	0	172.5
2025 PROJ.		17	83	1,122	7	125	66.5%	2	0	48	0	198.2

TERRY McLAURIN

24 TERRY McLAURIN
6-0/210/AGE: 29

EFP: 197.6
BYE WEEK: 12
ATHLON'S TAKE
McLaurin would be a nice high-WR3 pick, but he's far more likely to go in mid-WR2 range. There's more risk than upside from that level.

McLaurin scored a TD on 6.6% of his receptions across his first five NFL seasons. Last year, he scored on 15.9%. Sure, Jayden Daniels' arrival was good news for Washington's lead receiver — and should continue to be so. But McLaurin's not going to stay in that range year to year. His 13 TDs vs. 7.7 expected TDs marked the largest gap for any player last season, according to Pro Football Focus. Even with the 13th-most expected TDs, McLaurin tied for just 29th among WRs in expected half-PPR points per game.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	WAS	17	77	1,191	5	120	64.2%	4	0	29	0	190.5
2023	WAS	17	79	1,002	4	132	59.8%	1	0	0	0	163.7
2024	WAS	17	82	1,096	13	117	70.1%	5	1	2	0	226.8
2025 PROJ.		17	84	1,123	7	129	65.0%	3	0	14	0	197.6

25 JAYLEN WADDLE
5-10/185/AGE: 26

EFP: 194.3
BYE WEEK: 12
ATHLON'S TAKE
Waddle's terrible 2024 has him going well into WR3 territory this year. He's a much easier buy — with more upside — than he was last summer.

Like Tyreek Hill, Waddle posted career lows in multiple categories last year. Unlike Hill, Waddle doesn't bring age concern. Waddle won't turn 27 until late November. He hit 20% or higher in target share each of the previous two years before dipping to 16.5% over his 14 full games in 2024. Waddle — who set the since-broken rookie reception record in 2021 — remains too talented a player to not figure out for 2025. He went from topping 70 receiving yards per game in each of head coach Mike McDaniel's first two seasons to just 49.6 last year.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	MIA	17	75	1,356	8	117	64.1%	6	1	26	0	221.7
2023	MIA	14	72	1,014	4	104	69.2%	3	0	12	0	162.6
2024	MIA	15	58	744	2	83	69.9%	2	0	12	0	120.6
2025 PROJ.		17	80	1,166	6	116	69.5%	4	0	15	0	194.3

26 MARVIN HARRISON JR.
6-3/209/AGE: 23

EFP: 190.8
BYE WEEK: 8
ATHLON'S TAKE
Harrison remains a big-time talent, and Cardinals coaches still say good things about him. He's a breakout candidate if he comes at a decent price.

Harrison's rookie year wasn't as bad as it seemed. It just looked worse vs. the rousing successes of classmates Malik Nabers, Brian Thomas Jr. and Ladd McConkey. His 11.7 PPR points per game, though, bested the rookie-year averages of fellow first-round NFL Draft picks DeVonta Smith, Calvin Johnson, Drake London, DeAndre Hopkins and Jaxon Smith-Njigba. The last guy provides a recent example of a player going from just-OK debut season to breakthrough second year — even in a lackluster offense.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	ARI	17	62	885	8	116	53.4%	2	1	0	0	165.5
2025 PROJ.		17	77	1,048	8	132	58.5%	3	0	0	0	190.8

27 JAKOBI MEYERS
6-2/200/AGE: 28

EFP: 190.6
BYE WEEK: 8
ATHLON'S TAKE
Meyers is going to go later than he should in your PPR league, unless you take it upon yourself to do the right thing and draft him.

Meyers finished last season 24th among WRs in PPR points per game. After the Davante Adams trade (from Week 8 on), Meyers climbed to 19th in points per game and 11th in expected points per game, according to Pro Football Focus. That still found him behind tight end Brock Bowers, who figures to remain the top target. The biggest competition added, though, was Round 2 wide receiver Jack Bech. The rookie had a strong pre-draft season but up-and-down production in college. Meyers comes off career highs in catches and yards.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	NE	14	67	804	6	96	69.8%	1	2	-11	0	146.8
2023	LV	16	71	807	8	106	67.0%	0	0	24	2	185.1
2024	LV	15	87	1,027	4	129	67.4%	3	0	23	0	174.5
2025 PROJ.		17	87	1,017	7	124	70.0%	2	0	10	0	190.6

JAKOBI MEYERS

CALVIN RIDLEY

FROM LEFT: TIM HEITMAN-IMAGN IMAGES; STEPHEN LEW-IMAGN IMAGES; STEVE ROBERTS-IMAGN IMAGES

28 CALVIN RIDLEY
6-1/190/AGE: 30

EFP: 188.7
BYE WEEK: 10
ATHLON'S TAKE
Ridley probably doesn't have top-12 upside for the season. But he could deliver consistent receptions this year and be a weekly redraft starter.

Ridley headed toward the offseason as the easy No. 1 target in Tennessee. Then he watched the Titans draft QB Cam Ward first overall and add only this competition at receiver: veteran Tyler Lockett and a pair of fourth-round picks in Chimere Dike and Elic Ayomanor. We don't want to overrate the target share for Ridley, who hasn't been a high-end target earner in his career. But he's in good shape to set a personal best.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	ATL/JAC	DNP - SUSPENDED										
2023	JAC	17	76	1,016	8	136	55.9%	4	0	23	0	191.9
2024	TEN	17	64	1,017	4	120	53.3%	1	1	55	1	167.2
2025 PROJ.		17	80	1,109	6	136	59.0%	3	0	38	0	188.7

JOSH DOWNS

29 JOSH DOWNS
5-9/171/AGE: 24

EFP: 178.9
BYE WEEK: 11
ATHLON'S TAKE
Daniel Jones isn't exciting but has supported more WR value than Anthony Richardson to date. He'd likely be good for Downs.

Downs should hope that Daniel Jones wins the QB job for the Colts. Jones' starting stint with the Giants found slot types such as Golden Tate, Evan Engram, Sterling Shepard, Darren Waller and Wan'Dale Robinson operating as favorite targets. Jones' 6.5-yard career average target depth would fit nicely with Indy's slot man, who already passed Michael Pittman Jr. in target share last year. Downs also beat Pittman last season in expected touchdowns, expected PPR points per game and yards per route.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	IND	17	68	771	2	98	69.4%	1	0	0	0	123.1
2024	IND	14	72	803	5	107	67.3%	1	0	12	0	147.5
2025 PROJ.		16	90	1,005	5	132	68.0%	0	0	12	0	178.9

30 DEEBO SAMUEL
6-0/215/AGE: 29

EFP: 178.7
BYE WEEK: 12
ATHLON'S TAKE
Betting on the talent with Samuel is worth the modest risk as long as he keeps lingering in low WR3 territory.

Samuel joins a Washington offense with clear opportunity but less obvious work projections. Terry McLaurin's 117 targets in 2024 beat his nearest teammate (Zach Ertz) by 26. They beat the next wide receiver by 53. And Washington ranked just 25th in pass attempts with a rookie quarterback. Jayden Daniels' performance should motivate more passing, and the trade for Samuel would seem to support that. We'll see about his rushing role away from 49ers head coach Kyle Shanahan's system, but Samuel could siphon some carries from an aging Austin Ekeler.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	SF	13	56	632	2	94	59.6%	1	2	232	3	140.4
2023	SF	15	60	892	7	89	67.4%	3	0	225	5	213.7
2024	SF	15	51	670	3	81	63.0%	2	1	136	1	128.1
2025 PROJ.		16	73	948	5	111	65.5%	1	0	108	1	178.7

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31 DK METCALF
6-4/235/AGE: 27

EFP: 176.4
BYE WEEK: 5
ATHLON'S TAKE
Metcalf obviously carries upside well beyond this, but it's still not a great offense for WRs. George Pickens ranked 45th in points per game last year.

The Steelers traded a second-round pick for Metcalf, gave him a $30 million a year contract and then traded away his biggest competitor for targets (George Pickens). Metcalf's in excellent shape to grab a larger share of targets than he's used to. Pickens ranked 15th among WRs (adjusted for games missed) in that category last season. Metcalf has reached that high only once (eighth in 2021) after finishing 17th in 2020. Those seasons found Metcalf ranking 11th and sixth, respectively, in total half-PPR points.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	SEA	17	90	1,048	6	141	63.8%	2	2	0	0	181.8
2023	SEA	16	66	1,114	8	119	55.5%	3	0	0	0	192.4
2024	SEA	15	66	992	5	108	61.1%	3	2	0	0	158.2
2025 PROJ.		17	73	1,053	6	119	61.0%	0	0	0	0	176.4

TETAIROA McMILLAN

32 TETAIROA McMILLAN
6-5/212/AGE: 22

EFP: 173.0
BYE WEEK: 14
ATHLON'S TAKE
McMillan has a frame for end-zone targets and the route-running of a smaller guy. He's attractive right away in WR3 range.

After the Panthers drafted McMillan eighth overall, head coach Dave Canales praised his route precision and 6-foot-5 frame that's built for red-zone use. The rookie hits an offense with an immediate need. No Panther reached 50 catches in 2024. Xavier Legette led in targets and receptions despite putting forth a lackluster debut. Adam Thielen remained the most reliable wideout in his age-34 season. Barring a wildly disappointing camp, McMillan will open the year as the starting "X" receiver and lead target.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		16	71	1,032	6	123	58.0%	2	0	0	0	173.0

33 GEORGE PICKENS
6-3/200/AGE: 24

EFP: 170.3
BYE WEEK: 10
ATHLON'S TAKE
It's primarily up to Pickens how this goes. Don't expect to get a discount, but he's an upside shot in the second half of WR3 territory.

Cowboys COO Stephen Jones said on SiriusXM after the trade: "He reminds a lot in our building of Dez Bryant in terms of his competitiveness, what he brings to the field, his edge." The wrong kind of edge got Pickens booted from Pittsburgh. But Pickens joins a Dallas offense that ranked sixth-most pass-heavy in the league last year, despite losing Dak Prescott for half the year. If he behaves, Pickens could team with CeeDee Lamb to form one of the league's better receiver duos.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	PIT	17	52	801	4	84	61.9%	1	0	24	1	140.5
2023	PIT	17	63	1,140	5	106	59.4%	5	0	18	0	177.3
2024	PIT	14	59	900	3	103	57.3%	2	1	-6	0	134.9
2025 PROJ.		17	65	1,000	6	107	60.5%	2	0	21	0	170.3

34 JORDAN ADDISON

5-11/175/AGE: 23

EFP: 169.8
BYE WEEK: 6
ATHLON'S TAKE

Addison's going later in drafts this year than he did last, despite extremely similar production. That makes him a solid-to-good value.

Addison still has a trial pending for his July 2024 DUI, so watch for fallout from that. On the field, he has delivered. Addison finished 20th among receivers in half-PPR formats in each of his first two seasons. A high touchdown rate presents strong regression potential. But Addison also climbed from 37th in expected half-PPR points per game in 2023 to 27th last season, according to Pro Football Focus. We'll see about J.J. McCarthy. Addison has thus far dealt with Sam Darnold, Joshua Dobbs, Nick Mullens and Jaren Hall, though.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	MIN	17	70	911	10	108	64.8%	2	0	2	0	186.3
2024	MIN	15	63	875	9	99	63.6%	2	0	20	1	181.0
2025 PROJ.		17	72	939	7	115	63.0%	1	0	8	0	169.8

JAMESON WILLIAMS

35 JAMESON WILLIAMS

6-1/180/AGE: 24

EFP: 168.6
BYE WEEK: 8
ATHLON'S TAKE

Be wary of that low target share for Williams. He'd best fit as a WR4 but will probably go earlier. He's more valuable in best-ball leagues.

Williams broke out with a top-20 fantasy finish in his third season, but it was a little fragile. He tied for 40th in targets, tied for 42nd in receptions, ranked 21st in yards and tied for 18th in touchdown catches. That tells you to be wary of the work share but aware that Williams delivers above-average efficiency on yardage and TDs. The touchdowns can be unpredictable, but Williams' speed will keep him a big-play threat. This year brings the added challenge of integrating a new offensive coordinator.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	DET	6	1	41	1	9	11.1%	0	0	40	0	14.6
2023	DET	12	24	354	2	42	57.1%	0	0	29	1	68.3
2024	DET	15	58	1,001	7	91	63.7%	3	0	61	1	183.2
2025 PROJ.		16	63	947	6	102	62.0%	1	0	45	0	168.6

36 XAVIER WORTHY

5-11/165/AGE: 22

EFP: 167.2
BYE WEEK: 10
ATHLON'S TAKE

Worthy's getting a huge bump from his playoff production and offensive situation. He's being drafted at least at his ceiling, if not above it.

Worthy enjoyed a strong finish to his rookie year, with touchdowns in four of the final five games (including the playoffs). But he spent most of his rookie year seeing light target volume and posting modest receiving yardage. Worthy didn't reach five catches in a game until Week 13. He then caught five-plus in eight straight going through the playoffs. The Chiefs get Rashee Rice back from a knee injury and should get a healthier version of Hollywood Brown, who lost nearly all of last season to a shoulder injury.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	KC	17	59	638	6	98	60.2%	0	0	104	3	157.7
2025 PROJ.		16	71	784	6	119	60.0%	2	0	88	1	167.2

XAVIER WORTHY

37 COOPER KUPP

6-2/207/AGE: 32

EFP: 163.8
BYE WEEK: 8
ATHLON'S TAKE

Kupp's numbers last year, plus the Rams quitting on him, plus joining a team with a slot WR and meh QB equals no thanks on the veteran.

Kupp's at least making $17.5 million for a year with Seattle. That signing came after the Rams dumped him in favor of a guy six months older (Davante Adams). That makes Seattle's decision a little iffy, especially when you consider that Kupp brings a skill set similar to Jaxon Smith-Njigba's. We'll trust new Seahawks offensive coordinator Klint Kubiak and the long coaching record of his family to fit them together. Kupp, though, comes off the two worst Pro Football Focus receiving grades and two lowest yards-per-route rates of his career.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	LAR	9	75	812	6	98	76.5%	5	1	52	1	163.9
2023	LAR	12	59	737	5	95	62.1%	4	0	-3	0	134.9
2024	LAR	12	67	710	6	100	67.0%	3	0	10	0	141.5
2025 PROJ.		16	80	852	6	126	64.0%	2	0	0	0	163.8

38 COURTLAND SUTTON

6-4/216/AGE: 29

EFP: 160.5
BYE WEEK: 12
ATHLON'S TAKE

Sutton's actually being drafted later than where he finished last season. That makes him a fine bet, even if you're not sold on a repeat.

Sutton set career highs in total fantasy points, points per game, targets and receptions last season, in Bo Nix's first year. His catch rate dipped vs. 2023, but that just made it align with his previous rates. Sutton's biggest challenge for 2025 could be tight end Evan Engram, who finished second and first in targets for the Jaguars the past two years. Engram's a short-range worker at this point, though, and should be more complementary than challenging to Sutton's role. Third-round wide receiver Pat Bryant arrives as well.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	DEN	15	64	829	2	109	58.7%	1	0	5	0	127.4
2023	DEN	16	59	772	10	90	65.6%	0	3	0	0	160.7
2024	DEN	17	81	1,081	8	135	60.0%	3	1	0	0	201.8
2025 PROJ.		16	69	891	6	118	58.0%	2	0	0	0	160.5

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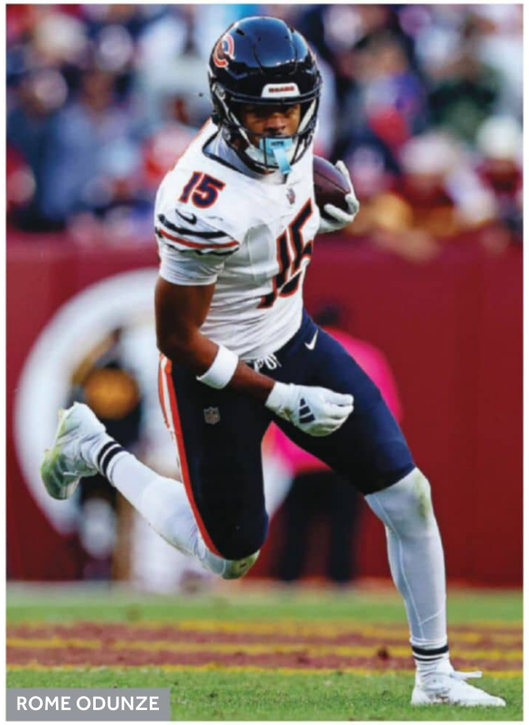
ROME ODUNZE

39 KHALIL SHAKIR

6-0/190/AGE: 25

EFP: 160.5
BYE WEEK: 7
ATHLON'S TAKE

Shakir's the best reception bet among Buffalo WRs. But his shorter-range game limits the upside and weekly fantasy worth.

Shakir took the target lead for a team that shed Stefon Diggs and incorporated multiple new pieces. He ranked just 39th among receivers league-wide in target share, though. Shakir also finished just 54th in expected half-PPR points per game and 46th in actual points per game. He brings inside-outside versatility, which can keep Shakir involved. But he might need to fend off stronger target-share challenges from Keon Coleman, a healthier Dalton Kincaid and signee Joshua Palmer.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	BUF	14	10	161	1	20	50.0%	0	0	0	0	29.1
2023	BUF	17	39	611	2	45	86.7%	2	0	10	0	93.6
2024	BUF	15	76	821	4	100	76.0%	2	0	4	0	144.5
2025 PROJ.		17	79	942	5	103	76.0%	1	0	0	0	160.5

40 JERRY JEUDY

6-1/195/AGE: 26

EFP: 157.8
BYE WEEK: 8
ATHLON'S TAKE

Jeudy's the best bet to lead Cleveland across receiving categories again. There's likely less upside than if Jameis Winston were still around, though.

Jeudy saw a large boost in target volume with the Amari Cooper trade and Jameis Winston elevating to the starter role last season. The Browns added a potential challenger for 2025 in Diontae Johnson, who has historically earned targets at higher rates than Jeudy. But Johnson worked his way off the Steelers, Panthers, Ravens and Texans rosters last year. Jeudy heads into just his age-26 campaign.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	DEN	15	67	972	6	100	67.0%	3	0	40	0	170.7
2023	DEN	16	54	758	2	87	62.1%	0	0	0	0	114.8
2024	CLE	17	90	1,229	4	145	62.1%	3	0	0	0	195.9
2025 PROJ.		15	71	959	4	124	62.5%	2	0	0	0	157.8

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41 ROME ODUNZE

6-3/215/AGE: 23

EFP: 155.7
BYE WEEK: 5
ATHLON'S TAKE

Odunze still has the upside to emerge as the clear No. 2 WR for the Bears. But he stands a better chance of seeing his targets capped now.

Odunze opened the offseason with intriguing upside, as the Bears elected not to bring back veteran Keenan Allen. But they drafted tight end Colston Loveland and then wide receiver Luther Burden III in the first two rounds. Odunze looks like a better bet to maintain a top-two role at receiver for the team. But the 2024 first-round pick arrived under the previous regime. We'll have to see what new head coach Ben Johnson thinks of Odunze vs. Burden. His downfield game didn't jibe with quarterback Caleb Williams in their rookie season.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	CHI	17	54	734	3	101	53.5%	2	1	15	0	117.9
2025 PROJ.		17	66	892	5	112	59.0%	2	0	16	0	155.7

JAUAN JENNINGS

42 JAUAN JENNINGS

6-3/212/AGE: 28

EFP: 154.7
BYE WEEK: 14
ATHLON'S TAKE

Jennings finished 2024 inside the top 30. He would have ranked barely top 50 without the monster game. He's appropriately priced.

The 49ers told us Jennings was probably headed for more when they extended him at nearly $12 million over two years last May. San Francisco could have returned the WR on just a one-year restricted free-agent tender, and Jennings hadn't topped 35 receptions or 416 yards to that point. He didn't come close to matching the 11-175-3 breakout line of Week 3 last year but did draw 10-plus targets four other times and snag seven or more receptions five times. Jennings is competing with Ricky Pearsall and a recovering Brandon Aiyuk.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	SF	16	35	416	1	56	62.5%	0	0	0	0	65.1
2023	SF	13	19	265	1	33	57.6%	0	0	0	0	42.0
2024	SF	15	77	975	6	113	68.1%	1	0	0	0	172.0
2025 PROJ.		16	68	844	6	106	64.0%	3	0	0	0	154.7

43 CHRIS GODWIN

6-1/209/AGE: 29

EFP: 154.4
BYE WEEK: 9
ATHLON'S TAKE

Godwin's a nice value at ADP if he's fully recovered by the season and playing his usual role. The recovery adds some downside risk, though.

Godwin dislocated his left ankle in the Week 7 loss to Baltimore. The Bucs indicated with his three-year extension at more than $20 million per year that they're not worried about the joint long-term. But Godwin's recovery will at least bear watching in the buildup to this season. Before the injury, he sat third among WRs in half-PPR points per game. Godwin likely would have been headed for some regression from that spot, though. He ranked just 18th at the position in expected points per game

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	TB	15	104	1,023	3	142	73.2%	2	2	5	0	170.8
2023	TB	17	83	1,024	2	130	63.8%	2	0	38	1	167.7
2024	TB	7	50	576	5	62	80.6%	2	0	2	0	112.8
2025 PROJ.		16	77	824	6	114	67.0%	1	0	0	0	154.4

44 MICHAEL PITTMAN JR.

6-4/223/AGE: 27

EFP: 152.3

BYE WEEK: 11

ATHLON'S TAKE

Pittman finished three straight seasons among the top 22 fantasy wide-outs before last year. There's upside with better QB play.

Pittman slid behind teammate Josh Downs last season in targets per game, receptions, expected TDs, expected fantasy points per game and yards per route. Pittman probably wouldn't be as good a fit as Downs with Daniel Jones. Jones' short ADOT has favored many a slot receiver and tight end through the years. But any improvement in QB accuracy will be good for both Colts receivers.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	IND	16	99	925	4	141	70.2%	2	1	30	0	167.0
2023	IND	16	109	1,152	4	156	69.9%	3	1	0	0	195.7
2024	IND	16	69	808	3	111	62.2%	2	1	0	0	131.3
2025 PROJ.		16	76	813	6	119	64.0%	2	0	0	0	152.3

45 DARNELL MOONEY

5-11/180/AGE: 27

EFP: 149.0

BYE WEEK: 5

ATHLON'S TAKE

Don't overrate that small sample with Michael Penix Jr. for either Falcons WR going forward. But Drake London does stand as the clear lead.

Mooney landed in WR3 territory despite poor play from quarterback Kirk Cousins for most of the Atlanta debut for both players. Mooney started out scoring even higher than that, ranking well inside WR2 territory for much of the year. But regression caught up during a season that found him finished tied for 49th in expected fantasy points per game. Mooney's 2025 outlook likely sits closer to that.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	CHI	12	40	493	2	61	65.6%	0	0	2	0	81.5
2023	CHI	15	31	414	1	61	50.8%	0	0	5	0	63.4
2024	ATL	16	64	992	5	106	60.4%	2	0	0	0	161.2
2025 PROJ.		17	65	897	5	109	59.0%	2	0	0	0	149.0

46 RASHID SHAHEED

6-0/180/AGE: 27

EFP: 148.9

BYE WEEK: 11

ATHLON'S TAKE

Shaheed carries a boom/bust weekly profile, but he's going late enough in drafts that the boom half of that will be worth chasing.

Through five healthy weeks together to open last season, Shaheed led Chris Olave in targets, receiving yards, touchdowns, yards per target (9.9) and yards per catch (17.8). He had 5.3 yards on his teammate in that last category. Shaheed's meniscus tear shouldn't be an issue for 2025. QB play could be, though. New Orleans hopes second-round pick Tyler Shough is ready. If he is, Shough's big arm and tall stature could blend nicely with Shaheed's skills.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	NO	12	28	488	2	34	82.4%	0	0	57	1	86.5
2023	NO	15	46	719	5	75	61.3%	1	1	37	0	126.6
2024	NO	6	20	349	3	41	48.8%	0	1	29	0	63.8
2025 PROJ.		16	58	874	5	100	58.0%	1	0	50	0	148.9

47 BRANDON AIYUK

6-0/200/AGE: 27

EFP: 144.7

BYE WEEK: 14

ATHLON'S TAKE

Aiyuk hasn't been a high-volume guy, relying more on efficiency. That makes his recovery even more important.

Aiyuk has a clear path to leading San Francisco in receiving. The biggest obstacle will be the knee that's recovering from a 2024 ACL tear. The team's not sure he'll be ready for the start of the season. When Aiyuk's knee is ready, he'll compete with Jauan Jennings and Ricky Pearsall for target share in the wake of Deebo Samuel's trade to Washington. Christian McCaffrey should be ready to factor heavily into the target distribution as well.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	SF	17	78	1,015	8	114	68.4%	1	1	23	0	188.8
2023	SF	16	75	1,342	7	105	71.4%	7	1	0	0	211.7
2024	SF	7	25	374	0	47	53.2%	1	0	0	0	49.9
2025 PROJ.		15	62	802	6	95	65.0%	2	0	0	0	144.7

48 STEFON DIGGS

6-0/191/AGE: 31

EFP: 142.5

BYE WEEK: 14

ATHLON'S TAKE

Expect Diggs to be closer to his 10.6 yards per catch from Houston than to his career rate of 12.2 yards per catch. There's volume upside.

Be careful not to read Diggs' $63.5 million contract with the Patriots as a guarantee that he'll be all the way back from his 2024 ACL tear by the start of September. The contract includes a clause that his guaranteed money does not apply to any "aggravation or re-injury" of the right knee that ended his lone Texans season prematurely. If Diggs is ready to go, he'll find a needy New England offense and carry the potential to dominate targets.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	BUF	16	108	1,429	11	154	70.1%	7	0	-3	0	262.6
2023	BUF	17	107	1,183	8	160	66.9%	5	1	5	0	220.3
2024	HOU	8	47	496	3	64	73.4%	0	0	8	1	98.4
2025 PROJ.		16	72	764	5	110	65.5%	0	0	0	0	142.5

49 CHRISTIAN KIRK

5-11/200/AGE: 28

EFP: 140.7

BYE WEEK: 6

ATHLON'S TAKE

If Kirk can hold off rookie Jayden Higgins for the No. 2 role in targets, there's usable fantasy potential here — especially in PPR leagues.

The Texans are paying Kirk around $16.5 million for the final year of his contract. That level of investment likely locks him into a primary slot role — and perhaps the overall No. 2 wide receiver role. Stefon Diggs nearly matched Nico Collins' team lead in targets per game as last year's slot leader. Diggs' eight targets per contest would be the highest mark for Kirk since his second season in Arizona.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	JAC	17	84	1,108	8	133	63.2%	3	1	11	0	199.9
2023	JAC	12	57	787	3	85	67.1%	2	2	6	0	121.8
2024	JAC	8	27	379	1	47	57.4%	0	0	0	0	57.4
2025 PROJ.		16	70	761	5	109	64.8%	1	0	0	0	140.7

50 RICKY PEARSALL

6-1/189/AGE: 25

EFP: 140.6

BYE WEEK: 14

ATHLON'S TAKE

Pearsall will be especially interesting if Brandon Aiyuk opens the season on the sideline. We'll see if he's fantasy-viable when Aiyuk's healthy.

Pearsall arrived as a somewhat surprising late first-round pick. A gunshot wound just before the season slowed his start, and it wasn't until the final three weeks that we got consecutive games of 70% playing time or more for the rookie. That span included Pearsall's only two games of more than four catches. He'll open 2025 at least among the top three and perhaps without Brandon Aiyuk vying for early targets coming off an ACL tear. Pearsall showed some inside-outside versatility as a rookie and worked deeper (11.3 ADOT), like Aiyuk.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	SF	11	31	400	3	46	67.4%	1	0	45	0	78.0
2025 PROJ.		16	59	827	4	92	64.0%	0	0	36	0	140.6

51 HOLLYWOOD BROWN

5-9/180/AGE: 28

EFP: 137.0

BYE WEEK: 10

ATHLON'S TAKE

Brown vs. Xavier Worthy will be the primary battle for fantasy worth. We're betting on Worthy there, but Brown's much cheaper in drafts.

Brown basically had his 2024 wiped out by a shoulder injury. He did return for a limited role late in the season and through the playoffs, drawing a decent 15 targets over the final two regular-season games. Brown returns on a one-year deal to compete with Xavier Worthy and Rashee Rice for targets. He'll likely trail Rice — perhaps by a decent margin — after Rice closed 2023 as the lead target and seemed to open 2024 in the same role.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	ARI	12	67	709	3	107	62.6%	1	0	1	0	122.5
2023	ARI	14	51	574	4	101	50.5%	0	0	23	0	109.2
2024	KC	2	9	91	0	15	60.0%	0	0	0	0	13.6
2025 PROJ.		16	63	731	5	100	63.0%	1	0	12	0	137.0

52 EMEKA EGBUKA

6-0/202/AGE: 22

EFP: 129.8

BYE WEEK: 9

ATHLON'S TAKE

Egbuka looks like one of the most attractive handcuff types at WR. He'll carry plenty of upside if Chris Godwin or Mike Evans goes down.

Egbuka doesn't have obvious opportunity with the Bucs. But he does go to an offense that saw each of its top two wide receivers lose time to injury in 2024. Chris Godwin's coming off a dislocated ankle, and his recovery will bear watching. Egbuka's game could make him a direct replacement for Godwin should the veteran miss time. Mike Evans has missed multiple games two of the past three years. Egbuka comes off a strong Ohio State career that saw his precision route-running play especially well for slot-type work.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		17	64	685	4	97	66.0%	0	0	25	0	129.8

53 MATTHEW GOLDEN

5-11/191/AGE: 22

EFP: 127.3

BYE WEEK: 5

ATHLON'S TAKE

Golden's draft capital gives him upside in that Green Bay should play him plenty. But don't overrate the prospect on that factor.

Before selecting Golden, the Packers hadn't drafted a Round 1 receiver since Javon Walker in 2002. That tells us how much they like the new wideout, but there are some causes for concern. First, Golden never led his college team in receptions across two years at Houston and one at Texas. We can excuse him not beating an established Tank Dell as a Houston freshman, but the other two years look more suspicious. Golden lands in an offense that likes to spread the targets around. That could limit his weekly usability.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		16	55	737	4	91	60.0%	1	0	0	0	127.3

54 TRAVIS HUNTER

6-1/185/AGE: 22

EFP: 125.3

BYE WEEK: 8

ATHLON'S TAKE

The biggest question with Hunter will be just how much offensive playing time he gets. That adds risk to drafting him in starter range.

Jacksonville traded a 2026 first-round pick (and more) to get Hunter at No. 2 overall. We'll never know exactly how he'd have been valued as just a receiver, but the Jaguars have said all along that they view him as a wideout first. Going to an offense under new head coach Liam Coen's stewardship could mean Hunter plays a role similar to what Chris Godwin did last year in Tampa Bay with Coen as offensive coordinator, spending about 60% of his time in the slot and running the shortest ADOT of his career (5.6 yards).

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		16	55	751	4	91	60.0%	0	0	0	0	125.3

55 KEON COLEMAN

6-3/213/AGE: 22

EFP: 120.4

BYE WEEK: 7

ATHLON'S TAKE

Going in WR5 range of drafts makes Coleman all upside in a Bills pass-catching corps that looks fluid in its target distribution.

A fairly quiet rookie season found Coleman faring well in yards after the catch and end-zone opportunities (eight, tops among Bills). The latter's not surprising for a 6-foot-4, early Round 2 pick. The former could really boost his fantasy production if it continues. A wide receiver who runs deeper routes — as Coleman does — typically rates lower in yards after catch, while shorter-range receivers load up more in that area. If Coleman's catching longer passes *and* tacking on yardage afterward, he could be an efficient scorer.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	BUF	13	29	556	4	57	50.9%	1	0	9	0	97.0
2025 PROJ.		17	46	696	5	84	55.0%	1	0	0	0	120.4

56 WAN'DALE ROBINSON

5-8/185/AGE: 24

EFP: 119.9

BYE WEEK: 14

ATHLON'S TAKE

Robinson will be fine as a PPR WR4 if he maintains his role. He's not worth chasing hard or clinging to in the leadup, though.

Be honest — aren't you surprised to see how many passes Robinson caught last season? He tied for 10th among WRs in targets — even with Malik Nabers ranking second — and sat alone at 10th in receptions. Yardage? 44th. Combine that with the meager TD total, and you get the WR57 in half-PPR points per game. Robinson will continue to trail Nabers but could remain No. 2 in targets with better quarterback play.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	NYG	6	23	227	1	31	74.2%	1	0	-1	0	40.1
2023	NYG	15	60	525	1	78	76.9%	0	0	87	1	103.2
2024	NYG	17	93	699	3	140	66.4%	0	0	18	0	136.2
2025 PROJ.		17	65	584	5	93	69.5%	0	0	20	0	119.9

57 JALEN COKER

6-3/213/AGE: 23

EFP: 114.4

BYE WEEK: 14

ATHLON'S TAKE

Coker has potential to play the slot or outside and will bear watching for a WR2-type role. Tetairoa McMillan's no lock to dominate targets right away.

Coker overcame going undrafted and losing most of the summer to hamstring issues, and he posted a more impressive rookie season than first-round classmate Xavier Legette. The latter led in season totals, but Coker beat Legette in catch rate, yards per target, yards per catch and team yardage share over the time they shared the field. That's all particularly impressive because Legette had every reason to carry more favor with coaches. Tetairoa McMillan's arrival lowers the ceiling for any other Carolina wide receiver's 2025 outlook.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	CAR	11	32	478	2	46	69.6%	1	0	0	0	76.6
2025 PROJ.		17	49	664	4	78	63.0%	1	0	0	0	114.4

58 RAY-RAY McCLOUD III

5-9/185/AGE: 28

EFP: 114.1

BYE WEEK: 5

ATHLON'S TAKE

McCloud has spent his seven-year career being a better return man than receiver. If he's heavily involved on offense, that's bad news for Atlanta.

McCloud caught 23 more passes than in any previous pro season, improving on his previous high in receptions per game by 50%. McCloud's 11.1 yards per catch and one touchdown on those receptions mitigated the impact. And his targets evaporated when Michael Penix Jr. stepped in (12 over three games). We'll see what McCloud looks like with more games of Penix, but he *shouldn't* factor heavily into this offense.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	SF	17	14	243	1	25	56.0%	0	0	78	1	51.1
2023	SF	12	12	135	0	15	80.0%	0	0	30	0	22.5
2024	ATL	17	62	686	1	87	71.3%	0	2	79	0	109.5
2025 PROJ.		16	58	608	3	86	67.0%	0	0	70	0	114.1

59 QUENTIN JOHNSTON

6-2/208/AGE: 24

EFP: 113.4

BYE WEEK: 12

ATHLON'S TAKE

Johnston's a good bet to emerge as the No. 3 receiver, but that's probably not a strong role for fantasy in the Chargers' offense.

Johnston improved in his second season. But was it enough? His 3.7 receptions and 47.4 yards per game marked big jumps from his rookie numbers. But they're not impressive for a former first-round pick, especially as a second-round rookie (Ladd McConkey) zoomed by him. Johnston now must compete with another second-round wide receiver picked by head coach Jim Harbaugh's staff (they inherited Johnston). Tre Harris arrives off an SEC career that displayed upside on deep balls and after the catch.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	LAC	17	38	431	2	67	56.7%	0	0	9	0	75.0
2024	LAC	15	55	711	8	91	60.4%	2	0	6	0	147.2
2025 PROJ.		16	51	663	4	85	60.0%	4	0	0	0	113.4

60 ALLEN LAZARD

6-5/227/AGE: 29

EFP: 110.8

BYE WEEK: 9

ATHLON'S TAKE

Lazard might pop for a week here or there, but he combines lackluster production with injury risk. Not an attractive combo.

If Lazard runs a route and Aaron Rodgers isn't in the pocket, does Lazard's route even count? The veteran managed just 3.1 catches per game in his 2024 on-field reunion with Rodgers, but that boosted Lazard's numbers across the board vs. his 2023 Jets debut. Now in his age-30 season, Lazard likely doesn't factor heavily into anyone's plans. He has just one season of more than 3.3 receptions or 45.1 receiving yards per game.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	GB	15	60	788	6	100	60.0%	1	0	0	0	144.8
2023	NYJ	14	23	311	1	49	46.9%	0	0	0	0	48.6
2024	NYJ	12	37	530	6	60	61.7%	1	0	0	0	107.5
2025 PROJ.		15	46	603	4.6	77	59.5%	0	0	0	0	110.8

61 AMARI COOPER

6-1/210/AGE: 31

EFP: 110.0

BYE WEEK: TBD

ATHLON'S TAKE

Cooper's likely beyond operating as a lead receiver, but he's also not yet too old to re-emerge for some decent production and usable weeks.

Cooper barely showed up in Buffalo after his trade from the Browns and then watched the Bills opt for Joshua Palmer in free agency. It was just 2023 when Cooper posted a career high 17.4 yards per catch and landed 17th among wide receivers in fantasy points per game. He heads into his age-31 season coming off a career-low 1.41 yards per route, despite a still-deep 12.3-yard average depth of target.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	CLE	17	78	1,160	9	132	59.1%	5	0	0	0	207.0
2023	CLE	15	72	1,250	5	128	56.3%	5	1	0	0	191.0
2024	CLE/BUF	14	44	547	4	85	51.8%	0	0	0	0	100.7
2025 PROJ.		15	45	635	4	78	58.0%	0	0	0	0	110.0

62 ROMEO DOUBS

6-2/204/AGE: 25

EFP: 109.0

BYE WEEK: 5

ATHLON'S TAKE

Doubs is likely to remain a TD-or-bust play. We'll see whether his role changes, but head coach Matt LaFleur has been a fan of the WR.

Doubs has relied heavily on touchdowns for his fantasy scoring, finding the end zone on 10.2% of his receptions. He has actually crept up in target share through three seasons, going from a No. 57 rank among WRs in 2022 to 54th and then 47th. He'll face a new challenge after Green Bay drafted Matthew Golden in Round 1. Of course, there's room for Golden to take over Christian Watson's role after Watson went down with an ACL tear late last season.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	GB	13	42	425	3	67	62.7%	0	1	11	0	80.6
2023	GB	17	59	674	8	96	61.5%	0	0	0	0	144.9
2024	GB	13	46	601	4	72	63.9%	0	0	0	0	109.1
2025 PROJ.		17	46	583	5	74	62.5%	0	0	0	0	109.0

63 MICHAEL WILSON

6-2/213/AGE: 25

EFP: 107.2

BYE WEEK: 8

ATHLON'S TAKE

We're not betting on breakout upside for Wilson, but he could get interesting for fantasy if Marvin Harrison Jr. goes down.

The Cardinals were a prime spot for a rookie wideout to land, but the team spent no picks on the position. That returns Wilson as the likely No. 2 WR, trailing Marvin Harrison Jr. and Trey McBride for targets. That doesn't point to exciting upside. Wilson finished his first two seasons just 74th and 77th among wide receivers in target share. McBride and Harrison figure to dominate that area again. But Wilson has the size and speed to keep improving what he does with his chances.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	ARI	13	38	565	3	58	65.5%	0	0	0	0	95.5
2024	ARI	16	47	548	4	71	66.2%	0	1	7	0	101.0
2025 PROJ.		17	47	611	4	71	65.9%	0	0	0	0	107.2

64 CEDRIC TILLMAN

6-3/215/AGE: 25

EFP: 106.8

BYE WEEK: 9

ATHLON'S TAKE

If he's merely the No. 3 receiver for a Browns team with one of the league's worst QB situations, then Tillman won't be worth much attention.

Many expected the Browns to address quarterback earlier. Instead, they traded down, drafted a defensive tackle and waited until Rounds 3 and 5 for QB. That makes Tillman a mild winner, though the team followed the draft by signing Diontae Johnson to a one-year deal. If Johnson's in a good mood, he's at least the second-best wide receiver on the team — and perhaps No. 1. Tillman brings intriguing physical gifts — including a 6-foot-3 frame — but has done little outside of a nice stretch with Jameis Winston.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	CLE	14	21	224	0	44	47.7%	0	0	8	0	33.7
2024	CLE	11	29	339	3	49	59.2%	0	1	-5	0	65.9
2025 PROJ.		16	48	600	4	79	61.0%	0	0	0	0	106.8

65 TRE HARRIS

6-2/205/AGE: 23

EFP: 106.1

BYE WEEK: 12

ATHLON'S TAKE

Harris looks like the favorite for the No. 2 receiver role with the Chargers and could prove fantasy-viable right away. Stash him late.

Harris arrives to a Chargers offense that needs another target and just provided fertile ground for a less proven second-round wide receiver a year ago. Ladd McConkey arrived with questions about whether he could stay healthy and what his full-season production would look like. Harris earned strong market shares across five years in college — including two at Ole Miss. He led the nation with 128.8 receiving yards per game last year and averaged 17.7 yards per catch and 100.8 yards per game over two SEC seasons.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		16	48	621	3	80	60.0%	0	0	0	0	106.1

66 DONTAYVION WICKS

6-1/206/AGE: 24

EFP: 105.0

BYE WEEK: 5

ATHLON'S TAKE

Wicks is a decent end of draft stash in a spread-it-around passing game with handcuff upside to multiple Green Bay receivers.

Wicks had a path to a regular role when Christian Watson tore an ACL. The Round 1 selection of Matthew Golden complicated that, but we'll see how Green Bay sorts its wide receivers. Head coach Matt LaFleur is willing to sit a draft pick. Quarterback Jordan Love spent two years on the sideline, and even running back Derrick Henry split work with Dion Lewis when LaFleur was his offensive coordinator in Tennessee. Wicks has flashed upside when he gets onto the field but has also struggled with drops.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	GB	15	39	581	4	58	67.2%	0	1	1	0	100.3
2024	GB	17	39	415	5	76	51.3%	0	0	0	0	91.0
2025 PROJ.		17	42	588	4	68	61.5%	0	0	0	0	105.0

67 PARKER WASHINGTON

5-10/204/AGE: 23

EFP: 104.8

BYE WEEK: 8

ATHLON'S TAKE

There's nothing exciting about Washington, who's no lock for a meaningful role. We'll see how Jacksonville sorts the depth chart.

Washington could hit the season as Jacksonville's most frequent slot receiver. That will likely depend on how the Jags deploy Travis Hunter. If they play the rookie like the Bucs did Chris Godwin when Liam Coen was his coordinator, then Hunter could be headed for about 60% of his time spent in the slot. Dyami Brown is on hand to line up outside in that scenario. If Hunter plays outside, then Washington could run the slot. He had three six-catch games as a Christian Kirk fill-in over the past two years.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	JAC	9	16	132	2	21	76.2%	0	1	0	0	31.2
2024	JAC	17	32	390	3	51	62.7%	1	0	0	0	75.0
2025 PROJ.		16	50	554	4	81	62.5%	0	0	0	0	104.8

68 TUTU ATWELL

5-9/165/AGE: 25

EFP: 103.2

BYE WEEK: 8

ATHLON'S TAKE

The Rams' actions around Atwell this offseason said maybe we should pay attention, and then that we probably shouldn't.

The Rams re-signed Atwell on a one-year, $10 million deal just before he would have hit free agency. That tells us Atwell wasn't headed for a particularly good market and wanted one more shot to "prove it" in a friendly environment. The Rams still figure to work in Atwell as the No. 3 wideout, but it's tough to find him enough targets with Davante Adams and Puka Nacua around. Round 2 tight end Terrance Ferguson might also cut into Atwell's time.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	LAR	13	18	298	1	35	51.4%	0	0	34	1	54.2
2023	LAR	16	39	483	3	67	58.2%	1	0	31	0	92.9
2024	LAR	17	42	562	0	62	67.7%	0	0	7	0	77.9
2025 PROJ.		17	42	593	3	71	59.5%	0	0	23	0	103.2

69 JOSHUA PALMER

6-1/210/AGE: 25

EFP: 103.0

BYE WEEK: 7

ATHLON'S TAKE

Palmer's OK, and Josh Allen's very good. The latter stands the better chance of making Palmer relevant. He's a fine late stack with Allen.

Landing with Josh Allen on a $15 million-a-year contract is a good place to be. Palmer's career 11.5-yard ADOT could prove especially fitting, working him in a different area of the field vs. Khalil Shakir and tight end Dalton Kincaid. But the contract and landing spot don't take Palmer from limited player across four years with the Chargers and make him a potential fantasy stud. He has managed just 3.1 receptions per game so far, peaking at 4.5 back in his second season before declining to 2.6 with last year's Chargers.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	LAC	16	72	769	3	107	67.3%	2	0	4	0	133.3
2023	LAC	10	38	581	2	61	62.3%	2	1	6	0	87.7
2025 PROJ.		17	47	596	3	79	60.0%	1	0	0	0	103.0

70 MARVIN MIMS JR.

5-11/184/AGE: 23

EFP: 102.8

BYE WEEK: 12

ATHLON'S TAKE

Mims looks fine as a late pick for a best-ball roster. But he doesn't appear on track for a role that will allow you to confidently start him in fantasy.

Mims has spent two years with head coach Sean Payton since arriving as the first pick (in Round 2) of the Payton era in Denver. Over those 34 games (including playoffs), Mims has reached 50% playing time in just three contests: the playoff loss at Buffalo and two 2023 contests. Mims flashed for a pair of 100-yard games and two multi-TD outings late last season, but his role remained limited. Denver added Round 3 wide receiver Pat Bryant. Troy Franklin and DeVaughn Vele each played more snaps than Mims as 2024 rookies.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	DEN	16	22	377	1	33	66.7%	1	2	30	0	53.7
2024	DEN	17	39	503	6	52	75.0%	2	0	42	0	110.0
2025 PROJ.		16	41	614	4	66	62.0%	2	0	0	0	102.8

71 DARIUS SLAYTON

6-1/198/AGE: 28

EFP: 102.2

BYE WEEK: 14

ATHLON'S TAKE

Slayton's best fantasy value would come from Malik Nabers missing time. He caught 14 of 22 targets in the two 2024 games Nabers missed.

It was a bit surprising to see Slayton get $36 million over three years from the Giants. It was also a bit surprising to see him get less money than the Bills gave Josua Palmer. Slayton could benefit from the quarterback changes. Out are short-range Daniel Jones and every garbage fill-in who followed him last year. In are Russell Wilson — who has always thrown one of the league's prettiest deep balls — and Jaxson Dart, who's not afraid to sling it downfield.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	NYG	16	46	724	2	71	64.8%	0	1	0	0	105.4
2023	NYG	17	50	770	4	79	63.3%	1	0	0	0	126.0
2024	NYG	16	39	573	2	71	54.9%	2	0	17	0	90.5
2025 PROJ.		17	41	609	3.5	70	58.0%	1	0	0	0	102.2

72 KEENAN ALLEN

6-2/211/AGE: 33

EFP: 100.5

BYE WEEK: TBD

ATHLON'S TAKE

Allen remained solid through an age-32 season that's historically unkind to the position. He can stay relevant at 33.

Allen narrowly trailed DJ Moore in targets per game in their lone season together with the Bears. Allen posted a career-low 1.36 yards per route, though — likely due in part to the inconsistent (and often poor) play of rookie quarterback Caleb Williams. Allen managed a WR37 finish, scoring right at his expected touchdown number and short of his expected fantasy points per game overall. He fits better at this stage as a shorter-range chains-mover.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	LAC	10	66	752	4	89	74.2%	2	1	8	0	131.0
2023	LAC	13	108	1,243	7	150	72.0%	5	1	6	0	226.9
2024	CHI	15	70	744	7	121	57.9%	1	0	0	0	149.4
2025 PROJ.		15	51	546	3	75	68.0%	0	0	0	0	100.5

73 JACK BECH

6-1/214/AGE: 22

EFP: 97.7

BYE WEEK: 8

ATHLON'S TAKE

Bech looks interesting as a late option in redraft. Just don't reach too far in drafts where the rookie hype runs stronger.

As a true freshman in 2021, Bech snagged the most receptions for an LSU team that also sported Malik Nabers, Brian Thomas Jr. and Trey Palmer. He then endured a down couple of years but reemerged for a strong final year at TCU. That included 16.7 yards per catch and nine of the team's 31 touchdown receptions (31%). Bech's Raiders return tight end Brock Bowers and underrated wide receiver Jakobi Meyers, but there's plenty of room for a third target to emerge. Bech brings inside-outside versatility and crisp route-running.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		17	46	565	3	74	62.6%	0	0	0	0	97.7

74 DIONTAE JOHNSON

5-10/183/AGE: 29

EFP: 94.3

BYE WEEK: 9

ATHLON'S TAKE

Johnson needs to prove he's ready to play nice, and Cleveland needs to show how much it'll play him. Johnson's a good late stash, though.

Johnson carries the best target-earning history of any receiver in Cleveland. Of course, if his story were only about his talent and production, then he'd still be playing for a different team. Instead, Johnson motivated four franchises to move on from him in 2024. And he managed only a small, one-year deal with the Browns. He could emerge as the No. 2 wideout here — perhaps even challenge Jerry Jeudy's lead.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	PIT	17	86	882	0	147	58.5%	0	0	25	0	137.7
2023	PIT	13	51	717	5	87	58.6%	0	0	0	0	127.2
2024	CAR/BAL/HOU	12	33	375	3	67	49.3%	1	0	6	0	72.6
2025 PROJ.		15	46	519	3	84	55.0%	4	0	0	0	94.3

75 RASHOD BATEMAN

6-1/195/AGE: 25

EFP: 92.5

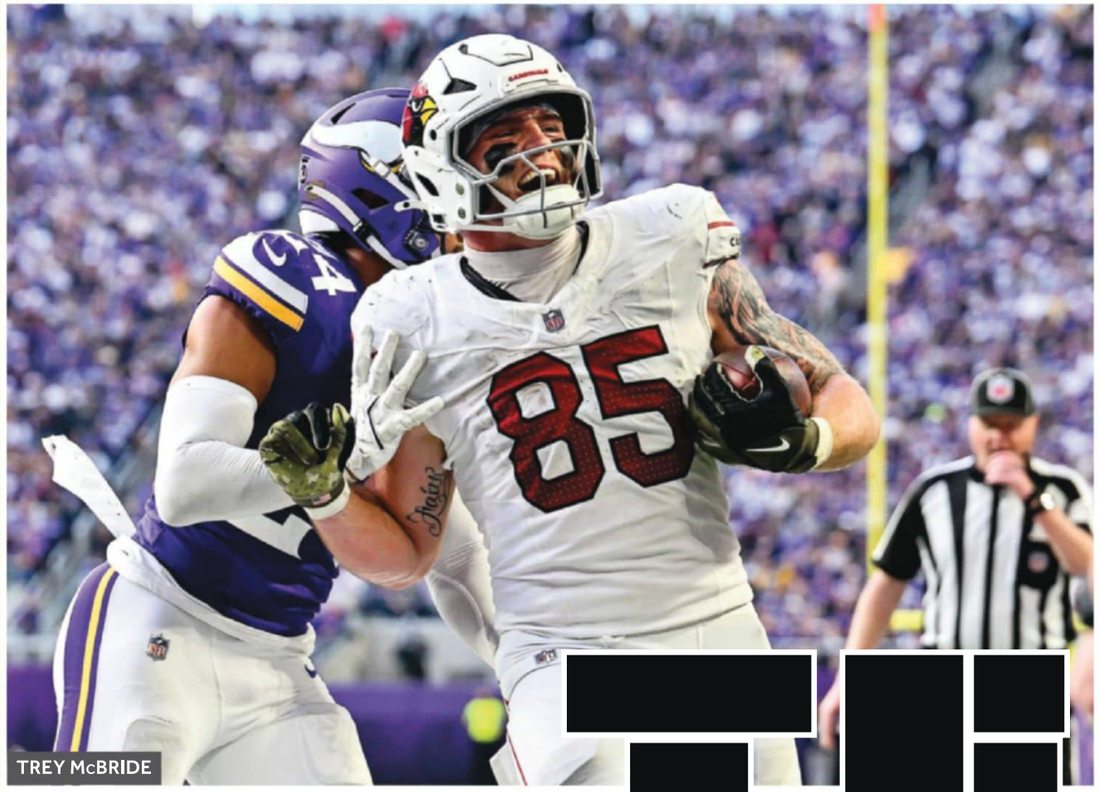
BYE WEEK: 7

ATHLON'S TAKE

Bateman's best deployed as a best-ball WR, where we can take the big plays and not worry about the goose eggs. He'll frustrate otherwise.

Bateman enjoyed a terrific fourth season, but there was a mirage aspect to it. He scored on 20% of his 45 receptions for the season. By comparison, he scored on 4.3% of his career receptions before last year. Bateman also didn't see meaningful growth in his volume. His 2.6 receptions per game beat 2023 but remained short of his rookie-year peak (3.8). Bateman faces a new target challenge from DeAndre Hopkins in 2025.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	BAL	6	15	285	2	28	53.6%	1	1	0	0	46.0
2023	BAL	16	32	367	1	56	57.1%	0	0	18	0	60.5
2024	BAL	17	45	756	9	72	62.5%	1	0	0	0	152.1
2025 PROJ.		16	39	544	3	69	57.0%	1	0	0	0	92.5


TREY McBRIDE

JEFFREY BECKER-IMAGN IMAGES

STAFF TOP 12s

LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
1. Brock Bowers	1. Brock Bowers	1. Brock Bowers	1. Trey McBride	1. Brock Bowers
2. Trey McBride	2. Trey McBride	2. Trey McBride	2. Brock Bowers	2. Trey McBride
3. Sam LaPorta	3. George Kittle	3. David Njoku	3. Sam LaPorta	3. Sam LaPorta
4. George Kittle	4. Sam LaPorta	4. Sam LaPorta	4. David Njoku	4. George Kittle
5. T.J. Hockenson	5. Mark Andrews	5. George Kittle	5. George Kittle	5. T.J. Hockenson
6. Tucker Kraft	6. T.J. Hockenson	6. T.J. Hockenson	6. Travis Kelce	6. Evan Engram
7. David Njoku	7. Travis Kelce	7. Travis Kelce	7. T.J. Hockenson	7. Travis Kelce
8. Mark Andrews	8. Jonnu Smith	8. Dalton Kincaid	8. Mark Andrews	8. Mark Andrews
9. Jonnu Smith	9. Tyler Warren	9. Evan Engram	9. Dalton Kincaid	9. Tucker Kraft
10. Travis Kelce	10. Evan Engram	10. Hunter Henry	10. Jonnu Smith	10. David Njoku
11. Pat Freiermuth	11. Pat Freiermuth	11. Mark Andrews	11. Hunter Henry	11. Jonnu Smith
12. Kyle Pitts	12. Kyle Pitts	12. Jonnu Smith	12. Pat Freiermuth	12. Dalton Kincaid

	LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
Top Rookie	Colston Loveland	Tyler Warren	Colston Loveland	Tyler Warren	Colston Loveland
Sleeper	Brenton Strange	Brenton Strange	Pat Freiermuth	Hunter Henry	Cade Otton
Deep Sleeper	Theo Johnson	Luke Lachey	Terrance Ferguson	Mike Gesicki	Brenton Strange
Bounce-Back	T.J. Hockenson	Dallas Goedert	T.J. Hockenson	Evan Engram (PPR)	Evan Engram
Bust	Evan Engram	Dalton Kincaid	Kyle Pitts	Colston Loveland	Jonnu Smith
Injury Risk	Dallas Goedert	David Njoku	George Kittle	Evan Engram	T.J. Hockenson

2025 RANKINGS

RK	PLAYER	TEAM	BYE
☐ 1	Trey McBride	ARI	8
☐ 2	Brock Bowers	LV	8
☐ 3	Sam LaPorta	DET	8
☐ 4	David Njoku	CLE	9
☐ 5	George Kittle	SF	14
☐ 6	Travis Kelce	KC	10
☐ 7	T.J. Hockenson	MIN	6
☐ 8	Dalton Kincaid	BUF	7
☐ 9	Jonnu Smith	MIA	12
☐ 10	Mark Andrews	BAL	7
☐ 11	Hunter Henry	NE	14
☐ 12	Jake Ferguson	DAL	10
☐ 13	Evan Engram	DEN	12
☐ 14	Pat Freiermuth	PIT	5
☐ 15	Kyle Pitts	ATL	5
☐ 16	Tyler Warren	IND	11
☐ 17	Zach Ertz	WAS	12
☐ 18	Tucker Kraft	GB	5
☐ 19	Chig Okonkwo	TEN	10
☐ 20	Dallas Goedert	PHI	9
☐ 21	Juwan Johnson	NO	11
☐ 22	Dalton Schultz	HOU	6
☐ 23	Mike Gesicki	CIN	10
☐ 24	Tyler Higbee	LAR	8
☐ 25	Ja'Tavion Sanders	CAR	14
☐ 26	Isaiah Likely	BAL	7
☐ 27	Cade Otton	TB	9
☐ 28	Theo Johnson	NYG	14
☐ 29	Colston Loveland	CHI	5
☐ 30	Will Dissly	LAC	12
☐ 31	Michael Mayer	LV	8
☐ 32	Noah Gray	KC	10
☐ 33	Brenton Strange	JAC	8
☐ 34	Mason Taylor	NYJ	9
☐ 35	Harold Fannin Jr.	CLE	9
☐ 36	Noah Fant	SEA	8
☐ 37	Ben Sinnott	WAS	12
☐ 38	Elijah Arroyo	SEA	8
☐ 39	Luke Musgrave	GB	5
☐ 40	Terrance Ferguson	LAR	8

SAM LAPORTA

JUNFU HAN

AVERAGE DEPTH OF TARGET

Player	Team	TGT	ADOT
Mark Andrews	BAL	79	10.5
Foster Moreau	NO	42	10.3
Isaiah Likely	BAL	65	9.5
T.J. Hockenson	MIN	64	9.0
Dalton Kincaid	BUF	81	8.9
George Kittle	SF	92	8.9
Kyle Pitts	ATL	70	8.7
Dalton Schultz	HOU	92	8.3
Juwan Johnson	NO	64	8.2
Hunter Henry	NE	89	7.9
Mike Gesicki	CIN	82	7.8
Zach Ertz	WAS	111	7.8
Sam LaPorta	DET	85	7.6
Brenton Strange	JAC	54	7.4
Cole Kmet	CHI	55	7.1
Travis Kelce	KC	149	7.1
Theo Johnson	NYG	43	6.9
Austin Hooper	NE	59	6.9
Dallas Goedert	PHI	71	6.7
Noah Gray	KC	52	6.6
Brock Bowers	LV	148	6.6
Trey McBride	ARI	139	6.5
Ja'Tavion Sanders	CAR	43	6.3
Jordan Akins	CLE	54	6.3
Colby Parkinson	LAR	51	6.2
Pat Freiermuth	PIT	78	6.2
Noah Fant	SEA	62	5.9

(MIN 30 TARGETS, INCLUDING PLAYOFFS)

For wide receivers and tight ends, ADOT removes volatile YAC (yards after catch) from the equation, instead focusing only on the average distance the player is downfield on each target. It's an indicator of big-play potential.

INJURY CONCERNS

JAKE FERGUSON, DALLAS COWBOYS Ferguson emerged as a valuable weapon for the Cowboys in 2023, but he took a step back last season, and injuries played a part. Ferguson has also missed time in two of his three NFL seasons with concussions, so that's an ongoing risk.

DALLAS GOEDERT, PHILADELPHIA EAGLES Goedert has been a key weapon in the Eagles' high-powered offense, but he had trouble staying on the field last season. He's missed 15 games in the last three seasons, including seven games last season with foot and hamstring injuries. His 2024 numbers — 42 receptions for 496 yards and two touchdowns — were all the lowest totals for Goedert since his 2018 rookie season.

TYLER HIGBEE, LOS ANGELES RAMS The 32-year-old Higbee missed most of the 2024 season recovering from knee surgery. Even after returning for the final three games of the season, he missed some time with a chest injury. His value is evident, as he caught a touchdown pass in the Rams' close loss to the Philadelphia Eagles in the divisional playoff game, but the Rams did draft fellow tight end Terrance Ferguson in the second round.

THEO JOHNSON, NEW YORK GIANTS Johnson was an unknown quantity when he joined the Giants as a fourth-round rookie last season, but the sudden retirement of Darren Waller and an injury to Daniel Bellinger pressed him into duty. Johnson progressed slowly and then missed the last five games of the season with a Lisfranc injury. He finished the season with 29 catches for 331 yards and one score.

GEORGE KITTLE, SAN FRANCISCO 49ERS Kittle is one of the most productive tight ends in the NFL, but he turns 32 in October. He didn't miss any games en route to catching 78 passes for 1,106 yards and eight touchdowns last season, but he was banged up — he was listed as questionable or doubtful for five weeks with hamstring, ribs, foot and ankle injuries.

LUKE MUSGRAVE, GREEN BAY PACKERS Even after missing a few games as a rookie in 2023 with a kidney injury, Musgrave was the starting tight end for Green Bay when the 2024 season began. But he actually lost his job to Tucker Kraft before suffering an ankle injury in Week 5. The ankle injury persisted, and he'll have to overcome the injury history if he has any chance of taking playing time back from Kraft.

DAVID NJOKU, CLEVELAND BROWNS With so much uncertainty at the quarterback spot for Cleveland, Njoku will be relied on heavily, whether that's providing a target for veteran Joe Flacco or one of the two rookies they drafted. Njoku can be more than a safety valve, but he needs to stay healthy. In 2024, Njoku missed three games with an ankle injury and three others due to a knee.

BROCK BOWERS

01 TREY McBRIDE
6-4/246/AGE: 25

EFP: 207.2
BYE WEEK: 8
ATHLON'S TAKE
McBride led all tight ends in target share by a decent margin last year. Brock Bowers looks like his only competition for 2025.

McBride became just the third player in NFL history to reach 100 receptions while catching two TD passes or fewer. He ranked third among tight ends in fantasy points per game, even while scoring *under* his expected fantasy points, according to Pro Football Focus. Chalk it up primarily to bad luck. McBride caught just one of nine end-zone targets. Only one other tight end exceeded five end-zone targets without scoring at least once. McBride looks like the best bet to lead the Cardinals in targets again, with Marvin Harrison Jr. the only challenger.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	ARI	16	29	265	1	39	74.4%	0	0	0	0	47.0
2023	ARI	17	81	825	3	106	76.4%	2	0	0	0	141.0
2024	ARI	16	111	1,146	2	147	75.5%	3	0	2	1	188.3
2025 PROJ.		17	104	1,083	8	143	73.0%	2	0	0	0	207.2

02 BROCK BOWERS
6-3/243/AGE: 22

EFP: 207.1
BYE WEEK: 8
ATHLON'S TAKE
The only real question is whether Bowers will be worth how early you'll need to take him. Late Round 2 on should be OK.

Bowers set the NFL record for receptions by a rookie (across positions), despite ranking just third among tight ends in target share. There's room for growth even without expanding that target share. Bowers' 6.6-yard average target depth trailed two of his three college seasons, according to Pro Football Focus. And his 5.3 yards after catch per reception trailed all three of his Georgia campaigns. Bowers should get better quarterback play from Geno Smith in 2025. There's the challenge of adapting to new offensive coordinator Chip Kelly's scheme.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	LV	17	112	1,194	5	153	73.2%	2	0	13	0	206.7
2025 PROJ.		17	97	1,040	9	135	72.0%	0	0	23	0	207.1

03 SAM LaPORTA
6-3/245/AGE: 24

EFP: 160.2
BYE WEEK: 8
ATHLON'S TAKE
LaPorta was simply overdrafted last year, with downside risk on his role and efficiency. He's appropriately priced here.

What happened to LaPorta after such a strong debut? His targets fell. LaPorta went from ranking seventh among tight ends as a rookie to just 13th last year, even adjusted for games missed. The Lions also passed less, dipping from 56.0% pass in 2023 to 52.2% last season. LaPorta did fare well with what he got, though, boosting his yards per catch vs. 2023 and scoring on 11.7% of his receptions — nearly identical to his 2023 rate. This season brings the challenge of a new offensive coordinator plus the incumbent target competition. But LaPorta's primary red-zone role should help his efficiency.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	DET	17	86	889	10	120	71.7%	1	0	4	0	196.3
2024	DET	16	60	726	7	83	72.3%	1	0	0	0	144.6
2025 PROJ.		17	74	786	7	103	72.0%	1	0	0	0	160.2

04 DAVID NJOKU
6-4/246/AGE: 29

EFP: 152.7
BYE WEEK: 9
ATHLON'S TAKE
Njoku has become the short-range safety outlet over the past three years. That should keep him especially attractive in full-PPR leagues.

Njoku has climbed the tight end target rankings each of the past four years. He went from 28th in target share in 2020, to 23rd, 10th, sixth, and then fifth last season. Cleveland trading Amari Cooper helped the available targets, while quarterback Jameis Winston boosted everyone's receiving lines after Deshaun Watson (and Dorian Thompson-Robinson) went down. Njoku is in the final year of a hefty contract but is only 29. We'll see whether the quarterback play can improve, but Njoku has succeeded despite the revolving door at QB.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	CLE	14	58	628	4	80	72.5%	0	1	-8	0	113.0
2023	CLE	16	81	882	6	123	65.9%	2	2	0	0	160.7
2024	CLE	11	64	505	5	97	66.0%	0	0	0	0	116.5
2025 PROJ.		16	75	790	6	112	67.0%	1	0	0	0	152.7

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GEORGE KITTLE

05 GEORGE KITTLE
6-4/250/AGE: 31

EFP: 151.8
BYE WEEK: 14
ATHLON'S TAKE
As long as Kittle doesn't creep into the top three in ADP at the position, he'll make for an attractive option in the mid-single-digit rounds.

Deebo Samuel, Brandon Aiyuk and Christian McCaffrey all lost time to injuries last year. That helped Kittle to his most receptions and yards per game since 2020. The tight end has posted two of his top three yards-per-catch rates the past two years as well. This year's offense finds a questionable Aiyuk coming off an ACL tear, Samuel gone and Jauan Jennings and Ricky Pearsall trying to prove they can be regular factors. Kittle figures to be a comfy target for Brock Purdy, with plenty of downfield range remaining.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	SF	15	60	765	11	86	69.8%	1	1	0	0	170.5
2023	SF	16	65	1,020	6	90	72.2%	3	0	2	0	170.7
2024	SF	15	78	1,106	8	94	83.0%	4	0	0	0	197.6
2025 PROJ.		16	62	838	6	84	73.0%	2	0	0	0	151.8

06 TRAVIS KELCE
6-5/250/AGE: 35

EFP: 151.7
BYE WEEK: 10
ATHLON'S TAKE
Kelce still ranked third among tight ends in targets last year and still has Patrick Mahomes. That's enough to keep him in starter range.

Kelce's yards per catch have declined for two straight years, down to 8.5 in his age-35 season. The underlying metrics also say he's likely near the end. Kelce posted the fewest yards per route, fewest yards after catch per reception and lowest Pro Football Focus grade of his career last season. The 3.9 YAC per reception marked a particularly noticeable drop (previous low of 5.0 the season before), especially when you consider his recent average target depths also falling vs. his earlier seasons.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	KC	17	110	1,338	12	152	72.4%	6	1	5	0	261.3
2023	KC	15	93	984	5	121	76.9%	2	1	0	0	172.9
2024	KC	16	97	823	3	133	72.9%	1	1	1	0	146.9
2025 PROJ.		17	77	724	7	106	72.5%	2	0	0	0	151.7

FROM LEFT: BRAD RempeL-IMAGN IMAGES; MARK J. REBILAS-IMAGN IMAGES; JEFF HANISCH-IMAGN IMAGES

07 T.J. HOCKENSON
6-5/248/AGE: 28

EFP: 145.2
BYE WEEK: 6
ATHLON'S TAKE
Hockenson's fine as your PPR tight end. But he's not likely to become a difference maker vs. draft price as long as Justin Jefferson's healthy.

Hockenson endured an understandably limited 2024 after tearing two ligaments in his right knee in late December 2023. He didn't take the field until Week 9 and didn't reach 70% playing time in a game until Week 18. Hockenson played 79.4% of all offensive snaps in 2023 before going down. The knee — and the surrounding muscles — should be in much better shape this time. But Hockenson's target volume could remain limited with Justin Jefferson and Jordan Addison around. Jefferson missed time amid Hockenson's big 2023.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	DET/MIN	17	86	914	6	129	66.7%	2	1	0	0	172.4
2023	MIN	15	95	960	5	127	74.8%	1	1	0	0	171.5
2024	MIN	10	41	455	0	62	66.1%	1	0	0	0	66.0
2025 PROJ.		16	77	768	5	103	70.0%	0	0	0	0	145.2

08 DALTON KINCAID
6-3/246/AGE: 25

EFP: 143.2
BYE WEEK: 7
ATHLON'S TAKE
There's room for Kincaid to become a reliable weekly source of receptions. Just don't overtrust the likelihood that he delivers.

Kincaid actually climbed from 13th among tight ends in target share as a rookie to 10th last season. But he lost four games to a knee injury, and the Bills passed at the league's fourth-lowest rate in the first full season under offensive coordinator Joe Brady. Kincaid did increase his average target depth, despite the physical issues. And he trailed only Khalil Shakir in targets. The target competition remains modest for 2025. Shakir ranked just 38th among WRs in target share. Former Chargers WR Joshua Palmer was the biggest addition.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	BUF	16	73	673	2	91	80.2%	0	1	0	0	113.8
2024	BUF	13	44	448	2	75	58.7%	0	0	0	0	78.8
2025 PROJ.		17	71	737	6	101	70.0%	0	0	0	0	143.2

DALTON KINCAID

JONNU SMITH

09 JONNU SMITH
6-3/248/AGE: 30

EFP: 140.8
BYE WEEK: 12
ATHLON'S TAKE
If Smith maintains the same role, he could continue to be valuable. But Tyreek Hill and Jaylen Waddle bounce backs could steal the targets.

Smith opened his first Dolphins season with the kind of limited work we'd seen across his previous two spots. He fell short of 50% playing time in each of the first six games. But he bumped up to 66% in Tua Tagovailoa's Week 8 return and stayed at 60% or higher in seven of the ensuing 10 games. Smith wound up with 41 more targets and 38 more receptions than his previous career highs. His TD rate also presents some regression potential.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	NE	14	27	245	0	38	71.1%	0	0	5	0	38.5
2023	ATL	17	50	582	3	70	71.4%	1	1	0	0	99.2
2024	MIA	17	88	884	8	111	79.3%	2	1	-1	0	178.3
2025 PROJ.		17	67	742	5	98	68.0%	0	0	14	0	140.8

MARK ANDREWS

10 MARK ANDREWS
6-5/250/AGE: 30

EFP: 138.5
BYE WEEK: 7
ATHLON'S TAKE
There's downside risk to Andrews for this range. He's fine to target if he gets toward the bottom of TE1 territory. There's more risk earlier.

Last season marked the first time since his 2018 rookie campaign that Andrews ranked outside the top four tight ends in target share. He slid all the way to 18th. But Andrews also posted the highest receiving success rate of his career, according to Pro Football Reference. And he set a career high in TD catches. Will Andrews regain some of his lost target share, or will he blend more into a crowd that added WR DeAndre Hopkins and retains fellow TE Isaiah Likely?

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	BAL	15	73	847	5	113	64.6%	3	0	8	0	154.0
2023	BAL	10	45	544	6	61	73.8%	0	0	0	0	112.9
2024	BAL	17	55	673	11	69	79.7%	0	0	5	0	161.3
2025 PROJ.		16	59	704	6	87	68.0%	3	0	3	0	138.5

11 HUNTER HENRY
6-5/249/AGE: 30

EFP: 137.3
BYE WEEK: 14
ATHLON'S TAKE
You won't need to take Henry this high. But there's enough upside in his OB, his OC and his TD history to land him here at the end.

Henry led all Patriots in targets and receiving yards in Drake Maye's debut season. The meager TD production kept it from being an especially useful fantasy season. But that included at least some bad luck. According to Pro Football Focus, Henry's seven end-zone targets tied for 10th at the position. But only he and Trey McBride caught just one TD in that range, among the 13 tight ends with six-plus end-zone targets. Henry played for offensive cooordinator Josh McDaniels with the 2021 Patriots and caught a career-high nine TDs.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	NE	17	41	509	2	59	69.5%	0	0	0	0	83.4
2023	NE	14	42	419	6	61	68.9%	0	0	0	0	98.9
2024	NE	16	66	674	2	97	68.0%	1	0	0	0	112.4
2025 PROJ.		17	64	705	6	94	68.5%	0	0	0	0	137.3

12 JAKE FERGUSON
6-5/252/AGE: 26

EFP: 123.8
BYE WEEK: 10
ATHLON'S TAKE
Ferguson went from being an upside play to likely just being an OK fantasy option. The ceiling would improve with a WR injury.

Ferguson's target outlook appeared much better before the Cowboys acquired George Pickens. The moody wideout is no lock to deliver — that's why Pittsburgh quit on him — but the Cowboys didn't give a Round 3 pick to have Pickens run decoy routes. He and CeeDee Lamb could make up one of the league's top WR duos. But we should also see a pass-leaning offense. Dallas passed at the sixth-highest rate last year, despite losing Dak Prescott for half the season.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	DAL	16	19	174	2	22	86.4%	0	0	0	0	38.9
2023	DAL	17	71	761	5	102	69.6%	0	0	0	0	141.6
2024	DAL	14	59	494	0	86	68.6%	0	2	0	0	74.9
2025 PROJ.		17	62	591	6	89	70.0%	0	0	0	0	123.8

13 EVAN ENGRAM
6-3/240/AGE: 31

EFP: 120.6
BYE WEEK: 12
ATHLON'S TAKE
Engram's short-range game makes him unattractive outside of full PPR leagues. He carries upside in that format, though.

The Broncos weren't worried about Engram losing eight games to a shoulder injury last season. Denver signed the 31-year-old (come Sept. 2) to a two-year, $23 million contract. That gives him the 10th-largest annual average among tight end contracts. Engram saw his yards per catch trail off with the Jaguars, thanks largely to short average target depths. He has averaged less than nine yards per catch in three of the past four seasons.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	JAC	17	73	766	4	98	74.5%	2	0	13	0	140.4
2023	JAC	17	114	963	4	143	79.7%	0	2	0	0	173.3
2024	JAC	9	47	365	1	64	73.4%	1	1	0	0	66.0
2025 PROJ.		16	64	578	5	89	72.0%	0	0	0	0	120.6

14 PAT FREIERMUTH
6-5/258/AGE: 26

EFP: 117.5
BYE WEEK: 5
ATHLON'S TAKE
The WR group remains shallow, with DK Metcalf replacing George Pickens. There's talent here, but control your expectations.

Freiermuth's rate stats rebounded from a down 2023. But he has now gone four NFL seasons without averaging 4.0 receptions per game. He also has reached 40 receiving yards per game in just one of four seasons. His career-high catch rate in 2024 obviously boosted his efficiency but also leaves room for regression. Freiermuth earned a four-year extension at about $12 million per year. That would seem to indicate more use than ranking 14th among TEs in target share.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	PIT	16	63	732	2	98	64.3%	0	0	0	0	116.7
2023	PIT	12	32	308	2	47	68.1%	1	0	0	0	60.8
2024	PIT	17	65	653	7	78	83.3%	0	2	0	0	135.8
2025 PROJ.		17	56	633	4	79	70.0%	0	0	0	0	117.5

15 KYLE PITTS
6-6/250/AGE: 24

EFP: 116.8
BYE WEEK: 5
ATHLON'S TAKE
We've gotten much more disappointment from Pitts than production. He's still talented enough to get drafted, but don't chase him.

The Falcons seem to tell us every offseason about how they believe Pitts is about to step up. Meanwhile, he has averaged just 2.9 receptions and 36.9 yards per game over the three years since his impressive rookie campaign. Pitts trailed not only Drake London and Darnell Mooney, but even Ray-Ray McCloud III in receiving usage and production last season. Pitts' more wide receiver-styled game might make it tougher to attract targets, with two effective receivers on the perimeter.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	ATL	10	28	356	2	59	47.5%	0	0	0	0	61.6
2023	ATL	17	53	667	3	90	58.9%	0	0	-4	0	110.8
2024	ATL	17	47	602	4	74	63.5%	0	0	0	0	107.7
2025 PROJ.		17	52	663	4	84	62.0%	1	0	0	0	116.8

16 TYLER WARREN
6-5/256/AGE: 23

EFP: 115.3
BYE WEEK: 11
ATHLON'S TAKE
There's room for concern around Warren taking as long as he did to break out in college. But he arrives as a high-upside player immediately.

Warren followed four quiet seasons at Penn State by breaking out to dominate the Nittany Lions offense last year. He accounted for 36% of the team's receptions, 34% of the receiving yards and 27% of the TD catches. Warren even took 26 carries for 218 yards and four TDs. That's more carries than Brock Bowers got across three seasons at Georgia. Warren joins a Colts offense with target opportunity, but Indy also must answer the quarterback question. Warren's best outcome would likely be Daniel Jones and his short-range game winning the job.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		17	53	636	4	80	66.0%	0	0	0	0	115.3

VINCENT CARCHIETTA-IMAGN IMAGES

17 ZACH ERTZ
6-5/250/AGE: 34

EFP: 115.0
BYE WEEK: 12
ATHLON'S TAKE
Ertz's upside is modest, but so is his ADP. He's a good target if you want to wait to be among the last in your league to address TE.

Ertz remained a short-range target with little after-catch ability in his first year with Washington. But Ertz also drew targets like the Ertz we've seen before. It helped to have rookie quarterback Jayden Daniels play well right away. It also helped to have offensive coordinator Kliff Kingsbury, who coached Ertz with the 2021-22 Cardinals. Re-signing Ertz (and tight end John Bates) told us the Commanders don't believe 2024 second-rounder Ben Sinnott will be ready to start.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	ARI	10	47	406	4	69	68.1%	0	0	0	0	92.1
2023	ARI	7	27	187	1	43	62.8%	0	0	0	0	38.2
2024	WAS	17	66	654	7	91	72.5%	0	0	0	0	144.4
2025 PROJ.		15	61	594	4	88	69.0%	0	0	0	0	115.0

18 TUCKER KRAFT
6-5/259/AGE: 24

EFP: 114.0
BYE WEEK: 5
ATHLON'S TAKE
Kraft was one of four Packers in the range of 70-76 targets last year. Expect more passing with a healthier Jordan Love, but also inconsistent targets.

In 2023, Kraft took advantage of TE classmate Luke Musgrave going down. Last season, Kraft simply passed him on the depth chart. That came despite Kraft missing most of the summer recovery from a spring pectoral tear. He showed no ill signs in playing every game and posting the third-highest yards per catch among tight ends with 10-plus receptions. Kraft's downfield speed — before and after the catch — set him apart at the position. His ceiling's limited, though, by Green Bay's preference to spread targets.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	GB	17	31	355	2	40	77.5%	0	0	0	0	63.0
2024	GB	17	50	707	7	70	71.4%	0	1	6	0	138.3
2025 PROJ.		15	53	634	4	74	72.0%	0	0	0	0	114.0

19 CHIG OKONKWO
6-3/238/AGE: 26

EFP: 113.1
BYE WEEK: 10
ATHLON'S TAKE
Okonkwo had just one game with more than three catches before the final four weeks last season. Don't get too excited.

Cam Ward should be an upgrade at quarterback, and the target competition remains iffy. The Titans imported wide receiver Tyler Lockett after he dropped off significantly in Seattle last year. And they waited until Round 4 to add a pair of wideouts. That helps Okonkwo's target outlook. But he has played just 66% and 61% of snaps the past two seasons. Round 4 pick Gunnar Helm led Texas in receptions last season.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	TEN	17	32	450	3	46	69.6%	0	0	2	0	81.2
2023	TEN	17	54	528	1	77	70.1%	0	0	6	0	86.4
2024	TEN	17	52	479	2	70	74.3%	0	1	17	0	87.6
2025 PROJ.		17	61	597	4	85	71.5%	0	0	8	0	113.1

20 DALLAS GOEDERT
6-5/256/AGE: 30

EFP: 112.3
BYE WEEK: 9
ATHLON'S TAKE
Goedert has topped four TD catches once in seven pro seasons and in none of the past three years. There's not much to chase.

Goedert has lost games to injuries each of the past six seasons. Pro Football Reference pegged Goedert for a career-low success rate — despite a career-high 80.8% catch rate. Philly kept him amid spring trade rumors. But the Eagles also imported reserve tight ends Harrison Bryant and Kylen Granson. Neither will challenge to overtake Goedert. But perhaps they'll cut into his targets in an offense already tenuous on overall passing volume.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	PHI	12	55	702	3	69	79.7%	1	1	0	0	113.7
2023	PHI	14	59	592	3	83	71.1%	1	0	1	0	106.8
2024	PHI	10	42	496	2	52	80.8%	1	0	0	0	82.6
2025 PROJ.		15	54	615	4	72	74.0%	1	0	0	0	112.3

21 JUWAN JOHNSON
6-4/231/AGE: 28

EFP: 111.1
BYE WEEK: 11
ATHLON'S TAKE
Johnson's OK as a third tight end on a best-ball roster. But he's not likely to be someone you want to start in a typical redraft lineup.

Despite never having averaged 3.0 receptions per game for a season, Johnson's working on a contract that pays him more than $10 million a year. Last season marked the first in which Johnson played all 17 games. Season-ending injuries to wide receivers Chris Olave and Rashid Shaheed helped Johnson rank second in targets. But they're back, and New Orleans added Brandin Cooks. Derek Carr's abrupt retirement adds a challenge.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	NO	16	42	508	7	65	64.6%	0	0	0	0	113.8
2023	NO	13	37	368	4	59	62.7%	0	0	0	0	79.3
2024	NO	17	50	548	3	66	75.8%	0	0	0	0	97.8
2025 PROJ.		16	49	541	5	73	0.67	0	0	0	0	111.1

22 DALTON SCHULTZ
6-5/242/AGE: 29

EFP: 109.6
BYE WEEK: 6
ATHLON'S TAKE
Schultz dropped from consecutive top-12 finishes in fantasy points per game to 34th last year. He's barely worth draft consideration.

Schultz flashed for a pair of double-digit fantasy scores late last season. Those marked the only two games in which he found the end zone, and two of only three in which he exceeded four catches. Overall, Schultz's receptions per game fell to just 3.1, his lowest mark since the first two years of his career. Houston then acquired Christian Kirk and drafted receivers in Round 2 and Round 4. A bounce-back performance from C.J. Stroud would boost all the pass-catchers.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	DAL	15	57	577	5	89	64.0%	0	1	0	0	114.2
2023	HOU	15	59	635	5	88	67.0%	1	1	0	0	121.0
2024	HOU	17	53	532	2	85	62.4%	0	0	0	0	91.7
2025 PROJ.		17	58	587	4	86	0.67	0	0	0	0	109.6

23 MIKE GESICKI
6-6/245/AGE: 29

EFP: 105.7
BYE WEEK: 10
ATHLON'S TAKE
The contract says we should expect Gesicki to stay more involved. The team passes at the league's highest rate. Upside combo late.

Through most of Gesicki's first season with the Bengals, he alternated between barely seeing the ball when Tee Higgins was healthy to posting big numbers when Higgins was out. That changed at the end of the season, when Gesicki racked up 18 catches over just the final two games — with Higgins and Ja'Marr Chase healthy. Cincinnati re-signed him for $25.5 million over three years after the season.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	MIA	17	32	362	5	52	61.5%	0	0	0	0	82.2
2023	NE	17	29	244	2	45	64.4%	0	0	0	0	50.9
2024	CIN	17	65	665	2	83	78.3%	1	1	0	0	109.0
2025 PROJ.		17	53	554	4	75	70.0%	0	0	0	0	105.7

24 TYLER HIGBEE
6-6/255/AGE: 32

EFP: 102.0
BYE WEEK: 8
ATHLON'S TAKE
Head coach Sean McVay sounds like he wants to get Ferguson involved. Higbee's best on waivers while we see what develops.

Higbee didn't return from his January 2024 double-ligament knee injury until Week 15 of last season. He led a weak tight end corps from there, including 12 catches for 112 yards across the two playoff games. The Rams did spend a second-round pick on Terrance Ferguson, who possesses elite athleticism for the position. Swapping out Cooper Kupp for Davante Adams could create room over the middle of the field.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	LAR	17	72	620	3	108	66.7%	0	0	0	0	116.0
2023	LAR	15	47	495	2	70	67.1%	0	0	0	0	85.0
2024	LAR	3	8	66	2	12	66.7%	0	0	0	0	22.6
2025 PROJ.		16	53	535	4	77	68.0%	0	0	0	0	102.0

25 JA'TAVION SANDERS

6-4/243/AGE: 22

EFP: 95.3
BYE WEEK: 14
ATHLON'S TAKE
We're betting on Sanders mixing in with a crowd at receiver and tight end rather than standing out. He's a third tight end for now.

Sanders' rookie campaign found him leading Carolina tight ends in targets, receptions and yards. But he ranked just seventh on the team in targets, trailing an undrafted rookie wide receiver (Jalen Coker) who played five fewer games and Diontae Johnson, who played just seven before getting the boot. Sanders' final college season found him working downfield (9.8-yard average target depth, according to Pro Football Focus) and producing after the catch (7.7 yards per reception). There's room if that guy shows up.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	CAR	16	33	342	1	43	76.7%	0	0	0	0	56.7
2025 PROJ.		17	48	499	4	67	71.0%	0	0	0	0	95.3

26 ISAIAH LIKELY

6-4/247/AGE: 25

EFP: 94.1
BYE WEEK: 7
ATHLON'S TAKE
Likely makes for a solid handcuff to Andrews, in formats where that makes sense. We're still not sure he's a standalone play with Andrews healthy.

Last year saw growth in Likely's offensive role, even though Mark Andrews played in all 17 games. Likely's playing time climbed from 44% in a 2023 season that found Andrews missing seven games to 60%. Likely trailed Andrews by just 11 targets and 13 receptions for the season but also watched Andrews deliver more yards per reception and a better receiving TD rate. Likely's growth as a player should continue, but there are only so many targets. The Ravens added wide receiver DeAndre Hopkins to a low-volume pass offense.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	BAL	16	36	373	3	60	60.0%	1	0	0	0	73.3
2023	BAL	17	30	411	5	40	75.0%	0	0	0	0	86.1
2024	BAL	16	42	477	6	58	72.4%	1	1	0	0	102.7
2025 PROJ.		16	45	498	4	69	66.0%	0	0	0	0	94.1

27 CADE OTTON

6-5/247/AGE: 26

EFP: 91.6
BYE WEEK: 9
ATHLON'S TAKE
Otton's not a TE to target in fantasy. He's someone you eventually roll with because you need to. Leave him on waivers.

Otton has played a lot of snaps over the past two years. He stayed on the field for 96.5% of them in 2023 and then 92.4% last year. That helped him rank second among Bucs in targets last season despite missing three games. The Bucs chose wide receiver Emeka Egbuka in Round 1, but he could just be a better version of Jalen McMillan. Otton's best three-game stretch of production came mid-season, in games missed by Mike Evans *and* Chris Godwin.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	TB	16	42	391	2	65	64.6%	0	0	0	0	72.1
2023	TB	17	47	455	4	67	70.1%	0	1	0	0	93.0
2024	TB	14	59	600	4	87	67.8%	1	1	-4	0	111.1
2025 PROJ.		17	47	459	4	68	68.5%	0	0	0	0	91.6

28 THEO JOHNSON

6-6/260/AGE: 24

EFP: 88.9
BYE WEEK: 14
ATHLON'S TAKE
Johnson's top-shelf athleticism makes him intriguing over the long term. It's tough to envision significant fantasy impact in 2025, though.

Johnson was having an encouraging rookie season that included playing more than 80% of the snaps right away. His targets picked up in Week 5 and then again over his final five games. Unfortunately, that span ended with a Lisfranc foot sprain that cost him the final five games. He had surgery in December and is expected to be ready, but that's an injury that can linger into the following season. We'll have to watch Johnson's status through the summer. He'll find an upgrade over last year's quarterback situation.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	NYG	12	29	331	1	43	67.4%	0	0	0	0	53.6
2025 PROJ.		16	43	482	3	64	67.0%	1	0	0	0	88.9

29 COLSTON LOVELAND

6-6/248/AGE: 21

EFP: 84.2
BYE WEEK: 5
ATHLON'S TAKE
Loveland's an exciting long-term play. But he'll need to depose veterans for a role while hoping Caleb Williams rebounds from last year. He's risky.

After the Bears drafted Loveland 10th overall, there were reports that multiple NFL teams also tried to move up to get him. Loveland brings wide receiver-type movement in a tight end body. Loveland dominated receiving market shares in a still-limited pass offense at Michigan. Chicago should be friendlier to the pass overall, but the Bears also sport lots of target competition. They already returned WRs DJ Moore and Rome Odunze and TE Cole Kmet. They also added wideout Luther Burden III in the second round.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		16	41	428	4	57	71.0%	0	0	0	0	84.2

30 WILL DISSLY

6-4/265/AGE: 29

EFP: 83.3
BYE WEEK: 12
ATHLON'S TAKE
Perhaps Dissly emerges in-season as a spot starter once again. Leave him on waivers to see whether that occurs.

Dissly's 50 catches ranked third on the Chargers, while his 9.6 yards per catch reminded you of his limitations. The Chargers drafted wide receiver Tre Harris in Round 2, took tight end Oronde Gadsden II in Round 5 and signed Tyler Conklin in free agency. That's enough to challenge Dissly's career-high target share. We'll see whether the Chargers lean back toward the run after importing Najee Harris and first-rounder Omarion Hampton.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	SEA	15	34	349	3	38	89.5%	0	0	0	0	69.9
2023	SEA	16	17	172	1	22	77.3%	0	0	0	0	31.7
2024	LAC	15	50	481	2	64	78.1%	0	0	0	0	85.1
2025 PROJ.		16	40	394	4	53	75.0%	0	0	0	0	83.3

31 MICHAEL MAYER

6-4/265/AGE: 24

EFP: 80.8
BYE WEEK: 8
ATHLON'S TAKE
There's upside to Mayer if he can lead the position for some team. He's still under contract through 2026, though. We might have to wait.

We headed into last season with the Raiders telling us the offense had room for both Mayer and Brock Bowers. But we didn't get much chance to see it. Mayer got in three games before leaving the team and dealing with a personal matter. He returned for solid-to-good playing time from Week 11 on. But Mayer reached four targets in just two games, with Bowers well established as the receiving lead. Mayer arrived as an early second-round pick in 2023 after a strong, well-rounded three years at Notre Dame.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	LV	14	27	304	2	40	67.5%	0	0	0	0	57.9
2024	LV	11	21	156	0	32	65.6%	0	0	0	0	26.1
2025 PROJ.		16	40	388	4	59	68.0%	0	0	0	0	80.8

32 NOAH GRAY

6-3/240/AGE: 26

EFP: 67.9
BYE WEEK: 10
ATHLON'S TAKE
Gray looks like Kansas City's Isaiah Likely. There's upside to the player and situation, but also a vet in the player's way.

Gray got a three-year, $18 million extension last September. He had just 65 catches over three years behind him at that point. But Gray ranked fourth among last year's Chiefs in receptions, beat Travis Kelce by 2.4 yards per catch and ranked second on the team in touchdown receptions (behind Xavier Worthy). Gray's playing time has floated in the 52-58% range over the past three years. We'll see if that climbs this season.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	KC	17	28	299	1	34	82.4%	0	0	1	1	56.0
2023	KC	17	28	305	2	41	68.3%	0	0	1	0	56.6
2024	KC	17	40	437	5	49	81.6%	0	0	-4	0	93.3
2025 PROJ.		17	32	345	3	44	73.0%	0	0	0	0	67.9

33 BRENTON STRANGE

6-4/253/AGE: 24

EFP: 64.7
BYE WEEK: 8
ATHLON'S TAKE
Strange should be the best bet among Jaguars TEs this year, but he'll need to prove there's fantasy relevance to his game.

Strange made everyone take notice with an 11-catch game against the Jets last December. But he totaled just nine more targets and six catches over the three games following that one. Strange had just three other games of more than three receptions. He did arrive as a second-round pick from Penn State in 2023, where he outproduced Theo Johnson and Tyler Warren in his final season. In addition to Jacksonville's young wideouts, the Jags added TEs Johnny Mundt and Hunter Long for competition.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	JAC	14	5	35	1	9	55.6%	0	0	0	0	12.0
2024	JAC	17	40	411	2	53	75.5%	0	1	0	0	71.1
2025 PROJ.		16	34	335	2	48	70.0%	0	0	0	0	64.7

34 MASON TAYLOR

6-5/251/AGE: 21

EFP: 62.6
BYE WEEK: 9
ATHLON'S TAKE
Taylor's not likely to become a high-end producer. But he's got the skill set to become an all-around TE who rarely leaves the field.

The Jets made Taylor the third tight end selected in this year's draft. Taylor averaged an unexciting 10.1 yards per catch for his college career, though he ranked third in receptions in his first year, on a talented LSU team — ahead of Brian Thomas Jr., Kyren Lacy and Jack Bech, among others. Taylor finished third each of the next two years as well and then notched a 66th-percentile speed score at the NFL Scouting Combine. His blocking skills will help Taylor get on the field early — and stay on the field.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		17	31	320	3	46	68.0%	0	0	0	0	62.6

35 HAROLD FANNIN JR.

6-3/241/AGE: 21

EFP: 61.8
BYE WEEK: 9
ATHLON'S TAKE
Fannin's likely stuck as the fourth or fifth option this season on a team with unexciting QBs. He's fun as a long-term dynasty play, though.

Fannin just finished setting FBS records for receptions and receiving yards by a tight end before landing with the Browns in Round 3. After making the pick, general manager Andrew Berry told 92.3 The Fan in Cleveland, "He's a very versatile player that you can line up across the field." The Browns still have David Njoku under contract through 2025, so it'll take some creativity to find Fannin a meaningful role. At the same, Cleveland has room for a slot receiver to emerge. Perhaps Fannin can get on the field *with* Njoku at times.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		17	32	299	3	45	70.0%	0	0	0	0	61.8

36 NOAH FANT

6-4/249/AGE: 27

EFP: 58.4
BYE WEEK: 8
ATHLON'S TAKE
Seattle and Fant have spent three years working together to sap his fantasy worth. Throw in a new QB, new OC and rookie TE, and we'll pass.

The Seahawks won't let Fant escape. But they also won't stop drafting challengers. In 2024, it was fourth-rounder AJ Barner. This year brought Elijah Arroyo late in the second. Seattle decision-makers immediately praised Arroyo's ability. He sounds like a player they want to get on the field quickly. Fant's mere 3.4 catches and 35.7 yards per game last season marked highs for his time in Seattle. He'll turn just 28 this November, in his seventh season.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2022	SEA	17	50	486	4	63	79.4%	0	0	0	0	97.6
2023	SEA	17	32	414	0	43	74.4%	0	0	0	0	57.4
2024	SEA	14	48	500	1	64	75.0%	0	0	0	0	80.0
2025 PROJ.		17	29	302	2	40	72.0%	0	0	0	0	58.4

37 BEN SINNOTT

6-4/245/AGE: 23

EFP: 54.3
BYE WEEK: 12
ATHLON'S TAKE
Sinnott gave us no reason to believe in 2024. But he's a young, athletic guy who has played multiple positions. Patience could pay off.

It's easy to forget that the Commanders took Sinnott as the second tight end off last year's board, in Round 2. The Commanders might have forgotten. They re-signed both Zach Ertz and John Bates after last season, pretty clear indicators they at least didn't know if they could trust Sinnott in 2025. But Sinnott's a decent-sized player with superior athleticism who averaged a nice 13.9 yards per catch in college. If he shows development in camp and preseason, there should be room to climb the depth chart.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2024	WAS	17	5	28	1	5	100.0%	0	0	0	0	11.3
2025 PROJ.		16	28	283	2	41	69.0%	0	0	0	0	54.3

38 ELIJAH ARROYO

6-5/254/AGE: 22

EFP: 41.2
BYE WEEK: 8
ATHLON'S TAKE
Arroyo's long term is intriguing. It's tough to count on a guy with one year of college production jumping in for big rookie-year numbers.

The Seahawks acted like they stole Arroyo later in Round 2. "If he didn't miss time [in college], his talent is like a top-15 pick," general manager John Schneider told reporters. He and head coach Mike Macdonald believe Arroyo's capable of running any route and even lining up as an "X" receiver. The missed time was due to a torn ACL during his sophomore year at Miami (Fla.), but he rebounded to average a whopping 16.9 yards per catch his final season. Arroyo has the speed and size to win both before and after the catch, making him a constant big-play threat.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		16	20	216	2	29	70.0%	0	0	0	0	41.2

39 LUKE MUSGRAVE

6-6/253/AGE: 25

EFP: 40.4
BYE WEEK: 5
ATHLON'S TAKE
It's too early to totally give up on the 25-year-old (come September), but Musgrave needs help to find fantasy relevance.

Musgrave got shoved aside after injury allowed Tucker Kraft to start in his place in 2023. Green Bay simply made that the norm last season, even though Kraft spent most of summer recovering from a pectoral injury. Musgrave retains downfield ability and high-end speed for the position. But he played just 30.7% of the offensive snaps over the seven games he appeared in last year. Of course, it's not helping Musgrave that he has played in just 18 of a possible 34 games across his first two seasons.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
2023	GB	11	34	352	1	46	73.9%	0	0	0	0	58.2
2024	GB	7	7	45	0	10	70.0%	0	0	0	0	8.0
2025 PROJ.		16	20	209	2	29	72.0%	0	0	0	0	40.4

40 TERRANCE FERGUSON

6-5/247/AGE: 22

EFP: 23.5
BYE WEEK: 8
ATHLON'S TAKE
Ferguson will need to push ahead of Tyler Higbee and WR Tutu Atwell to approach relevance. We'll see if he can get there during the season.

After the Rams drafted Ferguson in Round 2, head coach Sean McVay said he had "big plans" for the youngster. "He's a versatile player," McVay said, per Rams Wire. "It enables us to be a little bit more multiple in some of the personnel we can present to defenses." There's potential for more "12" personnel groupings, which would put two TEs on the field at once (with Tyler Higbee). Ferguson did close out his Oregon run with a nice 13.7 yards per catch as a senior. But he didn't otherwise post big numbers.

Year	Team	GP	Rec	Yards	Rec TDs	Targets	Tgt Success	100 YG	Fum-lost	Rush Yds	Rush TDs	FanPts
						ROOKIE						
2025 PROJ.		14	12	123	1	18	66.0%	0	0	0	0	23.5

BUFFALO BILLS

D/ST

STAFF TOP 12s

LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
1. Philadelphia	1. Denver	1. Denver	1. Houston	1. Denver
2. Denver	2. Philadelphia	2. Philadelphia	2. Buffalo	2. Philadelphia
3. Baltimore	3. Pittsburgh	3. Houston	3. Baltimore	3. Minnesota
4. Houston	4. Baltimore	4. Baltimore	4. Dallas	4. Pittsburgh
5. Minnesota	5. Kansas City	5. Minnesota	5. Green Bay	5. Baltimore
6. Kansas City	6. Minnesota	6. Detroit	6. N.Y. Jets	6. Detroit
7. Pittsburgh	7. Detroit	7. N.Y. Jets	7. Denver	7. Buffalo
8. Buffalo	8. N.Y. Jets	8. Green Bay	8. Kansas City	8. N.Y. Jets
9. L.A. Rams	9. Houston	9. Pittsburgh	9. Pittsburgh	9. Green Bay
10. Detroit	10. Cleveland	10. Seattle	10. Minnesota	10. Seattle
11. Dallas	11. L.A. Rams	11. Buffalo	11. Cleveland	11. L.A. Rams
12. Miami	12. L.A. Chargers	12. Kansas City	12. Philadelphia	12. Kansas City

	LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
Sleeper	Seattle	Seattle	L.A. Rams	Indianapolis	L.A. Rams
Deep Sleeper	Chicago	N.Y. Giants	Chicago	Tampa Bay	Chicago
Bounce-Back	Tampa Bay	Cleveland	N.Y. Jets	Baltimore	N.Y. Jets
Bust	San Francisco	Green Bay	Dallas	San Francisco	Kansas City

LUCAS BOLAND-IMAGN IMAGES

↑ GOING UP ↑

AIDAN HUTCHINSON

DETROIT LIONS The Lions' defense was decimated by a rash of injuries in 2024, though none hurt more than defensive end Aidan Hutchinson going down after racking up 7.5 sacks in just five games. A return to health will go a long way for this unit, which allowed the third-most passing yards per game a season ago. The departure of defensive coordinator Aaron Glenn hurts, but Detroit upgraded its secondary by signing cornerback D.J. Reed, and drafting defensive tackle Tyleik Williams reinforces the front seven. Expect more sacks and an improved pass defense.

LOS ANGELES RAMS In their first year in a decade without Aaron Donald, the Rams took a step forward on defense. Drafting Defensive Rookie of the Year Jared Verse and his college teammate Braden Fiske certainly had something to do with that improvement. Los Angeles' young defense should keep ascending with coordinator Chris Shula staying put. The Rams addressed their suspect run defense by signing Poona Ford and drafting Ty Hamilton, both defensive tackles. Rookie linebackers Josaiah Stewart and Chris Paul Jr. also add depth to an ascending pass rush.

INDIANAPOLIS COLTS Only three teams allowed more yards per game last year than the Colts, who remade the back end of their defense in the offseason. Indianapolis parted ways with defensive coordinator Gus Bradley and brought in former Bengals coordinator Lou Anarumo, and the Colts made a marquee free-agent signing in cornerback Charvarius Ward. They didn't stop there, signing safety Cam Bynum and spending their third-round pick on cornerback Justin Walley. To add to an aging defensive line, Indy drafted defensive end JT Tuimoloau. New leadership and personnel should turn the tide.

KEVIN JAIRAJ-IMAGN IMAGES

2025 RANKINGS

Rk	Team	Bye	Rk	Team	Bye
☐ 1	Buffalo	7	☐ 17	San Francisco	14
☐ 2	Baltimore	7	☐ 18	L.A. Rams	8
☐ 3	Houston	6	☐ 19	N.Y. Giants	14
☐ 4	Dallas	10	☐ 20	Tampa Bay	9
☐ 5	Green Bay	5	☐ 21	Washington	12
☐ 6	N.Y. Jets	9	☐ 22	Chicago	5
☐ 7	Denver	12	☐ 23	Jacksonville	8
☐ 8	Kansas City	10	☐ 24	L.A. Chargers	12
☐ 9	Pittsburgh	5	☐ 25	Miami	12
☐ 10	Minnesota	6	☐ 26	Carolina	14
☐ 11	Cleveland	9	☐ 27	Las Vegas	8
☐ 12	Philadelphia	9	☐ 28	Arizona	8
☐ 13	Detroit	8	☐ 29	Atlanta	5
☐ 14	Seattle	8	☐ 30	New Orleans	11
☐ 15	Indianapolis	11	☐ 31	Tennessee	10
☐ 16	New England	14	☐ 32	Cincinnati	10

↓ GOING DOWN ↓

KANSAS CITY CHIEFS The Chiefs still have the best defensive coordinator in the league in Steve Spagnuolo. However, their personnel isn't what it once was. Kansas City's sack numbers fell off as Chris Jones recorded his fewest sacks since his rookie year in 2016. And after giving up 40 points in the Super Bowl, the Chiefs didn't throw a ton of resources at the defense in the offseason. Bringing back linebacker Nick Bolton and drafting front seven depth is good business, but KC's DST might not be the commodity it has been in recent years.

SAN FRANCISCO 49ERS Beyond Nick Bosa and Fred Warner, the 49ers saw a mass exodus on defense. Edge rusher Leonard Floyd, linebacker Drew Greenlaw, defensive tackle Javon Hargrave, cornerback Charvarius Ward and safety Talanoa Hufanga moved on from a team that finished bottom five in points allowed. Accordingly, San Francisco fired coordinator Nick Sorensen and reunited with Robert Saleh. The former Jets head coach should be able to get the most out of a unit that added to its front in the draft, but the roster reshuffling on that side of the ball does not inspire confidence.

MIAMI DOLPHINS The Dolphins finished top 10 in points allowed and top five in yards allowed in coordinator Anthony Weaver's first season in charge and still finished as a bottom-tier D/ST. Losing safety Jevon Holland, cornerback Kendall Fuller and, in all likelihood, cornerback Jalen Ramsey does not help Miami's defensive outlook. The Dolphins are also counting on pass-rushers Bradley Chubb and Jaelan Phillips to return to peak form after ACL injuries. Miami's draft, specifically its selection of defensive tackle Kenneth Grant, aimed to address the defensive line, but the secondary is a glaring concern.

01 BUFFALO BILLS

EFP: 153

'24 PPG: T-11th
'24 YPG: 17th
'24 vs. RUN: 12th
'24 vs. PASS: 24th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		17	10	40	319.1	17.9	5	2	1	0	138
2023		18	12	54	307.2	18.3	5	2	2	0	161
2024		16	16	39	341.5	21.6	5	5	3	0	154
2025 PROJ.		16	12	42	322.6	19.3	5	3	2	1	153

02 BALTIMORE RAVENS

EFP: 151

'24 PPG: 9th
'24 YPG: 10th
'24 vs. RUN: 1st
'24 vs. PASS: 31st

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		14	11	48	324.3	18.5	4	3	0	0	131
2023		18	13	60	301.4	16.5	6	2	1	0	169
2024		12	5	54	324.2	21.2	4	6	2	0	141
2025 PROJ.		15	10	50	327.3	19.7	4	4	2	1	151

03 HOUSTON TEXANS

EFP: 151

'24 PPG: 14th
'24 YPG: 6th
'24 vs. RUN: 11th
'24 vs. PASS: 6th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		16	11	39	379.5	24.7	1	5	1	0	109
2023		14	10	46	330.7	20.8	3	5	1	0	127
2024		19	10	49	315.0	21.9	1	6	3	0	133
2025 PROJ.		16	10	50	321.0	21.0	3	6	3	1	151

04 DALLAS COWBOYS

EFP: 137

'24 PPG: 31st
'24 YPG: 28th
'24 vs. RUN: 29th
'24 vs. PASS: 17th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		16	17	54	330.2	20.1	4	5	3	0	163
2023		17	9	46	299.7	18.5	7	5	7	0	193
2024		13	9	52	355.2	27.5	0	10	1	3	128
2025 PROJ.		15	10	50	343.2	22.5	2	7	3	0	137

05 GREEN BAY PACKERS

EFP: 130

'24 PPG: 6th
'24 YPG: 5th
'24 vs. RUN: 7th
'24 vs. PASS: 13th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		17	7	34	336.5	21.8	1	6	2	0	107
2023		7	11	45	335.1	20.6	3	3	2	0	126
2024		17	14	45	314.5	19.9	3	5	1	0	133
2025 PROJ.		14	11	43	328.7	20.8	2	5	2	1	130

06 NEW YORK JETS

EFP: 129

'24 PPG: 20th
'24 YPG: 3rd
'24 vs. RUN: 17th
'24 vs. PASS: 4th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		12	4	45	311.1	18.6	5	3	1	0	132
2023		17	10	48	292.3	20.9	3	7	3	0	144
2024		7	10	43	313.8	23.8	0	6	0	1	96
2025 PROJ.		12	9	45	305.7	21.1	3	6	2	0	129

07 DENVER BRONCOS

EFP: 128

'24 PPG: 3rd
'24 YPG: 7th
'24 vs. RUN: 3rd
'24 vs. PASS: 19th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		15	8	36	320.0	21.1	3	5	0	0	110
2023		11	15	42	370.8	24.3	3	5	1	0	125
2024		15	10	63	317.1	18.3	5	5	5	0	183
2025 PROJ.		13	10	48	322.0	21.2	3	5	1	0	128

08 KANSAS CITY CHIEFS

EFP: 127

'24 PPG: 4th
'24 YPG: 9th
'24 vs. RUN: 8th
'24 vs. PASS: 18th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		11	9	55	328.2	21.7	2	5	2	0	131
2023		8	9	57	289.8	17.3	4	1	2	0	144
2024		13	7	39	320.6	19.2	3	3	1	0	116
2025 PROJ.		12	8	44	312.9	19.4	3	3	2	0	127

09 PITTSBURGH STEELERS

EFP: 127

'24 PPG: 8th
'24 YPG: 12th
'24 vs. RUN: 6th
'24 vs. PASS: 25th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		20	3	40	330.4	20.4	2	3	1	0	113
2023		16	11	47	342.1	19.1	3	3	2	0	137
2024		17	16	40	326.7	20.4	3	6	1	1	136
2025 PROJ.		17	11	42	333.1	19.9	3	4	1	0	127

10 MINNESOTA VIKINGS

EFP: 126

'24 PPG: 5th
'24 YPG: 16th
'24 vs. RUN: 2nd
'24 vs. PASS: 28th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		15	10	38	388.7	25.1	1	7	1	0	106
2023		11	11	43	333.2	21.3	3	8	2	0	128
2024		24	9	49	335.4	19.5	4	5	3	0	158
2025 PROJ.		17	10	43	332.2	19.8	2	6	2	0	126

11 CLEVELAND BROWNS

EFP: 123

'24 PPG: T-28th
'24 YPG: 19th
'24 vs. RUN: 21st
'24 vs. PASS: 12th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		11	9	34	331.2	22.4	2	6	3	0	116
2023		18	10	49	270.2	21.3	4	6	3	0	153
2024		4	8	41	342.1	25.6	0	7	2	0	95
2025 PROJ.		11	8	42	324.5	23.6	2	7	2	1	123

12 PHILADELPHIA EAGLES

EFP: 122

'24 PPG: 2nd
'24 YPG: 1st
'24 vs. RUN: 10th
'24 vs. PASS: 1st

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		17	10	70	301.5	20.2	3	4	2	0	160
2023		9	9	43	356.1	25.2	0	8	3	0	109
2024		13	13	41	278.4	17.8	3	3	1	0	124
2025 PROJ.		13	11	42	312.0	21.1	2	5	2	0	122

13 DETROIT LIONS

EFP: 120

'24 PPG: 7th
'24 YPG: 20th
'24 vs. RUN: 5th
'24 vs. PASS: 30th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		12	10	39	392.4	25.1	2	8	1	0	111
2023		16	7	41	336.1	23.2	3	6	1	0	121
2024		16	8	37	342.4	20.1	4	4	1	1	131
2025 PROJ.		13	8	42	336.4	21.8	3	6	1	0	120

14 SEATTLE SEAHAWKS

EFP: 119

'24 PPG: T-11th
'24 YPG: 14th
'24 vs. RUN: 16th
'24 vs. PASS: 11th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		14	11	45	361.7	23.6	2	6	2	0	126
2023		11	8	47	371.4	23.6	2	9	3	0	128
2024		13	5	45	332.7	21.6	3	6	4	1	144
2025 PROJ.		12	8	43	324.7	23.0	2	7	2	0	119

15 INDIANAPOLIS COLTS

EFP: 116

'24 PPG: 24th
'24 YPG: 29th
'24 vs. RUN: 24th
'24 vs. PASS: 26th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		10	11	44	334.0	25.1	1	5	3	0	120
2023		15	9	51	349.8	24.4	1	8	5	0	142
2024		16	9	36	361.2	25.1	1	5	1	0	104
2025 PROJ.		14	10	43	348.3	24.1	1	7	2	0	116

16 NEW ENGLAND PATRIOTS

EFP: 116

'24 PPG: 22nd
'24 YPG: 22nd
'24 vs. RUN: 23rd
'24 vs. PASS: 10th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		19	11	54	322.0	20.4	3	5	7	0	177
2023		10	8	36	301.6	21.5	4	4	1	0	118
2024		7	5	28	342.9	24.5	2	6	1	0	90
2025 PROJ.		10	8	32	322.2	22.2	3	5	2	1	116

17 SAN FRANCISCO 49ERS

EFP: 113

'24 PPG: 27th
'24 YPG: 8th
'24 vs. RUN: 18th
'24 vs. PASS: 5th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		20	10	44	300.6	16.3	6	2	3	0	164
2023		22	6	48	303.9	17.5	5	3	1	0	147
2024		11	6	37	317.4	25.6	0	7	2	0	96
2025 PROJ.		14	7	40	307.3	21.3	2	4	2	0	113

18 LOS ANGELES RAMS

EFP: 111

'24 PPG: 17th
'24 YPG: 26th
'24 vs. RUN: 22nd
'24 vs. PASS: 20th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		16	6	38	341.1	22.6	1	7	1	0	103
2023		10	5	41	337.9	22.2	1	3	0	0	93
2024		13	7	38	353.1	22.7	3	5	4	0	133
2025 PROJ.		12	8	40	344.0	22.5	2	4	2	0	111

19 NEW YORK GIANTS

EFP: 110

'24 PPG: 21st
'24 YPG: 24th
'24 vs. RUN: 27th
'24 vs. PASS: 8th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		6	13	41	358.2	21.8	1	5	2	0	109
2023		18	13	34	361.7	23.9	3	8	3	0	134
2024		5	10	45	346.8	24.4	2	6	1	1	116
2025 PROJ.		9	12	40	355.6	23.4	1	8	2	1	110

20 TAMPA BAY BUCCANEERS

EFP: 109

'24 PPG: 16th
'24 YPG: 18th
'24 vs. RUN: 4th
'24 vs. PASS: 29th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		10	10	44	324.3	21.1	2	5	1	0	114
2023		13	13	48	344.2	19.1	3	3	1	0	131
2024		7	11	46	341.8	22.6	1	7	2	0	113
2025 PROJ.		10	10	46	336.8	20.9	2	5	1	0	109

21 WASHINGTON COMMANDERS

EFP: 106

'24 PPG: 18th
'24 YPG: 13th
'24 vs. RUN: 30th
'24 vs. PASS: 3rd

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		9	9	43	304.6	20.2	3	2	3	0	130
2023		8	10	39	388.9	30.5	1	12	0	0	94
2024		7	10	43	326.9	23.0	1	7	1	0	103
2025 PROJ.		9	8	42	336.8	23.4	1	7	2	1	106

22 CHICAGO BEARS

EFP: 102

'24 PPG: 13th
'24 YPG: 27th
'24 vs. RUN: 28th
'24 vs. PASS: 16th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		14	9	20	375.9	27.2	1	10	0	0	80
2023		22	6	30	324.2	22.3	1	4	2	0	107
2024		11	13	40	354.2	21.8	2	5	2	1	126
2025 PROJ.		15	9	38	351.4	21.6	2	6	1	0	102

23 JACKSONVILLE JAGUARS

EFP: 101

'24 PPG: T-28th
'24 YPG: 31st
'24 vs. RUN: 25th
'24 vs. PASS: 32nd

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		14	13	35	353.3	20.6	4	7	4	0	144
2023		16	11	40	342.8	21.8	3	6	2	0	130
2024		6	3	34	389.9	25.6	1	8	1	1	92
2025 PROJ.		12	8	36	373.0	25.7	2	7	2	0	101

24 LOS ANGELES CHARGERS

EFP: 100

'24 PPG: 1st
'24 YPG: 11th
'24 vs. RUN: 14th
'24 vs. PASS: 7th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		14	10	40	346.1	22.6	2	6	1	0	114
2023		9	12	48	362.9	23.4	3	5	0	0	120
2024		15	6	46	324.4	17.7	5	4	1	0	138
2025 PROJ.		13	8	41	336.5	21.2	2	5	1	0	100

25 MIAMI DOLPHINS

EFP: 97

'24 PPG: 10th
'24 YPG: 4th
'24 vs. RUN: 9th
'24 vs. PASS: 9th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		8	6	40	337.8	23.5	3	8	3	0	123
2023		15	12	56	318.3	23.0	3	5	4	0	158
2024		10	6	35	314.4	21.4	3	6	0	0	102
2025 PROJ.		11	7	36	323.5	22.0	2	7	2	0	97

26 CAROLINA PANTHERS

EFP: 93

'24 PPG: 32nd
'24 YPG: 32nd
'24 vs. RUN: 32nd
'24 vs. PASS: 23rd

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		10	7	35	350.2	22.0	3	6	3	0	121
2023		8	3	27	293.9	24.5	2	6	2	0	94
2024		9	8	32	404.5	31.4	0	13	0	0	79
2025 PROJ.		9	6	36	349.5	26.0	2	9	2	0	93

27 LAS VEGAS RAIDERS

EFP: 91

'24 PPG: T-25th
'24 YPG: 15th
'24 vs. RUN: 13th
'24 vs. PASS: 15th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		6	7	27	365.6	24.6	0	5	3	0	88
2023		13	9	46	330.9	19.5	2	3	5	0	142
2024		10	3	38	333.1	25.5	2	9	1	0	101
2025 PROJ.		10	6	41	343.2	24.9	1	6	2	0	91

28 ARIZONA CARDINALS

EFP: 89

'24 PPG: 15th
'24 YPG: 21st
'24 vs. RUN: 20th
'24 vs. PASS: 14th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		11	9	36	348.9	26.4	1	6	5	0	123
2023		11	6	33	355.7	26.8	1	9	1	0	93
2024		9	8	41	342.5	22.3	4	6	0	1	122
2025 PROJ.		11	8	37	349.0	24.2	1	7	2	0	89

29 ATLANTA FALCONS

EFP: 88

'24 PPG: 23rd
'24 YPG: 23rd
'24 vs. RUN: 15th
'24 vs. PASS: 22nd

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		10	7	21	362.1	22.7	0	4	3	0	86
2023		8	8	42	321.1	21.9	4	5	1	0	122
2024		12	6	31	345.2	24.9	2	6	4	0	117
2025 PROJ.		10	7	32	342.8	23.2	2	6	2	0	88

30 NEW ORLEANS SAINTS

EFP: 85

'24 PPG: 19th
'24 YPG: 30th
'24 vs. RUN: 31st
'24 vs. PASS: 27th

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		7	7	48	314.8	20.3	4	6	1	0	126
2023		18	11	34	327.2	19.2	3	5	2	0	126
2024		14	3	39	379.9	23.4	1	6	0	1	99
2025 PROJ.		13	6	34	360.6	22.6	2	7	1	0	85

31 TENNESSEE TITANS

EFP: 84

'24 PPG: 30th
'24 YPG: 2nd
'24 vs. RUN: 26th
'24 vs. PASS: 2nd

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		14	6	39	351.6	21.1	3	4	1	0	116
2023		6	8	45	335.1	21.6	2	3	1	0	109
2024		11	7	32	311.2	27.1	1	6	0	0	87
2025 PROJ.		10	7	36	332.7	24.3	2	7	1	0	84

32 CINCINNATI BENGALS

EFP: 80

'24 PPG: T-25th
'24 YPG: 25th
'24 vs. RUN: 19th
'24 vs. PASS: 21st

Year		Int.	Fum Rec.	Tot. Sacks	Tot. YPG	Pts. PPG	Allowed <=10	by Game >25	Def. TD	Spc. TD	Fan Points
2022		13	11	30	335.7	20.1	1	3	1	0	97
2023		17	9	44	374.6	22.6	1	6	1	0	113
2024		15	10	36	348.3	25.5	2	7	2	1	123
2025 PROJ.		14	8	35	356.7	23.7	1	6	1	0	80

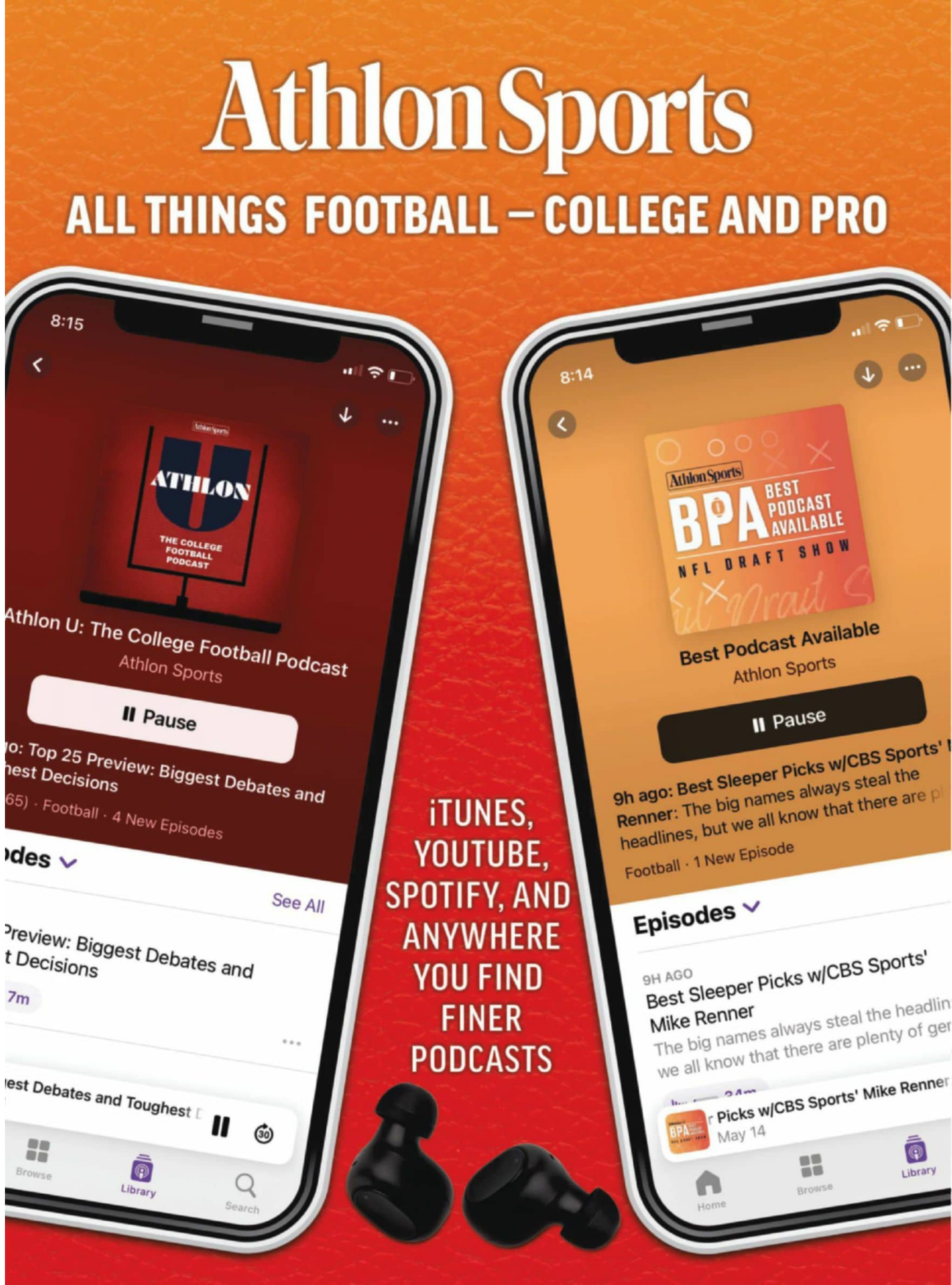
BRANDON AUBREY

KEVIN JAIRAJ-IMAGN IMAGES

STAFF TOP 12s

LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
1. Brandon Aubrey	1. Brandon Aubrey	1. Brandon Aubrey	1. Brandon Aubrey	1. Brandon Aubrey
2. Cameron Dicker	2. Jake Bates	2. Cameron Dicker	2. Jake Bates	2. Jake Bates
3. Jake Bates	3. Cameron Dicker	3. Jake Bates	3. Wil Lutz	3. Chris Boswell
4. Chase McLaughlin	4. Ka'imi Fairbairn	4. Wil Lutz	4. Cameron Dicker	4. Cameron Dicker
5. Wil Lutz	5. Evan McPherson	5. Tyler Bass	5. Tyler Loop	5. Chase McLaughlin
6. Ka'imi Fairbairn	6. Harrison Butker	6. Chris Boswell	6. Younghoe Koo	6. Ka'imi Fairbairn
7. Chris Boswell	7. Jake Elliott	7. Evan McPherson	7. Will Reichard	7. Jake Elliott
8. Evan McPherson	8. Tyler Bass	8. Tyler Loop	8. Chris Boswell	8. Wil Lutz
9. Jason Sanders	9. Younghoe Koo	9. Will Reichard	9. Matt Gay	9. Harrison Butker
10. Jake Elliott	10. Tyler Loop	10. Chase McLaughlin	10. Harrison Butker	10. Evan McPherson
11. Matt Gay	11. Joshua Karty	11. Jason Sanders	11. Jason Sanders	11. Tyler Bass
12. Tyler Bass	12. Will Reichard	12. Jake Elliott	12. Tyler Bass	12 Younghoe Koo

	LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
Top Rookie	Tyler Loop	Tyler Loop	Tyler Loop	Tyler Loop	Andres Borregales
Sleeper	Cam Little	Cairo Santos	Harrison Butker	Matt Gay	Matt Gay
Deep Sleeper	Cairo Santos	Spencer Shrader	Joshua Karty	Jake Moody	Daniel Carlson
Bounce-Back	Younghoe Koo	Jake Elliott	Evan McPherson	Younghoe Koo	Younghoe Koo
Bust	Harrison Butker	Chris Boswell	Greg Zuerlein	Jake Elliott	Jason Sanders
Injury Risk	Harrison Butker	Harrison Butker	Graham Gano	Harrison Butker	Jake Moody



01 BRANDON AUBREY
DALLAS COWBOYS

EFP: 186
HT: 6-3
WT: 208
AGE: 30

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2023	DAL	17	36	38	T-3RD	22	4	10	60	49	157	182
2024	DAL	17	40	47	1ST	12	14	14	65	30	150	194
2025 PROJ.		17	38	43	1ST	17	9	12	62	39	153	186

02 JAKE BATES
DETROIT LIONS

EFP: 160
HT: 5-10
WT: 202
AGE: 26

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2024	DET	17	26	29	T-21ST	13	7	6	58	64	142	161
2025 PROJ.		17	28	30	T-27TH	14	8	6	57	56	140	160

03 WIL LUTZ
DENVER BRONCOS

EFP: 156
HT: 5-11
WT: 184
AGE: 31

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	NO	17	23	31	T-18TH	15	4	4	60	33	102	115
2023	DEN	17	30	34	12TH	23	4	3	52	29	119	129
2024	DEN	17	31	34	T-9TH	15	11	5	55	46	139	160
2025 PROJ.		17	30	34	T-10TH	16	9	5	55	47	137	156

04 CAMERON DICKER
LOS ANGELES CHARGERS

EFP: 155
HT: 6-1
WT: 216
AGE: 25

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	PHI/LAC	11	21	22	31ST	14	7	0	48	24	87	94
2023	LAC	17	31	33	T-13TH	15	9	7	55	35	128	151
2024	LAC	17	39	42	T-3RD	19	11	9	59	33	150	179
2025 PROJ.		17	33	37	3RD	17	10	6	58	34	133	155

05 TYLER LOOP
BALTIMORE RAVENS

EFP: 151
HT: 5-11
WT: 191
AGE: 23

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
					ROOKIE							
2025 PROJ.		17	30	35	T-6TH	16	10	4	56	43	133	151

06 YOUNGHOE KOO
ATLANTA FALCONS

EFP: 148
HT: 5-10
WT: 195
AGE: 31

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	ATL	17	32	37	T-3RD	16	9	7	54	33	129	152
2023	ATL	17	32	37	T-6TH	20	9	3	54	27	123	138
2024	ATL	14	25	34	T-9TH	12	7	6	58	26	101	120
2025 PROJ.		17	33	38	2ND	19	9	5	55	30	129	148

07 WILL REICHARD
MINNESOTA VIKINGS

EFP: 147
HT: 6-1
WT: 187
AGE: 24

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2024	MIN	13	24	30	T-17TH	11	5	8	58	38	110	131
2025 PROJ.		17	27	32	T-18TH	14	7	6	58	47	128	147

08 TYLER BASS
BUFFALO BILLS

EFP: 147
HT: 5-10
WT: 183
AGE: 28

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	BUF	16	27	31	T-18TH	15	10	2	56	48	129	143
2023	BUF	17	24	29	T-23RD	16	4	4	54	49	121	133
2024	BUF	17	24	29	T-21ST	13	7	4	61	59	131	147
2025 PROJ.		17	26	31	T-23RD	15	7	4	59	54	132	147

09 MATT GAY
WASHINGTON COMMANDERS

EFP: 147
HT: 6-0
WT: 232
AGE: 31

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	LAR	17	28	30	T-21ST	17	4	7	58	31	115	133
2023	IND	17	33	41	2ND	18	7	8	57	35	134	157
2024	IND	16	31	37	7TH	21	7	3	56	33	126	139
2025 PROJ.		17	31	36	T-4TH	18	7	6	57	35	128	147

10 HARRISON BUTKER
KANSAS CITY CHIEFS

EFP: 146
HT: 6-4
WT: 205
AGE: 30

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	KC	13	18	24	28TH	11	4	3	62	38	92	103
2023	KC	17	33	35	11TH	21	7	5	60	38	137	155
2024	KC	13	21	25	T-26TH	15	4	2	53	29	92	100
2025 PROJ.		17	31	35	T-6TH	20	7	4	60	38	131	146

11 CHRIS BOSWELL
PITTSBURGH STEELERS

EFP: 145
HT: 6-2
WT: 185
AGE: 34

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	PIT	12	20	28	T-25TH	8	5	7	59	18	78	97
2023	PIT	17	29	31	T-17TH	16	7	6	57	27	114	133
2024	PIT	17	41	44	2ND	21	7	13	57	35	158	191
2025 PROJ.		17	30	35	T-6TH	15	9	6	57	34	124	145

12 JAKE ELLIOTT
PHILADELPHIA EAGLES

EFP: 145
HT: 5-9
WT: 167
AGE: 30

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	PHI	16	20	23	T-29TH	14	1	5	56	51	111	122
2023	PHI	17	30	32	16TH	16	7	7	61	45	135	157
2024	PHI	17	28	36	8TH	19	8	1	50	47	131	141
2025 PROJ.		17	28	33	T-14TH	17	7	4	58	46	130	145

13 GREG ZUERLEIN
NEW YORK JETS

EFP: 144
HT: 6-0
WT: 195
AGE: 37

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	NYJ	17	30	37	T-3RD	15	9	6	60	28	118	140
2023	NYJ	16	35	38	T-3RD	17	13	5	55	15	120	143
2024	NYJ	8	9	15	T-34TH	8	1	0	40	13	40	41
2025 PROJ.		17	30	36	T-4TH	16	9	5	57	35	125	144

14 DANIEL CARLSON
LAS VEGAS RAIDERS

EFP: 141
HT: 6-5
WT: 215
AGE: 30

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	LV	17	34	37	T-3RD	20	3	11	57	35	137	162
2023	LV	17	26	30	T-20TH	16	9	1	54	32	110	121
2024	LV	17	34	40	6TH	21	6	7	54	23	125	145
2025 PROJ.		17	31	35	T-6TH	18	7	6	54	29	122	141

15 JOSHUA KARTY
LOS ANGELES RAMS

EFP: 141
HT: 6-2
WT: 207
AGE: 23

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2024	LAR	17	29	34	T-9TH	19	4	6	58	32	119	135
2025 PROJ.		17	29	34	T-10TH	17	6	6	57	36	123	141

16 CAIRO SANTOS
CHICAGO BEARS

EFP: 141
HT: 5-8
WT: 175
AGE: 33

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	CHI	16	21	23	T-29TH	11	6	4	51	27	90	104
2023	CHI	17	35	38	T-3RD	20	8	7	55	31	136	158
2024	CHI	17	21	25	T-26TH	8	5	8	54	25	88	109
2025 PROJ.		17	27	32	T-18TH	13	9	5	55	41	122	141

17 EVAN McPHERSON
CINCINNATI BENGALS

EFP: 140
HT: 5-11
WT: 185
AGE: 26

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	CIN	16	24	29	T-23RD	10	9	5	59	40	112	131
2023	CIN	17	26	31	T-17TH	11	8	7	56	40	118	140
2024	CIN	12	16	22	T-28TH	10	3	3	56	37	85	94
2025 PROJ.		17	26	31	T-23RD	11	8	7	57	40	118	140

18 JASON SANDERS
MIAMI DOLPHINS

EFP: 139
HT: 5-11
WT: 195
AGE: 29

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	MIA	17	26	32	T-13TH	12	12	2	55	41	119	135
2023	MIA	17	24	28	T-25TH	13	6	5	57	58	130	146
2024	MIA	17	37	41	5TH	20	5	12	57	26	137	166
2025 PROJ.		17	27	32	T-18TH	13	8	6	56	38	119	139

19 CHASE McLAUGHLIN
TAMPA BAY BUCCANEERS

EFP: 139
HT: 6-0
WT: 190
AGE: 29

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	IND	16	30	36	T-8TH	12	9	9	54	21	111	138
2023	TB	17	29	31	T-17TH	20	2	7	57	33	120	136
2024	TB	17	30	32	T-14TH	18	4	8	56	54	144	164
2025 PROJ.		17	26	31	T-23RD	12	7	7	57	40	118	139

20 KA'IMI FAIRBAIRN
HOUSTON TEXANS

EFP: 137
HT: 6-0
WT: 183
AGE: 31

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	HOU	17	29	31	T-18TH	14	9	6	56	24	111	132
2023	HOU	12	27	28	T-25TH	20	2	5	54	21	102	114
2024	HOU	17	36	42	T-3RD	19	4	13	59	34	142	172
2025 PROJ.		17	29	34	T-10TH	17	7	5	56	33	120	137

21 BLAKE GRUPE
NEW ORLEANS SAINTS

EFP: 136
HT: 5-7
WT: 156
AGE: 26

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2023	NO	17	30	37	T-6TH	16	8	6	55	40	130	150
2024	NO	17	27	31	16TH	14	7	6	57	31	112	131
2025 PROJ.		17	28	34	T-10TH	14	8	6	56	32	116	136

22 GRAHAM GANO
NEW YORK GIANTS

EFP: 135
HT: 6-2
WT: 202
AGE: 38

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	NYG	17	29	32	T-13TH	11	10	8	57	32	119	145
2023	NYG	8	11	17	33RD	5	3	3	57	8	41	50
2024	NYG	10	9	11	38TH	3	4	2	53	15	42	50
2025 PROJ.		17	28	33	T-14TH	15	9	4	55	34	118	135

23 JASON MYERS
SEATTLE SEAHAWKS

EFP: 135
HT: 5-10
WT: 190
AGE: 34

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	SEA	17	34	37	T-3RD	24	4	6	56	41	143	159
2023	SEA	17	35	42	1ST	19	12	4	55	33	138	158
2024	SEA	17	26	30	T-17TH	10	7	9	59	37	115	140
2025 PROJ.		17	28	33	T-14TH	17	7	4	57	36	120	135

24 BRANDON McMANUS
GREEN BAY PACKERS

EFP: 133
HT: 6-3
WT: 201
AGE: 34

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	DEN	17	28	36	T-8TH	10	10	8	55	25	109	135
2023	JAC	17	30	37	T-6TH	14	11	5	56	35	125	146
2024	GB	11	20	21	30TH	14	3	3	55	30	90	99
2025 PROJ.		17	27	33	T-14TH	14	8	5	56	34	115	133

25 JAKE MOODY
SAN FRANCISCO 49ERS

EFP: 133
HT: 6-1
WT: 210
AGE: 25

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2023	SF	17	21	25	T-27TH	15	4	2	57	60	123	131
2024	SF	14	24	34	T-9TH	14	6	4	53	32	104	118
2025 PROJ.		17	25	32	T-18TH	13	8	4	57	42	117	133

26 CAM LITTLE
JACKSONVILLE JAGUARS

EFP: 130
HT: 6-1
WT: 172
AGE: 22

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2024	JAC	17	27	29	T-21ST	14	8	5	59	27	108	126
2025 PROJ.		17	27	30	T-27TH	16	7	4	58	34	115	130

27 SPENCER SHRADER
INDIANAPOLIS COLTS

EFP: 127
HT: 6-2
WT: 201
AGE: 26

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2024	IND/NYJ/KC	4	5	5	42ND	3	2	0	45	9	24	26
2025 PROJ.		17	24	29	30TH	11	9	4	53	38	110	127

28 CHAD RYLAND
ARIZONA CARDINALS

EFP: 126
HT: 6-0
WT: 195
AGE: 25

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2023	NE	17	16	25	T-27TH	9	5	2	56	24	72	81
2024	ARI	13	28	32	T-14TH	17	7	4	58	26	110	125
2025 PROJ.		17	27	31	T-23RD	16	7	4	58	30	111	126

29 JOEY SLYE
TENNESSEE TITANS

EFP: 124
HT: 5-11
WT: 213
AGE: 29

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	WAS	17	25	30	T-21ST	13	8	4	58	24	99	115
2023	WAS	17	19	24	29TH	9	7	3	61	32	89	103
2024	NE	17	26	33	13TH	15	5	6	63	25	103	121
2025 PROJ.		17	26	32	T-18TH	14	7	5	61	29	107	124

30 ANDRES BORREGALES
NEW ENGLAND PATRIOTS

EFP: 119
HT: 5-11
WT: 202
AGE: 22

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
					ROOKIE							
2025 PROJ.		17	25	30	T-27TH	15	6	4	55	30	105	119

31 MATTHEW WRIGHT
CAROLINA PANTHERS

EFP: 112
HT: 6-0
WT: 179
AGE: 29

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	KC/PIT	6	15	18	33RD	7	6	2	59	16	61	71
2023	CAR	1	0	1	T-38TH	0	0	0	0	0	0	0
2024	SF/KC/TEN	5	15	16	33RD	11	3	1	50	6	51	56
2025 PROJ.		17	24	28	T-31ST	12	9	3	54	25	97	112

32 DUSTIN HOPKINS
CLEVELAND BROWNS

EFP: 112
HT: 6-2
WT: 210
AGE: 34

Year	Team	GP	FGM	FGA	FGA Rank	0-39	40-49	50+	Long	PAT	Pts	Fan Pts.
2022	LAC	5	9	10	34TH	8	1	0	43	12	39	40
2023	CLE	15	33	36	10TH	15	10	8	58	24	123	149
2024	CLE	16	18	27	24TH	9	5	4	56	17	71	84
2025 PROJ.		17	24	28	T-31ST	13	7	4	56	25	97	112

ZAIRE FRANKLIN

GRACE HOLLARS/INDYSTAR

IDP

STAFF TOP 12s

	LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
1.	Zaire Franklin	Roquan Smith	Zaire Franklin	Zaire Franklin	Zaire Franklin
2.	Roquan Smith	Zaire Franklin	Zack Baun	Roquan Smith	Roquan Smith
3.	Jessie Bates III	T.J. Edwards	Myles Garrett	Zack Baun	T.J. Edwards
4.	Kaden Elliss	Fred Warner	Aidan Hutchinson	Micah Parsons	Bobby Wagner
5.	Bobby Okereke	Bobby Wagner	Roquan Smith	Aidan Hutchinson	Fred Warner
6.	Jordyn Brooks	Nick Bolton	Fred Warner	Will Anderson Jr.	Nick Bolton
7.	Fred Warner	Maxx Crosby	Will Anderson Jr.	Maxx Crosby	Zack Baun
8.	T.J. Edwards	Myles Garrett	Maxx Crosby	Daiyan Henley	Aidan Hutchinson
9.	Robert Spillane	T.J. Watt	Brian Branch	Fred Warner	Alex Singleton
10.	Brian Branch	Kyle Hamilton	Kyle Hamilton	Myles Garrett	Budda Baker
11.	Lavonte David	Quincy Williams	Antoine Winfield Jr.	Edgerrin Cooper	Maxx Crosby
12.	Bobby Wagner	Budda Baker	Daiyan Henley	Robert Spillane	Kaden Elliss

	LUKE EASTERLING	CRAIG ELLENPORT	MARK ROSS	MATT SCHAUF	KYLE WOOD
Top Rookie	Carson Schwesinger	Abdul Carter	Carson Schwesinger	Carson Schwesinger	Nick Emmanwori
Sleeper	Tyrice Knight	Jack Sawyer	Josey Jewell	Edgerrin Cooper	Jack Campbell
Deep Sleeper	SirVocea Dennis	Chris Paul Jr.	George Karlaftis	Donovan Ezeiruaku	Jeremy Chinn
Bounce-Back	Aidan Hutchinson	Aidan Hutchinson	Aidan Hutchinson	Terrel Bernard	Logan Wilson
Bust	Micah Parsons	Micah Parsons	Andrew Van Ginkel	Mykel Williams	Nick Cross
Injury Risk	Alex Anzalone	Terrel Bernard	Bobby Wagner	Logan Wilson	Bradley Chubb

2025 RANKINGS

DEFENSIVE LINEMEN		Team	Bye
1	Micah Parsons	DAL	10
2	Aidan Hutchinson	DET	8
3	Will Anderson Jr.	HOU	6
4	Maxx Crosby	LV	8
5	Myles Garrett	CLE	9
6	Nick Bosa	SF	14
7	Trey Hendrickson	CIN	10
8	Jared Verse	LAR	8
9	Jonathan Greenard	MIN	6
10	Derrick Brown	CAR	14
11	DeForest Buckner	IND	11
12	Greg Rousseau	BUF	7
13	Dexter Lawrence II	NYG	14
14	Jeffery Simmons	TEN	10
15	Danielle Hunter	HOU	6
16	Josh Hines-Allen	JAC	8
17	Montez Sweat	CHI	5
18	Travon Walker	JAC	8
19	Josh Sweat	ARI	8
20	Abdul Carter	NYG	14
21	Zach Sieler	MIA	12
22	Kobie Turner	LAR	8
23	Christian Wilkins	LV	8
24	Donovan Ezeiruaku	DAL	10
25	Chase Young	NO	11
26	Zach Allen	DEN	12
27	Calijah Kancey	TB	9
28	Milton Williams	NE	14
29	Leonard Williams	SEA	8
30	Rashan Gary	GB	5
31	Joseph Ossai	CIN	10
32	Jalen Carter	PHI	9
33	Yaya Diaby	TB	9
34	Cameron Heyward	PIT	5
35	Carl Granderson	NO	11
36	Kwity Paye	IND	11
37	Will McDonald IV	NYJ	9
38	George Karlaftis	KC	10
39	Jonathan Allen	MIN	6
40	Quinnen Williams	NYJ	9
41	Braden Fiske	LAR	8
42	Leonard Floyd	ATL	5
43	Mykel Williams	SF	14
44	Mike Green	BAL	7
45	Joey Bosa	BUF	7

LINEBACKERS/EDGE		Team	Bye
1	Zaire Franklin	IND	11
2	Roquan Smith	BAL	7
3	Zack Baun	PHI	9
4	Daiyan Henley	LAC	12
5	Fred Warner	SF	14
6	Robert Spillane	NE	14
7	Jordyn Brooks	MIA	12
8	Edgerrin Cooper	GB	5
9	Logan Wilson	CIN	10
10	Kaden Elliss	ATL	5
11	Bobby Wagner	WAS	12
12	T.J. Edwards	CHI	5
13	Ernest Jones IV	SEA	8
14	Terrel Bernard	BUF	7
15	Jamien Sherwood	NYJ	9
16	Patrick Queen	PIT	5
17	Lavonte David	TB	9
18	Josey Jewell	CAR	14
19	Blake Cashman	MIN	6
20	Azeez Al-Shaair	HOU	6
21	Frankie Luvu	WAS	12
22	T.J. Watt	PIT	5
23	Andrew Van Ginkel	MIN	6
24	Cody Barton	TEN	10
25	Nick Bolton	KC	10
26	Foyesade Oluokun	JAC	8
27	Jack Campbell	DET	8
28	Germaine Pratt	CIN	10
29	Bobby Okereke	NYG	14
30	Carson Schwesinger	CLE	9
31	Quay Walker	GB	5
32	Alex Singleton	DEN	12
33	Tremaine Edmunds	CHI	5
34	Quincy Williams	NYJ	9
35	Jihaad Campbell	PHI	9
36	Tyrice Knight	SEA	8
37	Divine Deablo	ATL	5
38	Alex Anzalone	DET	8
39	Devin Lloyd	JAC	8
40	Omar Speights	LAR	8
41	Demario Davis	NO	11
42	Akeem Davis-Gaither	ARI	8
43	Kenneth Murray Jr.	DAL	19
44	Brian Burns	NYG	14
45	Harold Landry III	NE	14

MICAH PARSONS

BRIAN BRANCH

FROM TOP: ANDREW DIEB-IMAGN IMAGES; LON HORWEDEL-IMAGN IMAGES

DEFENSIVE BACKS		Team	Bye
1	Brian Branch	DET	8
2	Budda Baker	ARI	8
3	Antoine Winfield Jr.	TB	9
4	Kyle Hamilton	BAL	7
5	Nick Cross	IND	11
6	Derwin James Jr.	LAC	12
7	Tyler Nubin	NYG	14
8	Grant Delpit	CLE	9
9	Brandon Jones	DEN	12
10	Jeremy Chinn	LV	8
11	Julian Love	SEA	8
12	Kevin Byard III	CHI	5

DEFENSIVE BACKS		Team	Bye
13	DeShon Elliott	PIT	5
14	Kyle Dugger	NE	14
15	Quentin Lake	LAR	8
16	Jessie Bates III	ATL	5
17	Devon Witherspoon	SEA	8
18	Jaquan Brisker	CHI	5
19	Xavier McKinney	GB	5
20	Nick Emmanwori	SEA	8
21	Marlon Humphrey	BAL	7
22	Jalen Pitre	HOU	6
23	Riley Moss	DEN	'12
24	Jabrill Peppers	NE	14

DEFENSIVE BACKS		Team	Bye
25	Taron Johnson	BUF	7
26	Jalen Thompson	ARI	8
27	Joshua Metellus	MIN	6
28	Demani Richardson	CAR	14
29	Justin Reid	NO	11
30	Xavier Woods	TEN	10
31	Taylor Rapp	BUF	7
32	Donovan Wilson	DAL	10
33	Kerby Joseph	DET	8
34	Paulson Adebo	NYG	14
35	Amani Hooker	TEN	10
36	Cam Bynum	IND	11

DEFENSIVE BACKS		Team	Bye
37	Minkah Fitzpatrick	PIT	5
38	Talanoa Hufanga	DEN	12
39	Harrison Smith	MIN	6
40	Jordan Battle	CIN	10
41	Kamren Curl	LAR	8
42	Jordan Fuller	ATL	5
43	Nate Hobbs	GB	5
44	Kenny Moore II	IND	11
45	Malaki Starks	BAL	7

MICAH PARSONS

01 MICAH PARSONS
COWBOYS

BYE WEEK: 10
HT: 6-3
WT: 250
AGE: 26

Parsons suffered a high-ankle sprain in Week 4 last season, which cost him the next four contests and limited his snaps in his return. He still racked up 6.5 more sacks than any other Cowboy for the season. Parsons also tied for 23rd league-wide in tackles for a loss and 11th in QB hits. A healthy Parsons could easily set new career highs in all three categories in just his age-26 season. He's likely still an ascending player, especially when you consider Parsons didn't play edge full time until 2023, his third NFL season.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	DAL	17	42	23	65	13.5	0	3	3	3	1
2023	DAL	17	36	28	64	14.0	0	1	1	2	0
2024	DAL	13	30	13	43	12.0	0	2	0	1	0

02 AIDAN HUTCHINSON
LIONS

BYE WEEK: 8
HT: 6-7
WT: 268
AGE: 25

A Week 6 leg fracture truncated what might have been a special 2024. Hutchinson had already racked up 7.5 sacks and 17 QB hits before going down in the middle of his fifth game. Only 33 players had more hits for the entire season. Hutchinson should have time to get back to full strength ahead of Week 1. And he has played around 90% of Detroit's defensive snaps when healthy over the past two seasons. That gives him more opportunities to make plays and collect stats at a position where most play less than 80%.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	DET	17	34	18	52	9.5	3	0	2	3	0
2023	DET	17	36	15	51	11.5	1	3	2	7	0
2024	DET	5	12	7	19	7.5	0	1	0	0	0

03 WILL ANDERSON JR.
TEXANS

BYE WEEK: 6
HT: 6-4
WT: 243
AGE: 24

Anderson's second NFL season looks better when you factor in the midseason ankle sprain. That cost him nearly all of Week 9, kept him out the next two games and lowered Anderson's playing time even after he returned. The third overall pick in 2023 ramped back up in the playoffs, delivering 3.5 sacks among five QB hits in Houston's two games. Anderson will turn just 24 in early September and has yet to hit his pass-rush ceiling. He led the nation in sacks (17.5) and tackles for a loss (33.5) as a 20-year-old Alabama sophomore in 2021.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2023	HOU	15	29	16	45	7.0	0	0	0	1	0
2024	HOU	14	27	10	37	11.0	0	1	1	2	0

04 MAXX CROSBY
RAIDERS

BYE WEEK: 8
HT: 6-5
WT: 255
AGE: 28

Crosby was bound to miss time at some point, after appearing in every game across his first five NFL seasons. Even last season found him playing through his Week 2 ankle sprain until a December aggravation required arthroscopic surgery. That issue shouldn't linger into 2025, though. The Raiders confirmed that by extending Crosby through 2029 this offseason, at an average annual salary of $35.5 million. No player has more tackles for a loss since Crosby entered the league in 2019. Just four have more QB hits.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	LV	17	58	31	89	12.5	0	3	1	4	0
2023	LV	17	55	35	90	14.5	0	2	1	2	0
2024	LV	13	28	17	45	7.5	0	0	0	5	0

05 MYLES GARRETT
BROWNS

BYE WEEK: 9
HT: 6-4
WT: 272
AGE: 29

Garrett seemed ready to force a trade at the start of the offseason. He changed his tune after a meeting with the staff … and a lucrative extension. Garrett's $40 million annual average on his new deal shows that Cleveland doesn't expect any decline in a season that will find Garrett turning 30 in late December. His recent play certainly hasn't shown any drop-off. Garrett has delivered 14-plus sacks and 26 or more QB hits in four straight seasons. No one has more sacks over that span. Only Nick Bosa has more QB hits.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CLE	16	37	23	60	16.0	0	2	0	4	0
2023	CLE	16	33	9	42	14.0	0	4	1	3	0
2024	CLE	17	40	7	47	14.0	0	3	1	1	0

06 NICK BOSA
49ERS

BYE WEEK: 14
HT: 6-4
WT: 266
AGE: 27

Bosa's sack numbers indicate more volatility to his play than we've actually seen when he's been healthy. He has exceeded 10.5 in just two of his six seasons. But only three players have more total sacks since Bosa entered the league in 2019. And last year marked the second time he lost multiple games to injury. Since 2021, Bosa has 22 more QB hits than anyone else in the NFL. The biggest challenge for Bosa in 2025 will be keeping up his high productivity amid a 49ers D-line that has more questions than proven performers.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	SF	16	41	10	51	18.5	0	2	0	1	0
2023	SF	17	34	19	53	10.5	0	2	1	4	0
2024	SF	14	33	19	52	9.0	1	1	1	1	0

ANDREW DIEB-IMAGN IMAGES

AIDAN HUTCHINSON

07 TREY HENDRICKSON
BENGALS

BYE WEEK: 10
HT: 6-4
WT: 265
AGE: 30

Hendrickson and Cincinnati have struggled with contract-extension talks over the past several seasons. But consistent trade murmurs haven't kept him from delivering 35 sacks over the past two years — 4.5 more than anyone else in the league. The Bengals extended DT B.J. Hill and imported 340-pound former Packers DT T.J. Slaton Jr., so the middle of the line should be strong and absorb blocking attention. Hendrickson turned 30 in early December, but he also set career highs in total snaps and defensive snap share.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CIN	15	22	10	32	8.0	0	3	0	3	0
2023	CIN	17	28	15	43	17.5	0	3	0	3	0
2024	CIN	17	33	13	46	17.5	0	2	0	6	0

08 JARED VERSE
RAMS

BYE WEEK: 8
HT: 6-4
WT: 260
AGE: 24

Verse probably fared better as a 2024 rookie than you realized. His 4.5 sacks tied for just 95th in the league. He likely ranked outside the top 30 D-linemen in fantasy points per game in your league. But he played the eighth-most regular-season snaps among all edge players. That helped him rank fifth among linemen in solo tackles and fourth in assisted tackles. And Pro Football Focus credited Verse with the fourth-most pressures among edge players. That portends sack upside, though he might not be athletic enough to challenge for the league lead.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2024	LAR	17	36	30	66	4.5	0	2	2	2	0

KEVIN JAIRAJ-IMAGN IMAGES

09 JONATHAN GREENARD
VIKINGS

BYE WEEK: 6
HT: 6-3
WT: 259
AGE: 28

Greenard delivered the third-most pressures among all edge players in his first Vikings season, according to Pro Football Focus. That produced the second-best PFF pass-rushing grade among his five seasons. Greenard has now set career highs in fantasy production each of the past two years, and he's still heading into just his age-28 season. The Vikings used free agency to import Jonathan Allen and Javon Hargrave, a pair of experienced and proven interior rushers. That could make 2025 even more fruitful for Greenard.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	HOU	8	9	7	16	1.5	1	0	1	1	1
2023	HOU	15	36	16	52	12.5	0	1	0	2	0
2024	MIN	17	41	18	59	12.0	0	4	0	3	0

10 DERRICK BROWN
PANTHERS

BYE WEEK: 14
HT: 6-5
WT: 320
AGE: 27

Don't let Brown's lost 2024 overshadow a 2023 that found him setting the NFL record for tackles by a defensive tackle. Brown also quietly improved his pass rush, tallying 15 QB hits that season after averaging 11 across his first three years. He joined voluntary workouts in spring and should have his repaired knee back to full strength well ahead of Week 1. Carolina also worked to improve the D-line around Brown via both free agency and the draft. The enhancements could free the DT up to make more plays.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CAR	17	30	37	67	1.0	1	0	0	7	0
2023	CAR	17	57	46	103	2.0	1	0	0	6	0
2024	CAR	1	1	2	3	0.0	0	0	0	0	0

11 DEFOREST BUCKNER
COLTS

BYE WEEK: 11
HT: 6-7
WT: 295
AGE: 31

Buckner went from playing every game for three straight seasons to missing five whole contests and most of another in 2024. Should we worry? We'll see. Buckner suffered a high-ankle sprain in Week 2. But he made it back to play 75% of the snaps or more in each of the final nine games. He earned the best Pro Football Focus run-defense grade of his career and led the Colts in pressures per game and pass-rushing grade.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	IND	17	44	30	74	8.0	0	2	1	3	0
2023	IND	17	45	36	81	8.0	0	2	1	7	1
2024	IND	12	24	37	61	6.5	0	0	0	1	0

12 GREG ROUSSEAU
BILLS

BYE WEEK: 7
HT: 6-6
WT: 266
AGE: 25

The Bills used free agency and the draft to boost their edge group, starting that run with an early-March extension for Rousseau, ahead of his fifth season. Rousseau has yet to exceed eight sacks in a season. But he has finished each of the past three years among the top 17 edge players in Pro Football Focus grade. Rousseau has also increased his pressures every season, tying for 10th at the position last year. More sacks are coming.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	BUF	13	27	10	37	8.0	0	1	0	4	0
2023	BUF	16	30	12	42	5.0	0	1	1	4	0
2024	BUF	16	36	17	53	8.0	0	3	1	3	0

13 DEXTER LAWRENCE II
GIANTS

BYE WEEK: 14
HT: 6-4
WT: 340
AGE: 27

Lawrence has developed into an elite interior pass-rusher. He showed that off with nine sacks over just 12 games last year. Lawrence ranked second and tied for fourth among interior D-linemen in total pressures the previous two seasons, according to Pro Football Focus. The sack high coincided with edge Brian Burns' arrival. Abdul Carter's arrival should open even more room.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	NYG	16	35	33	68	7.5	0	2	0	3	0
2023	NYG	16	32	21	53	4.5	0	0	0	2	0
2024	NYG	12	23	21	44	9.0	0	1	0	1	0

14 JEFFERY SIMMONS
TITANS

BYE WEEK: 10
HT: 6-4
WT: 305
AGE: 28

Simmons' five sacks last season were his fewest since 2020. Yet he tallied a career high in fantasy points per game thanks to 76 total tackles. Simmons' low sack total shouldn't worry you. He earned his highest Pro Football Focus pass-rushing grade to date. It didn't help that he saw his fewest pass-rush opportunities per game since his 2019 rookie year. He's due for a rebound.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	TEN	15	25	28	53	7.5	0	1	0	7	0
2023	TEN	12	30	14	44	5.5	0	1	1	1	0
2024	TEN	16	41	35	76	5.0	0	2	2	4	0

DANIELLE HUNTER

15 DANIELLE HUNTER
TEXANS

BYE WEEK: 6
HT: 6-5
WT: 263
AGE: 30

Hunter continued to deliver in his first year after leaving Minnesota in free agency. That included a career-high 23 QB hits. It's worth noting, however, that Hunter's snap shared nudged down a bit. He played 70% of Houston's defensive snaps, down from a career-high 88.9% in 2023 and his lowest share since 2016 — Hunter's second season. A one-year, big-money extension this offseason showed he remains a key member of the defense at age 30. But we probably shouldn't expect the same ceiling he sported with the Vikings.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	MIN	17	46	19	65	10.5	0	1	0	3	0
2023	MIN	17	54	29	83	16.5	0	4	0	2	0
2024	HOU	17	31	15	46	12.0	0	1	0	3	0

16 JOSH HINES-ALLEN
JAGUARS

BYE WEEK: 8
HT: 6-5
WT: 255
AGE: 28

What are we gonna get here: the monster sack collector of 2023, or the guy who surrounded that with three seasons of eight or fewer? The latter's more likely. The few guys with perennial potential to average a sack a game sit higher on this list. But Hines-Allen sports high weekly and season-long upside. He's one of just seven edge players to have topped 60 pressures each of the past three years. The others: Trey Hendrickson, Myles Garrett, Micah Parsons, Nick Bosa, Danielle Hunter and Za'Darius Smith.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	JAC	17	35	22	57	6.0	0	4	2	2	1
2023	JAC	17	43	23	66	17.5	1	2	0	1	0
2024	JAC	16	26	19	45	8.0	0	1	1	2	0

17 MONTEZ SWEAT
BEARS

BYE WEEK: 5
HT: 6-6
WT: 262
AGE: 29

Sweat posted a disappointing 2024 after getting big money from the Bears. Nagging injuries — toe, shin, ankle — didn't help. The team's encouraged by Sweat's turnaround chances, though. GM Ryan Poles told ESPN 1000 back in May: "I don't think there is anyone in this building working as hard as Montez Sweat right now. ... He's locked in like I've never seen him before." Sweat's got the physical ability and has been durable overall. A more competitive Bears team could foster more favorable defensive conditions.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	WAS	17	27	19	46	8.0	0	0	0	2	0
2023	WAS/CHI	17	38	19	57	12.5	0	3	0	4	0
2024	CHI	16	18	14	32	5.5	0	2	0	2	0

18 TRAVON WALKER
JAGUARS

BYE WEEK: 8
HT: 6-5
WT: 272
AGE: 24

Walker looks like a rising defensive star after hitting 10-plus sacks each of the past two years. But he actually has some improving to do. Despite supplying the league's 12th-most sacks over the past two years, Walker ranked just 35th in QB hits over the same span. Walker's best Pro Football Focus grade to date ranked just 52nd among 151 edges who played 100-plus snaps. He benefits from playing opposite more consistent pass-rusher Josh Hines-Allen. But Walker's fine to roll with if he slips to mid-low-DL2 range.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	JAC	15	24	25	49	3.5	1	1	0	2	0
2023	JAC	17	27	25	52	10.0	0	0	1	2	0
2024	JAC	17	31	30	61	10.5	0	2	1	1	1

19 JOSH SWEAT
CARDINALS

BYE WEEK: 8
HT: 6-5
WT: 265
AGE: 28

Sweat presents some risk with his upside in this range. He ranked 22nd in Pro Football Focus' pass-rush productivity last season, among 125 edges who played at least 100 pass-rush snaps. In free agency, Arizona awarded Sweat the 15th-largest annual salary average among edge players. He hits 2025 squarely in his prime with a chance to increase his snap share from his Philly days.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	PHI	16	31	17	48	11.0	1	1	0	1	1
2023	PHI	17	30	13	43	6.5	0	2	0	1	0
2024	PHI	16	27	14	41	8.0	0	0	0	2	0

20 ABDUL CARTER
GIANTS

BYE WEEK: 14
HT: 6-3
WT: 259
AGE: 21

Carter hit this year's draft as one of the few consensus "elite" prospects. He delivered an FBS-leading 23.5 tackles for a loss last season, which marked just his first as a full-time edge player. Carter started his Penn State run as an off-ball LB who proved wildly efficient rushing the passer even on limited opportunities. He'll turn just 22 in October and sports a high ceiling for the short and long term. The biggest 2025 question will be playing time. The Giants retain 2024 edge starters Brian Burns and Kayvon Thibodeaux.

21 ZACH SIELER
DOLPHINS

BYE WEEK: 12
HT: 6-6
WT: 300
AGE: 30

After totaling just 11 sacks over his first five NFL seasons, Sieler has posted 10 each of the past two years. Last season featured a career-high 13 tackles for a loss despite a pair of missed games. Sieler has now topped 76% playing time in three straight years, resetting his career high for snap share each time (adjusted for games missed). First-round DT Kenneth Grant (at 331 pounds) might even take some blockers away from Sieler in 2025.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	MIA	17	41	30	71	3.5	0	2	0	4	0
2023	MIA	17	32	31	63	10.0	1	1	2	4	1
2024	MIA	15	28	27	55	10.0	1	1	1	2	0

22 KOBIE TURNER
RAMS

BYE WEEK: 8
HT: 6-2
WT: 297
AGE: 26

Turner followed up a strong rookie campaign by increasing his playing time – 61.5% snap share to 74.8% – and continuing the production. Only two interior defensive linemen tallied more sacks over the past two seasons than Turner's 17. Just eight defensive linemen in all have collected more tackles. Turner figures to benefit from playing amid a talented young D-line that added strength inside and out last year. His age-26 campaign might hold a higher ceiling than Zach Sieler sports.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2023	LAR	17	29	28	57	9.0	0	0	0	2	0
2024	LAR	17	35	27	62	8.0	0	1	1	4	0

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CHRISTIAN WILKINS

23 CHRISTIAN WILKINS
RAIDERS

BYE WEEK: 8
HT: 6-4
WT: 310
AGE: 29

After suffering a Jones fracture in his left foot in Week 5, Wilkins missed the rest of his first Raiders season. We'll have to watch him through the preseason to make sure that he's all the way back. Being all the way back would make him the guy who finished top-21 among fantasy D-linemen in each of his final three seasons as a Miami Dolphin. Wilkins peaked as a top-10 scorer for balanced leagues in 2023 but added sack production to his tackle-heavy scoring profile, posting nine sacks in 2023. The more tackle-favoring your league's scoring is, the more sense Wilkins makes for your team.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	MIA	17	59	39	98	3.5	0	2	1	6	0
2023	MIA	17	38	27	65	9.0	0	1	2	2	0
2024	LV	5	11	6	17	2.0	0	0	0	0	0

24 DONOVAN EZEIRUAKU
COWBOYS

BYE WEEK: 10
HT: 6-2
WT: 248
AGE: 21

Dallas waited on RBs in Round 2 of the draft, instead pouncing on a guy who could start opposite Micah Parsons right away. Ezeiruaku's small: 19th-percentile weight and 11th-percentile height historically among edge players. But he makes up for it with an 85th-percentile wingspan and 91st-percentile three-cone time. Ezeiruaku proved strong as a pass-rusher and run defender in college, en route to playing the third-most snaps among FBS edges in 2024, according to Pro Football Focus.

RON CHENOY-IMAGN IMAGES

25 CHASE YOUNG
SAINTS

BYE WEEK: 11
HT: 6-5
WT: 265
AGE: 26

The Saints clearly like that Young delivered 66 pressures for the second straight season (according to Pro Football Focus) in 2024. They gave him $17 million per year on a three-year deal in free agency. That's about $770K per sack for his five-year career. Young has also seen his PFF run-defense grade decline for three straight seasons. He's still just 26, with time to turn more of those pressures from the past two years into sacks. But Young needs to show there's a high stat ceiling before we can trust it.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	WAS	3	3	2	5	0.0	0	0	0	1	0
2023	WAS/SF	16	17	8	25	7.5	0	0	0	2	0
2024	NO	17	21	10	31	5.5	0	1	0	3	0

26 ZACH ALLEN
BRONCOS

BYE WEEK: 12
HT: 6-4
WT: 281
AGE: 28

Allen has increased his snap share every season to date to the point where he led all interior D-linemen in snaps in 2024. According to Pro Football Focus, Allen played 105 more snaps than his nearest competitor — despite missing a game. That's key to his sturdy tackle numbers. But Allen has also enhanced his pass rush. He went from 24 QB hits (12th in the league) in his first Denver season to a league-high 40 last year. Allen ranked third among DTs in ESPN's pass-rush win rate.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	ARI	13	23	24	47	5.5	0	0	0	8	0
2023	DEN	17	27	33	60	5.0	0	1	0	1	0
2024	DEN	16	32	29	61	8.5	0	0	0	1	0

27 CALIJAH KANCEY
BUCCANEERS

BYE WEEK: 9
HT: 6-0
WT: 280
AGE: 24

Kancey believes he can lead the league in sacks if he stays healthy. He lost eight total games to calf injuries the past two years. But Kancey also led all Bucs in sacks last season, despite missing five weeks. He's always been a rush-first DT. Tampa drafted him in Round 1 despite a 6-foot, 280-pound frame that rates historically tiny for the position. Kancey also should find an improved pass rush around him.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2023	TB	14	19	7	26	4.0	0	0	0	1	0
2024	TB	12	22	6	28	7.5	0	1	1	0	0

28 MILTON WILLIAMS
PATRIOTS

BYE WEEK: 14
HT: 6-3
WT: 290
AGE: 26

The Patriots' $104 million pact with Williams likely points to more playing time than he got in Philly. He topped out at 47.9% of defensive snaps with the Eagles, though that climbed over the second half. Williams brings rare quickness and agility for an interior lineman. That hasn't translated into big numbers yet. But more playing time and an experienced defensive staff under new head coach Mike Vrabel should help leverage Williams' skills.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	PHI	17	19	17	36	4.0	0	0	0	2	0
2023	PHI	16	21	21	42	0.5	0	1	0	1	0
2024	PHI	17	11	13	24	5.0	0	1	1	1	0

29 LEONARD WILLIAMS
SEAHAWKS

BYE WEEK: 8
HT: 6-5
WT: 310
AGE: 31

Williams' sudden fantasy high point at age 30 came as a surprise. His 92-yard INT return for a TD certainly helped. But Williams also nearly matched his career highs for sacks and QB hits. His other pressure stats fell more in line with previous seasons, though. Now 31, Williams might need to cut down his playing time some. Seattle has given no signal it's shopping for his heir, however. So don't bet on a big decrease.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	NYG	12	26	19	45	2.5	0	1	2	0	0
2023	NYG/SEA	18	37	25	62	5.5	0	0	0	2	0
2024	SEA	16	37	27	64	11.0	1	0	0	3	1

30 RASHAN GARY
PACKERS

BYE WEEK: 5
HT: 6-5
WT: 277
AGE: 27

Gary sure seems likely to reach double-digit sacks one of these years. Despite losing eight games to an ACL tear in 2022, Gary ranks tied for 12th in QB hits over his four seasons as a starter. He sits 18th in sacks over the same span. Gary's playing time will bear watching, however. The Packers opened the year with Gary consistently playing more than 60% of snaps. But he dipped to a half-time role late in the year.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	GB	9	21	11	32	6.0	0	1	1	1	0
2023	GB	17	23	21	44	9.0	0	2	2	2	0
2024	GB	17	26	21	47	7.5	0	1	1	1	0

ZAIRE FRANKLIN

01 ZAIRE FRANKLIN
COLTS

BYE WEEK: 11
HT: 6-0
WT: 235
AGE: 29

Franklin's three starting seasons have produced fantasy finishes of fourth, second and first, respectively, among linebackers (depending on your format). He's one of just five LBs to crack 1,000 regular-season snaps each of the past three years. Franklin's been at his best in tackle-heavy leagues, supplying 38 more total stops than anyone else in the league over the past three years. He has supplemented that with a smattering of big plays, but don't count on value in those categories. Count them as bonuses.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	IND	17	102	65	167	3.0	0	3	0	6	0
2023	IND	16	107	72	179	1.5	0	2	0	6	0
2024	IND	17	93	80	173	3.5	2	5	0	6	0

02 ROQUAN SMITH
RAVENS

BYE WEEK: 7
HT: 6-1
WT: 230
AGE: 28

Smith's first Baltimore season without Patrick Queen (gone to Pittsburgh) found him declining significantly in Pro Football Focus' overall defensive grade and coverage grade. The latter ranked Smith just 40th among 97 LBs who played at least 200 snaps. Despite sustaining a Week 11 hamstring injury that cost him a game, Smith improved both grades from Week 13 on. He ranked 11th in coverage grade over that span. Of course, Baltimore never seemed too worried. Smith played every defensive snap of the two playoff games.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CHI/BAL	17	103	66	169	4.5	3	0	0	6	0
2023	BAL	16	84	74	158	1.5	1	1	0	8	0
2024	BAL	16	81	73	154	1.5	1	1	1	4	0

03 ZACK BAUN
EAGLES

BYE WEEK: 9
HT: 6-3
WT: 225
AGE: 28

Baun spent his first four seasons in New Orleans, where the Saints clearly had no idea how to use him. Philly then signed him for cheap and installed the former college edge as an inside linebacker and key coverage piece in coordinator Vic Fangio's scheme. The Eagles showed just how vital Baun is by extending him for $17 million a year just before free agency this spring. Philly had not spent like that at LB under GM Howie Roseman before that, previously allowing Alex Singleton and T.J. Edwards to walk as free agents.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	NO	13	6	2	8	0.0	0	0	0	0	0
2023	NO	17	20	10	30	2.0	1	0	0	2	0
2024	PHI	16	93	58	151	3.5	1	5	1	4	0

04 DAIYAN HENLEY
CHARGERS

BYE WEEK: 12
HT: 6-0
WT: 225
AGE: 25

Henley was understandably quiet in 2023, as a third-round rookie who had converted from receiver to safety and then linebacker in college. But he took over the Chargers' LB corps in his second season. Henley played the 18th-most regular-season snaps among LBs and performed particularly well in coverage. That area will help him stay on the field all three downs amid likely changes around him in the 2025 corps. Henley finished college as a cross-category producer and might yet add a little pass-rush value.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2023	LAC	15	7	4	11	0.0	0	0	0	0	0
2024	LAC	17	84	63	147	1.0	1	0	0	8	0

05 FRED WARNER
49ERS

BYE WEEK: 14
HT: 6-3
WT: 230
AGE: 28

If you broke a bone in one of your ankles, how many more football games would you play that season? All of them? That's what Warner did last year, after suffering(?) the injury in Week 4. He played on, reportedly getting pain-killing shots ahead of each game. You wouldn't have known it. Warner's production, fantasy numbers and background metrics all remained in line with previous seasons. The challenge this year could be extra blocking attention, with iffy DTs up front and a new LB starting next to him.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	SF	17	80	51	131	2.0	1	1	0	10	0
2023	SF	17	82	50	132	2.5	4	4	0	11	0
2024	SF	17	76	55	131	1.0	2	4	0	7	1

06 ROBERT SPILLANE
PATRIOTS

BYE WEEK: 14
HT: 6-1
WT: 229
AGE: 29

After garnering just 16 total starts across his first five seasons, Spillane started every game over two years with the Raiders. He made it count, delivering the league's fourth-most tackles over that span. Spillane's play impressed the Patriots enough to get him a three-year, $33 million contract in free agency ahead of the season in which he'll turn 30 (December). New England also still has LBs Jahlani Tavai and Christian Elliss at decent salaries. We'll see how playing time sorts, but bet on Spillane going full.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	PIT	16	52	27	79	1.0	0	0	0	4	0
2023	LV	17	82	66	148	3.5	3	1	1	4	0
2024	LV	17	91	67	158	2.0	2	0	0	7	0

GRACE HOLLARS-USA TODAY NETWORK VIA IMAGN IMAGES

ROQUAN SMITH

MARK KONEZNY-IMAGN IMAGES

07 JORDYN BROOKS
DOLPHINS

BYE WEEK: 12
HT: 6-0
WT: 240
AGE: 27

Brooks' playing time and numbers dipped in his final Seattle season (2023), coming off an end-of-season ACL tear the year before. Miami showed belief in a rebound by signing him to a three-year deal last March, and Brooks set career highs in total snaps and snap share. His tackles also rebounded significantly. Miami also increased his pass-rushing role, and Brooks responded by tying for seventh among off-ball LBs with 20 total pressures. We could see a couple extra sacks from Brooks in 2025.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	SEA	16	103	58	161	1.0	0	1	1	5	0
2023	SEA	16	62	49	111	4.5	1	1	1	4	1
2024	MIA	17	86	57	143	3.0	0	0	2	6	0

08 EDGERRIN COOPER
PACKERS

BYE WEEK: 5
HT: 6-2
WT: 229
AGE: 23

Cooper played less than 40% of the snaps through the first five weeks of his rookie season and didn't reach 70% until Week 11. Even though a hamstring injury cost him the next three weeks, Cooper closed the year as a full-timer. That included playing every snap for the first time in the playoff loss at Philly. Cooper delivered solid-to-good tackle numbers over the season's second half and flashed his cross-category potential. His final college season included eight sacks and an SEC-leading 17 tackles for loss.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2024	GB	14	57	30	87	3.5	1	1	1	4	0

09 LOGAN WILSON
BENGALS

BYE WEEK: 10
HT: 6-2
WT: 245
AGE: 29

Wilson was working on a fantasy scoring average slightly ahead of his previous two seasons before a knee injury ended his year after Week 11. Wilson had surgery before the end of the year and should be ready well ahead of the coming season. He could find more space to operate after Cincinnati added 330-pound DT T.J. Slaton Jr. next to a re-signed B.J. Hill. The Bengals also went D-line in the draft's first round and then added two LBs. Neither should be a threat to Wilson, whose contract runs through 2027.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CIN	15	83	40	123	2.5	1	1	0	4	0
2023	CIN	17	78	57	135	1.0	4	3	0	9	0
2024	CIN	11	55	49	104	0.0	0	2	2	1	0

10 KADEN ELLISS
FALCONS

BYE WEEK: 5
HT: 6-2
WT: 240
AGE: 30

Elliss has delivered on his ramped-up playing time in Atlanta. He never played more than 55.7% of the defensive snaps across four seasons in New Orleans. That has climbed to 95% and 98.4% the past two years. Elliss has continued a hybrid LB-pass rusher role. Although he gets some time on the edge, the 30-year-old spends the majority of his time off the ball. He led that group in pressures by 10 last year, despite ranking just fourth in pass-rush chances. Elliss also ranks eighth in the league in tackles over the past two years.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	NO	17	45	34	79	7.0	0	2	0	2	0
2023	ATL	17	82	40	122	4.0	0	0	0	3	0
2024	ATL	17	85	66	151	5.0	1	1	1	3	0

11 BOBBY WAGNER
COMMANDERS

BYE WEEK: 12
HT: 6-0
WT: 242
AGE: 35

We've had three presidential elections since the last time Wagner finished an NFL season with fewer than 130 tackles. Despite playing for three different teams over the past three seasons, Wagner didn't miss a game and has remained a force as both a pass-rusher and cover man. He still sports hidden sack upside. He tallied just two last year despite ranking fifth among LBs in pressures (26).

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	LAR	17	81	59	140	6.0	2	0	0	5	0
2023	SEA	17	96	87	183	3.5	0	0	1	3	0
2024	WAS	17	75	57	132	2.0	0	1	2	4	0

12 T.J. EDWARDS
BEARS

BYE WEEK: 5
HT: 6-1
WT: 242
AGE: 29

Edwards' tackle production fell off significantly in his second season with the Bears. Edwards went from supplying 17.2% of the defense's assists in 2023 to just 11.2% last season. Solos dipped as well, but just from 13.3% to 11.4%. That's good because assists are more volatile and awarded differently by NFL stadium. Chicago is not worried about Edwards, signing him in mid-April to a two-year, $20 million extension.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	PHI	17	98	60	158	2.0	0	0	1	7	0
2023	CHI	17	91	64	155	2.5	3	1	2	7	0
2024	CHI	17	79	50	129	4.0	1	1	2	3	0

13 ERNEST JONES IV
SEAHAWKS

BYE WEEK: 8
HT: 6-2
WT: 233
AGE: 25

The Rams traded Jones to Tennessee just before the season. And then the Titans sent him to Seattle after Week 7. That means three different systems within a two-month span. Jones quickly took on a full-time role in each case, though. And the Seahawks extended him at nearly $11 million a year on a three-year contract in March. Jones' scoring average with Seattle landed much closer to his 2023 rate with the Rams.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	LAR	17	67	47	114	0.0	1	1	0	2	0
2023	LAR	15	74	71	145	4.5	0	0	0	6	0
2024	TEN/SEA	16	77	61	138	0.5	1	1	0	4	0

14 TERREL BERNARD
BILLS

BYE WEEK: 7
HT: 6-1
WT: 224
AGE: 26

Bernard's sack production all but disappeared in 2024, but injuries likely played a role. A Week 2 pectoral strain cost him two games. A Week 7 ankle sprain cost another and affected him beyond that. And then a quad injury knocked Bernard out of Week 17 early. When on the field, he rushed the passer at the same rate. And Bernard remains a full-timer who will contribute plays in coverage.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	BUF	16	7	9	16	0.0	0	0	0	0	0
2023	BUF	17	84	59	143	6.5	3	0	3	5	0
2024	BUF	13	55	49	104	1.0	2	0	1	3	0

JAMIEN SHERWOOD

15 JAMIEN SHERWOOD
JETS

BYE WEEK: 9 | HT: 6-2 | WT: 216 | AGE: 25

Sherwood went from three-year reserve to top-five fantasy scorer in 2024. The Jets followed that by giving him $15 million a year ahead of free agency. So why doesn't he sit higher in these ranks? We're still learning about him. Sherwood ranked a solid 18th among 92 qualifying LBs in overall Pro Football Focus grade. But he posted lower marks in tackling, pass rushing and coverage grades. The contract means he'll retain a three-down role. But we'll see if Sherwood can replicate the numbers.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	NYJ	17	9	3	12	0.5	0	0	0	0	0
2023	NYJ	17	28	18	46	0.0	0	1	0	1	0
2024	NYJ	17	98	60	158	2.0	0	0	0	3	0

16 PATRICK QUEEN
STEELERS

BYE WEEK: 5 | HT: 6-0 | WT: 230 | AGE: 26

Queen's scoring dipped in his first year with the Steelers, and it didn't look like a fluke. He logged poor grades in four of Pro Football Focus' categories, rating well only as a pass-rusher. Queen saw fewer opportunities there than he did the previous two years in Baltimore. But expect him to rebound in sacks in 2024. He'll need to improve his play to bring the solo tackles back up and add other big plays. But Queen's nearly $14 million-a-year contract should guarantee he keeps a three-down role.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	BAL	17	79	38	117	5.0	2	1	2	6	0
2023	BAL	17	84	49	133	3.5	1	1	1	6	0
2024	PIT	17	65	64	129	1.0	0	2	1	7	0

17 LAVONTE DAVID
BUCCANEERS

BYE WEEK: 9 | HT: 6-1 | WT: 233 | AGE: 35

David and Bobby Wagner might be robots from the same manufacturer. David turned 35 in January but spent 2024 as Tampa Bay's only decent linebacker. David drew the second-most pass-rushing reps of his career — fifth-most among non-edge LBs — and tied his career high with 29 pressures (third among LBs), according to Pro Football Focus. David also proved his worth in coverage with his most passes defensed since 2020. The Bucs likely didn't solve the LB spot next to him, with journeyman Anthony Walker Jr. the biggest addition.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	TB	17	80	43	123	3.0	0	1	1	5	0
2023	TB	15	86	48	134	4.5	0	1	0	5	0
2024	TB	17	76	46	122	5.5	1	3	1	6	0

18 JOSEY JEWELL
PANTHERS

BYE WEEK: 14 | HT: 6-2 | WT: 236 | AGE: 30

Last year's combo of hamstring injury, neck injury and concussion marked the third time in the past four years that Jewell lost four-plus games to injury. Why bother drafting that guy at all? Because Jewell posted the position's 11th-best scoring average when he did play, and he topped that scoring average in 2022. Jewell's a strong bet for tackles, especially with a lackluster Panthers defense around him. And he delivers big plays in all phases. Finding insurance — or a replacement — isn't difficult at LB.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	DEN	13	70	58	128	2.5	2	2	2	4	0
2023	DEN	16	60	48	108	3.0	0	2	3	3	0
2024	CAR	12	51	46	97	3.5	1	0	2	7	0

19 BLAKE CASHMAN
VIKINGS

BYE WEEK: 6 | HT: 6-1 | WT: 235 | AGE: 29

Cashman has now set career highs in fantasy points per game for two straight years. His move to Minnesota brought a huge increase in his pass rushing. Cashman's 168 pass-rushing reps nearly tripled his total for 2023, according to Pro Football Focus. He ranked second among off-ball LBs for the season and fourth in pressures. He also ran as the lone full-time Vikings LB. Ivan Pace Jr. hovered just above 50% playing time with Cashman healthy.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	HOU	16	12	3	15	3.0	0	0	1	2	0
2023	HOU	14	56	50	106	2.0	1	0	1	5	0
2024	MIN	14	68	44	112	4.5	0	0	1	8	0

20 AZEEZ AL-SHAAIR
TEXANS

BYE WEEK: 6 | HT: 6-2 | WT: 228 | AGE: 28

Al-Shaair lost six games to injuries and also played fewer than half the snaps in three other contests surrounding those missed weeks. He has done his best work in run defense, delivering seven-plus tackles for a loss in three of the past four seasons, despite missing four-plus games in three of them. He proved good enough to remain a full-time player when healthy last season.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	SF	12	20	24	44	0.0	0	0	1	0	0
2023	TEN	17	84	79	163	2.0	0	0	1	4	0
2024	HOU	11	45	25	70	2.0	0	2	0	4	0

21 FRANKIE LUVU
COMMANDERS

BYE WEEK: 12 | HT: 6-3 | WT: 235 | AGE: 28

Washington wisely stuck with what Luvu did well in Carolina — rushing the passer — after signing him as a free agent last offseason. Luvu's 267 pass rushes in 2024 beat the nearest off-ball LB by 91. Luvu has topped 91% playing time in three straight seasons and has two years left on a contract paying him a little more than $10 million per year. Luvu's not as good a bet for regular production in tackle-heavy leagues.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CAR	15	77	34	111	7.0	1	1	0	4	1
2023	CAR	17	66	59	125	5.5	0	2	0	5	0
2024	WAS	17	54	45	99	8.0	1	1	2	7	0

22 T.J. WATT
STEELERS

BYE WEEK: 5 | HT: 6-4 | WT: 252 | AGE: 30

If he carries DE, DL or edge eligibility on your hosting site, then Watt remains one of the top fantasy options of the group. His sack total fell from a 2023 league high but still tied for eighth. There's decline risk to his age-31 season. Watt ranked just 21st among edge players in pressures last season, despite playing the second-most pass-rush snaps, per Pro Football Focus.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	PIT	10	27	12	39	5.5	2	1	0	5	0
2023	PIT	17	48	20	68	19.0	1	4	3	8	1
2024	PIT	17	40	21	61	11.5	0	6	2	4	0

TINA MACINTYRE-YEE/DEMOCRAT AND CHRONICLE

ANDREW VAN GINKEL

DENNY SIMMONS / THE TENNESSEAN

23 ANDREW VAN GINKEL
VIKINGS

BYE WEEK: 6 | HT: 6-4 | WT: 242 | AGE: 30

Van Ginkel's sixth season produced a fantasy-scoring average two-plus points ahead of any other year. Van Ginkel's not likely to keep scoring TDs, after tallying three over the past two years. But he moves well both coming forward as a pass-rusher and run defender, and dropping into coverage. Most passes-defensed leaders up front rely on deflections at the line. But Van Ginkel dropped into coverage 56 more times than any other edge last year. He's a boom-bust candidate, but boom's OK to chase at times.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	MIA	17	24	23	47	0.5	1	0	0	2	1
2023	MIA	17	42	27	69	6.0	1	0	1	8	1
2024	MIN	17	50	29	79	11.5	2	1	0	6	2

24 CODY BARTON
TITANS

BYE WEEK: 10 | HT: 6-2 | WT: 237 | AGE: 28

The three teams that Barton has started for so far in the NFL each let him walk in free agency after his season with them. This time, at least, the Broncos let him leave for a suitor offering $9 million guaranteed on a three-year deal. That almost certainly locks Barton in as a three-down player for a Titans defense that booted LB Kenneth Murray Jr. And Barton does put up numbers when he's on the field. He'll face little challenge in a weak corps.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	SEA	17	84	52	136	2.0	2	0	0	6	0
2023	WAS	14	67	54	121	0.0	1	0	1	1	0
2024	DEN	17	53	53	106	1.5	2	1	1	5	1

25 NICK BOLTON
CHIEFS

BYE WEEK: 10 | HT: 5-11 | WT: 237 | AGE: 25

Bolton teased us with a 2022 season that made him look like he'd at least be a monster in tackle-friendly IDP leagues. It was easy to blame his 2023 production dip on the wrist injury, especially after Bolton returned to full-time snaps and big tackle numbers in the playoffs. But last season found LB Drue Tranquill increasing his playing time and presenting a bigger tackle challenger than Bolton had previously faced. The Chiefs re-signed both this offseason at rates that say they'll reprise their 2024 roles.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	KC	17	108	72	180	2.0	2	1	0	3	0
2023	KC	8	38	22	60	0.0	1	0	0	3	0
2024	KC	16	73	33	106	3.0	1	1	2	6	0

26 FOYESADE OLUOKUN
JAGUARS

BYE WEEK: 8 | HT: 6-2 | WT: 230 | AGE: 30

Oluokun doesn't get an injury pass for his disappointing 2024. His scoring average lagged even when he was healthy. And that's largely due to his playing time decreasing. Oluokun played every defensive snap in 33 of 34 games over his first two Jaguars seasons. Last year found him hitting 100% just four times. Oluokun's role — and production — did climb late in the year. If the new coaching staff indicates a return to full playing time, then Oluokun could again deliver LB1-level scoring. We'll see what camp reveals.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	JAC	17	128	56	184	2.0	0	2	2	5	0
2023	JAC	17	111	62	173	2.5	1	1	2	6	1
2024	JAC	14	60	48	108	1.0	1	0	0	7	0

27 JACK CAMPBELL
LIONS

BYE WEEK: 8 | HT: 6-5 | WT: 246 | AGE: 25

Campbell should be a player on the rise, right? Detroit raised the Year 2 playing time for a guy it drafted 18th overall the year before. But did it? Campbell played just 56% and 73% of snaps the first two weeks, trailing LB Derrick Barnes in each. He jumped to 100% when Barnes went down (for the season) in Week 3, yet dipped back below 80% for three more games. Campbell became a full-timer the rest of the way, but then the Lions extended Barnes at $8.5 million per year. He and Alex Anzalone challenge Campbell's snaps.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2023	DET	17	52	43	95	2.0	0	0	0	1	0
2024	DET	17	69	62	131	1.5	0	1	0	5	0

28 GERMAINE PRATT
BENGALS

BYE WEEK: 10 | HT: 6-3 | WT: 250 | AGE: 29

Pratt's been rumored as a cut candidate since the end of the season, and perhaps the Bengals drafted LB Demetrius Knight Jr. in Round 2 to replace him. But Knight didn't break out until his age-22 season in college, which makes him look like a weak bet to immediately start in the NFL. Even if the Bengals do decide to move on, the 29-year-old would be coming off two productive seasons and likely land another starting shot.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CIN	15	50	49	99	1.0	2	1	1	10	0
2023	CIN	17	63	55	118	2.0	2	2	0	3	0
2024	CIN	17	80	63	143	0.0	2	2	2	6	0

29 BOBBY OKEREKE
GIANTS

BYE WEEK: 14 | HT: 6-2 | WT: 235 | AGE: 29

Pat Leonard of the *New York Daily News* reported ahead of free agency that "some members of the Giants' brass do not have a high opinion" of Okereke. But then the team proceeded to spend little of its cap space on a free-agent LB and draft nobody at the position. As long as Okereke proves throughout summer that he left his back injury in 2024, he should return to the three-down role that made him a top-10 fantasy linebacker in 2023.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	IND	17	99	52	151	0.0	0	2	2	5	0
2023	NYG	17	92	57	149	2.5	2	4	0	10	0
2024	NYG	12	47	46	93	2.0	0	3	2	3	0

30 CARSON SCHWESINGER
BROWNS

BYE WEEK: 9 | HT: 6-2 | WT: 242 | AGE: 22

The Browns entered Round 2 of the draft still needing a QB … and then drafted Schwesinger 33rd overall. He spent just one year starting at UCLA but earned All-American honors with his play in all phases. Schwesinger's draft capital says Cleveland expects him to be ready early. His cross-category scoring in 2024 says he could quickly become an IDP force. And the uncertainty around Jeremiah Owusu-Koramoah's neck injury — plus Jordan Hicks' age (33) — boost the opportunity potential.

BRIAN BRANCH

01 BRIAN BRANCH
LIONS

BYE WEEK: 8
HT: 6-0
WT: 203
AGE: 23

The Lions fixed the fluctuating playing time of Branch's rookie season, making him a full-time player in 2024. That's because Branch went from near-totally playing slot cornerback in 2023 to becoming a safety/slot CB last season. Branch split his 2024 snaps near-evenly among playing "in the box," covering the slot and lining up as the deep safety, according to Pro Football Focus. That makes him a threat to score across categories and keeps him involved against the run and pass. Branch has played well in all areas.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2023	DET	15	50	24	74	1.0	3	1	0	13	1
2024	DET	16	79	30	109	1.0	4	1	0	16	0

02 BUDDA BAKER
CARDINALS

BYE WEEK: 8
HT: 5-10
WT: 195
AGE: 29

Baker enjoyed a big rebound last year after losing five games to injury in a rough 2023. He set career highs in total tackles, assists and tackles for a loss. Baker's tackle numbers benefit from him spending around 55% of his snaps lining up either "in the box" or in the slot. Both roles put a DB closer to the ball more often than when he plays in deep coverage. Arizona rewarded Baker's rebound with a three-year, $54 million extension in December that should lock him into the same role through at least 2026.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	ARI	15	75	36	111	0.0	2	1	0	7	0
2023	ARI	12	58	29	87	0.0	0	0	0	0	0
2024	ARI	17	95	69	164	2.0	0	1	0	5	0

03 ANTOINE WINFIELD JR.
BUCCANEERS

BYE WEEK: 9
HT: 5-9
WT: 203
AGE: 27

After leading all DBs in fantasy points in 2023, Winfield was on pace for another top-5 finish last season. But a Week 1 foot injury cost him four games. Then a right knee injury knocked him out of Week 14 and cost the final four games. That marked the third time in four seasons that Winfield has missed at least four games. But the cross-category production has been strong when he's healthy. Winfield has typically supplied more tackles vs. the pass but could see a run-tackle boost behind iffy linebackers.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	TB	13	64	16	80	4.0	1	1	0	3	0
2023	TB	17	76	46	122	6.0	3	6	4	12	0
2024	TB	9	34	26	60	2.0	0	0	1	3	1

04 KYLE HAMILTON
RAVENS

BYE WEEK: 7
HT: 6-4
WT: 224
AGE: 24

Hamilton delivered a second straight top-10 fantasy season in 2024. His scoring average came down. But Hamilton raised his weekly floor with a boost in run tackles. His role didn't change, so the safety likely got more opportunities via the downgrade from Patrick Queen to Trenton Simpson at the second LB spot. Baltimore added only a low-level free agent, a Day 3 rookie and three undrafted free agents at linebacker. First-round rookie S Malaki Starks looks like more of a deep-safety type, allowing Hamilton to roam.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	BAL	16	46	16	62	2.0	0	1	0	5	0
2023	BAL	15	63	18	81	3.0	4	1	0	13	1
2024	BAL	17	77	30	107	2.0	1	2	1	9	0

05 NICK CROSS
COLTS

BYE WEEK: 11
HT: 6-0
WT: 212
AGE: 23

Cross entered 2024 with just four NFL starts behind him. But he became an every-week fantasy starter thanks to monster tackle numbers. Cross played the eighth-most total snaps among safeties and the fourth-most "box" snaps at the position, according to Pro Football Focus. His production likely benefited from a downturn in play by LB E.J. Speed. He's gone, and the Colts don't have a clear answer for the position. More middling (or worse) play at that spot could keep Cross swimming in tackle opportunities.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	IND	16	11	6	17	0.0	0	0	1	0	0
2023	IND	17	24	15	39	0.0	1	0	0	2	0
2024	IND	17	87	59	146	1.0	3	1	0	5	0

06 DERWIN JAMES JR.
CHARGERS

BYE WEEK: 12
HT: 6-2
WT: 215
AGE: 29

James' fantasy scoring average last season dipped to its lowest level since 2019, his abbreviated (five games) second pro campaign. James' tackles fell off in 2024. But he tallied a career high in sacks (5.5) on the most pass-rushing attempts of his career under a new coaching staff. James also played the second-most coverage snaps of his career. That combo can likely help explain some of the tackle dip. The Chargers did also play fewer defensive snaps than in 2023. James should remain near peak for his age-29 season.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	LAC	14	64	51	115	4.0	2	2	0	6	0
2023	LAC	16	86	39	125	2.0	1	0	2	7	0
2024	LAC	16	60	33	93	5.5	1	0	1	7	0

JUNFU HAN

BUDDA BAKER

MARK J. REBILAS-IMAGN IMAGES

07 TYLER NUBIN
GIANTS

BYE WEEK: 14
HT: 6-1
WT: 199
AGE: 24

Nubin immediately won a full-time gig after landing with the Giants in the second round of last year's draft. He missed just two total snaps through Week 13, but then a high-ankle sprain ended his season prematurely. Nubin's ankle required surgery in mid-December, which means we'll need to watch that ankle through the summer. Nubin still finished second among Giants in total tackles and led all rookies in that category. His college career reveals some untapped big-play upside as well. Nubin snagged 12 INTs over his final three seasons at Minnesota.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2024	NYG	13	57	41	98	0.0	0	1	1	1	0

08 GRANT DELPIT
BROWNS

BYE WEEK: 9
HT: 6-3
WT: 208
AGE: 26

Delpit's worst scoring average among his three starting seasons still landed him among the top 30 DBs in fantasy last year. His tackle numbers remained good, but Delpit suddenly lacked any plays on the ball in coverage. One issue might have been his smallest percentage of playing time spent at deep safety. Delpit has always moved around the formation, but last season found him leaning more toward playing in the "box" or covering the slot. The Browns didn't add much to the secondary, so we'll see about Delpit's role specifics.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CLE	17	72	32	104	0.0	4	0	0	10	0
2023	CLE	13	63	17	80	1.5	1	0	1	3	0
2024	CLE	16	68	43	111	1.0	0	0	1	1	0

09 BRANDON JONES
BRONCOS

BYE WEEK: 12
HT: 6-1
WT: 190
AGE: 27

Jones delivered top-10 scoring in his first year after signing with the Broncos. He brought none of the pass rushing that helped him stand out early in Miami, though. After rushing 150 times across his first two seasons, according to Pro Football Focus, he has done so on just 29 snaps over the past two years. And last season marked a career-low in rate of pass rushes among total snaps. PFF graded Jones the fourth-best coverage safety in the league last year, a big improvement in the area that limited his Miami playing time.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	MIA	8	26	23	49	2.0	0	1	0	3	0
2023	MIA	16	36	12	48	0.0	2	1	1	4	0
2024	DEN	16	79	36	115	0.0	3	1	1	10	0

10 JEREMY CHINN
RAIDERS

BYE WEEK: 8
HT: 6-3
WT: 220
AGE: 27

Chinn's no lock to stay in an NFL team's lineup. The Panthers and Commanders have let him walk the past two offseasons. But he played every snap in 12 of 20 games with Washington last season. And then Chinn got more than $16.26 million on a two-year deal from the Raiders. Chinn has consistently proved limited in coverage, but that's not bad for his fantasy value as long as his team keeps putting him on the field. Chinn might wind up being the best linebacker in a weak Raiders defense this year (while playing safety).

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CAR	11	50	19	69	1.0	0	0	0	6	0
2023	CAR	12	18	12	30	1.0	0	0	0	1	0
2024	WAS	17	73	44	117	2.0	1	1	2	5	0

11 JULIAN LOVE
SEAHAWKS

BYE WEEK: 8
HT: 5-11
WT: 195
AGE: 27

Love's second season with the Seahawks saw a significant shift in his role. Love climbed from playing 41.2% of his 2023 snaps at free safety — according to Pro Football Focus — to 64.8% last season. Given that, the decline in tackles wasn't surprising. And Love seemed to support the shift with a career-high 12 passes defensed. He should remain in a similar position for 2025.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	NYG	16	79	44	123	1.0	2	1	1	5	0
2023	SEA	17	85	38	123	0.0	4	2	1	10	0
2024	SEA	17	79	30	109	0.0	3	2	1	12	0

12 KEVIN BYARD III
BEARS

BYE WEEK: 5
HT: 5-11
WT: 212
AGE: 32

Byard has finished two straight seasons with only one pick. He still managed a top-5 fantasy finish in 2024, though, thanks largely to a career-high tackle total. Byard also added seven passes defensed. Chicago looks poised to keep Byard in the same role this season and tried to upgrade the pass rush by signing edge Dayo Odeyingbo from the Colts and drafting DT Shemar Turner in the second round.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	TEN	17	69	39	108	0.0	4	0	0	6	0
2023	TEN/PHI	16	80	42	122	0.0	1	0	1	3	0
2024	CHI	17	80	50	130	2.0	1	1	2	7	0

13 DESHON ELLIOTT
STEELERS

BYE WEEK: 5
HT: 6-1
WT: 210
AGE: 28

Elliott became a surprise top-10 scorer in fantasy points per game in his first season with the Steelers. He delivered a career high, powered by production across stat categories. Elliott's mere one INT each of the past two years despite 13 total passes defensed signals big-play upside remaining. Elliott figures to spend plenty more time near the line or in the slot, with Minkah Fitzpatrick still the free safety.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	DET	14	73	23	96	0.0	1	1	1	3	0
2023	MIA	15	53	29	82	0.0	1	0	1	7	0
2024	PIT	15	72	36	108	0.0	1	2	3	6	0

14 KYLE DUGGER
PATRIOTS

BYE WEEK:14
HT: 6-1
WT: 216
AGE: 29

Dugger has increased his time in deep coverage over the past two years. It hasn't hurt his tackle totals, though. In fact, he set career highs in tackles for a loss each of the past two years, which indicates he's getting plenty of opportunities near the line of scrimmage. If Dugger, who battled an ankle injury can get fully healthy — and stay there — he'll have upside beyond this level.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	NE	15	50	28	78	1.0	3	1	1	8	3
2023	NE	17	71	38	109	1.5	2	1	0	7	0
2024	NE	13	55	26	81	1.0	0	1	0	4	0

QUENTIN LAKE

15 QUENTIN LAKE
RAMS

BYE WEEK: 8
HT: 6-1
WT: 196
AGE: 26

Lake has progressed from special-teamer to half-time defender to full-timer over his three NFL seasons. That first full starting season found him scoring as a top-30 fantasy CB despite nary an INT. Lake spread his time around but ran as the team's primary slot cover man. That role helped boost his tackle numbers. We'll see whether he holds further upside in making plays on the ball. Lake did grab six INTs among 15 passes defensed across his three starting seasons at UCLA, so we should at least get a boost from zero INTs.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	LAR	9	8	2	10	1.0	0	0	0	1	0
2023	LAR	14	42	11	53	0.0	0	0	1	6	0
2024	LAR	17	73	38	111	2.0	0	0	0	5	0

16 JESSIE BATES III
FALCONS

BYE WEEK: 5
HT: 6-1
WT: 210
AGE: 28

This might be too low for Bates, who has finished each of his two Atlanta seasons among the top 5 DBs in total fantasy points and the top 10 in points per game. But those two finishes might have him overpriced. Bates benefited from returning INTs for TDs each of the past two years, and he has snagged at least four INTs each of the past three years. His previous four seasons included just one TD return and no season with more than three INTs. Bates' seven forced fumbles over the past two years leave further room for regression.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CIN	16	38	33	71	0.0	4	1	0	8	0
2023	ATL	17	89	43	132	0.0	6	3	0	11	1
2024	ATL	17	62	40	102	1.0	4	4	1	10	1

17 DEVON WITHERSPOON
SEAHAWKS

BYE WEEK: 8
HT: 6-0
WT: 185
AGE: 24

Witherspoon dipped to barely inside the top 30 in total fantasy points and outside the top 50 in points per game in his second season. That followed a top-15 scoring average in his rookie year. His role didn't really change, despite the new coaching staff. Witherspoon actually spent even more of his time in fantasy-friendly spots as slot corner and even "box" safety. He logged the fifth-most pass rushes among all CBs. The big plays just didn't come. Expect the volatility (and luck) to swing back in his favor in 2025.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2023	SEA	14	56	23	79	3.0	1	1	0	16	1
2024	SEA	17	66	32	98	1.0	0	1	0	9	0

18 JAQUAN BRISKER
BEARS

BYE WEEK: 5
HT: 6-1
WT: 200
AGE: 26

Brisker scarily missed the rest of the 2024 season after a Week 5 concussion. He and new head coach Ben Johnson say he'll be ready for 2025, though. "I had to retrain my nervous system," Brisker said in March, per SI.com. "It wasn't my brain, it wasn't my head. It was really my nervous system, and once I retrained that, I felt great." Chicago has Jonathan Owens as insurance, but it's Brisker's job in the final year of his rookie contract. He was working on a career-best scoring average before going down.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CHI	15	73	31	104	4.0	1	1	1	2	0
2023	CHI	15	66	39	105	1.0	1	2	1	9	0
2024	CHI	6	23	17	40	1.0	1	1	0	2	0

19 XAVIER McKINNEY
PACKERS

BYE WEEK: 5
HT: 6-0
WT: 201
AGE: 27

McKinney's eight INTs nearly doubled his career total in his first Packers season. That number's likely coming down in 2025, simply because even the top interceptors rarely repeat high-end totals in that volatile category. McKinney still trailed his final scoring average with the Giants, thanks primarily to a significant tackle decline. Blame a role shift that pushed more of McKinney's snaps from "in the box" to deep coverage, and expect more of the same in 2025.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	NYG	9	29	16	45	1.0	0	1	0	5	0
2023	NYG	17	78	38	116	0.5	3	1	2	11	0
2024	GB	17	60	28	88	1.0	8	0	1	11	0

20 NICK EMMANWORI
SEAHAWKS

BYE WEEK: 8
HT: 6-3
WT: 220
AGE: 21

Emmanwori might prove to have been a steal in Round 2 of the NFL Draft. He delivered a 91st-percentile 40 time at 96th-percentile weight and 97th-percentile height for the position, according to Mockdraftable. Elite jumps rounded out his phenomenal testing. Emmanwori led South Carolina in tackles twice, despite playing in a defense that has seen multiple defenders drafted over the past three years. He should start immediately and see lots of "box" snaps.

21 MARLON HUMPHREY
RAVENS

BYE WEEK: 7
HT: 6-0
WT: 203
AGE: 29

Humphrey is a highly volatile asset. Here are his annual ranks among DBs in fantasy points per game since he became a full-time starter in 2019: 23rd, seventh, 51st, 53rd, 219th, 25th. Humphrey's fantasy production relies heavily on big plays. He has tallied three-plus INTs in three of the past six seasons and totaled three-plus fumble plays (forced or recovered) three times. He's a stronger option in leagues that favor big-play scoring.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	BAL	17	53	18	71	3.0	3	1	2	7	0
2023	BAL	10	22	4	26	0.0	1	0	0	5	0
2024	BAL	16	50	17	67	0.5	6	2	0	15	1

22 JALEN PITRE
TEXANS

BYE WEEK: 6
HT: 6-0
WT: 200
AGE: 26

After playing primarily at deep safety, Pitre moved to operating from the slot for the majority of 2024, with some "box" safety work mixed in. That didn't enhance his tackle rate, but Pitre already proved strong in that area. It did increase his production on the ball, with his eight passes defended in just more than 11 games matching his 17-game high from 2022. Houston signed him to a three-year, $39 million extension in April.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	HOU	17	99	48	147	1.0	5	0	0	8	0
2023	HOU	15	58	26	84	0.0	0	1	1	5	0
2024	HOU	12	44	21	65	0.0	1	1	0	8	0

KELLEY L COX-IMAGN IMAGES

RILEY MOSS

23 RILEY MOSS
BRONCOS

BYE WEEK: 12
HT: 6-1
WT: 193
AGE: 25

Moss clearly benefited from playing opposite arguably the league's best corner (Pat Surtain II) in his first season as a starter. Despite missing three games and two-thirds of another, Moss faced the league's 10th-most targets in coverage, according to Pro Football Focus. That helped him rank 15th among DBs in total tackles per game. Moss' eight passes defensed made for a solid start, but the 26 he logged in college – including 11 career INTs – point to more upside in the big-play categories.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2023	DEN	14	1	2	3	0.0	0	0	0	0	0
2024	DEN	14	65	21	86	0.0	1	1	1	8	0

24 JABRILL PEPPERS
PATRIOTS

BYE WEEK: 14
HT: 5-11
WT: 217
AGE: 29

Peppers missed eight games in the middle of last season over a domestic issue that got him charged with assault and drug possession. But the league allowed him to return at the start of December, and a jury acquitted Peppers in January. The Patriots, meanwhile, still have him under contract at $8 million per year through 2027. Expect Peppers and Kyle Dugger to continue playing similar split roles rather than separating into strong and free safety. That gives Peppers scoring potential across categories.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	NE	17	29	23	52	0.0	0	0	1	0	0
2023	NE	15	52	26	78	1.0	2	1	1	8	0
2024	NE	6	20	19	39	0.0	1	1	0	2	0

25 TARON JOHNSON
BILLS

BYE WEEK: 7
HT: 5-11
WT: 192
AGE: 29

Johnson's 2024 looks like a down season thanks to losing four games plus most of the opener to a forearm injury. But he otherwise posted a career-best fantasy-scoring average. According to Pro Football Focus, Buffalo's slot man faced just three fewer total targets in coverage vs. 2023 despite playing 259 fewer snaps. Johnson has allowed passer ratings of 102.1 or better each of the past three years, which will help to keep QBs throwing in his direction. CB Christian Benford's improvement outside won't hurt either.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	BUF	16	67	23	90	0.0	1	0	1	9	0
2023	BUF	17	72	26	98	1.0	0	3	1	8	0
2024	BUF	12	42	23	65	1.0	2	1	1	5	2

26 JALEN THOMPSON
CARDINALS

BYE WEEK: 8
HT: 5-11
WT: 190
AGE: 27

Thompson's fantasy scoring slipped to its lowest rate among his four starting seasons last year, thanks to a near-total loss of big plays. His tackling remained reliable, however. Despite playing alongside Budda Baker — who ranked second in the league in tackles — Thompson still checked in 11th among DBs in total tackles per game. His lack of coverage production was likely a matter of luck more than any other factor. Nothing meaningfully changed in Thompson's role or opportunity level. He should be in his prime at 27.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	ARI	17	79	31	110	0.0	1	0	1	8	0
2023	ARI	15	59	19	78	1.0	4	1	0	9	0
2024	ARI	15	61	37	98	0.0	0	0	2	3	0

JAY BIGGERSTAFF-IMAGN IMAGES

27 JOSHUA METELLUS
VIKINGS

BYE WEEK: 6
HT: 5-11
WT: 207
AGE: 27

Metellus didn't score quite as well in 2024 as he did in a breakout 2023. But he remained a top-30 fantasy DB. His versatility and adaptability make Metellus worth continuing to trust in a secondary that will change. Minnesota let S Cam Bynum walk in free agency and elevated Theo Jackson to his vacated spot. Jackson spent the past three years playing almost exclusively on special teams.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	MIN	17	25	7	32	0.0	1	0	0	5	0
2023	MIN	17	78	38	116	2.5	1	4	1	5	0
2024	MIN	17	63	40	103	0.0	2	1	0	5	0

28 DEMANI RICHARDSON
PANTHERS

BYE WEEK: 14
HT: 6-1
WT: 215
AGE: 24

You might see Nick Scott listed ahead of Richardson on some Panthers depth charts. But Carolina signed Scott for just less than $1.4 million on a one-year deal. Richardson filled in capably as an undrafted rookie when Jordan Fuller went down last year, racking up 48 tackles in his five games of full duty. Richardson's rise helped Carolina allow Fuller to walk in free agency.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2024	CAR	14	27	23	50	0.0	1	0	0	2	0

29 JUSTIN REID
SAINTS

BYE WEEK: 11
HT: 6-1
WT: 207
AGE: 28

Reid faces some uncertainty in 2025 by virtue of his second move to a new team within the past four years. Reid proved productive — in real life and fantasy — with both the Texans and the Chiefs, though. And New Orleans gave him $31.5 million on a three-year contract, ahead of just his age-28 season. Reid maintained solid tackle production across his first two stops, with natural volatility in the big-play categories.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	KC	17	59	24	83	1.0	0	0	0	7	0
2023	KC	16	74	21	95	3.0	1	1	0	7	0
2024	KC	16	61	26	87	0.0	2	0	0	9	0

30 XAVIER WOODS
TITANS

BYE WEEK: 10
HT: 5-11
WT: 200
AGE: 30

A two-year contract that's easily cuttable after 2025 doesn't guarantee Woods anything in Tennessee. But he lands at the back of a defense that can't seem to figure out linebacker and allowed the third- and 10th-highest completion rates the past two seasons. Woods comes off a career high in total tackles and has snagged multiple interceptions in five of his seven starting seasons. He's a good bet to provide decent numbers.

Year	Team	GP	Solo	Assists	Total Tkls	Sacks	INT	FF	FR	PD	TD
2022	CAR	15	53	33	86	0.0	0	0	2	6	0
2023	CAR	14	39	22	61	0.0	2	0	1	7	0
2024	CAR	17	72	47	119	0.0	3	0	0	6	0

BUFFALO BILLS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Which receiver will get the most targets, Keon Coleman, Joshua Palmer or Khalil Shakir? By adding Palmer to the offense, the Bills should be able to find a little more success in the intermediate passing game, and he figures to inherit the bulk of targets that went to Amari Cooper and Mack Hollins. But Shakir will continue to be the favorite receiving weapon for Josh Allen because of their shared history together. Shakir was targeted 100 times in 2024, and he caught 76 because he is so readily available due to his ability to get open and then run after the catch.

Should we expect a bounce-back season from Dalton Kincaid? Yes, if he can stay healthy, which he did not in 2024. Even so, he played only 13 games and had the second-most targets on the team with 76, while backup Dawson Knox played 16 games and had just 33 targets. There is a big expectation being placed on Kincaid in 2025 to become a true difference-maker.

Which RB is a better handcuff for James Cook — Ray Davis or Ty Johnson? Davis showed promise as a rookie in 2024, but the Bills re-signed Johnson in free agency because he was so dependable as a runner, receiver and, perhaps most importantly, pass protector. That said, Davis will have a chance to cut into Johnson's snap count, but the thing to watch is whether the Bills give Cook more than a 45% snap share in the last year of his contract, which would cut into both Davis' and Johnson's touches.

— Sal Maiorana, *Rochester Democrat and Chronicle*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Josh Allen	409.7
RB	James Cook	203.4
	Ray Davis	84.6
	Ty Johnson	63.0
WR	Khalil Shakir	160.5
	Keon Coleman	120.4
	Joshua Palmer	103.0
TE	Dalton Kincaid	143.2
K	Tyler Bass	147.0

EFP: Expected Fantasy Points

MIAMI DOLPHINS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

How much will Jaylen Wright cut into De'Von Achane's touches? It would behoove the Dolphins to relieve the smaller Achane of some of his workload in 2025, and the most obvious area would be short-yardage carries. Miami needs to improve its physical, up-the-middle rushing, and Wright, Alexander Mattison and rookie sixth-round pick Ollie Gordon II all seem to be better options to run downhill and take away goal-line chances from Achane. He should still, nonetheless, maintain his heavy activity as a pass-catcher, while the Dolphins try to be more efficient in giving him home-run opportunities with his carries in the outside zone.

At 31, does Tyreek Hill have another 100-catch season in him? Considering last season was atrocious compared to his standards and was still an 81-reception season, it's certainly not out of the question for Hill to return to triple digits. Opposing defenses will try to keep him from beating them over the top, and with Tua Tagovailoa accurate in the short to intermediate portions of the field, Hill can surely find ample opportunities for shorter catches.

Will Jonnu Smith have more receptions than any of the Dolphin receivers? This was the case last year, but it would figure to more likely be an exception than the new norm. The Dolphins would like to have Hill and Jaylen Waddle be the focal point of the passing game, with Smith and Achane complementing them. But defenses could once again be content to let Smith beat them.

— David Furones, *South Florida Sun Sentinel*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Tua Tagovailoa	308.2
	Zach Wilson	16.6
RB	De'Von Achane	230.1
	Jaylen Wright	93.3
	Ollie Gordon II (R)	38.1
WR	Tyreek Hill	217.1
	Jaylen Waddle	194.3
TE	Jonnu Smith	140.8
K	Jason Sanders	139.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

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NEW ENGLAND PATRIOTS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

How much will TreVeyon Henderson cut into Rhamondre Stevenson's touches? My guess is significantly. The Patriots have always regarded running backs as fungible (Bill Belichick never had a back rush for 1,000-plus yards in back-to-back seasons), and that's probably not going to change under Mike Vrabel. Stevenson will open the year as the starter and get the bulk of the carries, but Henderson will ultimately play a sizable role in the New England offense in 2025 and beyond.

Can we expect Drake Maye to pass for 3,000 yards? Yes. If you extrapolated his numbers from last year's season (when he passed for 2,276 yards in 12 starts), he would have been at 2,976 had he played 17 games. Honestly, if he doesn't, it'll be on him. The Patriots made significant upgrades when it comes to his protection plan, as well as the skill-position players around him. As a result, it's reasonable to expect him to hit the 3,000-yard mark in 2025.

What are the expectations for Stefon Diggs? He projects to be the No. 1 receiver in the New England offense. If he's healthy — and that's a considerable if, given the nature of the knee injury he suffered last October — it's reasonable to expect 70-plus catches and 1,000 yards out of Diggs. That would make him the first Patriots receiver to break 1,000 receiving yards in a season since Julian Edelman in 2019.

— Christopher Price, *Boston Globe*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Drake Maye	326.3
RB	TreVeyon Henderson (R)	162.5
	Rhamondre Stevenson	98.0
	Antonio Gibson	63.4
WR	Stefon Diggs	142.5
	Kendrick Bourne	69.3
	DeMario Douglas	69.1
TE	Hunter Henry	137.3
K	Andres Borregales (R)	119.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

NEW YORK JETS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

How much will Braelon Allen cut into Breece Hall's touches? New head coach Aaron Glenn has already made it clear that he wants to use a committee approach in his first Jets backfield. Plus, Hall was rumored to be on the trading block this offseason. So don't expect a repeat of 2024, when Hall carried 209 times, compared to just 92 for Allen, who is now entering his second season. Hall carried 223 times in 2023. It would be a stunner if he cracked 200 this year.

Are the Jets committed to Justin Fields as the starting QB? Yes. They're going to give him plenty of opportunities in 2025, since they essentially committed to him for just one season (at $30 million), while giving him a two-year contract. Fields' backup, 36-year-old Tyrod Taylor, has no shot of being a long-term solution for the Jets. There's no point in them playing him, unless Fields gets hurt. Meanwhile, there is at least a chance Fields, 26, can be the Jets' long-awaited franchise quarterback. So they might as well lean into him as their starter this year.

After Garrett Wilson, which WR will get the most targets? There aren't a ton of great options, now that Davante Adams is gone. Wilson was targeted 154 times last year — 40 more than Adams. Allen Lazard, who is back but isn't a star, had 60 targets. No other Jets wide receiver in 2024 had more targets than Mike Williams' 21 — and he's long gone. The Jets didn't make any big-splash receiver additions in free agency or the draft. So while Wilson might wind up getting a lot more than 154 targets this year, expect Lazard to be a distant second.

— Darryl Slater, *NJ Advance Media*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Justin Fields	351.6
RB	Breece Hall	218.5
	Braelon Allen	56.0
	Isaiah Davis	49.7
WR	Garrett Wilson	211.4
	Allen Lazard	110.8
	Josh Reynolds	83.3
TE	Mason Taylor (R)	62.6
K	Greg Zuerlein	144.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

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BALTIMORE RAVENS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

At 31, will Derrick Henry get 300-plus carries again? That's an ambitious workload for a 31-year-old, but Henry is no ordinary back. Still, a few things work against such a heavy load, beginning with Lamar Jackson and his singular running ability. The Ravens also upgraded at wide receiver by adding DeAndre Hopkins, and change-of-pace scatback Keaton Mitchell should be fully recovered from a 2023 ACL injury. The Ravens want to get him the ball. Henry might have a few 20-carry games, but the Ravens need him fresh for a late-season push.

At 33, can Hopkins be Baltimore's new WR1? Doubtful, and that isn't what the Ravens are expecting anyway. Zay Flowers was a 1,000-yard receiver last year, and he gets open in areas where Jackson loves to throw. Rashod Bateman is coming off a career-high nine touchdowns. Hopkins is an upgrade over Nelson Agholor (14-231, 2 TDs), but tight ends Mark Andrews and Isaiah Likely cut into targets for receivers. Hopkins had 56 catches for 610 yards last year, and he'll be hard-pressed to match that.

How much will Likely cut into Andrews' targets? A healthy amount. Likely is sure-handed and runs angry after the catch. Plus, Jackson trusts him. Andrews is still Jackson's favorite target on third down and near the end zone. Last year, Andrews set a team record with a touchdown catch in six straight games. That alone makes Andrews a good fantasy play, but Likely had 42% of the Ravens' tight end targets last year and it's reasonable to expect that again.

— Bo Smolka, *PressBox*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Lamar Jackson	395.8
RB	Derrick Henry	240.0
	Justice Hill	82.8
	Keaton Mitchell	38.4
WR	Zay Flowers	198.2
	Rashod Bateman	92.5
	DeAndre Hopkins	63.9
TE	Mark Andrews	138.5
	Isaiah Likely	94.1
K	Tyler Loop (R)	151.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

CLEVELAND BROWNS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Who will be Cleveland's QB1? Joe Flacco is the favorite to win the starting job this summer. Flacco is by far the most experienced player in the four-man competition, and he also has the strongest arm and experience in Kevin Stefanski's offense. But the Browns have had at least four starting quarterbacks in the past two seasons, and if the season goes poorly, expect the rookies to get a long look in the back half of the season.

What should we expect from the Browns RBs? Quinshon Judkins will be the starter eventually — and likely sooner than later. Jerome Ford is a speed back who's had some big runs over the past two seasons, but he's been best as a No. 2. Judkins will be the team's short-yardage and goal-line back and should be viewed as the starter by fantasy players. Ford could be traded if the rookies perform well, as Ford is in the last year of his rookie contract. Dylan Sampson should only be fantasy-relevant if the Browns offense performs well and uses Sampson in the pass game.

Can Jerry Jeudy continue to be a fantasy-relevant wide receiver? Jeudy should continue to be a strong fantasy asset. He probably won't match the run he posted in late November and early December 2024, but Jeudy has elite speed and is the Browns' clear No. 1 wide receiver. Fantasy owners should have some hesitation based upon the Browns' shaky quarterback situation and the number of questions across the offensive depth chart, but Jeudy and tight end David Njoku are both strong bets for high volume and the occasional ceiling game even if the Browns end up being a pretty bad offense.

— *Athlon Sports*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Joe Flacco	183.8
	Kenny Pickett	53.0
RB	Quinshon Judkins (R)	171.4
	Jerome Ford	101.1
	Dylan Sampson (R)	62.5
WR	Jerry Jeudy	157.8
	Cedric Tillman	106.8
	Diontae Johnson	94.3
TE	David Njoku	152.7
	Harold Fannin Jr. (R)	61.8
K	Dustin Hopkins	112.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

CINCINNATI BENGALS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

How much will Zack Moss cut into Chase Brown's touches? Moss certainly will get carries, as he provides a bigger option in short-yardage and goal-line situations, but Brown should be viewed as the main man in Cincinnati. Brown's danger as both a runner and pass-catcher makes him a valuable, high-volume option as a part of one of the NFL's most potent offenses.

After his breakout 2024 season, can we expect Mike Gesicki to put up similar numbers in 2025? The Bengals made a significant investment in Gesicki this offseason, an indication he's going to be a big part of their plans in 2025. Cincinnati doesn't just throw around money for no reason, after all. Gesicki rarely misses games and is a big target for Joe Burrow, who will look to Gesicki whenever opposing defenses overcompensate with their coverage of Ja'Marr Chase and Tee Higgins.

How close can Burrow come to matching last season's career highs in yards (4,918) and touchdowns (43)? Burrow is coming off his best season yet, so expecting him to match or surpass those numbers could be a bit unfair. Ideally for Cincinnati, he doesn't have to, as he was forced to throw and throw and throw while the Bengals' defense couldn't keep the opposition out of the end zone. That said, the Bengals didn't do much to their defense in the offseason, so Burrow could once again be asked to shoulder the load.

— *Athlon Sports*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Joe Burrow	376.3
RB	Chase Brown	185.4
	Zack Moss	69.8
WR	Ja'Marr Chase	284.6
	Tee Higgins	218.4
	Andrei Iosivas	70.4
TE	Mike Gesicki	105.7
K	Evan McPherson	140.0

EFP: Expected Fantasy Points

FROM TOP: GEOFF BURKE-IMAGN IMAGES; ANDREW NELLES / THE TENNESSEAN

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PITTSBURGH STEELERS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Who gets more touches, Kaleb Johnson or Jaylen Warren? Johnson is expected to step in for Najee Harris, who departed in free agency after four so-so seasons in Pittsburgh. Despite tepid results, Harris got a boatload of touches, even with Warren waiting in the wings. Expect Johnson to make more out of those opportunities while Warren maintains his role as a change-of-pace back.

With George Pickens gone, how will the targets be distributed? Pittsburgh could be looking at a committee approach to its No. 2 receiving option behind DK Metcalf. Veteran Robert Woods was a sneaky-good addition, but he hasn't compiled more than 500 yards since the 2022 season. Calvin Austin **III** showed good progress between Year 1 and Year 2, going from 17 catches to 36, but he's not expected to be an every-game stat stuffer. Roman Wilson, who never saw the field as a rookie, could be worth a flier.

Is Will Howard the Steelers' QB of the future? Odds are, no. For every Tom Brady — and there's only one Tom Brady — there are countless other sixth-round quarterbacks who come and go across the NFL. Howard has championship pedigree, and the Steelers really like him, but he'll have to overcome the odds to latch on in the NFL.

— *Athlon Sports*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Aaron Rodgers*	251.1
	Mason Rudolph	14.6
RB	Jaylen Warren	172.7
	Kaleb Johnson (R)	145.3
	Kenneth Gainwell	37.8
WR	DK Metcalf	176.4
	Roman Wilson	61.1
TE	Pat Freiermuth	117.5
K	Chris Boswell	145.0

*Unsigned at press time
EFP: Expected Fantasy Points
(R) Denotes Rookie

HOUSTON TEXANS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Can Christian Kirk bounce back in his first season with the Texans? Availability is one of the greatest traits for a football player, and Kirk's lack of durability has curtailed his production for the past two years with just a combined 20 games, 14 starts and 84 catches for 1,166 yards and four touchdowns. He's healthy again after dealing with a broken collarbone and a core muscle injury the past two years, and his medical outlook defines his production and fantasy value. The Texans have penciled him in for a major role with lots of targets. It's up to him to stay on the field.

C.J. Stroud had 18 more TDs than INTs as a rookie in 2023 and then was plus-8 last season. Which number is more likely in 2025? The uptick in picks had a lot to do with trying to do too much, a reaction to a regression in pass protection while dealing with ineffective play-calling from since-fired offensive coordinator Bobby Slowik. A more efficient, balanced offense and a better offensive line could tilt those numbers toward 2023 levels. My hunch is that Stroud gets closer to 2023, but not quite the same TD-to-interception ratio as his NFL Offensive Rookie of the Year form.

Which rookie WR has a better chance to be fantasy relevant, Jayden Higgins or Jaylin Noel? Draft Higgins based on the investment the team made in him and his potential red-zone role as a bigger, higher-jumping wideout. Noel, if Kirk gets hurt, will have an increased role.

— Aaron Wilson, *KPRC 2 Houston*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	C.J. Stroud	328.4
RB	Joe Mixon	235.5
	Woody Marks (R)	53.4
WR	Nico Collins	255.1
	Christian Kirk	140.7
	Jayden Higgins (R)	71.7
TE	Dalton Schultz	109.6
K	Ka'imi Fairbairn	137.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

JACKSONVILLE JAGUARS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

How much does Tank Bigsby cut into Travis Etienne Jr.'s touches? Bigsby shared carries with Etienne in 2024, and Bigsby figures to get significant carries in 2025. But the major storyline in the Jaguars' backfield in training camp and preseason will be Round 4 rookie Bhayshul Tuten, who likely will cut into carries for both Bigsby and Etienne. The Jaguars likely will play all three backs extensively in new head coach Liam Coen's system, with Round 7 rookie LeQuint Allen Jr. also expected to have a role.

Can TE Brenton Strange put up numbers similar to what Evan Engram had the past two seasons? Strange will enter 2025 as the Jaguars' starting and primary tight end. One of the better run-blocking tight ends in the NFL, Strange figures to significantly improve his statistics in Engram's absence after catching 40 passes for 411 yards and two touchdowns in 2025. He may not reach the 114 receptions for 963 yards Engram produced in 2023, but Strange absolutely can push his receptions to around 60-to-70 and his yardage into the 700 range. The Jaguars love Strange, and he will be integral to the offense.

Will Travis Hunter see enough playing time on offense to be fantasy relevant? Hunter, who is expected to play wide receiver and cornerback as a rookie, absolutely will get enough playing time to matter to fantasy owners. He is expected to play essentially full-time on offense, and he will practice about 75 percent of the week with the offense while working with the defense 25 percent of the week.

— John Oehser, *jaguars.com*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Trevor Lawrence	304.8
RB	Tank Bigsby	119.3
	Bhayshul Tuten (R)	86.8
	Travis Etienne Jr.	83.3
WR	Brian Thomas Jr.	220.9
	Travis Hunter (R)	125.3
	Parker Washington	104.8
TE	Brenton Strange	64.7
K	Cam Little	130.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

INDIANAPOLIS COLTS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Which RB is the best handcuff for Jonathan Taylor? While Khalil Herbert has NFL experience and is a suitable third-down back as a pass-catching option, the Colts hope rookie fifth-round pick DJ Giddens proves himself most worthy to spell Taylor on rush downs. Does that mean fantasy owners take a chance? Probably not. The best option is Herbert. But keep an eye on Giddens in camp.

What kind of numbers can we expect from rookie TE Tyler Warren? Don't be surprised if Warren has a 1,000-yard receiving season as a rookie. He's that good, and the Colts have a need for a go-to guy in the passing game. They will look to get him the ball early and often, so it's not unreasonable to expect 80-plus catches, and because he stretches the field, he should provide some decent yards per catch. He's not just a move-the-chains option.

Which receiver should we expect more out of this season, Alec Pierce or Josh Downs? As much as Pierce emerged as a deep threat, Downs is still trending more positively toward a stronger season. The Colts throw the ball more to Downs because he gets open with greater frequency and has the speed to also go deep. Pierce has made some big plays in winning contested battles, but that also means there are weeks where he doesn't come away with a big catch, and his numbers are down. Downs is the more consistent bet.

— Philip Wilson, Freelance Writer

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Anthony Richardson	197.0
	Daniel Jones	176.9
RB	Jonathan Taylor	239.6
	DJ Giddens (R)	37.8
	Khalil Herbert	23.9
WR	Josh Downs	178.9
	Michael Pittman Jr.	152.3
	Alec Pierce	81.7
TE	Tyler Warren (R)	115.3
K	Spencer Shrader	127.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

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TENNESSEE TITANS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

How much will Tyjae Spears cut into Tony Pollard's touches this season? The Titans are clearly concerned about wearing Pollard down. But Spears missed five games with injuries and had only 84 rushing attempts in 2024, his first season paired with Pollard. The team was determined to find a short-yardage type in the draft, and they chose 6-foot-2, 226-pound Kalel Mullings out of Michigan in the sixth round to fill that role. Pollard is likely to wind up in the same range as he was last year, with roughly 16 carries per game.

Titans QBs combined for 3,317 yards and 22 touchdowns in 2024. Will Cam Ward top those numbers? Ward should have better protection with the addition of Dan Moore Jr. at left tackle and Kevin Zeitler at right guard, and while the Titans didn't add premier receivers, they got a steady presence in Tyler Lockett and two intriguing rookies in fourth-rounders Chimere Dike and Elic Ayomanor. Second-year head coach Brian Callahan should guide Ward to production that exceeds what the team got in 2024.

Will Lockett cut into Calvin Ridley's productivity? No. Ridley should lead the way after a 1,017-yard debut season with the Titans. But Ward is a point-guard type of quarterback. Lockett will be his second-best guy, but the Titans will have a variety of other options for the rookie QB to distribute to. The group will be whittled after camp, but it could include Dike and Ayomanor; Bryce Oliver, who showed promise last season; Van Jefferson, who they think they can rejuvenate; undrafted Ward favorite Xavier Restrepo from Miami (Fla.); and maybe even Treylon Burks, who's on his last chance.

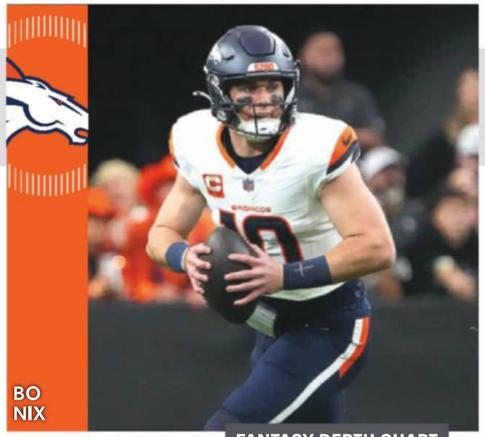
— Paul Kuharsky, *paulkuharsky.com*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Cam Ward (R)	274.5
	Will Levis	36.4
RB	Tony Pollard	179.4
	Tyjae Spears	170.9
WR	Calvin Ridley	188.7
	Tyler Lockett	91.1
	Elic Ayomanor (R)	89.3
TE	Chig Okonkwo	113.1
K	Joey Slye	124.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

DENVER BRONCOS



INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Which running back is expected to have more touches, Audric Estime or rookie RJ Harvey? Head coach Sean Payton's infatuation with using multiple backs makes projections fuzzy. But the Broncos believe Harvey can carve out a significant role, which should translate to 850 rushing yards and five touchdowns. The expectation is that he will get more playing time than Estime, but the former Notre Dame star should be able to produce six scores as a goal-line option. But Broncos backs remain a dangerous fantasy league proposition because of Payton's reluctance to commit to a bell-cow back.

Will an improved running game mean fewer designed runs for Bo Nix? It should not. Payton understands Nix's athleticism better in his second season. The quarterback led the Broncos in explosive runs last season, and while Harvey will supplant him in that category, Nix's speed, ability to make defenders miss and protect himself will keep plenty of called runs in the game plan.

How much will TE Evan Engram cut into Courtland Sutton's targets? Sutton will not top last season's career-high of 81 receptions, partly because of Engram's presence and Marvin Mims Jr.'s development. Think in terms of 70 catches for 1,000 yards and eight touchdowns. Nix trusts him to make contested plays, leaving him a top target on third down. Engram will take away some of Sutton's receptions, likely finishing around 75 for 700 yards. But four scores is a fair projection based on recent seasons, leaving Sutton as the top red-zone threat.

— Troy Renck, *Denver Post*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Bo Nix	323.6
RB	RJ Harvey (R)	168.0
	Jaleel McLaughlin	102.3
	Audric Estime	59.2
WR	Courtland Sutton	160.5
	Marvin Mims Jr.	102.8
	Pat Bryant (R)	73.9
	Troy Franklin	63.7
TE	Evan Engram	120.6
K	Wil Lutz	156.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

LAS VEGAS RAIDERS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Even with rookie running back Ashton Jeanty, will Raheem Mostert vulture the goal-line carries? And don't forget about rookie defensive tackle JJ Pegues, who was a short-yardage demon at Ole Miss. The Raiders certainly have some options at the goal line, and Mostert will get his touches. But if Jeanty plays a huge role in getting them into that situation, expect new head coach Pete Carroll to reward his rookie back with touchdown chances.

Will Carroll's run-first approach have a negative effect on tight end Brock Bowers' numbers? The Raiders threw the ball 635 times last year, which is far too many. Carroll is determined to do something about that. But even if they cut that by 120 thanks to a more intentional and improved run game, Bowers will remain the featured component of the passing game. And with a much more accurate quarterback throwing him the ball, matching last season's catch total of 111 could still be in play simply because Geno Smith will be more efficient with his targets.

Can Jakobi Meyers improve on his career-best numbers of receptions (87) and yards (1,027)? Probably not. The Raiders added three wide receivers in the draft, including second-rounder Jack Bech from TCU, not to mention Jeanty, who was among the best pass-catching running backs in the country two years ago. Both expect to be active in new offensive coordinator Chip Kelly's passing game. If Meyers simply replicates his numbers from last year, with everyone else getting their touches, the Raiders' passing attack has a chance to be much more versatile and dynamic.

— Vince Bonsignore, *Las Vegas Review-Journal*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Geno Smith	300.8
RB	Ashton Jeanty (R)	240.1
	Raheem Mostert	56.7
WR	Jakobi Myers	190.6
	Jack Bech (R)	97.7
	Tre Tucker	72.8
TE	Brock Bowers	207.1
	Michael Mayer	80.8
K	Daniel Carlson	141.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

KANSAS CITY CHIEFS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Travis Kelce produced the lowest yardage and touchdown numbers of his 11 years as a starter. Will his numbers continue to slide? Slide? That may be harsh. While he's clearly no longer the top fantasy tight end, the target volume remains elite, even if Father Time has slowed Kelce after the catch. As long as Patrick Mahomes is pulling the trigger, Kelce will see plenty of passes thrown his way. Last season, Kelce finished fifth in yards (823) and third in receptions (97) among NFL TEs. It's reasonable to think he'll remain a high-volume target with the potential for his TD production (three) to rise.

If Isiah Pacheco stays healthy, will he get enough touches to be an RB1 in fantasy? Probably not. He's had 20 or more carries only twice in 38 career games, most recently in Week 4 of 2023. Pacheco has struggled to stay healthy, and the Chiefs have constructed a backfield designed to spread around carries, with Kareem Hunt returning as a battering ram between the tackles and the additions of Elijah Mitchell and seventh-round pick Brashard Smith, who could siphon off catches and carries.

If Hollywood Brown and Rashee Rice are both healthy, which receiver gets more targets? Rice is the correct answer, with the caveat that he could face a suspension if the criminal case for his hit-and-run in March 2024 proceeds this summer. Rice was poised for a massive sophomore fantasy season before a season-ending knee injury in Week 4 last season, averaging nearly 10 targets and 100 yards per game through the first three weeks.

— Tod Palmer, *KSHB-TV*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Patrick Mahomes	391.9
	Gardner Minshew II	8.2
RB	Isiah Pacheco	172.6
	Elijah Mitchell	66.2
	Kareem Hunt	47.8
WR	Rashee Rice	218.0
	Xavier Worthy	167.2
	Hollywood Brown	137.0
TE	Travis Kelce	151.7
	Noah Gray	67.9
K	Harrison Butker	146.0

EFP: Expected Fantasy Points

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FROM TOP: MARK J. REBILAS-IMAGN IMAGES; DAVID BUTLER II-IMAGN IMAGES

LOS ANGELES CHARGERS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Will Najee Harris or rookie Omarion Hampton get enough carries to be fantasy-relevant running backs? In a Jim Harbaugh–Greg Roman offense, there's enough rushing volume to keep multiple backs fantasy-relevant. The Chargers ranked 11th in carries last season (462), even without the talent and durability they now have in Harris and Hampton. The early question is who will emerge as the lead back. Harris is the safe bet to start the season as RB1, with Hampton gradually working in — unless he has a blockbuster camp and preseason. A near-even workload would muddy the fantasy waters.

Can rookie Oronde Gadsden II win the starting TE job? The Chargers didn't make headlines signing Tyler Conklin, but a one-year, $3 million deal signals intent. The team has historically relied on veteran tight ends. Expect a rotation of Conklin and Will Dissly, who finished fourth on the team in targets (64) last year. Gadsden has long-term potential, but for now, he's a stash, waiting his turn.

How much will the return of Mike Williams cut into Ladd McConkey's targets? McConkey is the safest piece in this offense. He led the team in receiving last season by a mile and won't have to fight for targets. If anything, he's in line for more as he and Justin Herbert continue building a rapport. Don't worry about Williams cutting in — he never led the Chargers in targets, and at nearly 31, he's not about to start. His return might eat into snaps for Quentin Johnston or Derius Davis, but betting on a Williams resurgence is chasing fool's gold. Last season was a steep drop-off, and the trend isn't reversing.

— Anthony De Leon, Freelance Reporter

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Justin Herbert	324.3
RB	Omarion Hampton (R)	168.6
	Najee Harris	128.6
WR	Ladd McConkey	202.3
	Quentin Johnston	113.4
	Tre Harris (R)	106.1
TE	Will Dissly	83.3
K	Cameron Dicker	155.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

DALLAS COWBOYS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Can Dak Prescott bounce back from another season-ending injury? If Prescott stays healthy, he will be the quarterback he has been throughout his career. His 17-game average is 4,381 passing yards, 30 touchdowns and 11 interceptions. He will put up similar numbers this year if healthy. Therein lies the concern: Prescott had a dislocated ankle in 2020, a right calf strain in 2021 and a torn hamstring in 2024. His legs certainly aren't what they used to be. He ran 241 times for 1,221 yards and 21 touchdowns in his first four seasons and only 179 times for 717 yards and eight touchdowns the past five.

Will George Pickens help or hinder CeeDee Lamb's value? Pickens' presence should not affect Lamb's numbers one way or the other. Lamb is one of the best receivers in football and will continue to be. What should help him more than Pickens is a healthy shoulder. Lamb was banged up much of last season, which is why his numbers were down from 2023. He played 175 fewer snaps in 2024 than the previous season.

Who will emerge from a lackluster running back room? The Cowboys tried a running back by committee in 2024. It didn't work. That's why they signed veterans Javonte Williams and Miles Sanders and drafted Texas' Jaydon Blue and Clemson's Phil Mafah. Blue is the favorite to win the starting job despite his lack of NFL experience. Head coach Brian Schottenheimer, though, values running backs for their receiving ability, which is why the Cowboys signed Williams, who likely will serve as the third-down back.

— Charean Williams, *ProFootballTalk*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Dak Prescott	325.0
	Joe Milton III	13.8
RB	Jaydon Blue (R)	122.5
	Javonte Williams	98.1
	Miles Sanders	78.8
WR	CeeDee Lamb	266.8
	George Pickens	170.3
	KaVontae Turpin	73.8
TE	Jake Ferguson	123.8
K	Brandon Aubrey	186.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

PHILADELPHIA EAGLES

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Can Saquon Barkley repeat his incredible 2024 campaign? No. In 2024, Barkley became the ninth back to top 2,000 rushing yards in a season. None of the other eight came within 500 yards of that total the next year. The Eagles have a new offensive coordinator, and they may not run the ball enough to have Barkley lead the league in carries again. Also, in Barkley's previous five seasons, he played every game just once and missed a total of 20 contests.

Will A.J. Brown and DeVonta Smith both remain high-end WR options in fantasy? Absolutely. The Eagles' lack of depth at wideout makes it imperative that both are highly active and productive. Philadelphia didn't draft a receiver, and last year's conscripts didn't exactly demonstrate All-Pro capabilities. Even though the Birds ran it often last year, they still needed to pass, and it's likely new offensive coordinator Kevin Patullo will put it up more than his predecessor did. That means plenty of opportunities for Brown and Smith.

Can Jalen Hurts stay healthy for the entire season? Yes. Hurts is still going to run the ball. It's part of who he is, and the Eagles need him to be a weapon on the ground. But he has been more judicious at the end of plays. He rarely puts his head down to gain an extra yard and can even be seen sliding well before he might get hit. Hurts is still aggressive at times, especially when the Eagles absolutely need a first down, but he has tempered his reckless tendencies. Plus, he has missed only four games across the past four seasons.

— Michael Bradley, Freelance Writer

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Jalen Hurts	406.6
	Tanner McKee	19.4
RB	Saquon Barkley	257.9
	Will Shipley	83.0
	A.J. Dillon	40.0
WR	A.J. Brown	236.9
	DeVonta Smith	206.6
TE	Dallas Goedert	112.3
K	Jake Elliott	145.0

EFP: Expected Fantasy Points

NEW YORK GIANTS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Will any of the Giants' new QBs move the needle for fantasy managers? Not really. Russell Wilson is going to be the starter as long as he's healthy and the Giants are competent. Had he played all 17 games last season, he was on pace for 3,800 yards and 25 touchdowns. That's about what you should expect from him, though he was on a better team in Pittsburgh. If Jameis Winston has to play, he'll be the usual mix of big plays and multiple interceptions. Rookie Jaxson Dart is worth stashing for 2026.

Will a reliable WR2 emerge behind Malik Nabers? The Giants think they have two good ones ready to explode — Darius Slayton and Wan'Dale Robinson. But that's hard to believe based on past performance. Robinson's problem is his height (5-8) and the fact that he was supposed to be about shiftiness and speed, yet he only averaged 7.5 yards per catch (and 3.9 yards after the catch) last season. Slayton, meanwhile, caught just 54.9% of the passes thrown his way. It'll still be The Nabers Show.

Who will be the most valuable running back, Tyrone Tracy Jr. or Cam Skattebo? There is a real opening for Skattebo if he's what everyone seems to think he is, which is a Christian McCaffrey-like weapon. He should be pretty valuable as the No. 2 back and maybe as a pass-catcher in the third-down role, too. Tracy will begin camp, and probably the season, as the starter. But remember that for all the excitement surrounding him last season, he averaged just 42 rushing yards per game over the last seven weeks on just 3.5 yards per carry. Skattebo could be explosive if he gets some blocking.

— Ralph Vacchiano, *FOX Sports*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Russell Wilson	288.8
RB	Cam Skattebo (R)	155.7
	Tyrone Tracy Jr.	134.6
	Devin Singletary	44.0
WR	Malik Nabers	257.3
	Wan'Dale Robinson	119.9
	Darius Slayton	102.2
	Jalin Hyatt	65.4
TE	Theo Johnson	88.9
K	Graham Gano	135.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

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WASHINGTON COMMANDERS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Will Jayden Daniels build on his rookie success or suffer a sophomore slump? The dreaded sophomore slump has victimized the likes of Robert Griffin III, Dak Prescott and C.J. Stroud in recent years. As with those QBs, opponents now have a year's worth of film to glean Daniels' tendencies. The Commanders aimed to mitigate those effects by bolstering Daniels' supporting cast, from his offensive line to his stable of pass-catching targets. But after almost everything broke perfectly for Daniels in 2024, culminating in a berth in the NFC Championship Game, it wouldn't be a surprise to see some regression in 2025.

Can Deebo Samuel stay healthy and remain an impact player? Samuel averaged 14 starts and 96 targets over the past four seasons in San Francisco, but he is likely to be more of a secondary option for Daniels in Washington in 2025, given the returns of the quarterback's two favorite 2024 targets in wideout Terry McLaurin and tight end Zach Ertz. While Samuel, even at 29, is a more explosive, more prolific receiver, he may not see the type of high-volume action he was used to with the 49ers.

Will Brian Robinson Jr. and Austin Ekeler weigh down each other's fantasy value? For all his benefits as a third-down back, Ekeler's rushing production bottomed out in 2024. At 30, he's unlikely to get more productive. In other words, things are set up for Robinson to be more of a workhorse for the Commanders in 2025. Before Ekeler's arrival, in fact, he had shown some prowess catching passes out of the backfield, with 36 receptions and four touchdown catches in 2023.

— Dave Sheinin, *Washington Post*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Jayden Daniels	399.1
	Marcus Mariota	22.2
RB	Brian Robinson Jr.	164.0
	Austin Ekeler	111.7
WR	Terry McLaurin	197.6
	Deebo Samuel	178.7
	Noah Brown	45.8
TE	Zach Ertz	115.0
	Ben Sinnott	54.3
K	Matt Gay	147.0

EFP: Expected Fantasy Points

CHICAGO BEARS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Will an improved supporting cast help Caleb Williams reach his lofty ceiling? The Bears have put second-year quarterback Caleb Williams in position to become the elite player they envisioned. During the offseason, they hired top head-coaching candidate Ben Johnson, revamped their interior offensive line by trading for Pro Bowl guards Joe Thuney and Jonah Jackson and signing free-agent center Drew Dalman and spent their first two draft picks on tight end Colston Loveland and receiver Luther Burden III.

How will the Bears' rookie additions cut into target share for returning pass-catchers? Loveland and Burden are both capable of earning prominent roles on offense, which would reduce the number of passes thrown to veteran returnees. It's a talented group that includes receivers DJ Moore and Rome Odunze, tight end Cole Kmet and running back D'Andre Swift. Loveland appealed to the Bears due to his dynamic ability to separate from defenders as well as create mismatches. Burden is an explosive Deebo Samuel-type whom the Bears viewed as the best run-after-catch receiver in the draft.

Can Swift be the featured back? Swift established a career high with 1,345 yards from scrimmage last season (959 rushing and 386 receiving), but the Bears didn't have another running back run for more than 150 yards. That could change this year if Johnson tries to replicate the success he enjoyed as Lions offensive coordinator with the 1-2 punch of Jahmyr Gibbs and David Montgomery, who combined to rush for 28 TDs last season while sharing the workload.

— *Athlon Sports*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Caleb Williams	321.4
RB	D'Andre Swift	182.8
	Roschon Johnson	94.1
	Kyle Monangai (R)	26.2
WR	DJ Moore	208.0
	Rome Odunze	155.7
	Luther Burden III (R)	91.3
TE	Colston Loveland (R)	84.2
K	Cairo Santos	141.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

DETROIT LIONS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

How will the departure of Ben Johnson impact the offense? No team piled up more yards or scored more touchdowns than the Lions did under Johnson the past three seasons. But his successor, John Morton, actually helped install the offense in Detroit as a senior assistant in 2022. So don't expect the philosophy to change or the fireworks to fizzle. The dominant run game and third-down efficiency will remain a priority, and Morton won't ditch the heavy play-action diet that Jared Goff craves.

Can Goff avoid random spurts of critical turnovers? Goff has been a top-10 fantasy quarterback three straight seasons. Last year, he was also fourth in interceptions (12), but four of those came in the first three weeks as the Lions' offense worked through some red-zone issues. Five more came in a bizarre comeback win at Houston in November. Goff posted career highs in completion percentage and passer rating, but he'll always be prone to turnover glitches.

Will Amon-Ra St. Brown and Jahmyr Gibbs both remain elite fantasy producers? There isn't a more consistent receiver in the NFL than St. Brown, who remains a top-five fantasy wideout. St. Brown saw a slight drop in his target share last season with the emergence of Jameson Williams, but his red-zone chances increased, and he'll continue to be Goff's No. 1 target. The only thing holding Gibbs back from No. 1 RB status is a backfield timeshare with David Montgomery. That's likely to continue in similar fashion with a 60-40 split, but Gibbs showed just how valuable he could be with more touches.

— John Niyo, *Detroit News*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Jared Goff	324.1
RB	Jahmyr Gibbs	233.3
	David Montgomery	176.1
WR	Amon-Ra St. Brown	214.8
	Jameson Williams	168.6
	Tim Patrick	77.5
TE	Sam LaPorta	160.2
K	Jake Bates	160.0

EFP: Expected Fantasy Points

FROM TOP: TALIA SPRAGUE-IMAGN IMAGES; LON HORWEDEL-IMAGN IMAGES

GREEN BAY PACKERS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

How much of an impact can Matthew Golden make as a rookie? While his first-round draft status certainly differentiates him from the other wideouts in the receiver room — after all, it had been 23 years since the Packers took a wide receiver in the first round — it does not automatically confer No. 1 receiver status. Jayden Reed has led the Packers in catches and receiving yards both of his years with the team, and he has a built-in rapport with quarterback Jordan Love that Golden must now build.

Will Josh Jacobs have another dominant fantasy campaign? How could anyone bet against Jacobs after the boffo first season he had in Green Bay? Especially after the Packers upgraded their line this offseason. If new left guard Aaron Banks and left guard-turned-center Elgton Jenkins are better road-graders, Jacobs should match or surpass his 2024 numbers.

Can Love ascend to the upper echelon of fantasy quarterbacks? Love's second year as the starter was not what the Packers had hoped — nor was it what he had hoped for himself. He has talked about wanting to use his legs more, but the truth is he's a lot like his predecessor, Aaron Rodgers: He likes to use his legs to extend plays and make downfield throws instead of running just to run. Even with the draft additions of Golden and Savion Williams at wideout, the offense isn't going to require Love to carry the load like Rodgers used to. So expect good-but-not-great numbers from Love.

— Jason Wilde, *ESPN Wisconsin*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Jordan Love	340.3
RB	Josh Jacobs	199.0
	MarShawn Lloyd	85.2
WR	Jayden Reed	201.6
	Matthew Golden (R)	127.3
	Romeo Doubs	109.0
	Dontayvion Wicks	105.0
TE	Tucker Kraft	114.0
K	Brandon McManus	133.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

MINNESOTA VIKINGS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Is J.J. McCarthy ready to become a full-time, high-quality starter? There will be some understandable growing pains after missing all of his rookie season because of a knee injury, but the short answer is yes. He has absolutely everything he needs to live up to being a 10th overall pick — elite weapons, a totally rebuilt interior line (finally!) and the fact that he was hand-picked by Kevin O'Connell, who won NFL Coach of the Year after transforming Sam Darnold from an NFL flop to a $100 million, 14-win starting quarterback. O'Connell has an even grander vision for McCarthy and deserves the benefit of the doubt.

How will the loss of Darnold impact Minnesota's high-value pass-catchers? Not enough to avoid drafting them. Darnold's success was more a product of O'Connell's system and the surrounding talent. McCarthy also has top-10 skills, and the talent around him should be even better. Yes, McCarthy has never played in a regular-season NFL game. But he spent a year learning the system and should be ready to feed the ball to the likes of Justin Jefferson, Jordan Addison and T.J. Hockenson.

How much will Jordan Mason cut into Aaron Jones Sr.'s fantasy value? I would argue that less will be more for Jones, a special dual-threat back who's 5-foot-9, 208 pounds and now 30 years old. Jones is deceptively powerful, but time spent between the tackles took a toll on him as he got beat up and worn down while compiling career highs in carries (255) and touches (306) last year. Splitting time with a bigger back like Mason should make Jones a more consistent big-play threat.

— Mark Craig, *Minneapolis Star Tribune*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	J.J. McCarthy	293.8
	Sam Howell	27.6
RB	Aaron Jones Sr.	188.2
	Jordan Mason	117.9
WR	Justin Jefferson	256.5
	Jordan Addison	169.8
TE	T.J. Hockenson	145.2
K	Will Reichard	147.0

EFP: Expected Fantasy Points

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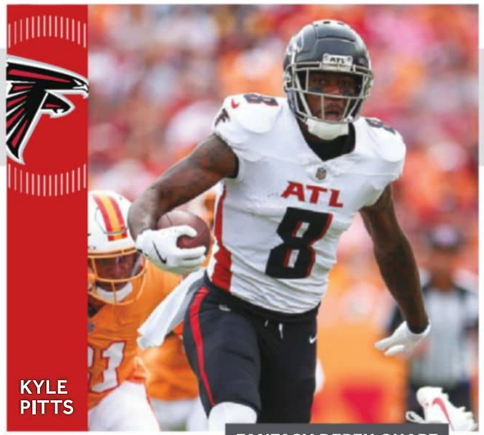
ATLANTA FALCONS



INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Is this the year tight end Kyle Pitts finally delivers on the high expectations of being a top-5 pick? Pitts may never live up to those high expectations, if only because it's just very hard for a tight end to achieve that level in the NFL. Playing with Michael Penix Jr. should give him real stability at the quarterback position. When Kirk Cousins was playing at his best last year, so was Pitts. When Cousins struggled, Pitts faded a bit on the stat sheet. If Penix can build on his impressive first three starts, Pitts should rise with the tide.

Will Penix maximize the talented weapons around him? Penix flashed a ton during his first three starts last season, and getting an entire offseason as the entrenched starter should help him jell with Atlanta's best options in the passing game and with offensive coordinator Zac Robinson. That synergy is crucial to helping a quarterback build chemistry with his pass-catchers, so the sky is the limit for what Penix can do with this group. Sure, there will bumps in the road as Penix settles into his first full season starting, but his 2024 starts suggest real potential for fireworks.

Can Bijan Robinson be this year's fantasy MVP? Robinson had a tremendous sophomore campaign, and the Falcons will continue to lean on him as Penix gets settled into full-time starting duties. Robinson hasn't even reached his full potential yet, and the abundance of options Atlanta has on offense shouldn't diminish his reps and end-zone opportunities too much. Whether or not he's the fantasy MVP will largely depend on how the rest of the league's most talented players play, but Robinson should be a contender for sure.

— Cory Woodroof, *The Falcoholic*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Michael Penix Jr.	285.1
	Kirk Cousins	32.2
RB	Bijan Robinson	296.7
	Tyler Allgeier	72.9
WR	Drake London	232.9
	Darnell Mooney	149.0
	Ray-Ray McCloud III	114.1
TE	Kyle Pitts	116.8
K	Younghoe Koo	148.0

EFP: Expected Fantasy Points

NEW ORLEANS SAINTS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Will Chris Olave be able to stay healthy? If he did, it would be the first time in his pro career. Olave has missed at least one game in each of his first three seasons, and he was limited to just eight contests last year after suffering multiple concussions. There is a chance, given the serious nature of those injuries, that Olave and the Saints have found some sort of solution — potentially even wearing a guardian cap, which Olave considered last season.

How much will a lackluster quarterback situation impact the fantasy value of the Saints' top weapons? It should place a cap on any of their skill-position players. Even with the arrival of head coach Kellen Moore, who has coordinated top-10 offenses in four of the past six years, Derek Carr's retirement and Tyler Shough's unknown ceiling should make you avoid taking players like Olave, Rashid Shaheed and Alvin Kamara early in the draft. They may ultimately go off, but the risk likely outweighs the reward.

Will Kamara finally lose a step at 30 after heavy usage? It's not so much the age and the usage for Kamara that give me pause — it's more about how the new staff will deploy him. He was an ideal fit for the wide zone scheme used by last year's offensive coordinator, Klint Kubiak, and New Orleans leaned on him hard as their other offensive weapons dealt with injury. Moore's rushing attack will incorporate both gap and zone schemes, and he may decide to limit Kamara's touches with a committee approach.

— Luke Johnson, *New Orleans Times-Picayune*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Tyler Shough (R)	223.3
	Spencer Rattler	70.3
RB	Alvin Kamara	198.6
	Kendre Miller	86.4
	Devin Neal (R)	23.8
WR	Chris Olave	201.3
	Rashid Shaheed	148.9
	Brandin Cooks	77.0
TE	Juwan Johnson	111.1
K	Blake Grupe	136.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

CAROLINA PANTHERS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Will Bryce Young pick up where he left off after a strong finish to the 2024 season? The Panthers are counting on it. The offense is being built around Young's strengths, and the Panthers skipped out on defense in the first round of the 2025 NFL Draft to give Young another big-time weapon in WR Tetairoa McMillan. Young's last few games of 2024 showcased a player the Panthers hadn't really seen before — fluid, athletic and confident in his decision-making. He's not going to be a top-10 quarterback in terms of numbers in 2025, but he's continuing to trend up.

Will Chuba Hubbard be a top-10 RB, or will new acquisition Rico Dowdle or fourth-round pick Trevor Etienne eat into his workload? The Panthers know what they have in Hubbard, who is coming off an 1,195-yard, 10-TD year. He's the clear No. 1, and Carolina won't be using a backfield-by-committee approach, even though Dowdle is coming off a 1,000-yard rushing season himself in Dallas.

How much of an instant impact can top-10 pick Tetairoa McMillan make as a rookie? Be cautious. As much as Young campaigned for McMillan to be the Panthers' first-round draft pick, that good feeling was based on a very limited sample size of Young throwing to McMillan in the offseason. Young is far more familiar with veteran Adam Thielen. And Carolina's Xavier Legette, the team's first-round draft pick in 2024, returns as well and has a somewhat similar skill set to McMillan.

— Scott Fowler, *Charlotte Observer*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Bryce Young	295.0
RB	Chuba Hubbard	200.8
	Trevor Etienne (R)	90.8
	Rico Dowdle	41.9
WR	Tetairoa McMillan (R)	173.0
	Jalen Coker	114.4
	Xavier Legette	79.5
	Adam Thielen	66.8
TE	Ja'Tavion Sanders	95.3
K	Matthew Wright	112.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

FROM TOP: NATHAN RAY SEEBECK-IMAGN IMAGES; KIM KLEMENT NEITZEL-IMAGN IMAGES

FROM TOP: DALE ZANINE-IMAGN IMAGES; KIM KLEMENT NEITZEL-IMAGN IMAGES

TAMPA BAY BUCCANEERS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Can Mike Evans and Chris Godwin avoid injuries this time around? Tampa Bay suffered through a four-game losing streak last season with both of their star pass-catchers out. Evans will be 32 this season, while Godwin is nearing 30, so durability could continue to be a concern. That said, the emergence of rookie Jalen McMillan last season and the addition of first-round pick Emeka Egbuka could help the Bucs manage snaps/workload for Evans and Godwin, keeping them fresh and healthy through the year.

How will Bucky Irving follow up his stellar rookie campaign? A fourth-round pick last year, Irving was a fantasy revelation as a rookie, proving to be one of the most explosive and versatile backs in the league. He slowly took over the starting job from Rachaad White and should enter 2025 as Tampa Bay's lead back. Keeping the majority of the offensive coaching staff intact despite the departure of offensive coordinator Liam Coen should help Irving build on his rookie-year success and put up even bigger numbers in his sophomore campaign.

Will Baker Mayfield deliver another impressive fantasy season? After signing a three-year extension following a career year in 2023, Mayfield raised the bar to a whole new level in 2024, becoming the only quarterback in NFL history to top 4,500 passing yards, 45 touchdown passes and a 71.3% completion rate in the same season. His entire starting offense is back this season; the scheme won't change much with Josh Grizzard's promotion to replace Coen; and Mayfield hopefully won't have to deal with losing Evans for a month and Godwin for more than half the season.

— Luke Easterling, *Athlon Sports*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Baker Mayfield	325.1
RB	Bucky Irving	191.9
	Rachaad White	105.0
	Sean Tucker	67.2
WR	Mike Evans	213.8
	Chris Godwin	154.4
	Emeka Egbuka (R)	129.8
	Jalen McMillan	48.7
TE	Cade Otton	91.6
K	Chase McLaughlin	139.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

ARIZONA CARDINALS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Will Marvin Harrison Jr. make a bigger splash in his second season? On paper, Harrison's 885 yards and eight touchdowns make for a solid rookie campaign, but he'd be the first to say that it didn't meet his standard. The game slowed down for him as the season progressed, and he should be more prepared come September. He's been in the facility daily throughout the offseason and added more muscle, planning for physical battles with NFL cornerbacks. If the offseason bond between Kyler Murray and Harrison transfers to Sundays, a big season is incoming for the wide receiver.

Can Murray find consistency on a weekly basis? Murray continues to show flashes of greatness. Even during the 2024 season, from Weeks 7-11, he was in the conversation for MVP. As Murray faded, so did the entire team. He's proven that he can play sometimes-spectacular football; he just needs to string those performances together. He knows that he needs to use his legs more frequently, and from a fantasy perspective, more rushing touchdowns will make owners quite happy. Recognizing the significance of this season, there is urgency for Murray to perform in 2025.

Will 30-year-old James Conner keep holding off Trey Benson for the lead role in the backfield? If you're the Cardinals, there is zero need to rush Benson's development when Conner continues to defy his age, recording back-to-back 1,000-plus rushing seasons. Conner has been the heartbeat of the Cardinals offense and doesn't appear to be slowing down anytime soon. He also remains a valuable mentor for Benson.

— Zach Gershman, *azcardinals.com*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Kyler Murray	327.2
	Marcus Mariota	22.2
RB	James Conner	199.1
	Trey Benson	102.5
WR	Marvin Harrison Jr.	190.8
	Michael Wilson	107.2
	Greg Dortch	72.1
TE	Trey McBride	207.2
K	Chad Ryland	126.0

EFP: Expected Fantasy Points

LOS ANGELES RAMS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Will wide receiver Davante Adams be an adequate replacement for Cooper Kupp? The expectation from the Rams is that he will outperform Kupp's output from the past three seasons. Adams gives the Rams a much-needed target in the red zone, someone who can beat man coverage and win one-on-one in tight spaces. But he also stays healthy despite his age at 32, something Kupp has struggled to do since 2021.

How much does Matthew Stafford have left in the tank? Stafford has taken a beating behind some bad offensive lines throughout his career, so the age cliff could appear quickly. But he's missed only one game due to injury across the past two seasons. With a little better health from his offensive line and receivers this season, Stafford could reach the 4,000-yard passing mark again for the first time since 2021 and showcase that he still has a couple of good years left, even at 37.

Will Kyren Williams remain the top dog in the backfield? The Rams have talked about a potential contract extension for Williams, so the likelihood is, yes, he will remain the top back. But he might not be as much of a workhorse this year as the Rams try to build some change-of-pace packages around explosive rookie Jarquez Hunter.

— Adam Grosbard, *Orange County Register*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Matthew Stafford	304.6
	Jimmy Garoppolo	18.3
RB	Kyren Williams	215.5
	Blake Corum	78.2
	Jarquez Hunter (R)	24.7
WR	Puka Nacua	284.3
	Davante Adams	215.1
	Tutu Atwell	103.2
TE	Tyler Higbee	102.0
	Terrance Ferguson (R)	23.5
K	Joshua Karty	141.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

FROM TOP: JOE RONDONE/THE REPUBLIC; ERIC CANHA-IMAGN IMAGES

SAN FRANCISCO 49ERS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

When will Brandon Aiyuk be back to full strength? Head coach Kyle Shanahan has said "there's a chance" Aiyuk could play in Week 1, but he stopped well short of making any guarantee. Aiyuk's knee injury was similar to the multi-ligament tear that pass-rusher Nick Bosa suffered in September 2020. Bosa was medically cleared for the start of training camp in July 2021, about 10 months after his surgery. Aiyuk, who had surgery in November, could be cleared around mid-September if he's on a similar timeline.

Can Christian McCaffrey stay healthy for the whole season? The odds are against it. McCaffrey is entering his age-29 season, ranks fifth among active players in career touches (1,871) and has missed 37 of his past 84 games due to Achilles tendinitis, a partially torn knee ligament, a strained calf and ankle, thigh, shoulder and hamstring injuries. Said McCaffrey after reporting to the offseason program in late April: "I'm feeling great."

Will Brock Purdy's contract situation be a distraction that impacts his play? The 49ers' front office is working to make this a non-issue, partly due to their history. They have had long contract negotiations with tight end George Kittle (2020), Deebo Samuel (2022), Bosa (2023), left tackle Trent Williams (2024) and Aiyuk (2024) that have extended deep into the offseason. In each case, the player cashed in and embarked on a season that was marred by a subpar performance and/or injuries.

— Eric Branch, *San Francisco Chronicle*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Brock Purdy	317.0
RB	Christian McCaffrey	293.9
	Isaac Guerendo	65.4
	Jordan James (R)	16.2
WR	Jauan Jennings	154.7
	Brandon Aiyuk	144.7
	Ricky Pearsall	140.6
TE	George Kittle	151.8
K	Jake Moody	133.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

FROM TOP: STEVEN BISIG-IMAGN IMAGES; JOE CAMPOREALE-IMAGN IMAGES

SEATTLE SEAHAWKS

INSIDE THE LOCKER ROOM

AN NFL INSIDER FIELDS KEY FANTASY QUESTIONS

Will Sam Darnold live up to his contract? It's going to be very tough. After operating in a perfect system under Kevin O'Connell, Darnold will be working behind Seattle's offensive line, which has big question marks even after the addition of Grey Zabel in the first round. If the line holds up and Cooper Kupp stays healthy, Darnold has some strong skill players around him who could make his life easier, but it will be very difficult to sustain the level of play he showed in Minnesota.

Can the addition of Kupp offset the losses of DK Metcalf and Tyler Lockett? When healthy, Kupp is a great addition to offset the losses of Metcalf and Lockett, but he may not be enough on his own. He has missed 18 games over the past three years, and his skill set could complement Jaxon Smith-Njigba very well, giving new offensive coordinator Clint Kubiak an opportunity to utilize the pair in the same manner that Kupp was deployed with the Los Angeles Rams alongside Puka Nacua.

Will Kenneth Walker III and Zach Charbonnet limit each other's fantasy ceiling? Walker and Charbonnet have found a nice balance that maximizes both talents when healthy. Walker's ability to shoulder a heavy workload keeps his floor somewhat high, especially since he's been one of the league's most reliable scorers in the red zone. Charbonnet's pass-catching ability, along with Walker's lingering health issues that have caused him to miss 10 games in three years, make him one of fantasy football's most valuable handcuffs.

— Roman Tomashoff, *FanNation*

FANTASY DEPTH CHART

Pos.	Name	EFP
QB	Sam Darnold	292.1
	Jalen Milroe (R)	40.2
RB	Kenneth Walker III	209.4
	Zach Charbonnet	109.4
WR	Jaxon Smith-Njigba	217.4
	Cooper Kupp	163.8
	M. Valdes-Scantling	45.3
TE	Noah Fant	58.4
	Elijah Arroyo (R)	41.2
K	Jason Myers	135.0

EFP: Expected Fantasy Points
(R) Denotes Rookie

2025 NFL SCHEDULE

WEEK 1

Thursday, September 4
Dallas at Philadelphia

Friday, September 5
Kansas City vs. L.A. Chargers (São Paulo)

Sunday, September 7
Tampa Bay at Atlanta
Cincinnati at Cleveland
Miami at Indianapolis
Las Vegas at New England
Arizona at New Orleans
Pittsburgh at N.Y. Jets
N.Y. Giants at Washington
Carolina at Jacksonville
Tennessee at Denver
San Francisco at Seattle
Detroit at Green Bay
Houston at L.A. Rams
Baltimore at Buffalo

Monday, September 8
Minnesota at Chicago

WEEK 2

Thursday, September 11
Washington at Green Bay

Sunday, September 14
Jacksonville at Cincinnati
N.Y. Giants at Dallas
Chicago at Detroit
L.A. Rams at Tennessee
New England at Miami
San Francisco at New Orleans
Buffalo at N.Y. Jets
Seattle at Pittsburgh
Cleveland at Baltimore
Denver at Indianapolis
Carolina at Arizona
Philadelphia at Kansas City
Atlanta at Minnesota

Monday, September 15
Tampa Bay at Houston
L.A. Chargers at Las Vegas

WEEK 3

Thursday, September 18
Miami at Buffalo

Sunday, September 21
Green Bay at Cleveland
Indianapolis at Tennessee
Cincinnati at Minnesota
Pittsburgh at New England
L.A. Rams at Philadelphia
N.Y. Jets at Tampa Bay
Las Vegas at Washington
Atlanta at Carolina
Houston at Jacksonville
Denver at L.A. Chargers
New Orleans at Seattle
Dallas at Chicago
Arizona at San Francisco
Kansas City at N.Y. Giants

Monday, September 22
Detroit at Baltimore

WEEK 4

Thursday, September 25
Seattle at Arizona

Sunday, October 28
Minnesota vs. Pittsburgh (Dublin)
Washington at Atlanta
New Orleans at Buffalo
Cleveland at Detroit
Carolina at New England
L.A. Chargers at N.Y. Giants
Philadelphia at Tampa Bay
Tennessee at Houston
Indianapolis at L.A. Rams
Jacksonville at San Francisco
Baltimore at Kansas City
Chicago at Las Vegas
Green Bay at Dallas

Monday, September 29
N.Y. Jets at Miami
Cincinnati at Denver

WEEK 5

Thursday, October 2
San Francisco at L.A. Rams

Sunday, October 5
Minnesota vs. Cleveland (London)
Las Vegas at Indianapolis
N.Y. Giants at New Orleans
Dallas at N.Y. Jets
Denver at Philadelphia
Miami at Carolina
Houston at Baltimore
Tennessee at Arizona
Tampa Bay at Seattle
Detroit at Cincinnati
Washington at L.A. Chargers
New England at Buffalo

Monday, October 6
Kansas City at Jacksonville

Bye: Atlanta, Chicago, Green Bay, Pittsburgh

WEEK 6

Thursday, October 9
Philadelphia at N.Y. Giants

Sunday, October 12
Denver vs. N.Y. Jets (London)
Arizona at Indianapolis
L.A. Chargers at Miami
Cleveland at Pittsburgh
San Francisco at Tampa Bay
Dallas at Carolina
Seattle at Jacksonville
L.A. Rams at Baltimore
Tennessee at Las Vegas
Cincinnati at Green Bay
New England at New Orleans
Detroit at Kansas City

Monday, October 13
Buffalo at Atlanta
Chicago at Washington

Bye: Minnesota, Houston

WEEK 7

Thursday, October 16
Pittsburgh at Cincinnati

Sunday, October 19
L.A. Rams vs. Jacksonville (London)
New Orleans at Chicago
Miami at Cleveland
New England at Tennessee
Las Vegas at Kansas City
Philadelphia at Minnesota
Carolina at N.Y. Jets
N.Y. Giants at Denver
Indianapolis at L.A Chargers
Washington at Dallas
Green Bay at Arizona
Atlanta at San Francisco

Monday, October 20
Tampa Bay at Detroit
Houston at Seattle

Bye: Buffalo, Baltimore

WEEK 8

Thursday, October 23
Minnesota at L.A. Chargers

Sunday, October 26
Miami at Atlanta
N.Y. Jets at Cincinnati
Cleveland at New England
N.Y. Giants at Philadelphia
Buffalo at Carolina
Chicago at Baltimore
San Francisco at Houston
Tampa Bay at New Orleans
Dallas at Denver
Tennessee at Indianapolis
Green Bay at Pittsburgh

Monday, October 27
Washington at Kansas City

Bye: Arizona, Detroit, Jacksonville, Las Vegas, L.A. Rams, Seattle

WEEK 9

Thursday, October 30
Baltimore at Miami

Sunday, November 2
Chicago at Cincinnati
Minnesota at Detroit
Carolina at Green Bay
L.A. Chargers at Tennessee
Atlanta at New England
San Francisco at N.Y. Giants
Indianapolis at Pittsburgh
Denver at Houston
Jacksonville at Las Vegas
New Orleans at L.A. Rams
Kansas City at Buffalo
Seattle at Washington

Monday, November 3
Arizona at Dallas

Bye: Cleveland, N.Y. Jets, Philadelphia, Tampa Bay

WEEK 10

Thursday, November 6
Las Vegas at Denver

Sunday, November 9
Atlanta vs. Indianapolis (Berlin)
N.Y. Giants at Chicago
Buffalo at Miami
Baltimore at Minnesota
Cleveland at N.Y. Jets
New England at Tampa Bay
New Orleans at Carolina
Jacksonville at Houston
Arizona at Seattle
L.A. Rams at San Francisco
Detroit at Washington
Pittsburgh at L.A. Chargers

Monday, November 10
Philadelphia at Green Bay

Bye: Cincinnati, Dallas, Kansas City, Tennessee

WEEK 11

Thursday, November 13
N.Y. Jets at New England

Sunday, November 16
Washington vs. Miami (Madrid)
Carolina at Atlanta
Tampa Bay at Buffalo
Houston at Tennessee
Chicago at Minnesota
Green Bay at N.Y. Giants
Cincinnati at Pittsburgh
L.A. Chargers at Jacksonville
Seattle at L.A. Rams
San Francisco at Arizona
Baltimore at Cleveland
Kansas City at Denver
Detroit at Philadelphia

Monday, November 17
Dallas at Las Vegas

Bye: Indianapolis, New Orleans

WEEK 12

Thursday, November 20
Buffalo at Houston

Sunday, November 23
Pittsburgh at Chicago
New England at Cincinnati
N.Y. Giants at Detroit
Minnesota at Green Bay
Seattle at Tennessee
Indianapolis at Kansas City
N.Y. Jets at Baltimore
Cleveland at Las Vegas
Jacksonville at Arizona
Philadelphia at Dallas
Atlanta at New Orleans
Tampa Bay at L.A. Rams

Monday, November 24
Carolina at San Francisco

Bye: Denver, L.A. Chargers, Miami, Washington

WEEK 13

Thursday, November 27
Green Bay at Detroit
Kansas City at Dallas
Cincinnati at Baltimore

Friday, November 28
Chicago at Philadelphia

Sunday, November 30
San Francisco at Cleveland
Jacksonville at Tennessee
Houston at Indianapolis
New Orleans at Miami
Atlanta at N.Y. Jets
Arizona at Tampa Bay
L.A. Rams at Carolina
Minnesota at Seattle
Buffalo at Pittsburgh
Las Vegas at L.A. Chargers
Denver at Washington

Monday, December 1
N.Y. Giants at New England

WEEK 14

Thursday, December 4
Dallas at Detroit

Sunday, December 7
Seattle at Atlanta
Tennessee at Cleveland
Chicago at Green Bay
Washington at Minnesota
Miami at N.Y. Jets
New Orleans at Tampa Bay
Indianapolis at Jacksonville
Pittsburgh at Baltimore
Denver at Las Vegas
Cincinnati at Buffalo
L.A. Rams at Arizona
Houston at Kansas City

Monday, December 8
Philadelphia at L.A. Chargers

Bye: Carolina, New England, N.Y. Giants, San Francisco

WEEK 15

Thursday, December 11
Atlanta at Tampa Bay

Sunday, December 14
Cleveland at Chicago
Baltimore at Cincinnati
L.A. Chargers at Kansas City
Buffalo at New England
Washington at N.Y. Giants
Las Vegas at Philadelphia
N.Y. Jets at Jacksonville
Arizona at Houston
Green Bay at Denver
Detroit at L.A. Rams
Carolina at New Orleans
Tennessee at San Francisco
Indianapolis at Seattle
Minnesota at Dallas

Monday, December 15
Miami at Pittsburgh

WEEK 16

Thursday, December 18
L.A. Rams at Seattle

Saturday, December 20
Green Bay at Chicago
Philadelphia at Washington

Sunday, December 21
Buffalo at Cleveland
L.A. Chargers at Dallas
Kansas City at Tennessee
N.Y. Jets at New Orleans
Minnesota at N.Y. Giants
Tampa Bay at Carolina
New England at Baltimore
Jacksonville at Denver
Atlanta at Arizona
Pittsburgh at Detroit
Las Vegas at Houston
Cincinnati at Miami

Monday, December 22
San Francisco at Indianapolis

WEEK 17

Thursday, December 25
Dallas at Washington
Detroit at Minnesota
Denver at Kansas City

Sunday, December 28
Pittsburgh at Cleveland
New Orleans at Tennessee
Jacksonville at Indianapolis
Tampa Bay at Miami
New England at N.Y. Jets
Philadelphia at Buffalo
Chicago at San Francisco

Monday, December 29
L.A. Rams at Atlanta

Flex Games - Date/Time TBA
Arizona at Cincinnati
Baltimore at Green Bay
N.Y. Giants at Las Vegas
Houston at L.A. Chargers
Seattle at Carolina

WEEK 18

Flex Games - Date/Time TBA
New Orleans at Atlanta
N.Y. Jets at Buffalo
Detroit at Chicago
Cleveland at Cincinnati
L.A. Chargers at Denver
Kansas City at Las Vegas
Arizona at L.A. Rams
Green Bay at Minnesota
Miami at New England
Dallas at N.Y. Giants
Washington at Philadelphia
Baltimore at Pittsburgh
Seattle at San Francisco
Carolina at Tampa Bay
Tennessee at Jacksonville
Indianapolis at Houston

NFL POSTSEASON

Super Wild Card Weekend
Saturday, January 10, 2026
Sunday, January 11, 2026
Monday, January 12, 2026

Divisional Playoffs
Saturday, January 17, 2026
Sunday, January 18, 2026

AFC and NFC Championship
Sunday, January 25, 2026

Super Bowl LX
Sunday, February 8, 2026 • Levi's Stadium, Santa Clara, Calif. (NBC)

2024 TOP FANTASY SCORERS

PLAYER	POS	TEAM	TOTAL PTS.	PPG
Lamar Jackson	QB	BAL	512.4	30.1
Joe Burrow	QB	CIN	458.8	27.0
Baker Mayfield	QB	TB	447.8	26.3
Josh Allen	QB	BUF	435.0	25.6
Jayden Daniels	QB	WAS	405.8	23.9
Jared Goff	QB	DET	398.0	23.4
Sam Darnold	QB	MIN	378.0	22.2
Bo Nix	QB	DEN	374.7	22.0
Jalen Hurts	QB	PHI	351.1	23.4
Ja'Marr Chase	WR	CIN	339.5	20.0
Kyler Murray	QB	ARI	339.2	20.0
Saquon Barkley	RB	PHI	338.8	21.2
Jahmyr Gibbs	RB	DET	336.9	19.8
Patrick Mahomes	QB	KC	334.5	20.9
Justin Herbert	QB	LAC	331.4	19.5
Derrick Henry	RB	BAL	326.9	19.2
Aaron Rodgers	QB	NYJ	312.6	18.4
Bijan Robinson	RB	ATL	311.2	18.3
Geno Smith	QB	SEA	308.0	18.1
Brock Purdy	QB	SF	306.9	20.5
Caleb Williams	QB	CHI	294.5	17.3
Jordan Love	QB	GB	283.9	18.9
Josh Jacobs	RB	GB	275.1	16.2
Justin Jefferson	WR	MIN	266.0	15.6
De'Von Achane	RB	MIA	260.9	15.3
Amon-Ra St. Brown	WR	DET	260.7	15.3
C.J. Stroud	QB	HOU	260.4	15.3
Kyren Williams	RB	LAR	255.1	15.9
Matthew Stafford	QB	LAR	254.6	15.9
James Cook	RB	BUF	250.7	15.7
Brian Thomas Jr.	WR	JAC	240.5	14.1
Jonathan Taylor	RB	IND	235.7	16.8
Alvin Kamara	RB	NO	231.3	16.5
Drake London	WR	ATL	230.8	13.6
James Conner	RB	ARI	230.3	14.4
Chase Brown	RB	CIN	228.0	14.3
Terry McLaurin	WR	WAS	226.8	13.3
Bryce Young	QB	CAR	225.0	16.1
Joe Mixon	RB	HOU	222.5	15.9
Bucky Irving	RB	TB	220.9	13.0
Chuba Hubbard	RB	CAR	220.1	14.7
Tua Tagovailoa	QB	MIA	219.6	20.0
Malik Nabers	WR	NYG	219.1	14.6
Aaron Jones Sr.	RB	MIN	216.1	12.7
CeeDee Lamb	WR	DAL	212.9	14.2
Breece Hall	RB	NYJ	212.4	13.3
Kirk Cousins	QB	ATL	212.3	15.2
Drake Maye	QB	NE	207.1	15.9
Brock Bowers	TE	LV	206.7	12.2
David Montgomery	RB	DET	205.7	14.7
Russell Wilson	QB	PIT	204.8	18.6
Mike Evans	WR	TB	203.4	14.5
Jaxon Smith-Njigba	WR	SEA	203.0	11.9
Courtland Sutton	WR	DEN	201.8	11.9
Garrett Wilson	WR	NYJ	201.4	11.8
Ladd McConkey	WR	LAC	199.9	12.5
Davante Adams	WR	LV/NYJ	198.8	14.2
George Kittle	TE	SF	197.6	13.2
Jerry Jeudy	WR	CLE	195.9	11.5
D'Andre Swift	RB	CHI	193.5	11.4

PLAYER	POS	TEAM	TOTAL PTS.	PPG
DJ Moore	WR	CHI	189.1	11.1
Trey McBride	TE	ARI	188.3	11.8
Najee Harris	RB	PIT	186.6	11.0
Tee Higgins	WR	CIN	185.6	15.5
A.J. Brown	WR	PHI	183.4	14.1
Jameson Williams	WR	DET	183.2	12.2
Jordan Addison	WR	MIN	181.0	12.1
Derek Carr	QB	NO	180.9	18.1
Tony Pollard	RB	TEN	180.2	11.3
Anthony Richardson	QB	IND	178.9	16.3
Rico Dowdle	RB	DAL	178.3	11.1
Jonnu Smith	TE	MIA	178.3	10.5
Tyreek Hill	WR	MIA	177.7	10.5
Nico Collins	WR	HOU	176.6	14.7
J.K. Dobbins	RB	LAC	175.8	13.5
Jakobi Meyers	WR	LV	174.5	11.6
Rachaad White	RB	TB	174.1	10.9
Zay Flowers	WR	BAL	172.5	10.1
Jauan Jennings	WR	SF	172.0	11.5
Jayden Reed	WR	GB	169.5	10.0
Trevor Lawrence	QB	JAC	167.2	16.7
Calvin Ridley	WR	TEN	167.2	9.8
Puka Nacua	WR	LAR	167.1	15.2
Zach Charbonnet	RB	SEA	165.9	9.8
Marvin Harrison Jr.	WR	ARI	165.5	9.7
DeVonta Smith	WR	PHI	165.4	12.7
Tyrone Tracy Jr.	RB	NYG	163.3	9.6
Mark Andrews	TE	BAL	161.3	9.5
Darnell Mooney	WR	ATL	161.2	10.1
Rhamondre Stevenson	RB	NE	159.4	10.6
Kenneth Walker III	RB	SEA	158.2	14.4
DK Metcalf	WR	SEA	158.2	10.5
Xavier Worthy	WR	KC	157.7	9.3
Jameis Winston	QB	CLE	157.1	13.1
Rashod Bateman	WR	BAL	152.1	8.9
Daniel Jones	QB	NYG	151.3	15.1
Brian Robinson Jr.	RB	WAS	149.8	10.7
Keenan Allen	WR	CHI	149.4	10.0
Josh Downs	WR	IND	147.5	10.5
Quentin Johnston	WR	LAC	147.2	9.8
Travis Kelce	TE	KC	146.9	9.2
Will Levis	QB	TEN	145.9	12.2
Sam LaPorta	TE	DET	144.6	9.0
Khalil Shakir	WR	BUF	144.5	9.6
Zach Ertz	TE	WAS	144.4	8.5
Kareem Hunt	RB	KC	143.9	11.1
Alec Pierce	WR	IND	142.9	8.9
Cooper Kupp	WR	LAR	141.5	11.8
Dak Prescott	QB	DAL	138.5	17.3
Tucker Kraft	TE	GB	138.3	8.1
Wan'Dale Robinson	WR	NYG	136.2	8.0
Pat Freiermuth	TE	PIT	135.8	8.0
George Pickens	WR	PIT	134.9	9.6
Cooper Rush	QB	DAL	133.6	11.1
Javonte Williams	RB	DEN	131.9	7.8
Michael Pittman Jr.	WR	IND	131.3	8.2
Justin Fields	QB	PIT	129.1	12.9
Deebo Samuel	WR	SF	128.1	8.5
Jalen Tolbert	WR	DAL	127.5	7.5
Tank Bigsby	RB	JAC	125.5	7.8

PLAYER	POS	TEAM	TOTAL PTS.	PPG
Joe Flacco	QB	IND	123.0	15.4
Jaylen Waddle	WR	MIA	120.6	8.0
Nick Westbrook-Ikhine	WR	TEN	119.7	7.0
Alexander Mattison	RB	LV	119.4	8.5
DeAndre Hopkins	WR	TEN/KC	119.0	7.4
Rome Odunze	WR	CHI	117.9	6.9
Jalen McMillan	WR	TB	116.9	9.0
David Njoku	TE	CLE	116.5	10.6
Adam Thielen	WR	CAR	115.5	11.6
Jerome Ford	RB	CLE	115.5	8.3
Austin Ekeler	RB	WAS	114.8	9.6
DeMario Douglas	WR	NE	114.7	6.7
Tank Dell	WR	HOU	114.5	8.2
Gardner Minshew II	QB	LV	114.3	11.4
Mason Rudolph	QB	TEN	113.8	14.2
Chris Godwin	WR	TB	112.8	16.1
Hunter Henry	TE	NE	112.4	7.0
Mac Jones	QB	JAC	112.1	11.2
Cade Otton	TE	TB	111.1	7.9
Travis Etienne Jr.	RB	JAC	110.7	7.4
Marvin Mims Jr.	WR	DEN	110.0	6.5
Jordan Mason	RB	SF	109.5	9.1
Ray-Ray McCloud III	WR	ATL	109.5	6.4
Aidan O'Connell	QB	LV	109.5	12.2
Romeo Doubs	WR	GB	109.1	8.4
Mike Gesicki	TE	CIN	109.0	6.4
Demarcus Robinson	WR	LAR	108.0	6.4
Kyle Pitts	TE	ATL	107.7	6.3
Ray Davis	RB	BUF	107.6	6.3
Allen Lazard	WR	NYJ	107.5	9.0
Justice Hill	RB	BAL	106.1	7.1
Tre Tucker	WR	LV	105.8	6.2
Ameer Abdullah	RB	LV	105.2	6.6
Jaylen Warren	RB	PIT	105.1	7.0
Isaiah Likely	TE	BAL	102.7	6.4
Andrei Iosivas	WR	CIN	101.9	6.0
Michael Wilson	WR	ARI	101.0	6.3
Amari Cooper	WR	CLE/BUF	100.7	7.2
Xavier Legette	WR	CAR	100.6	6.3
Kayshon Boutte	WR	NE	100.4	6.7
Tyler Allgeier	RB	ATL	99.7	5.9
Tyjae Spears	RB	TEN	98.6	8.2
Stefon Diggs	WR	HOU	98.4	12.3
Juwan Johnson	TE	NO	97.8	5.8
Keon Coleman	WR	BUF	97.0	7.5
Cole Kmet	TE	CHI	96.9	5.7
Tyler Lockett	WR	SEA	96.5	5.7
Tyler Conklin	TE	NYJ	96.4	6.0
Calvin Austin III	WR	PIT	94.8	5.6
Noah Gray	TE	KC	93.3	5.5
Drew Lock	QB	NYG	92.1	11.5
Antonio Gibson	RB	NE	91.9	5.4
Dalton Schultz	TE	HOU	91.7	5.4
Dontayvion Wicks	WR	GB	91.0	5.4
Taysom Hill	QB/TE	NO	90.8	11.4
Christian Watson	WR	GB	90.8	6.1
Darius Slayton	WR	NYG	90.5	5.7
Emanuel Wilson	RB	GB	90.5	5.3
Elijah Moore	WR	CLE	90.4	5.3
Olamide Zaccheaus	WR	WAS	89.9	5.3

2024 TARGET LEADERS

PLAYER	POS	TEAM	TARGETS	REC	REC-YDS	REC-TD	FP	PPG
Ja'Marr Chase	WR	CIN	175	127	1,708	17	339.5	20.0
Malik Nabers	WR	NYG	170	109	1,204	7	219.1	14.6
Drake London	WR	ATL	158	100	1,271	9	230.8	13.6
Justin Jefferson	WR	MIN	154	103	1,533	10	266.0	15.6
Garrett Wilson	WR	NYJ	154	101	1,104	7	201.4	11.8
Brock Bowers	TE	LV	153	112	1,194	5	206.7	12.2
CeeDee Lamb	WR	DAL	152	101	1,194	6	212.9	14.2
Trey McBride	TE	ARI	147	111	1,146	2	188.3	11.8
Jerry Jeudy	WR	CLE	145	90	1,229	4	195.9	11.5
Amon-Ra St. Brown	WR	DET	141	115	1,263	12	260.7	15.3
Davante Adams	WR	LV/NYJ	141	85	1,063	8	198.8	14.2
DJ Moore	WR	CHI	140	98	966	6	189.1	11.1
Wan'Dale Robinson	WR	NYG	140	93	699	3	136.2	8.0
Jaxon Smith-Njigba	WR	SEA	137	100	1,130	6	203.0	11.9
Courtland Sutton	WR	DEN	135	81	1,081	8	201.8	11.9
Travis Kelce	TE	KC	133	97	823	3	146.9	9.2
Brian Thomas Jr.	WR	JAC	133	87	1,282	10	240.5	14.1
Jakobi Meyers	WR	LV	129	87	1,027	4	174.5	11.6
Tyreek Hill	WR	MIA	123	81	959	6	177.7	10.5
Keenan Allen	WR	CHI	121	70	744	7	149.4	10.0
Calvin Ridley	WR	TEN	120	64	1,017	4	167.2	9.8
Terry McLaurin	WR	WAS	117	82	1096	13	226.8	13.3
Zay Flowers	WR	BAL	116	74	1059	4	172.5	10.1
Marvin Harrison Jr.	WR	ARI	116	62	885	8	165.5	9.7
Jauan Jennings	WR	SF	113	77	975	6	172.0	11.5
Ladd McConkey	WR	LAC	112	82	1149	7	199.9	12.5
Jonnu Smith	TE	MIA	111	88	884	8	178.3	10.5
Michael Pittman Jr.	WR	IND	111	69	808	3	131.3	8.2
Mike Evans	WR	TB	110	74	1,004	11	203.4	14.5
Tee Higgins	WR	CIN	109	73	911	10	185.6	15.5
DK Metcalf	WR	SEA	108	66	992	5	158.2	10.5
Josh Downs	WR	IND	107	72	803	5	147.5	10.5
Puka Nacua	WR	LAR	106	79	990	3	167.1	15.2
Darnell Mooney	WR	ATL	106	64	992	5	161.2	10.1
George Pickens	WR	PIT	103	59	900	3	134.9	9.6
Elijah Moore	WR	CLE	102	61	538	1	90.4	5.3
Rome Odunze	WR	CHI	101	54	734	3	117.9	6.9
Khalil Shakir	WR	BUF	100	76	821	4	144.5	9.6
Cooper Kupp	WR	LAR	100	67	710	6	141.5	11.8
Nico Collins	WR	HOU	99	68	1006	7	176.6	14.7
Jordan Addison	WR	MIN	99	63	875	9	181.0	12.1
Xavier Worthy	WR	KC	98	59	638	6	157.7	9.3
A.J. Brown	WR	PHI	97	67	1,079	7	183.4	14.1
Hunter Henry	TE	NE	97	66	674	2	112.4	7.0
David Njoku	TE	CLE	97	64	505	5	116.5	10.6
George Kittle	TE	SF	94	78	1106	8	197.6	13.2
Zach Ertz	TE	WAS	91	66	654	7	144.4	8.5
Jameson Williams	WR	DET	91	58	1,001	7	183.2	12.2
Quentin Johnston	WR	LAC	91	55	711	8	147.2	9.8
Alvin Kamara	RB	NO	89	68	543	2	231.3	16.5
DeVonta Smith	WR	PHI	89	68	833	8	165.4	12.7
De'Von Achane	RB	MIA	87	78	592	6	260.9	15.3
DeMario Douglas	WR	NE	87	66	621	3	114.7	6.7
Ray-Ray McCloud III	WR	ATL	87	62	686	1	109.5	6.4
Cade Otton	TE	TB	87	59	600	4	111.1	7.9
Jake Ferguson	TE	DAL	86	59	494	0	74.9	5.4
Dalton Schultz	TE	HOU	85	53	532	2	91.7	5.4
Amari Cooper	WR	CLE/BUF	85	44	547	4	100.7	7.2
Xavier Legette	WR	CAR	84	49	497	4	100.6	6.3
Mike Gesicki	TE	CIN	83	65	665	2	109.0	6.4

2024 RUSHING LEADERS

PLAYER	POS	TEAM	GP	YARDS
Saquon Barkley	RB	PHI	16	2,005
Derrick Henry	RB	BAL	17	1,921
Bijan Robinson	RB	ATL	17	1,456
Jonathan Taylor	RB	IND	14	1,431
Jahmyr Gibbs	RB	DET	17	1,412
Josh Jacobs	RB	GB	17	1,329
Kyren Williams	RB	LAR	16	1,299
Chuba Hubbard	RB	CAR	15	1,195
Aaron Jones Sr.	RB	MIN	17	1,138
Bucky Irving	RB	TB	17	1,122
James Conner	RB	ARI	16	1,094
Rico Dowdle	RB	DAL	16	1,079
Tony Pollard	RB	TEN	16	1,079
Najee Harris	RB	PIT	17	1,043
Joe Mixon	RB	HOU	14	1,016
James Cook	RB	BUF	16	1,009
Chase Brown	RB	CIN	16	990
D'Andre Swift	RB	CHI	17	959
Alvin Kamara	RB	NO	14	950
Lamar Jackson	QB	BAL	17	915
De'Von Achane	RB	MIA	17	907
J.K. Dobbins	RB	LAC	13	905
Jayden Daniels	QB	WAS	17	891
Breece Hall	RB	NYJ	16	876
Tyrone Tracy Jr.	RB	NYG	17	839
Rhamondre Stevenson	RB	NE	15	801
Brian Robinson Jr.	RB	WAS	14	799
Jordan Mason	RB	SF	12	789
David Montgomery	RB	DET	14	775
Tank Bigsby	RB	JAC	16	766
Kareem Hunt	RB	KC	13	728
Tyler Allgeier	RB	ATL	17	644
Jalen Hurts	QB	PHI	15	630
Rachaad White	RB	TB	16	613
Kenneth Walker III	RB	SEA	11	573
Kyler Murray	QB	ARI	17	572
Zach Charbonnet	RB	SEA	17	569
Jerome Ford	RB	CLE	14	565
Travis Etienne Jr.	RB	JAC	15	558
Antonio Gibson	RB	NE	17	538
Josh Allen	QB	BUF	17	531
Javonte Williams	RB	DEN	17	513
Jaylen Warren	RB	PIT	15	511
Emanuel Wilson	RB	GB	17	502
Anthony Richardson	QB	IND	11	499
Jaleel McLaughlin	RB	DEN	16	496
Caleb Williams	QB	CHI	17	489
Cam Akers	RB	HOU/MIN	17	444
Ray Davis	RB	BUF	17	442
Devin Singletary	RB	NYG	15	437
Bo Nix	QB	DEN	17	430
Drake Maye	QB	NE	13	421
Isaac Guerendo	RB	SF	16	420
Alexander Mattison	RB	LV	14	420
Baker Mayfield	QB	TB	17	378
Austin Ekeler	RB	WAS	12	367
Gus Edwards	RB	LAC	11	365
Braelon Allen	RB	NYJ	17	334
Nick Chubb	RB	CLE	8	332

2024 RUSHING TDs

PLAYER	POS	TEAM	GP	TDs
James Cook	RB	BUF	16	16
Jahmyr Gibbs	RB	DET	17	16
Derrick Henry	RB	BAL	17	16
Josh Jacobs	RB	GB	17	15
Jalen Hurts	QB	PHI	15	14
Bijan Robinson	RB	ATL	17	14
Kyren Williams	RB	LAR	16	14
Saquon Barkley	RB	PHI	16	13
Josh Allen	QB	BUF	17	12
David Montgomery	RB	DET	14	12
Joe Mixon	RB	HOU	14	11
Jonathan Taylor	RB	IND	14	11
Chuba Hubbard	RB	CAR	15	10
J.K. Dobbins	RB	LAC	13	9
Zach Charbonnet	RB	SEA	17	8
James Conner	RB	ARI	16	8
Bucky Irving	RB	TB	17	8
Brian Robinson Jr.	RB	WAS	14	8
Tank Bigsby	RB	JAC	16	7
Chase Brown	RB	CIN	16	7
Kareem Hunt	RB	KC	13	7
Rhamondre Stevenson	RB	NE	15	7
Kenneth Walker III	RB	SEA	11	7
De'Von Achane	RB	MIA	17	6
Jayden Daniels	QB	WAS	17	6
Najee Harris	RB	PIT	17	6
Taysom Hill	QB/TE	NO	8	6
Roschon Johnson	RB	CHI	14	6
Alvin Kamara	RB	NO	14	6
Anthony Richardson	QB	IND	11	6
D'Andre Swift	RB	CHI	17	6
Bryce Young	QB	CAR	14	6
Justin Fields	QB	PIT	10	5
Breece Hall	RB	NYJ	16	5
Aaron Jones Sr.	RB	MIN	17	5
Kyler Murray	QB	ARI	17	5
Tony Pollard	RB	TEN	16	5
Brock Purdy	QB	SF	15	5
Tyrone Tracy Jr.	RB	NYG	17	5
Gus Edwards	RB	LAC	11	4
Austin Ekeler	RB	WAS	12	4
Isaac Guerendo	RB	SF	16	4
Lamar Jackson	QB	BAL	17	4
Alexander Mattison	RB	LV	14	4
Jeremy McNichols	RB	WAS	17	4
Bo Nix	QB	DEN	17	4
Devin Singletary	RB	NYG	15	4
Tyjae Spears	RB	TEN	12	4
Javonte Williams	RB	DEN	17	4
Emanuel Wilson	RB	GB	17	4
Tyler Allgeier	RB	ATL	17	3
Nick Chubb	RB	CLE	8	3
Ray Davis	RB	BUF	17	3
Ezekiel Elliott	RB	DAL	15	3
Jerome Ford	RB	CLE	14	3
Trevor Lawrence	QB	JAC	10	3
Jordan Mason	RB	SF	12	3
Baker Mayfield	QB	TB	17	3
Rachaad White	RB	TB	16	3
Xavier Worthy	WR	KC	17	3

2024 Passing Leaders

PLAYER	POS	TEAM	GP	YARDS
Joe Burrow	QB	CIN	17	4,918
Jared Goff	QB	DET	17	4,629
Baker Mayfield	QB	TB	17	4,500
Geno Smith	QB	SEA	17	4,320
Sam Darnold	QB	MIN	17	4,319
Lamar Jackson	QB	BAL	17	4,172
Patrick Mahomes	QB	KC	16	3,928
Aaron Rodgers	QB	NYJ	17	3,897
Justin Herbert	QB	LAC	17	3,870
Brock Purdy	QB	SF	15	3,864
Kyler Murray	QB	ARI	17	3,851
Bo Nix	QB	DEN	17	3,775
Matthew Stafford	QB	LAR	16	3,762
Josh Allen	QB	BUF	17	3,731
C.J. Stroud	QB	HOU	17	3,727
Jayden Daniels	QB	WAS	17	3,568
Caleb Williams	QB	CHI	17	3,541
Kirk Cousins	QB	ATL	14	3,508
Jordan Love	QB	GB	15	3,389
Jalen Hurts	QB	PHI	15	2,903
Tua Tagovailoa	QB	MIA	11	2,867
Russell Wilson	QB	PIT	11	2,482
Bryce Young	QB	CAR	14	2,403
Drake Maye	QB	NE	13	2,276
Derek Carr	QB	NO	10	2,145
Jameis Winston	QB	CLE	12	2,121
Will Levis	QB	TEN	12	2,091
Daniel Jones	QB	NYG	10	2,070
Trevor Lawrence	QB	JAC	10	2,045
Gardner Minshew II	QB	LV	10	2,013
Dak Prescott	QB	DAL	8	1,978
Cooper Rush	QB	DAL	12	1,844
Anthony Richardson	QB	IND	11	1,814
Joe Flacco	QB	IND	8	1,761
Mac Jones	QB	JAC	10	1,672
Aidan O'Connell	QB	LV	9	1,612
Mason Rudolph	QB	TEN	8	1,530
Spencer Rattler	QB	NO	7	1,317
Deshaun Watson	QB	CLE	7	1,148
Justin Fields	QB	PIT	10	1,106
Drew Lock	QB	NYG	8	1,071
Andy Dalton	QB	CAR	6	989
Tyler Huntley	QB	MIA	5	829
Jacoby Brissett	QB	NE	8	826
Michael Penix Jr.	QB	ATL	5	775
Malik Willis	QB	GB	7	550
Desmond Ridder	QB	LV	6	458
D. Thompson-Robinson	QB	CLE	7	440
Marcus Mariota	QB	WAS	3	364
Joshua Dobbs	QB	SF	2	361
Jimmy Garoppolo	QB	LAR	1	334
Tanner McKee	QB	PHI	2	323
Kenny Pickett	QB	PHI	5	291
Tim Boyle	QB	MIA/NYG	3	276
Trey Lance	QB	DAL	4	266
Tommy DeVito	QB	NYG	3	257
Joe Milton III	QB	NE	1	241
Jake Haener	QB	NO	8	226
Davis Mills	QB	HOU	4	212
Brandon Allen	QB	SF	3	199

2024 Passing TDs

PLAYER	POS	TEAM	GP	TDs
Joe Burrow	QB	CIN	17	43
Lamar Jackson	QB	BAL	17	41
Baker Mayfield	QB	TB	17	41
Jared Goff	QB	DET	17	37
Sam Darnold	QB	MIN	17	35
Bo Nix	QB	DEN	17	29
Josh Allen	QB	BUF	17	28
Aaron Rodgers	QB	NYJ	17	28
Patrick Mahomes	QB	KC	16	26
Jayden Daniels	QB	WAS	17	25
Jordan Love	QB	GB	15	25
Justin Herbert	QB	LAC	17	23
Kyler Murray	QB	ARI	17	21
Geno Smith	QB	SEA	17	21
Brock Purdy	QB	SF	15	20
Matthew Stafford	QB	LAR	16	20
C.J. Stroud	QB	HOU	17	20
Caleb Williams	QB	CHI	17	20
Tua Tagovailoa	QB	MIA	11	19
Kirk Cousins	QB	ATL	14	18
Jalen Hurts	QB	PHI	15	18
Russell Wilson	QB	PIT	11	16
Derek Carr	QB	NO	10	15
Drake Maye	QB	NE	13	15
Bryce Young	QB	CAR	14	15
Will Levis	QB	TEN	12	13
Jameis Winston	QB	CLE	12	13
Joe Flacco	QB	IND	8	12
Cooper Rush	QB	DAL	12	12
Trevor Lawrence	QB	JAC	10	11
Dak Prescott	QB	DAL	8	11
Gardner Minshew II	QB	LV	10	9
Mason Rudolph	QB	TEN	8	9
Daniel Jones	QB	NYG	10	8
Mac Jones	QB	JAC	10	8
Aidan O'Connell	QB	LV	9	8
Anthony Richardson	QB	IND	11	8
Andy Dalton	QB	CAR	6	7
Drew Lock	QB	NYG	8	6
Justin Fields	QB	PIT	10	5
Deshaun Watson	QB	CLE	7	5
Marcus Mariota	QB	WAS	3	4
Tanner McKee	QB	PHI	2	4
Spencer Rattler	QB	NO	7	4
Tyler Huntley	QB	MIA	5	3
Michael Penix Jr.	QB	ATL	5	3
Tyrod Taylor	QB	NYJ	2	3
Malik Willis	QB	GB	7	3
Jacoby Brissett	QB	NE	8	2
Joshua Dobbs	QB	SF	2	2
Jimmy Garoppolo	QB	LAR	1	2
Kenny Pickett	QB	PHI	5	2
Desmond Ridder	QB	LV	6	2
Mitchell Trubisky	QB	BUF	9	2
9 players tied with 1				

2024 Receptions

PLAYER	POS	TEAM	GP	REC.
Ja'Marr Chase	WR	CIN	17	127
Amon-Ra St. Brown	WR	DET	17	115
Brock Bowers	TE	LV	17	112
Trey McBride	TE	ARI	16	111
Malik Nabers	WR	NYG	15	109
Justin Jefferson	WR	MIN	17	103
CeeDee Lamb	WR	DAL	15	101
Garrett Wilson	WR	NYJ	17	101
Drake London	WR	ATL	17	100
Jaxon Smith-Njigba	WR	SEA	17	100
DJ Moore	WR	CHI	17	98
Travis Kelce	TE	KC	16	97
Wan'Dale Robinson	WR	NYG	17	93
Jerry Jeudy	WR	CLE	17	90
Jonnu Smith	TE	MIA	17	88
Jakobi Meyers	WR	LV	15	87
Brian Thomas Jr.	WR	JAC	17	87
Davante Adams	WR	LV/NYJ	14	85
Ladd McConkey	WR	LAC	16	82
Terry McLaurin	WR	WAS	17	82
Tyreek Hill	WR	MIA	17	81
Courtland Sutton	WR	DEN	17	81
Puka Nacua	WR	LAR	11	79
De'Von Achane	RB	MIA	17	78
George Kittle	TE	SF	15	78
Jauan Jennings	WR	SF	15	77
Khalil Shakir	WR	BUF	15	76
Mike Evans	WR	TB	14	74
Zay Flowers	WR	BAL	17	74
Tee Higgins	WR	CIN	12	73
Josh Downs	WR	IND	14	72
Keenan Allen	WR	CHI	15	70
Michael Pittman Jr.	WR	IND	16	69
Nico Collins	WR	HOU	12	68
Alvin Kamara	RB	NO	14	68
DeVonta Smith	WR	PHI	13	68
A.J. Brown	WR	PHI	13	67
Cooper Kupp	WR	LAR	12	67
DeMario Douglas	WR	NE	17	66
Zach Ertz	TE	WAS	17	66
Hunter Henry	TE	NE	16	66
DK Metcalf	WR	SEA	15	66
Pat Freiermuth	TE	PIT	17	65
Mike Gesicki	TE	CIN	17	65
Darnell Mooney	WR	ATL	16	64
David Njoku	TE	CLE	11	64
Calvin Ridley	WR	TEN	17	64
Jordan Addison	WR	MIN	15	63
Marvin Harrison Jr.	WR	ARI	17	62
Ray-Ray McCloud III	WR	ATL	17	62
Elijah Moore	WR	CLE	17	61
Bijan Robinson	RB	ATL	17	61
Sam LaPorta	TE	DET	16	60
Jake Ferguson	TE	DAL	14	59
Cade Otton	TE	TB	14	59
George Pickens	WR	PIT	14	59
Xavier Worthy	WR	KC	17	59
Jaylen Waddle	WR	MIA	15	58
Jameson Williams	WR	DET	15	58
Breece Hall	RB	NYJ	16	57
DeAndre Hopkins	WR	TEN/KC	16	56
Mark Andrews	TE	BAL	17	55
Quentin Johnston	WR	LAC	15	55
Jayden Reed	WR	GB	17	55
Chase Brown	RB	CIN	16	54
Rome Odunze	WR	CHI	17	54
Dalton Schultz	TE	HOU	17	53
Jahmyr Gibbs	RB	DET	17	52
Chig Okonkwo	TE	TEN	17	52
Javonte Williams	RB	DEN	17	52
Tyler Conklin	TE	NYJ	16	51
Tank Dell	WR	HOU	14	51
Aaron Jones Sr.	RB	MIN	17	51
Deebo Samuel	WR	SF	15	51
Rachaad White	RB	TB	16	51
Will Dissly	TE	LAC	15	50
Chris Godwin	WR	TB	7	50
Juwan Johnson	TE	NO	17	50
Tucker Kraft	TE	GB	17	50
Xavier Legette	WR	CAR	16	49
Tyler Lockett	WR	SEA	17	49
Jalen Tolbert	WR	DAL	17	49
Noah Fant	TE	SEA	14	48
Adam Thielen	WR	CAR	10	48
James Conner	RB	ARI	16	47
Stefon Diggs	WR	HOU	8	47
Evan Engram	TE	JAC	9	47
Bucky Irving	RB	TB	17	47
Cole Kmet	TE	CHI	17	47
Kyle Pitts	TE	ATL	17	47
Tre Tucker	WR	LV	17	47
Michael Wilson	WR	ARI	16	47
Romeo Doubs	WR	GB	13	46
Kenneth Walker III	RB	SEA	11	46
Rashod Bateman	WR	BAL	17	45
Austin Hooper	TE	NE	17	45
Olamide Zaccheaus	WR	WAS	17	45
Amari Cooper	WR	CLE/BUF	14	44
Dalton Kincaid	TE	BUF	13	44
Kayshon Boutte	WR	NE	15	43
Chuba Hubbard	RB	CAR	15	43
Tutu Atwell	WR	LAR	17	42
Zach Charbonnet	RB	SEA	17	42
Dallas Goedert	TE	PHI	10	42
Justice Hill	RB	BAL	15	42
Isaiah Likely	TE	BAL	16	42
D'Andre Swift	RB	CHI	17	42
T.J. Hockenson	TE	MIN	10	41
Tony Pollard	RB	TEN	16	41
Devaughn Vele	WR	DEN	13	41
Ameer Abdullah	RB	LV	16	40
Jordan Akins	TE	CLE	17	40
Noah Gray	TE	KC	17	40
Brenton Strange	TE	JAC	17	40
Tyler Boyd	WR	TEN	16	39
Rico Dowdle	RB	DAL	16	39
Travis Etienne Jr.	RB	JAC	15	39
Marvin Mims Jr.	WR	DEN	17	39
Joshua Palmer	WR	LAC	15	39
Darius Slayton	WR	NYG	16	39
Dontayvion Wicks	WR	GB	17	39
Tyrone Tracy Jr.	RB	NYG	17	38
Jaylen Warren	RB	PIT	15	38
Greg Dortch	WR	ARI	17	37
Jerome Ford	RB	CLE	14	37
Allen Lazard	WR	NYJ	12	37
Jalen McMillan	WR	TB	13	37
Alec Pierce	WR	IND	16	37
Calvin Austin III	WR	PIT	17	36
Najee Harris	RB	PIT	17	36
Andrei Iosivas	WR	CIN	17	36
Josh Jacobs	RB	GB	17	36
Alexander Mattison	RB	LV	14	36
Joe Mixon	RB	HOU	14	36
David Montgomery	RB	DET	14	36
Noah Brown	WR	WAS	11	35
Austin Ekeler	RB	WAS	12	35
Kyren Williams	RB	LAR	16	34
Saquon Barkley	RB	PHI	16	33
Diontae Johnson	WR	CAR/BAL/HOU	12	33
Tim Patrick	WR	DET	16	33
Ja'Tavion Sanders	TE	CAR	16	33
Rhamondre Stevenson	RB	NE	15	33
Jalen Coker	WR	CAR	11	32
James Cook	RB	BUF	16	32
J.K. Dobbins	RB	LAC	13	32
David Moore	WR	CAR	17	32
Foster Moreau	TE	NO	17	32
Chris Olave	WR	NO	8	32
Sterling Shepard	WR	TB	14	32
Parker Washington	WR	JAC	17	32
Nick Westbrook-Ikhine	WR	TEN	17	32
Mack Hollins	WR	BUF	17	31
Lil'Jordan Humphrey	WR	DEN	17	31
Ricky Pearsall	WR	SF	11	31
Demarcus Robinson	WR	LAR	17	31
Curtis Samuel	WR	BUF	14	31
KaVontae Turpin	WR	DAL	17	31
AJ Barner	TE	SEA	17	30
Dyami Brown	WR	WAS	16	30
Colby Parkinson	TE	LAR	17	30
Tyjae Spears	RB	TEN	12	30
Keon Coleman	WR	BUF	13	29
Theo Johnson	TE	NYG	12	29
Cedric Tillman	WR	CLE	11	29
Christian Watson	WR	GB	15	29
Kendrick Bourne	WR	NE	12	28
Troy Franklin	WR	DEN	16	28
Jalen Nailor	WR	MIN	17	28
Samaje Perine	RB	KC	17	28
Josh Whyle	TE	TEN	17	28
Christian Kirk	WR	JAC	8	27
Luke Schoonmaker	TE	DAL	17	27
Brandin Cooks	WR	DAL	10	26
Tyler Johnson	WR	LAR	15	26
Malik Washington	WR	MIA	14	26
Brandon Aiyuk	WR	SF	7	25
Grant Calcaterra	TE	PHI	17	24
Van Jefferson	WR	PIT	17	24
Jaleel McLaughlin	RB	DEN	16	24
John Metchie III	WR	HOU	13	24
Rashee Rice	WR	KC	4	24
Miles Sanders	RB	CAR	11	24

2024 Receiving Yards

PLAYER	POS	TEAM	GP	YARDS
Ja'Marr Chase	WR	CIN	17	1,708
Justin Jefferson	WR	MIN	17	1,533
Brian Thomas Jr.	WR	JAC	17	1,282
Drake London	WR	ATL	17	1,271
Amon-Ra St. Brown	WR	DET	17	1,263
Jerry Jeudy	WR	CLE	17	1,229
Malik Nabers	WR	NYG	15	1,204
Brock Bowers	TE	LV	17	1,194
CeeDee Lamb	WR	DAL	15	1,194
Ladd McConkey	WR	LAC	16	1,149
Trey McBride	TE	ARI	16	1,146
Jaxon Smith-Njigba	WR	SEA	17	1,130
George Kittle	TE	SF	15	1,106
Garrett Wilson	WR	NYJ	17	1,104
Terry McLaurin	WR	WAS	17	1,096
Courtland Sutton	WR	DEN	17	1,081
A.J. Brown	WR	PHI	13	1,079
Davante Adams	WR	LV/NYJ	14	1,063
Zay Flowers	WR	BAL	17	1,059
Jakobi Meyers	WR	LV	15	1,027
Calvin Ridley	WR	TEN	17	1,017
Nico Collins	WR	HOU	12	1,006
Mike Evans	WR	TB	14	1,004
Jameson Williams	WR	DET	15	1,001
DK Metcalf	WR	SEA	15	992
Darnell Mooney	WR	ATL	16	992
Puka Nacua	WR	LAR	11	990
Jauan Jennings	WR	SF	15	975
DJ Moore	WR	CHI	17	966
Tyreek Hill	WR	MIA	17	959
Tee Higgins	WR	CIN	12	911
George Pickens	WR	PIT	14	900
Marvin Harrison Jr.	WR	ARI	17	885
Jonnu Smith	TE	MIA	17	884
Jordan Addison	WR	MIN	15	875
Jayden Reed	WR	GB	17	857
DeVonta Smith	WR	PHI	13	833
Alec Pierce	WR	IND	16	824
Travis Kelce	TE	KC	16	823
Khalil Shakir	WR	BUF	15	821
Michael Pittman Jr.	WR	IND	16	808
Josh Downs	WR	IND	14	803
Rashod Bateman	WR	BAL	17	756
Keenan Allen	WR	CHI	15	744
Jaylen Waddle	WR	MIA	15	744
Rome Odunze	WR	CHI	17	734
Sam LaPorta	TE	DET	16	726
Quentin Johnston	WR	LAC	15	711
Cooper Kupp	WR	LAR	12	710
Tucker Kraft	TE	GB	17	707
Wan'Dale Robinson	WR	NYG	17	699
Ray-Ray McCloud III	WR	ATL	17	686
Hunter Henry	TE	NE	16	674
Mark Andrews	TE	BAL	17	673
Deebo Samuel	WR	SF	15	670
Tank Dell	WR	HOU	14	667
Mike Gesicki	TE	CIN	17	665
Zach Ertz	TE	WAS	17	654
Pat Freiermuth	TE	PIT	17	653
Xavier Worthy	WR	KC	17	638
DeMario Douglas	WR	NE	17	621
Christian Watson	WR	GB	15	620

PLAYER	POS	TEAM	GP	YARDS
Adam Thielen	WR	CAR	10	615
DeAndre Hopkins	WR	TEN/KC	16	610
Jalen Tolbert	WR	DAL	17	610
Kyle Pitts	TE	ATL	17	602
Romeo Doubs	WR	GB	13	601
Tyler Lockett	WR	SEA	17	600
Cade Otton	TE	TB	14	600
De'Von Achane	RB	MIA	17	592
Kayshon Boutte	WR	NE	15	589
Joshua Palmer	WR	LAC	15	584
Chris Godwin	WR	TB	7	576
Darius Slayton	WR	NYG	16	573
Tutu Atwell	WR	LAR	17	562
Keon Coleman	WR	BUF	13	556
Calvin Austin III	WR	PIT	17	548
Juwan Johnson	TE	NO	17	548
Michael Wilson	WR	ARI	16	548
Amari Cooper	WR	CLE/BUF	14	547
Alvin Kamara	RB	NO	14	543
Tre Tucker	WR	LV	17	539
Elijah Moore	WR	CLE	17	538
Dalton Schultz	TE	HOU	17	532
Allen Lazard	WR	NYJ	12	530
Jahmyr Gibbs	RB	DET	17	517
Olamide Zaccheaus	WR	WAS	17	506
David Njoku	TE	CLE	11	505
Demarcus Robinson	WR	LAR	17	505
Marvin Mims Jr.	WR	DEN	17	503
Noah Fant	TE	SEA	14	500
Xavier Legette	WR	CAR	16	497
Nick Westbrook-Ikhine	WR	TEN	17	497
Stefon Diggs	WR	HOU	8	496
Dallas Goedert	TE	PHI	10	496
Jake Ferguson	TE	DAL	14	494
Breece Hall	RB	NYJ	16	483
Will Dissly	TE	LAC	15	481
Andrei Iosivas	WR	CIN	17	479
Chig Okonkwo	TE	TEN	17	479
Jalen Coker	WR	CAR	11	478
Isaiah Likely	TE	BAL	16	477
Austin Hooper	TE	NE	17	476
Devaughn Vele	WR	DEN	13	475
Cole Kmet	TE	CHI	17	474
Jalen McMillan	WR	TB	13	461
T.J. Hockenson	TE	MIN	10	455
Noah Brown	WR	WAS	11	453
Tyler Conklin	TE	NYJ	16	449
Dalton Kincaid	TE	BUF	13	448
Noah Gray	TE	KC	17	437
Bijan Robinson	RB	ATL	17	431
KaVontae Turpin	WR	DAL	17	420
Dontayvion Wicks	WR	GB	17	415
James Conner	RB	ARI	16	414
Jalen Nailor	WR	MIN	17	414
Foster Moreau	TE	NO	17	413
Brenton Strange	TE	JAC	17	411
M. Valdes-Scantling	WR	BUF/NO	14	411
Aaron Jones Sr.	RB	MIN	17	408
Chris Olave	WR	NO	8	400
Ricky Pearsall	WR	SF	11	400
Tim Patrick	WR	DET	16	394
Rachaad White	RB	TB	16	393

2024 Receiving TDs

PLAYER	POS	TEAM	GP	TDs
Ja'Marr Chase	WR	CIN	17	17
Terry McLaurin	WR	WAS	17	13
Amon-Ra St. Brown	WR	DET	17	12
Mark Andrews	TE	BAL	17	11
Mike Evans	WR	TB	14	11
Tee Higgins	WR	CIN	12	10
Justin Jefferson	WR	MIN	17	10
Brian Thomas Jr.	WR	JAC	17	10
Jordan Addison	WR	MIN	15	9
Rashod Bateman	WR	BAL	17	9
Drake London	WR	ATL	17	9
Nick Westbrook-Ikhine	WR	TEN	17	9
Davante Adams	WR	LV/NYJ	14	8
Marvin Harrison Jr.	WR	ARI	17	8
Quentin Johnston	WR	LAC	15	8
George Kittle	TE	SF	15	8
Jalen McMillan	WR	TB	13	8
DeVonta Smith	WR	PHI	13	8
Jonnu Smith	TE	MIA	17	8
Courtland Sutton	WR	DEN	17	8
Keenan Allen	WR	CHI	15	7
A.J. Brown	WR	PHI	13	7
Nico Collins	WR	HOU	12	7
Zach Ertz	TE	WAS	17	7
Pat Freiermuth	TE	PIT	17	7
Tucker Kraft	TE	GB	17	7
Sam LaPorta	TE	DET	16	7
Ladd McConkey	WR	LAC	16	7
Malik Nabers	WR	NYG	15	7
Alec Pierce	WR	IND	16	7
Demarcus Robinson	WR	LAR	17	7
Jalen Tolbert	WR	DAL	17	7
Jameson Williams	WR	DET	15	7
Garrett Wilson	WR	NYJ	17	7
De'Von Achane	RB	MIA	17	6
Tyreek Hill	WR	MIA	17	6
Andrei Iosivas	WR	CIN	17	6
Jauan Jennings	WR	SF	15	6
Cooper Kupp	WR	LAR	12	6
CeeDee Lamb	WR	DAL	15	6
Allen Lazard	WR	NYJ	12	6
Isaiah Likely	TE	BAL	16	6
Marvin Mims Jr.	WR	DEN	17	6
DJ Moore	WR	CHI	17	6
Jalen Nailor	WR	MIN	17	6
Jaxon Smith-Njigba	WR	SEA	17	6
Jayden Reed	WR	GB	17	6
Rachaad White	RB	TB	16	6
Xavier Worthy	WR	KC	17	6

12 Players Tied With 5

2024 Sacks

PLAYER	POS	TEAM	GP	SK
Trey Hendrickson	DE	CIN	17	17.5
Myles Garrett	DE	CLE/DET	17	14.0
Nik Bonitto	LB	DEN	17	13.5
Kyle Van Noy	LB	BAL	16	12.5
Jonathan Greenard	LB/DE	MIN	17	12.0
Danielle Hunter	LB/DE	HOU	17	12.0
Micah Parsons	LB/DE	DAL	13	12.0
Andrew Van Ginkel	LB	MIN	17	11.5
T.J. Watt	LB	PIT	17	11.5
Will Anderson Jr.	DE	HOU	14	11.0
Leonard Williams	DE	SEA	16	11.0
Jonathon Cooper	LB	DEN	17	10.5
Dante Fowler Jr.	LB/DE	WAS	17	10.5
Will McDonald IV	DE	NYJ	17	10.5
Travon Walker	LB/DE	JAC	17	10.5
Odafe Oweh	LB	BAL	17	10.0
Zach Sieler	DT/DE	MIA	15	10.0
Nick Bosa	DE	SF	14	9.0
Harold Landry III	LB	TEN	17	9.0
Dexter Lawrence II	DT	NYG	12	9.0
Za'Darius Smith	DE	CLE/DET	17	9.0
Zach Allen	DE	DEN	16	8.5
Brian Burns	LB	NYG	17	8.5
Braden Fiske	DE	LAR	17	8.5
Leonard Floyd	DE	SF	17	8.5
Tuli Tuipulotu	LB	LAC	17	8.5
Derick Hall	LB	SEA	17	8.0
Cameron Heyward	DT/DE	PIT	17	8.0
Josh Hines-Allen	LB/DE	JAC	16	8.0
George Karlaftis	DE	KC	16	8.0
Frankie Luvu	LB	WAS	17	8.0
Kwity Paye	DE	IND	15	8.0
Greg Rousseau	DE	BUF	16	8.0
Josh Sweat	LB/DE	PHI	16	8.0
Kobie Turner	DT/DE	LAR	17	8.0

PLAYER	POS	TEAM	GP	SK
Bryan Bresee	DT	NO	17	7.5
Maxx Crosby	DE	LV	13	7.5
Rashan Gary	LB/DE	GB	17	7.5
Aidan Hutchinson	DE	DET	5	7.5
Calijah Kancey	DE	TB	12	7.5
Byron Young	LB	LAR	17	7.5
John Franklin-Myers	DE	DEN	17	7.0
Vita Vea	DT	TB	16	7.0
DeForest Buckner	DT	IND	12	6.5
Arden Key	LB	TEN	16	6.5
Nnamdi Madubuike	DT/DE	BAL	17	6.5
Nolan Smith Jr.	LB	PHI	16	6.5
Tershawn Wharton	DT	KC	17	6.5
Bud Dupree	LB	LAC	17	6.0
Arnold Ebikete	LB	ATL	17	6.0
A.J. Epenesa	DE	BUF	17	6.0
Alex Highsmith	LB	PIT	11	6.0
Khalil Mack	LB	LAC	16	6.0
Boye Mafe	LB	SEA	15	6.0
Von Miller	LB	BUF	13	6.0
Azeez Ojulari	LB	NYG	11	6.0
Chop Robinson	LB/DE	MIA	17	6.0
Quinnen Williams	DT	NYJ	16	6.0
Jadeveon Clowney	LB	CAR	14	5.5
Lavonte David	LB	TB	17	5.5
Carl Granderson	DE	NO	17	5.5
Chauncey Golston	DT/DE	DAL	17	5.5
Logan Hall	DE	TB	16	5.5
Nick Herbig	LB	PIT	13	5.5
Derwin James Jr.	S	LAC	16	5.5
Matthew Judon	LB	ATL	17	5.5
A'Shawn Robinson	DE	CAR	16	5.5
Montez Sweat	DE	CHI	16	5.5
Kayvon Thibodeaux	LB	NYG	12	5.5
Chase Young	DE	NO	17	5.5

23 Players Tied With 5.0

2024 Interceptions

PLAYER	POS	TEAM	GP	INT
Kerby Joseph	S	DET	17	9
Xavier McKinney	S	GB	17	8
C.J. Gardner-Johnson	S	PHI	16	6
Marlon Humphrey	CB	BAL	16	6
Byron Murphy Jr.	CB	MIN	17	6
Calen Bullock	S	HOU	17	5
Amani Hooker	S	TEN	14	5
Donte Jackson	CB	PIT	15	5
Derek Stingley Jr.	CB	HOU	17	5
Jessie Bates III	S	ATL	17	4
Beanie Bishop Jr.	CB	PIT	17	5
Reed Blankenship	S	PHI	15	4
Brian Branch	S	DET	16	4
Kamren Kinchens	S	LAR	17	4
Jaylen McCollough	S	LAR	17	4
Tarheeb Still	CB	LAC	14	4
Geno Stone	S	CIN	17	4
Pat Surtain II	CB	DEN	17	4
Paulson Adebo	CB	NO	7	3

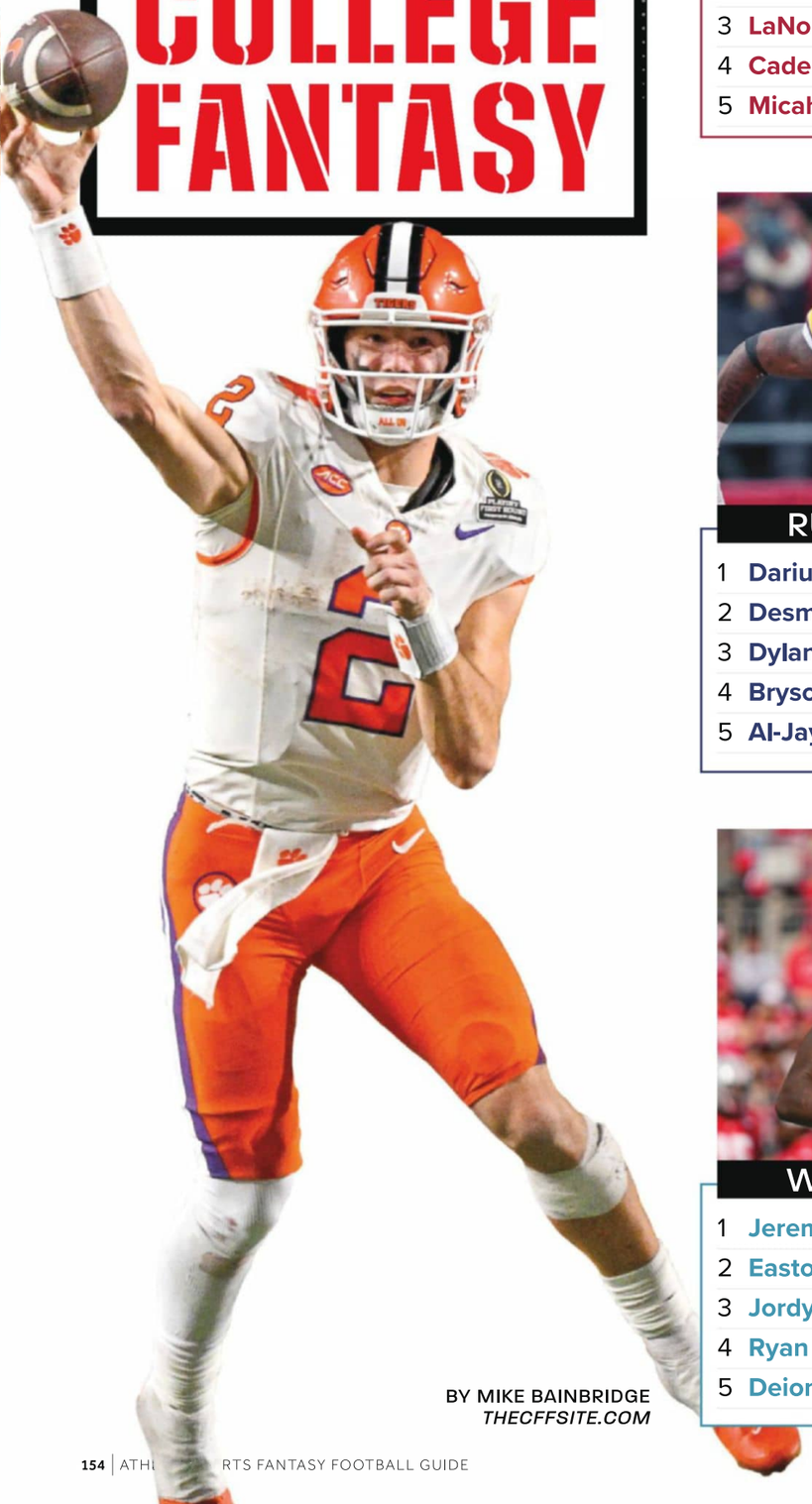
PLAYER	POS	TEAM	GP	INT
Julian Blackmon	S	IND	16	3
Coby Bryant	S/CB	SEA	17	3
Cam Bynum	S	MIN	17	3
Nick Cross	S	IND	17	3
Tyrel Dodson	LB	SEA/MIA	17	3
Jaden Hicks	DB	KC	17	3
Brandon Jones	S	DEN	16	3
Jack Jones	CB	LV	17	3
Kamari Lassiter	CB	HOU	14	3
Julian Love	S	SEA	17	3
Tyrann Mathieu	S	NO	17	3
Elijah Molden	S/CB	LAC	15	3
Kenny Moore II	CB	IND	15	3
Sean Murphy-Bunting	CB	ARI	15	3
Harrison Smith	S	MIN	16	3
Cam Taylor-Britt	CB	CIN	17	3
Xavier Woods	S	CAR	17	3
Riq Woolen	CB	SEA	15	3

50 Players Tied With 2

2024 Tackles

PLAYER	POS	TEAM	GP	TOT
Zaire Franklin	LB	IND	17	173
Budda Baker	S	ARI	17	164
Jamien Sherwood	LB	NYJ	17	158
Robert Spillane	LB	LV	17	158
Roquan Smith	LB	BAL	16	154
Zack Baun	LB	PHI	16	151
Kaden Elliss	LB	ATL	17	151
Daiyan Henley	LB	LAC	17	147
Nick Cross	S	IND	17	146
Jordyn Brooks	LB	MIA	17	143
Germaine Pratt	LB	CIN	17	143
E.J. Speed	LB	IND	15	142
Ernest Jones IV	LB	TEN/SEA	16	138
Eric Kendricks	LB	DAL	15	138
Kyzir White	LB	ARI	17	137
Demario Davis	LB	NO	16	136
Christian Rozeboom	LB	LAR	17	135
Bobby Wagner	LB	WAS	17	132
Jack Campbell	LB	DET	17	131
Fred Warner	LB	SF	17	131
Kevin Byard III	S	CHI	17	130
T.J. Edwards	LB	CHI	17	129
Patrick Queen	LB	PIT	17	129
Nakobe Dean	LB	PHI	15	128
Lavonte David	LB	TB	17	122
Xavier Woods	S	CAR	17	119
Jeremy Chinn	S	WAS	17	117
Dorian Williams	LB	BUF	17	117
Quincy Williams	LB	NYJ	17	116
Brandon Jones	S	DEN	16	115
Jahlani Tavai	LB	NE	17	115
Devin Lloyd	LB	JAC	16	113
Blake Cashman	LB	MIN	14	112
Grant Delpit	S	CLE	16	111
Quentin Lake	S	LAR	17	111
Tremaine Edmunds	LB	CHI	17	110
Brian Branch	S	DET	16	109
Julian Love	S	SEA	17	109
DeShon Elliott	S	PIT	15	108
Foyesade Oluokun	LB	JAC	14	108
Tyrel Dodson	LB	SEA/MIA	17	107
Kyle Hamilton	S	BAL	17	107
Micah McFadden	LB	NYG	14	107
Cody Barton	LB	DEN	17	106
Nick Bolton	LB	KC	16	106
Henry To'oTo'o	LB	HOU	16	105
Terrel Bernard	LB	BUF	13	104
Tre'von Moehrig	S	LV	17	104
Logan Wilson	LB	CIN	11	104
Joshua Metellus	S/CB	MIN	17	103
Jessie Bates III	S	ATL	17	102
Quay Walker	LB	GB	13	102
Jaylon Jones	CB	IND	17	100
Frankie Luvu	LB	WAS	17	99
Tyler Nubin	S	NYG	13	98
Jordan Poyer	S	MIA	16	98
Jalen Thompson	S	ARI	15	98
Devon Witherspoon	CB	SEA	17	98
Josey Jewell	LB	CAR	12	97
Isaiah McDuffie	LB	GB	17	97
Cam Bynum	S	MIN	17	96
Minkah Fitzpatrick	S	PIT	17	96
Kenneth Murray Jr.	LB	TEN	14	95

ATHLON SPORTS COLLEGE FANTASY



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QUARTERBACKS

1 **Cade Klubnik**, Clemson
2 **Arch Manning**, Texas
3 **LaNorris Sellers**, South Carolina
4 **Caden Veltkamp**, Florida Atlantic
5 **Micah Alejado**, Hawai'i

RUNNING BACKS

1 **Darius Taylor**, Minnesota
2 **Desmond Reid**, Pitt
3 **Dylan Edwards**, Kansas State
4 **Bryson Washington**, Baylor
5 **Al-Jay Henderson**, Buffalo

WIDE RECEIVERS

1 **Jeremiah Smith**, Ohio State
2 **Easton Messer**, Florida Atlantic
3 **Jordyn Tyson**, Arizona State
4 **Ryan Williams**, Alabama
5 **Deion Burks**, Oklahoma

CLOCKWISE FROM LEFT: JEROME MIRON-IMAGN IMAGES; JEFF HANISCH-IMAGN IMAGES; ADAM CAIRNS/COLUMBUS DISPATCH

QUARTERBACKS

6	Demond Williams Jr.	Washington	16	Devon Dampier	Utah	26	Ty Simpson	Alabama
7	Colton Joseph	Old Dominion	17	Owen McCown	UTSA	27	Hunter Watson	Sam Houston
8	John Mateer	Oklahoma	18	Reese Poffenbarger	North Texas	28	Diego Pavia	Vanderbilt
9	Garrett Nussmeier	LSU	19	Tucker Gleason	Toledo	29	Maverick McIvor	WKU
10	Avery Johnson	Kansas State	20	Sawyer Robertson	Baylor	30	Austin Simmons	Ole Miss
11	Haynes King	Georgia Tech	21	Sam Leavitt	Arizona State	31	Marcel Reed	Texas A&M
12	Matthew Sluka	James Madison	22	Kevin Jennings	SMU	32	Jackson Arnold	Auburn
13	Blake Horvath	Navy	23	Brendan Sorsby	Cincinnati	33	Katin Houser	East Carolina
14	Jayden Maiava	USC	24	Josh Hoover	TCU	34	Fernando Mendoza	Indiana
15	Parker Navarro	Ohio	25	Dante Moore	Oregon	35	Jake Retzlaff	BYU

RUNNING BACKS

6	Isaac Brown	Louisville	28	Chip Trayanum	Toledo	50	Le'Veon Moss	Texas A&M
7	Bryson Donelson	Fresno State	29	Nate Frazier	Georgia	51	Trey Cooley	Troy
8	Anthony Hankerson	Oregon State	30	Justice Haynes	Michigan	52	Kaden Feagin	Illinois
9	Demond Claiborne	Wake Forest	31	Sire Gaines	Boise State	53	Tawee Walker	Cincinnati
10	Makhi Hughes	Oregon	32	Dilin Jones	Wisconsin	54	Turbo Richard	Boston College
11	Greg Desrosiers Jr.	Memphis	33	Jalen Buckley	Western Michigan	55	Arnold Barnes III	Tulane
12	Jeremiyah Love	Notre Dame	34	Jamal Haynes	Georgia Tech	56	London Montgomery	East Carolina
13	Ahmad Hardy	Missouri	35	Yasin Willis	Syracuse	57	Jevon Jackson	UAB
14	Nicholas Singleton	Penn State	36	Daniel Hishaw Jr.	Kansas	58	Justin Marshall	Colorado State
15	Quinten Joyner	Texas Tech	37	Carson Hansen	Iowa State	59	CJ Donaldson	Ohio State
16	Quintrevion Wisner	Texas	38	Emmett Johnson	Nebraska	60	Lincoln Pare	Texas State
17	Wayshawn Parker	Utah	39	Kamari Moulton	Iowa	61	Eli Heidenreich	Navy
18	Jahiem White	West Virginia	40	Hollywood Smothers	NC State	62	Jadan Baugh	Florida
19	Caden Durham	LSU	41	LJ Martin	BYU	63	Malik Sherrod	Boise State
20	Dylan Carson	Air Force	42	Kyson Brown	Arizona State	64	Duke Watson	Louisville
21	Zach Palmer-Smith	ULM	43	Jam Miller	Alabama	65	Kaytron Allen	Penn State
22	Sieh Bangura	Ohio	44	Robert Henry Jr.	UTSA	66	Dean Connors	Houston
23	Waymond Jordan	USC	45	Nolan Ray	Maryland	67	Rodney Fields Jr.	Oklahoma State
24	Telly Johnson Jr.	Northern Illinois	46	James Peoples	Ohio State	68	Dante Dowdell	Kentucky
25	Kentrel Bullock	South Alabama	47	Cam Cook	Jacksonville State	69	Davion Gause	North Carolina
26	Antwan Raymond	Rutgers	48	Scottre Humphrey	New Mexico	70	Adam Randall	Clemson
27	Jonah Coleman	Washington	49	George Pettaway	James Madison			

WIDE RECEIVERS

6	Denzel Boston	Washington	20	Kevin Coleman Jr.	Missouri	34	Junior Vandeross III	Toledo
7	Antonio Williams	Clemson	21	David Amador II	UTSA	35	Chris Hilton Jr.	LSU
8	Eric McAlister	TCU	22	Yannick Smith	East Carolina	36	Micah Mays Jr.	Wake Forest
9	Matthew Coleman	San José State	23	Caullin Lacy	Louisville	37	Keshaun Singleton	South Florida
10	Elijah Sarratt	Indiana	24	Dane Key	Nebraska	38	Emmett Mosley V	Texas
11	Chase Sowell	Iowa State	25	Evan Stewart	Oregon	39	Nick Cenacle	Hawai'i
12	Cam Coleman	Auburn	26	Hudson Clement	Illinois	40	Ja'Kobi Lane	USC
13	Devin Voisin	South Alabama	27	Miles Coleman	North Texas	41	TJ Moore	Clemson
14	Pofele Ashlock	Hawai'i	28	Makai Lemon	USC	42	Devin McCuin	UTSA
15	Ted Hurst	Georgia State	29	Jordan Napier	San Diego State	43	Chris Dawn Jr.	Texas State
16	Carnell Tate	Ohio State	30	Chase Roberts	BYU	44	Joshisa Trader	Miami (Fla.)
17	Corey Rucker	Arkansas State	31	Trent Walker	Oregon State	45	K.D. Hutchinson	WKU
18	Darrell Gill Jr.	Syracuse	32	Josh Cameron	Baylor	46	Kwazi Gilmer	UCLA
19	Eugene Wilson III	Florida	33	Caleb Douglas	Texas Tech	47	Armani Winfield	Colorado State

WIDE RECEIVERS, CONT.

48	Kenny Odom	UTEP
49	JR Wilson Jr.	Florida Atlantic
50	Nick Marsh	Michigan State
51	Que'Sean Brown	Duke
52	Chase Hendricks	Ohio
53	Joseph Williams	Colorado
54	Leland Smith	San José State
55	De'Zhaun Stribling	Ole Miss
56	Ian Strong	Rutgers
57	Aaron Anderson	LSU
58	Cayden Lee	Ole Miss
59	Griffin Wilde	Northwestern
60	Keagan Johnson	New Mexico
61	Victor Snow	Buffalo
62	Jeff Caldwell	Cincinnati
63	Jalil Farooq	Maryland
64	Bryant Wesco Jr.	Clemson
65	Rashid Williams	Washington
66	Kris Hutson	Arizona
67	Xavier Townsend	Iowa State
68	Dakorien Moore	Oregon
69	Ryan Wingo	Texas
70	Josh Dallas	Georgia Southern

TIGHT ENDS

KENYON SADIQ

1. **Kenyon Sadiq**, Oregon
2. **Eli Stowers**, Vanderbilt
3. **Matt Lauter**, Boise State
4. **Justin Joly**, NC State
5. **Joe Royer**, Cincinnati

6	Jack Endries	Texas
7	John Michael Gyllenborg	Wyoming
8	Max Klare	Ohio State
9	Elija Lofton	Miami (Fla.)
10	RJ Maryland	SMU
11	Luke Reynolds	Penn State
12	Sam Roush	Stanford
13	Trey'Dez Green	LSU
14	Blake Bosma	Western Michigan
15	Terrance Carter Jr.	Texas Tech
16	Jack Velling	Michigan State
17	Dorian Fleming	Maryland
18	Hogan Hansen	Michigan
19	Michael Smith	South Carolina
20	Arlis Boardingham	Bowling Green
21	Eli Raridon	Notre Dame
22	Camden Overton	Georgia State
23	Decker DeGraaf	Washington
24	Tayvion Galloway	Middle Tennessee
25	Houston Thomas	UTSA
26	Tanner Koziol	Houston
27	Lance Mason	Wisconsin
28	Olsen Patt-Henry	Clemson
29	Garrett Oakley	Kansas State
30	Jackson Canaan	San José State

KICKERS

1	Collin Rogers	SMU
2	Will Ferrin	BYU
3	Dominic Zvada	Michigan
4	Peyton Woodring	Georgia
5	Max Gilbert	Tennessee
6	Jayden Fielding	Ohio State
7	Randy Bond	Texas A&M
8	Damian Ramos	LSU
9	Nolan Hauser	Clemson
10	Lucas Carneiro	Ole Miss

DEFENSE

1	Texas	6	Tennessee
2	Ohio State	7	Michigan
3	Alabama	8	Notre Dame
4	Penn State	9	Ole Miss
5	Georgia	10	BYU

GRACE SMITH/INDYSTAR

TOP 250 OVERALL

RK	PLAYER	POS	TEAM
1	Darius Taylor	RB	Minnesota
2	Desmond Reid	RB	Pitt
3	Dylan Edwards	RB	Kansas State
4	Bryson Washington	RB	Baylor
5	Jeremiah Smith	WR	Ohio State
6	Al-Jay Henderson	RB	Buffalo
7	Isaac Brown	RB	Louisville
8	Easton Messer	WR	Florida Atlantic
9	Jordyn Tyson	WR	Arizona State
10	Bryson Donelson	RB	Fresno State
11	Anthony Hankerson	RB	Oregon State
12	Demond Claiborne	RB	Wake Forest
13	Ryan Williams	WR	Alabama
14	Makhi Hughes	RB	Oregon
15	Cade Klubnik	QB	Clemson
16	Deion Burks	WR	Oklahoma
17	Arch Manning	QB	Texas
18	LaNorris Sellers	QB	South Carolina
19	Greg Desrosiers	RB	Memphis
20	Jeremiyah Love	RB	Notre Dame
21	Ahmad Hardy	RB	Missouri
22	Nicholas Singleton	RB	Penn State
23	Quinten Joyner	RB	Texas Tech
24	Denzel Boston	WR	Washington
25	Antonio Williams	WR	Clemson
26	Eric McAlister	WR	TCU
27	Quintrevion Wisner	RB	Texas
28	Wayshawn Parker	RB	Utah
29	Jahiem White	RB	West Virginia
30	Caden Durham	RB	LSU
31	Caden Veltkamp	QB	Florida Atlantic
32	Micah Alejado	QB	Hawai'i
33	Demond Williams	QB	Washington
34	Colton Joseph	QB	Old Dominion
35	Dylan Carson	RB	Air Force
36	Devin Voisin	WR	South Alabama
37	Kenyon Sadiq	TE	Oregon
38	Zach Palmer-Smith	RB	ULM
39	Matthew Coleman	WR	San José State
40	Sieh Bangura	RB	Ohio
41	Waymond Jordan	RB	USC
42	Telly Johnson	RB	Northern Illinois
43	Eli Stowers	TE	Vanderbilt
44	Elijah Sarratt	WR	Indiana
45	Chase Sowell	WR	Iowa State
46	Cam Coleman	WR	Auburn
47	John Mateer	QB	Oklahoma
48	Pofele Ashlock	WR	Hawai'i
49	Garrett Nussmeier	QB	LSU

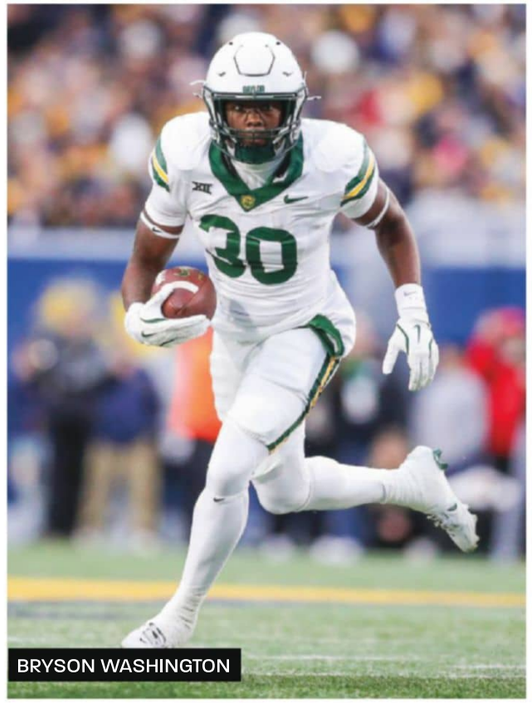
CHARLES LECLAIRE-IMAGN IMAGES

DESMOND REID

RK	PLAYER	POS	TEAM
50	Kentrell Bullock	RB	South Alabama
51	Antwan Raymond	RB	Rutgers
52	Ted Hurst	WR	Georgia State
53	Avery Johnson	QB	Kansas State
54	Carnell Tate	WR	Ohio State
55	Jonah Coleman	RB	Washington
56	Haynes King	QB	Georgia Tech
57	Chip Trayanum	RB	Toledo
58	Corey Rucker	WR	Arkansas State
59	Matthew Sluka	QB	James Madison
60	Blake Horvath	QB	Navy
61	Nate Frazier	RB	Georgia

RK	PLAYER	POS	TEAM
62	Justice Haynes	RB	Michigan
63	Matt Lauter	TE	Boise State
64	Sire Gaines	RB	Boise State
65	Dilin Jones	RB	Wisconsin
66	Jalen Buckley	RB	Western Michigan
67	Darrell Gill Jr.	WR	Syracuse
68	Eugene Wilson III	WR	Florida
69	Kevin Coleman Jr.	WR	Missouri
70	David Amador II	WR	UTSA
71	Jamal Haynes	RB	Georgia Tech
72	Jayden Maiava	QB	USC
73	Parker Navarro	QB	Ohio

DYLAN EDWARDS


BRYSON WASHINGTON

RK	PLAYER	POS	TEAM
74	Devon Dampier	QB	Utah
75	Yannick Smith	WR	East Carolina
76	Owen McCown	QB	UTSA
77	Caullin Lacy	WR	Louisville
78	Yasin Willis	RB	Syracuse
79	Daniel Hishaw Jr.	RB	Kansas
80	Carson Hansen	RB	Iowa State
81	Emmett Johnson	RB	Nebraska
82	Kamari Moulton	RB	Iowa
83	Hollywood Smothers	RB	NC State
84	LJ Martin	RB	BYU
85	Justin Joly	TE	NC State
86	Kyson Brown	RB	Arizona State
87	Joe Royer	TE	Cincinnati
88	Jam Miller	RB	Alabama
89	Reese Poffenbarger	QB	North Texas
90	Jack Endries	TE	Texas
91	Tucker Gleason	QB	Toledo
92	John Michael Gyllenborg	TE	Wyoming
93	Sawyer Robertson	QB	Baylor
94	Sam Leavitt	QB	Arizona State
95	Kevin Jennings	QB	SMU
96	Dane Key	WR	Nebraska
97	Brendan Sorsby	QB	Cincinnati
98	Evan Stewart	WR	Oregon
99	Robert Henry	RB	UTSA

RK	PLAYER	POS	TEAM
100	Josh Hoover	QB	TCU
101	Dante Moore	QB	Oregon
102	Hudson Clement	WR	Illinois
103	Miles Coleman	WR	North Texas
104	Makai Lemon	WR	USC
105	Max Klare	TE	Ohio State
106	Ty Simpson	QB	Alabama
107	Hunter Watson	QB	Sam Houston
108	Diego Pavia	QB	Vanderbilt
109	Maverick McIvor	QB	WKU
110	Austin Simmons	QB	Ole Miss
111	Elija Lofton	TE	Miami (Fla.)
112	Marcel Reed	QB	Texas A&M
113	Jordan Napier	WR	San Diego St.
114	Chase Roberts	WR	BYU
115	Trent Walker	WR	Oregon State
116	Josh Cameron	WR	Baylor
117	Caleb Douglas	WR	Texas Tech
118	Jackson Arnold	QB	Auburn
119	Junior Vandeross III	WR	Toledo
120	Katin Houser	QB	East Carolina
121		DEF	Texas
122	Nolan Ray	RB	Maryland
123	James Peoples	RB	Ohio State
124	Fernando Mendoza	QB	Indiana
125	Cam Cook	RB	Jacksonville St.

RK	PLAYER	POS	TEAM
126	Jake Retzlaff	QB	BYU
127	Scottre Humphrey	RB	New Mexico
128	Chris Hilton Jr.	WR	LSU
129		DEF	Ohio State
130	Byrum Brown	QB	South Florida
131		DEF	Alabama
132	Micah Mays	WR	Wake Forest
133	Keshaun Singleton	WR	South Florida
134		DEF	Penn State
135	Emmett Mosley V	WR	Texas
136	Nick Cenacle	WR	Hawai'i
137	Ja'Kobi Lane	WR	USC
138	TJ Moore	WR	Clemson
139	Devin McCuin	WR	UTSA
140	Rocco Becht	QB	Iowa State
141	RJ Maryland	TE	SMU
142	Bryson Barnes	QB	Utah State
143		DEF	Georgia
144	Luke Reynolds	TE	Penn State
145	Steve Angeli	QB	Syracuse
146	Braylon Braxton	QB	Southern Miss
147	Tommy Castellanos	QB	Florida State
148	George Pettaway	RB	James Madison
149	Le'Veon Moss	RB	Texas A&M
150	Sam Roush	TE	Stanford
151	Trey Cooley	RB	Troy

FROM LEFT: MARK J. REBILAS-IMAGN IMAGES; BEN QUEEN-IMAGN IMAGES

JEREMIAH SMITH

ROBERT HANASHIRO-IMAGN IMAGES

RK	PLAYER	POS	TEAM
152	Kaden Feagin	RB	Illinois
153	Tawee Walker	RB	Cincinnati
154	Trey'Dez Green	TE	LSU
155		DEF	Tennessee
156	Turbo Richard	RB	Boston College
157	Carson Beck	QB	Miami (Fla.)
158	Chris Dawn Jr.	WR	Texas State
159	Joshisa Trader	WR	Miami (Fla.)
160		DEF	Michigan
161		DEF	Notre Dame
162	Drew Allar	QB	Penn State
163	Julian Sayin	QB	Ohio State
164	Nicco Marchiol	QB	West Virginia
165		DEF	Ole Miss
166	Eli Holstein	QB	Pitt
167	Arnold Barnes III	RB	Tulane
168	K.D. Hutchinson	WR	WKU
169	Kaidon Salter	QB	Colorado
170	London Montgomery	RB	East Carolina
171	Jevon Jackson	RB	UAB
172	Justin Marshall	RB	Colorado State
173	CJ Donaldson	RB	Ohio State
174	Lincoln Pare	RB	Texas State

RK	PLAYER	POS	TEAM
175	Kwazi Gilmer	WR	UCLA
176	Eli Heidenreich	RB	Navy
177	Jadan Baugh	RB	Florida
178	Malik Sherrod	RB	Boise State
179	Duke Watson	RB	Louisville
180	Kaytron Allen	RB	Penn State
181	Dean Connors	RB	Houston
182	Armani Winfield	WR	Colorado State
183	Kenny Odom	WR	UTEP
184	Rodney Fields Jr.	RB	Oklahoma State
185	Dante Dowdell	RB	Kentucky
186	Davion Gause	RB	North Carolina
187		DEF	BYU
188	JR Wilson	WR	Florida Atlantic
189	Nick Marsh	WR	Michigan State
190	Adam Randall	RB	Clemson
191	Logan Diggs	RB	Ole Miss
192	Que'Sean Brown	WR	Duke
193	Elijah Tau-Tolliver	RB	Michigan State
194	Chase Hendricks	WR	Ohio
195	Joseph Williams	WR	Colorado
196	Mark Fletcher Jr.	RB	Miami (Fla.)
197	Leland Smith	WR	San José State

RK	PLAYER	POS	TEAM
198	De'Zhaun Stribling	WR	Ole Miss
199	Ian Strong	WR	Rutgers
200	Aaron Anderson	WR	LSU
201	Cayden Lee	WR	Ole Miss
202	Walker Eget	QB	San José State
203	OJ Arnold	RB	Georgia Southern
204	Taylen Green	QB	Arkansas
205	TJ Harden	RB	SMU
206	Bishop Davenport	QB	South Alabama
207	DeSean Bishop	RB	Tennessee
208	Ethan Vasko	QB	Liberty
209	Braylen Russell	RB	Arkansas
210	Floyd Chalk IV	RB	San José State
211	CJ Baxter	RB	Texas
212	Griffin Wilde	WR	Northwestern
213	Jordan Lyle	RB	Miami (Fla.)
214	Keagan Johnson	WR	New Mexico
215	CJ Carr	QB	Notre Dame
216	Dequan Finn	QB	Miami (Ohio)
217	Blake Bosma	TE	Western Michigan
218	Brendon Lewis	QB	Memphis
219	Victor Snow	WR	Buffalo
220	Jeff Caldwell	WR	Cincinnati
221	Terrance Carter Jr.	TE	Texas Tech
222	Anthony Colandrea	QB	UNLV
223	Jack Velling	TE	Michigan State
224	Jalil Farooq	WR	Maryland
225	Behren Morton	QB	Texas Tech
226	Bryant Wesco Jr.	WR	Clemson
227	Fluff Bothwell	RB	Mississippi St.
228	Rashid Williams	WR	Washington
229	Joey Aguilar	QB	Tennessee
230	Kris Hutson	WR	Arizona
231	Xavier Townsend	WR	Iowa State
232	Dakorien Moore	WR	Oregon
233	Ryan Wingo	WR	Texas
234	Kedrick Reescano	RB	Arizona
235	Blake Shapen	QB	Mississippi St.
236	Josh Dallas	WR	Georgia Southern
237	Gunner Stockton	QB	Georgia
238	Angel Johnson	RB	Washington St.
239	Jacory Barney Jr.	WR	Nebraska
240	Conner Weigman	QB	Houston
241	Zevi Eckhaus	QB	Washington St.
242	Mike Matthews	WR	Tennessee
243	KC Concepcion	WR	Texas A&M
244	Beau Sparks	WR	Texas State
245	Eric Weatherly	WR	Ball State
246	Johntay Cook II	WR	Syracuse
247	Chris Bell	WR	Louisville
248	Nico Iamaleava	QB	UCLA
249	Jordan Hudson	WR	SMU
250	Danny Scudero	WR	San José State

50 FANTASTIC
FANTASY FOOTBALL TEAM NAMES

WINNING YOUR FANTASY FOOTBALL LEAGUE IS TOUGH. BUT CHOOSING A FUNNY OR CLEVER NAME ISN'T. HERE'S A SELECTION OF OUR FAVORITES FOR THE SEASON AHEAD...

1. HENRY GIVEN SUNDAY
2. Despicable Maye
3. Griddy Griddy Bang Bang
4. Kyrunning Scared
5. Crunching the Nabers
6. Mahomes Field Advantage
7. Bijan Frisé
8. Pick Nix
9. Aiyukrazy?
10. Last Ashton Hero
11. The CeeDeep State
12. I Think I Pulled McCaff
13. Get Out of Jalen Free
14. Ward of the Rings
15. Breece's Peanut Butter Kupp
16. Baby Back Gibbs
17. Worst-Chase Scenario
18. On/Goff Switch
19. Lights, Camera, Jackson
20. Satisfaction Garretteed

21. MILROE GENUINE DRAFT
22. Keep Calm and Omarion
23. Saquon My Name
24. Tua-Minute Drill
25. PukAmon
26. I'm Taking the Burrowver
27. Josh Jacobs Jingleheimer Schmidt
28. Murray-Up Offense
29. Loud & Stroud
30. America's Next Top Waddle
31. Fight the Bowers
32. Touchdown Calebration
33. Big Game Hunter

34. LUTHER WEAPON
35. Livin' LaPorta Loca
36. Shough & Awe
37. Shedeur's Out of My League
38. Let's Emeka Deal
39. All I Do is Quin
40. All's Fair in Loveland War
41. Jayden the Game
42. Naber Gonna Gibbs You Up
43. Action Jaxon
44. Freiermuth's Banana Stand
45. Forgive and Legette
46. Charbonnet Sauvignon
47. McConkey See, McConkey Do
48. Hockenson Loogies
49. Puka Troopers
50. Purdy Purdy Purdy Good Team

HENRY: NATHAN RAY SEEBECK-IMAGN IMAGES; BURDEN: KAMIL KRZACZYNSKI-IMAGN IMAGES

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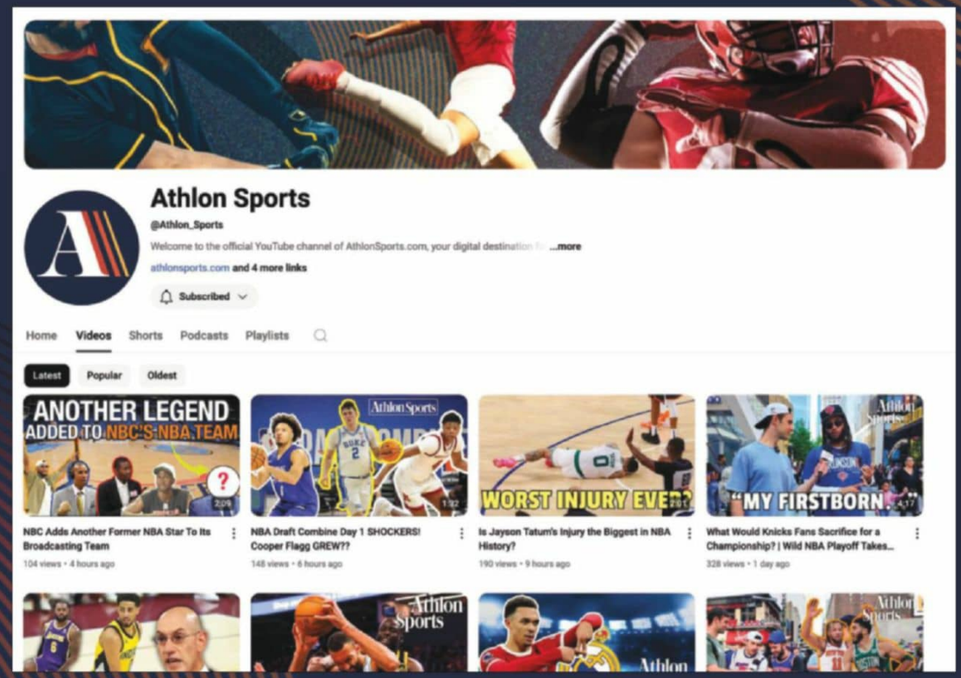

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